

THE KULIN UPDATE

9th APRIL 2026

- 4 UPGRADE COMPLETED** Reconstruction and widening of Rabbit Proof Fence Road has been completed through the Wheatbelt Secondary Freight Network.
- 18 WINTER SPORT IS BACK** Round 1 kicks off April 18! Football, netball and hockey return for the winter season. Good luck to all teams for the season!
- 30 EASTER COMPETITION** Thanks to all who entered with your wonderfully colourful Easter bunnies. Congratulations to our winners—enjoy your Acres of Taste voucher!

KULIN AQUATIC CENTRE MANAGER



FULL JOB DESCRIPTION AND SELECTION CRITERIA AVAILABLE AT WWW.KULIN.WA.GOV.AU





Mon - Fri 8:30 am - 4:30 pm
38 Johnston Street, Kulin WA 6365
(08) 9880 1204
crccounter@kulin.wa.gov.au
www.kulin.wa.gov.au/crc-home



How to receive the Kulin Update via email?

Call or email us and let us know your name and email address so we can add you to the distribution list

Alternatively, visit

www.kulin.wa.gov.au/#newsletterscroll

How to advertise in the Kulin Update?

Complete the booking form found here - www.kulin.wa.gov.au/council/news/community-newsletter.aspx and send your advert and completed booking form to crccounter@kulin.wa.gov.au

When are the deadlines?

All articles and booking forms are to be sent NO LATER than Tuesday, 4pm prior to the publication date.

What are the advertising costs?

1/4 page b/w - \$20
1/2 page b/w - \$25
1/2 page colour - \$50
Full page b/w - \$40
Full page colour - \$80
Front/ back - \$100

Members receive 20% off advertising costs, please contact crccounter@kulin.wa.gov.au for more information.

Accepted document formats:

- PDF
- JPEG



Achieved something?

We would love to share any community news or achievements in the newsletter, send through the information to crccounter@kulin.wa.gov.au

DEADLINES TO SUBMIT CONTENT FOR THE KULIN UPDATE

5th May
19th May
2nd June
16th June

DATES AND UPCOMING EVENTS

APRIL

14th Holyoake Agribalance

14th Cultivating Kulin Committee AGM

15th Council Meeting

18th Round 1 Winter Sports

25th Anzac Day Winter Sports

MAY

13th Grace Grit Growth

APRIL 2026

MON	TUE	WED	THU	FRI	SAT	SUN
		1 Nurses Clinic 8.30am - 12noon Butler's Garage 10am to 2pm April Fool's Day	2 Doctor in Town	3 Good Friday	4 Butler's Garage 10am to 2pm	5 Easter Sunday
6	7 Central Aqcare Counsellor Yogalates 10am Nurses Clinic 8.30am - 12noon Remedy PhysioC	8 Matt - Chiropractic Nurses Clinic 8.30am - 12noon Butler's Garage 10am to 2pm	9 Optometrist Doctor in Town The Kulin Update	10 Kulin Classic Theatre 10am Doctor in Town Nurses Clinic 8.30am - 12pm	11	12
13	14 Central Aqcare Counsellor Yogalates 10am Nurses Clinic 8.30am - 12noon Remedy Physio CKC AGM 6pm HUB	15 Council Meeting Nurses Clinic 8.30am - 12noon Butler's Garage 10am to 2pm	16	17 Doctor in Town Nurses Clinic 8.30am - 12pm	18 Round 1 Winter Sports Butler's Garage 10am to 2pm	19
20	21 Central Aqcare Counsellor Yogalates 10am Nurses Clinic 8.30am - 12noon Remedy Physio	22 Matt - Chiropractic Nurses Clinic 8.30am - 12noon Butler's Garage 10am to 2pm	23	24 Doctor in Town Nurses Clinic 8.30am - 12pm	25 Anzac Day Round 2 Winter Sports Butler's Garage 10am to 2pm	26
27	28 Central Aqcare Counsellor Yogalates 10am Nurses Clinic 8.30am - 12noon Remedy Physio	29 Nurses Clinic 8.30am - 12noon Butler's Garage 10am to 2pm	30 Doctor in Town			

MEDIA RELEASE

Rabbit Proof Fence Road Upgrade Demonstrates Strength of Wheatbelt Freight Investment



The Shire of Kulin is showcasing recently completed reconstruction and widening works on Rabbit Proof Fence Road, highlighting the tangible outcomes being delivered through the Wheatbelt Secondary Freight Network (WSFN).

Aerial imagery of the project demonstrates the significant upgrade of this key freight route, with the existing sealed road reconstructed and widened to better accommodate modern freight movements.

Fence Road is a critical link within the Wheatbelt freight network, supporting the movement of grain, fertiliser and heavy vehicles across the region. The upgrade ensures the road is fit-for-purpose for current and future freight demand.

The project has delivered:

- A widened sealed carriageway to safely accommodate heavy vehicle movements
- Improved road geometry and structural capacity
- Enhanced safety outcomes for all road users, including school buses and local traffic
- Increased freight efficiency and travel reliability
- Reduced long-term maintenance requirements

The Wheatbelt Secondary Freight Network program has a strong track record of delivering practical, on-ground improvements across regional Western Australia. State and Federal investment has already contributed nearly \$124 million toward upgrading key freight routes, improving productivity and safety outcomes across the Wheatbelt.

Local governments in the Wheatbelt collectively manage over 40,000 km of local roads. These roads form the backbone of Western Australia's economy. Their condition and capability directly influence freight efficiency, production costs, and export competitiveness.

Fence Road is a clear example of how targeted investment in secondary freight routes strengthens existing infrastructure to meet growing freight demands.

Project Details:

Total Project Cost: in excess of \$2,000,000 (8km upgrade)

Funding Contributions:

- Australian Government: 80%
- State Government: 13%
- Local Government (Shire of Kulin): 7%

While the current program is funded through to mid-2027, the Shire of Kulin emphasises that continued investment is critical to ensure key freight routes across the Wheatbelt are progressively upgraded to an appropriate standard.

Shire President Grant Robins stated “This project is about bringing an existing road up to the standard required for today’s freight task. We’re seeing larger volumes, heavier vehicles and greater expectations on reliability, and roads like Fence Road need to keep pace. These upgrades deliver real benefits, safer travel, more efficient freight movement and stronger support for our agricultural economy.”

“The Wheatbelt Secondary Freight Network is delivering real outcomes, and it’s important that this work continues across the broader network. The Shire will continue to work with partner local governments, Main Roads WA and all levels of government to support future investment in the Wheatbelt Secondary Freight Network” he said.

Rabbit Proof Fence Road Upgrade



Shire of Kulin DISPOSAL BY PUBLIC TENDER Sale of Transportable Office (Ex-Hire Portable Building)



Location

24 Johnston Street, Kulin
(Behind Old Shire Administration building)



Specifications

- Transportable office (Instant Offices type unit)
- Approximate dimensions: 10.8m (L) x 3.0m (W) x 2.9m (H)
- Three (3) internal rooms configured as:
 - One (1) central main office with external access
 - Two (2) equal sized end offices accessed internally from the main room
- Security screened windows
- Air conditioning units installed
- Steel skid base - suitable for relocation

Condition

The unit is offered 'as is, where is'. Prospective purchasers are strongly encouraged to inspect prior to submitting a tender.

Tender Requirements

- Tenders must clearly state the offered purchase price (GST inclusive or exclusive - specify)
- Full contact details of the tenderer must be provided

Collection

Successful tenderer is responsible for all costs associated with removal and transport of the unit.

Closing Date

30 April 2026 4pm WST

Submission

Email: tenders@kulin.wa.gov.au
or in person: Shire of Kulin Administration Office

Enquiries

Shire of Kulin
Phone: (08) 9880 1204



Have Your Say in the Shire of Kulin's 2026/27 Annual Budget

The Shire of Kulin is now inviting residents, community groups, and local organisations to contribute ideas and requests for consideration in the upcoming 2026/27 Annual Budget.

Whether it's a new footpath, road upgrades, community facility improvements, or support for local events and initiatives, we want to hear from you.

Your input will help Council prioritise projects and services that reflect our community's needs and align with the Community Strategic Plan.

Submissions can be made to Cassi Lewis (emgr@kulin.wa.gov.au) before the 01st May 2026.

CALL FOR NOMINATIONS

JUSTICE OF THE PEACE (JP)

The Shire of Kulin is seeking nominations from members of the Kulin community who are interested in undertaking training to become a Justice of the Peace (JP).

Justices of the Peace play a vital role in supporting the community by witnessing and certifying documents, and helping ensure access to justice services for all.

We are looking for people who:

- Are of good character and integrity
- Have a strong connection to the local community
- Demonstrate sound judgement and communication skills
- Are willing to undertake training and commit time to the role

Training requirements:

Successful nominees will be required to complete mandatory training provided through the Department of Justice. This includes developing an understanding of the duties and responsibilities of a JP, legal and ethical obligations, and the correct procedures for witnessing and certifying documents. Ongoing learning and adherence to guidelines are also expected as part of the role.

For further information about the role of a Justice of the Peace in Western Australia, please visit the Department of Justice website or contact Shire of Kulin on 9880 1204

You can nominate by contacting Alan or Taryn at the Shire.

email: shire@kulin.wa.gov.au

post: PO Box 125 KULIN WA 6365

in person: 38 Johnson Street KULIN WA 6365



Make a difference in your community. Nominate yourself or someone you know today.

HOLYOAKE

Whenever you're ready.



Agribalance+ Workshop

AgriBalance+ is a practical workshop developed by Holyoake to build mental health literacy and confidence among individuals involved in agriculture. The workshop provides an overview of mental health, situational distress and suicide awareness within agricultural contexts, helping participants understand

how stress and cumulative pressure can impact individuals, families and businesses. AgriBalance+ equips participants with an array of practical, solution-focused tools. Participants gain practical guidance on recognising risk, responding appropriately, sharing support options and referral pathways, and maintaining boundaries.

- Location:** KULIN
Venue: Freebairn Recreation Centre (Phil Room)
Date: TUESDAY 14th APRIL 2026
Time: 9:00 am till 4:30 pm (Morning Tea & Luch provided)
Cost: FREE
Registration: [AgriBalance+ Workshop - KULIN - 14th April 2026](#)

If you have any enquiries or need further information, please contact Jo Drayton, Specialist Training Coordinator JDrayton@holyoake.org.au or scan QR Code



Kulin Community Resource Centre
Supporting the Rural Community

Department of
 Primary Industries and
 Regional Development

Wheatbelt | Mid West | Goldfields | Great Southern | South West

The Community Wellbeing Program is funded through the Australian Government's Sheep Industry Transition Assistance Package and administered by the Department of Primary Industries and Regional Development.



**Great Southern
Chiropractic**

COMPLETE COMMUNITY CARE

Kulin

WE ARE COMING TO YOU!



Wednesday 8am - 12pm

ON A FORTNIGHTLY BASIS,
STARTING ON 8th APRIL 2026



Located at the

Kulin Medical Centre

38 Johnston Street, Kulin 6365

Call, text or website to

Book your next appointment

 **0438 022 591**

 <https://greatsouthernchiropractic.com.au>

Kulin Medical Centre

GP Services every Thursday & Friday

St Lukes Family Practice offering care over all areas of General Practice, including

- Men's Health
- Mental Health and Wellbeing
- Chronic Disease Management
- Minor procedures (such as ingrown toenails and contraception implants)
- Medical and skin checks

Appointments can be made online at stlukesfamilypractice.com.au or by phoning 9880 1315.

St Luke's Family Practice is a Medicare Bulk Billing Practice

Practice Nurse Sandra Friday 10th April

Sandra can assist with

- Adult Immunisations (eg. flu, pneumonia, shingles)
- Cervical Screening Tests
- Spirometry (lung function testing)
- ECGs
- Health Assessments for those aged 75+
- Health Assessments targeted at those between 45-49
- Healthy Heart Checks (for those aged between 50 - 75)
- GP Chronic Condition Management Plans

To make a booking call the Kulin Clinic on 9880 1315 - please provide details of your booking so your appointment can be made correctly

Nurses Clinic

Every Tuesday, Wednesday and Friday

8am - 12pm

Phone 9880 1056

REMEDY HEALTH COLLECTIVE

Physiotherapy Kulin & Corrigin



ALICE BARTLEY



PELVIC HEALTH PHYSIO

Available Thursdays in **Kulin** (fortnightly)

Women's and Men's Pelvic Health Physio

- Pelvic & hip pain,
- Pre & postnatal care
- Continence, bowel & bladder dysfunction
- Hip & abdominal pain
- Cancer Rehab - all stages of treatment & recovery

SAM HARVEY



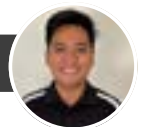
PHYSIOTHERAPIST

Available Tuesdays in **Kulin** (weekly)

- General Physio
- Neck pain & headaches
- Lower limb injuries
- Strength and conditioning
- Clinical Pilates (1:1 / 2:1)



PAT MASECAMPO



PHYSIOTHERAPIST

Available Mondays in **Corrigin** (weekly)

- General Physio
- Sports injuries
- Pre & post-op rehab
- Strength and conditioning

REMEDY HEALTH COLLECTIVE CLINICS

Narrogin
21A Egerton Street
Monday - Friday + Telehealth

Corrigin
CorriGYM - 17 Hill Street
Mondays

Kulin
Freebairn Recreation Centre
Tuesdays & every second Thursday

SCAN
ME!





Central Agcare
COUNSELLING

Free, confidential counselling services are available to all.

Face to face counselling or by phone servicing the Corrigin, Bruce Rock, Narembeen, Kulin, Kondinin, Hyden, Quairading, Brookton, Pingelly, Cuballing & Wickepin areas.

Anxiety

Depression

Life changes (physical & mental)

Abuse (past and present)

Loss and grief and

Relationship issues (home & work)

We are here to help.

Contact our Counsellor:
Marie Meehan : 0456 294 765

Email: coagcare@bigpond.com



28 Kingswood Street, CORRIGIN (PO Box 1, CORRIGIN WA 6375)

Become a Field Manager



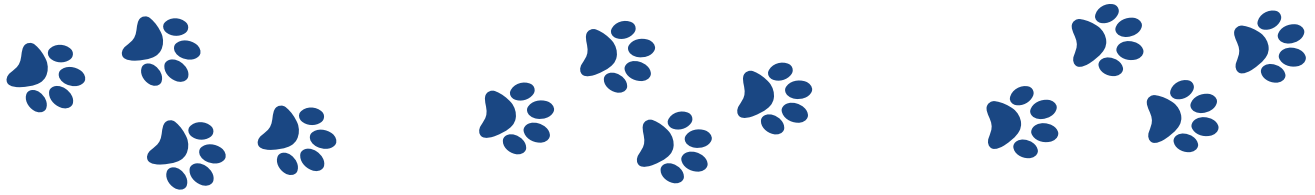
Census

- ✓ Recruit, train and manage a team
- ✓ Lead Census work in your area
- ✓ \$42.65 per hour
(incl. 25% casual loading) + super

Look after your
community's future.
Work for the 2026 Census.

See all opportunities at
census.abs.gov.au/jobs





NOTICE TO ALL DOG OWNERS

IF YOU ARE WALKING YOUR DOG IN KULIN
CAN YOU PLEASE PLEASE PICK UP AFTER
YOUR DOG

THIS INCLUDES ALL PUBLIC AREAS AND
PRIVATELY OWNED FRONT GARDENS AND
LAWNS.

DOG BAGS ARE LOCATED IN VARIOUS PLACES
IN TOWN SO THERE IS NO EXCUSE NOT TO
PICK UP AFTER YOUR DOG.

PLEASE MAKE THE TOWN ENJOYABLE FOR
ALL RESIDENTS AND VISITORS



2026

KK VIPERS FIXTURES



<p>ROUND 9 </p> <p>SATURDAY 11TH APRIL</p> <p>BRUCE ROCK VS VIPERS</p> <p>KONDININ HOTEL</p>	<p>ROUND 1 </p> <p>SATURDAY 18TH APRIL</p> <p>SOUTHS VS VIPERS</p> <p>KULIN HUB</p>	<p>ROUND 2 </p> <p>SATURDAY 25TH APRIL</p> <p>VIPERS VS BRUCE ROCK</p> <p>@ KULIN</p> <p> ANZAC DAY</p>	<p>ROUND 3 </p> <p>SATURDAY 2ND MAY</p> <p>VIPERS VS CORRIGIN</p> <p>@ KULIN</p>
<p>ROUND 4 </p> <p>SATURDAY 9TH MAY</p> <p>NAREMBEEN VS VIPERS</p> <p>KONDININ HOTEL</p>	<p>ROUND 5 </p> <p>SATURDAY 16TH MAY</p> <p>NIKARNI VS VIPERS</p> <p>KONDININ HOTEL</p>	<p>ROUND 6 </p> <p>SATURDAY 23RD MAY</p> <p>VIPERS VS KHATS</p> <p>@ KULIN</p>	<p>ROUND 7 </p> <p>SATURDAY 6TH JUNE</p> <p>VIPERS VS BURRACOPPIN</p> <p>@ KULIN</p>
<p>ROUND 8 </p> <p>SATURDAY 13TH JUNE</p> <p>VIPERS VS SOUTHS</p> <p>@ KONDININ</p> <p>THINK MENTAL HEALTH ROUND</p>	<p>ROUND 10 </p> <p>SATURDAY 4TH JULY</p> <p>CORRIGIN VS VIPERS</p> <p>KULIN HUB</p>	<p>ROUND 11 </p> <p>SATURDAY 18TH JULY</p> <p>VIPERS VS NAREMBEEN</p> <p>@ KONDININ</p>	<p>ROUND 12 </p> <p>SATURDAY 25TH JULY</p> <p>VIPERS VS NIKARNI</p> <p>@ KONDININ</p> <p>NAIDOC ROUND</p>
<p>ROUND 13 </p> <p>SATURDAY 1ST AUGUST</p> <p>KHATS VS VIPERS</p> <p>PINK ROUND</p> <p>KULIN HUB</p>	<p>ROUND 14 </p> <p>SATURDAY 8TH AUGUST</p> <p>BURRACOPPIN VS VIPERS</p> <p>KONDININ HOTEL</p>	<p>VIPER MEN VS KELLER</p> <p>@ CORRIGIN</p> <p>ROUND 5: 13TH MAY</p> <p>ROUND 12: 22ND JULY</p>	<p>FINALS SERIES</p> <p>SEMI FINAL: 15TH AUGUST</p> <p>PRELIM FINAL: 22ND AUGUST</p> <p>GRAND FINAL: 29TH AUGUST</p> <p></p>

GAME DAY SCHEDULE

C GRADE: 10.25AM (11AM BURRACOPPIN & NIKARNI)
 A GRADE: 12PM
 B GRADE: 1.30PM
 MEN: 3PM

COUNTRY WEEK DATES

WOMENS CLUB CHAMPIONSHIPS: 19TH - 21ST JUNE
 MENS CLUB CHAMPIONSHIPS: 26TH - 28TH JUNE
 JUNIOR CLUB CHAMPS: JULY SCHOOL HOLIDAYS



FREEBAIRN REC CENTRE

2026 Kulin Netball Club Fixtures

Date	Round	Match	A1	A2	B	Juniors	Notes	
			1:00 PM	11:30 AM	2:30 PM	9:15 AM		
18 Apr	1	Southern Cross V Kulin		Bye			Last weekend school holidays	
25 Apr <i>ANZAC Day</i>	2	Kulin V Bruce Rock				<i>game times may change</i>	ANZAC DAY Sunday 26 th – Fever v Vixens, 2pm @ RAC Arena, Perth. Net set Go	
2 May	3	Kulin V Corrigin					Net Set Go	
9 May	4	Narembeen V Kulin					Net Set Go	
16 May	5	Nukarni V Kulin					Belt Up Round	
23 May	6	Kulin V Hyden		Bye				
30 May		Bye						Association Championships (Long Weekend)
6 Jun	7	Kulin V Burracoppin					<i>To be played in Kondinin</i>	
13 Jun	8	Kulin V Southern Cross		Bye			<i>To be played in Kondinin</i> Think Mental Health Round	
20 Jun		Bye						Country Week / Colts / Regionals
27 Jun	9	Bruce Rock V Kulin					Net Set Go	
4 Jul	10	Corrigin V Kulin					School Holidays Hurt 2 Help Net Set Go	
11 Jul		Bye						Bye – Country Week (Football)
18 Jul	11	Kulin V Narembeen					NAIDOC Week Round Net Set Go	
25 Jul	12	Kulin V Nukarni					<i>To be played in Kondinin</i>	
1 Aug	13	Hyden V Kulin		Bye			Pink Round	
8 Aug	14	Burracoppin V Kulin					Merredin	
FINALS – Venues TBA								
15 Aug							Semi Final	
22 Aug							Prelim Final	
29 Aug							Grand Final	

WINTER SPORTS FIXTURES

ROUND 1

18TH APRIL 2026

SOUTHERN CROSS VS KK

Football

11.40am
12.55pm
2.35pm

Colts
Reserves
League



SOUTHERN CROSS VS KU

Netball

9.15am
BYE
1.00pm
2.30pm

Junior KU
A2 Grade KU
A1 Grade KU
B Grade KU

K
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SOUTHS VS VIPERS

Hockey

10.25am
12.00pm
1.30pm
3.00pm

C Grade
A Grade
B Grade
Mens

AFTERS AT
THE KULIN
HUB



WINTER SPORTS FIXTURES

ROUND 2

25TH APRIL 2026

KK VS BRUCE ROCK

Football

11.40am
12.55pm
2.35pm

Colts
Reserves
League



KU VS BRUCE ROCK

Netball

TBA
11.30am
1.00pm
2.30pm

Junior KU
A2 Grade KU
A1 Grade KU
B Grade KU

K
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VIPERS VS BRUCE ROCK

Hockey

TBA
12.00pm
1.30pm
3.00pm

C Grade
A Grade
B Grade
Mens

ANZAC
DAY





Savings simplified

No introductory offers. No catch.

Just a straightforward variable savings rate with our EasySaver Account. Sit back, relax, and watch those savings grow.

Leave the introductory rates and hidden catches behind and enjoy saving, the easy way.

Open yours in-branch today!

 Community Bank · Kulin

 **Bendigo Bank**

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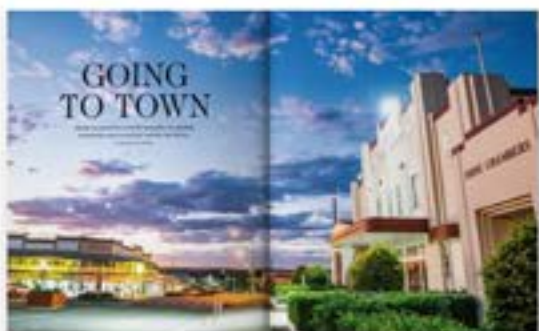
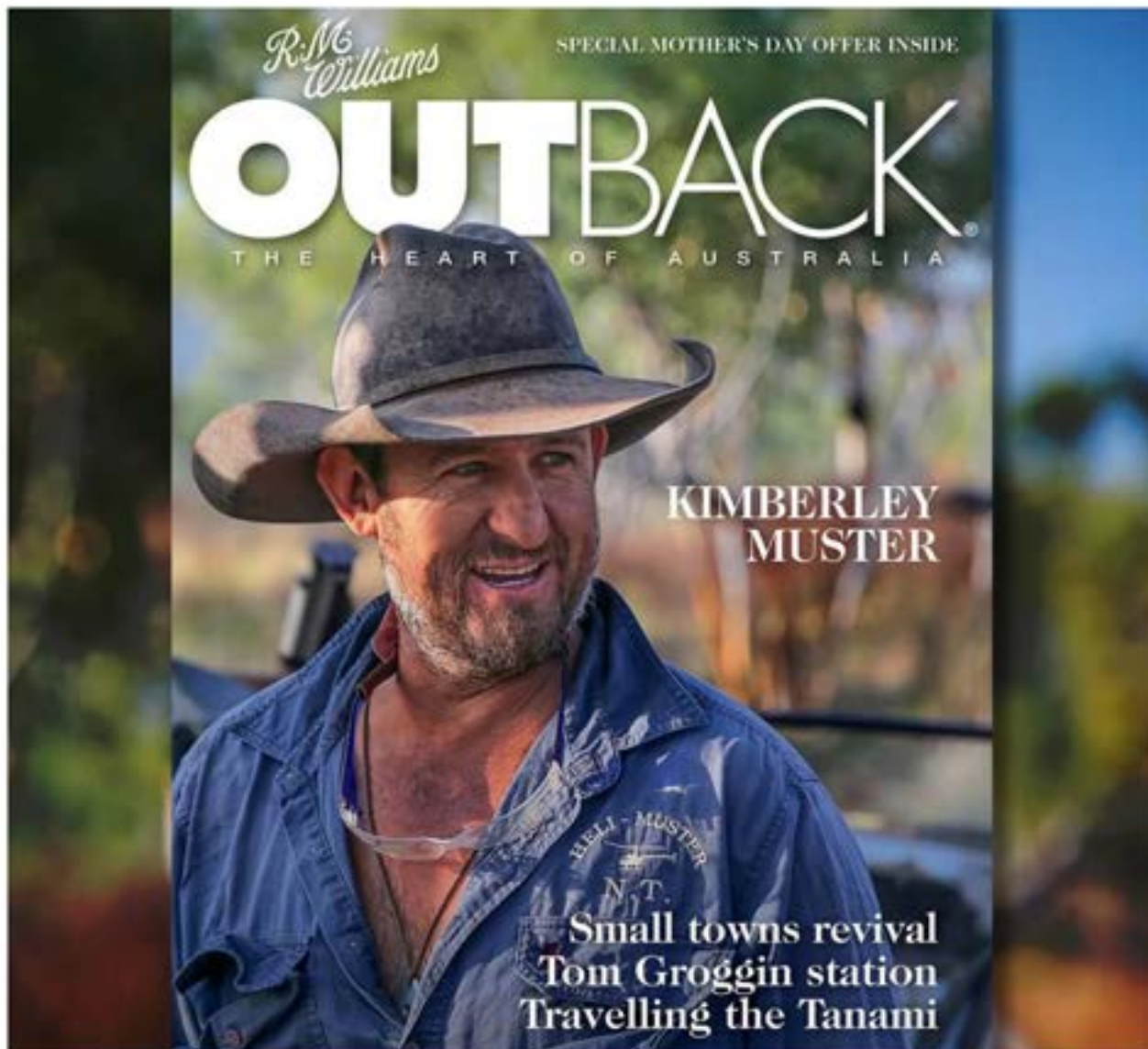
SENIORS MOVIE DAYS

FRI, 10TH APRIL
FRI, 8TH MAY
FRI, 12TH JUNE
FRI, 10TH JULY
FRI, 14TH AUGUST
FRI, 11TH SEPTEMBER
FRI, 9TH OCTOBER
FRI, 13TH NOVEMBER
FRI, 11TH DECEMBER

QUEEN OF THE DESERT
WALK THE LINE
MAN FROM SNOWY RIVER
PHAR LAP
CASABLANCA
SECONDHAND LIONS
DRIVING MISS DAISY
THE GUERNSEY LITERARY & POTATO PEEL SOCIETY
THE HOLIDAY

**10AM FRIDAY
KULIN SHIRE CHAMBERS**





R.M. Williams Outback
ISSUE 166

Going to town
Story Ken Eastwood

Small communities around Australia are finding surprising ways to not just survive but thrive.

Anzac Day

25th April 2026



COURAGE

SACRIFICE

ENDURANCE

MATESHIP



The Shire of Kulin and Kulin CRC warmly invite our community to come together in honouring the courage, sacrifice and service of Australian and New Zealand servicemen and women.

9:00AM AT THE KULIN WAR MEMORIAL

Remembrance is not something distant, the stories live on in our family histories, in the names on our memorial and in sharing moments of reflection. It's the quiet strength of those who serve even today. Anzac Day is our moment to stand together and honour that legacy.

LEST WE FORGET

Anzac Day

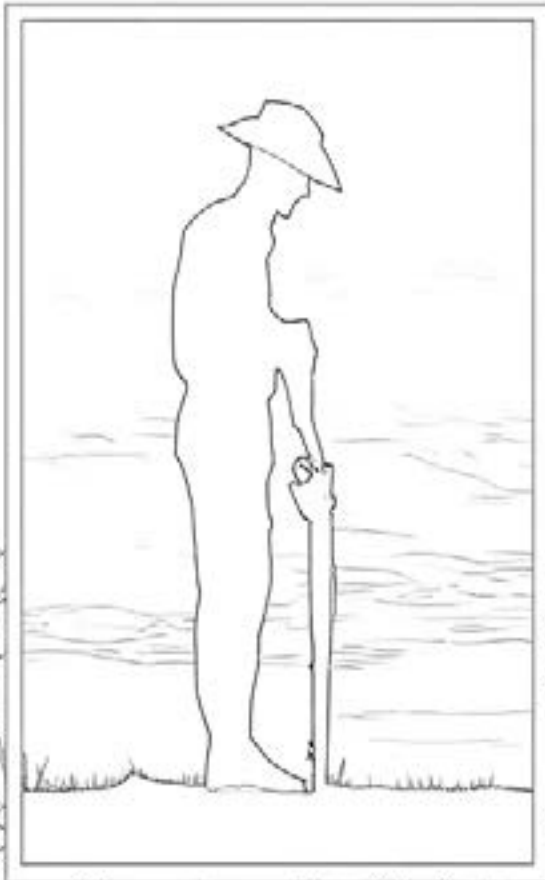
25th April 2026

9:00am - Anzac Memorial Service
at the Kulin War Memorial

10:45am - Morning Tea
at the Kulin CWA Hall

11:00am onwards - All Winter Sports
at the Freebairn Recreation Centre

It's all happening in Kulin on Anzac Day, come
along and enjoy a day full of community spirit.



We Will Remember Them



*They shall grow not old,
as we that are left grow old;
Age shall not weary them,
nor the years condemn.
At the going down of the sun
and in the morning
We will remember them.*



ANZAC Day Word Search

Find and color the hidden words.

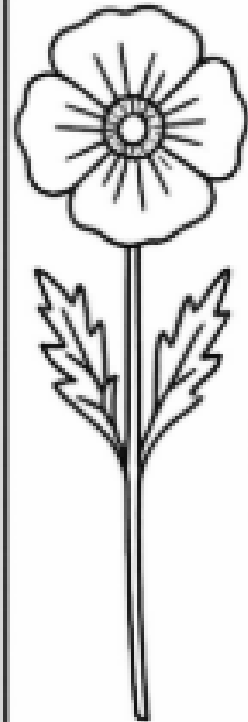
A	M	E	D	A	L	S	R	W	A
Z	R	P	A	R	A	D	E	R	N
Y	P	P	O	P	I	P	M	E	Z
C	H	T	A	E	R	W	E	G	A
R	E	I	D	L	O	S	M	G	C
F	L	A	G	E	M	Z	B	I	G
M	P	E	A	C	E	N	E	D	G
O	R	O	S	E	M	A	R	Y	I
L	I	L	O	P	I	L	L	A	G

ANZAC
MEMORIAL
SOLDIER
REMEMBER

MEDALS
PARADE
POPPY
ROSEMARY
PEACE

GALLIPOLI
DIGGER
WREATH
FLAG

ANZAC DAY



MAKING ANZAC BISCUITS

at home

Ingredients:

- 1 cup plain flour
- 1 cup brown sugar
- 1 cup rolled oats
- 1/2 cup desiccated coconut
- 125gm butter
- 2 tbsp golden syrup
- 1 tbsp water
- 1/2 tsp bi-carb soda

Method:

Sift flour, add coconut, sugar and oats. Melt butter in pan, add golden syrup and water, then stir in bi-carb. Add liquid to dry ingredients and mix well. Cook for 15 mins at 175C.

KULIN BUSH RACES



KULIN BUSH RACES FUNDING ROUND NOW OPEN!

Following another hugely successful 2025 event, Kulin Bush Races Inc is proud to be putting funds back where they belong, into our community.

If your community group or organisation could benefit from funding, we'd love to hear from you. Get in touch with Simone to request the funding guidelines and application form.
kulinbushraces@outlook.com
0488 172 797

**Applications for the 2026
KBR Funding Round close
on the 31st May**

A huge thank you to our incredible volunteers! The effort you put in before, during, and after KBR is what makes the event such a success and allows us to generate a strong return that goes straight back into our community.

Working together to make our town a better place



Grace GRIT

Celebrating the Women of Growth
Kulin & the Wheatbelt



AN EVENING TO CONECT, REFLECT AND
CELEBRATE THE INCREDIBLE WOMEN OF OUR REGION.

*With cocktails, charcuterie and sensational supper bites,
this is your invitation to dress up, gather with friends
and be reminded that our ordinary is truly extraordinary—and
worth celebrating.*

*Featuring an inspiring panel of women, and a fabulous local
speaker this evening is all about conversation, connection and
community.*

LOCATION: FREEBAIRN RECREATION CENTRE

DATE: WEDNESDAY 13TH MAY 2026

TIME: FROM 5:30PM

TICKETS: \$70 PER PERSON

Includes cocktail on arrival and delicious food throughout the evening

TICKETS ARE LIMITED - DONT MISS OUT
AVAILABLE FROM THE SHIRE OF KULIN



Government of Western Australia
WA Country Health Service

Your roadmap to raising healthy country kids

Click here to find out about services available to you and your child.



Services



Immunisation

Following the WA Immunisation Schedule protects a child from infectious diseases.



Growth

Measuring weight and length to ensure baby is on track.



Development

Movement, speech, hearing and vision are tracked against key milestones.

Your child may be eligible for additional services, check with your child health provider.



Get in touch to keep your child up to date.

More milestones are ahead in your child's journey
Talk to your health provider as they grow.



Kulin Child Care Centre

Over the past 2 years we have been part of the Empowering Regional Services WA Program, *this program was delivered by Child Australia via a \$2.9m government investment.* The program has supported centres throughout Great Southern, Peel, Southwest & the Wheatbelt. Program objective - *Through the "ECEC Support: Empowering Regional Services WA" model, Child Australia aims to ensure the sustainability of regional services, strengthen the capacity of local sector professionals, and foster the growth and viability of ECEC services in the focus regions.*

We have received a number of face to face professional development opportunities and centre observations through this program. Sadly it will come to an end in May. We have gained many resources and learnings from Child Australia and look to continue our relationship with them outside of this program. They have a great amount of knowledge in the sector and move fast to create education tailored to the needs of each centre.

At the end of March we closed our centre early to undertake one of our last professional developments held by Child Australia, this focused on Loose Parts Play.

Loose parts consists of many materials and items of all sizes. Play with loose parts supports children to learn so many things. Children can work to shape, create and use the items without any guidance or direction from staff or setting. Below is an example of Educators providing children with large loose parts in the form of tyres and wooden planks/ladders in the sand pit. Our children used these items for lots of different play (driving, balancing, rolling, enclosing,).



Sue, Moureen and Jocelyn attended the Child Australia Early Childhood Learning and Development Immersion Experience in March. We were lucky enough to attend the sector awards and listen in on many good news stories as the finalists were called upon as the winners were announced. Hon Sabine Winton, Minister for Education presented the awards on the night as well as spent time speaking to attendees and individuals. It was evident that Sabine is very supportive of our Early Childcare industry as we navigate many changes in these current times.

Saturday 28th of March we attended the EDLD conference where we were able to pick and choose our speakers and themes across the day. We have learnt much from the conference, gained new perspectives, and are working to make changes to our centre practice and program from our experience in time. Two highlighted speakers on the day included Jessica Staines and Lael Stone. We would like to thank the Shire of Kulin & Child Australia for supporting our staff to attend the conference.

Thank you to our families and community for supporting us.

Easter Colouring Competition

Winners of each age group:

4-7 year olds - Jax

8-11 year olds - Macey

12-16 year olds - Evangeline

Each winner will receive a drink voucher for Acres of Taste, available for collection from the Shire of Kulin office.

Thank you to all our entrants!



EASTER COLOURING COMPETITION

AGES 4-7

NAME: JAX

WINNER AGES 4 - 7



EASTER COLOURING COMPETITION

AGES 8 - 11

NAME: MACEY

WINNER AGES 8 - 11



EASTER COLOURING COMPETITION

AGES 12-16

NAME: EVANGELINE

WINNER AGES 12 - 16



COSY COMFORT THAT GIVES LOVE FOR DAYS

I woke up on Easter Sunday and the fog rolled in. Thick, fluffy clouds drifted around Kulin, wrapping the town in a soft white haze. It lasted a couple of hours before disappearing and clearing into a lovely day. It was a gentle warning that the weather is starting to shift.

There is that hurry and bustle in the air as our farmers do their best to spray and begin seeding. Kids are on school holidays and Easter has passed in that pleasant storm of visiting, family, friends and chocolate. And as the cool weather and a sprinkle of rain settled in across Easter Monday it definitely seemed like time to pull out a warming cold weather meal.

Now, in case you haven't noticed over the almost year I've been writing these articles, I love a good hearty, satisfying meal that warms the cockles of your heart. A meal that's made with love and spiced with care. Yes, yes, I know, I'm very sappy. Well, I don't think that's a bad thing. In fact, I stand by it. Because whether it's friends, my children, my family or anyone who takes a place at the table, a meal together always seems to smooth the rough edges of the day.

This past weekend was our first Easter where we didn't have all of our kids at home with us. It was one of those transitional moments. The kind where you realise your family is growing up, and that there will be times when things don't quite come together the way you would like them to. That being said, we still found ways to connect, to check in, and to make sure everyone knew they were loved. And I know we are not alone in that.

So whether you are surrounded by friends and family or not, there is no reason you can't still enjoy a little soul food with a good meal. Give yourself, and whoever is around, a little food

hug. And with that first cold snap in the wind, it was time for Corned Silverside and all the trimmings.

This is one of those meals that has been made for as long as I can remember in my family. In fact, it probably goes back long before I was even thought of. Not only does it fill you up and taste delicious, but it also makes amazing sandwich fillings for days. Or you can level up the leftovers and turn them into a cracking bubble and squeak. I'm not sure which part is better. It's just love for days.

The other really good thing is its kind of the roughly chop, chuck it in the pot and then forget about it kind of dinner. The only thing that ever gets complicated is the sides. And that's entirely up to you. You can buy white sauce in a packet, or you can make it from scratch. You can make braised cabbage, cauliflower cheese, honey carrots and garlic mash, or you can just stick with regular mash and peas and corn. Whatever works in your house and makes you happy.

Remember there's always a place at the table and from my table to yours, enjoy this yummy warm dinner.

Best served around a table with good company, or quietly enjoyed with leftovers the next day, because this one really is love for days.

R Pederick

Community Development Officer



Kirra's Corned Silverside

INGREDIENTS

1–2kg corned silverside
2 large carrots
2 medium potatoes
1 apple
1 tsp whole cloves
1 tsp seeded mustard
1 tsp whole peppercorns
2 tbsp minced garlic
2 tbsp malt vinegar (or whatever vinegar you have)
1 tbsp honey or golden syrup
1 tsp smoked salt (or regular is fine)
1 large onion, quartered
1 bay leaf
Hot water, to cover

METHOD

1. Peel your onion, but don't worry about peeling your other veg or fruit, just give them a wash if needed.
2. Top and tail your carrots, quarter your apple and remove the core, quarter your potatoes and then chuck everything into the pot. Make your sauce.
3. Cover with water and bring to the boil. Reduce to a simmer and cook for 40 minutes per 500g, so for me it's on low for about 2 hours and 40 minutes.
4. Once it's done, let it rest as it cools for about 10 minutes, then take it out and slice it across the grain before serving with your favourite sides.

RURAL AID ARTICLE

With the addition of three new counsellors from January 2026, Rural Aid is now offering more support to farmers, their families and their communities than ever before in Western Australia.

Jo Ashworth, Chris Gibbs and Louise O'Neill join experienced Rural Aid Counsellor and Community Representative, Roger Hitchcock, to provide counselling and wellbeing support, community engagement and increased awareness of Rural Aid's services, which include financial assistance, fodder, domestic water deliveries, educational funding, and connection of farmers to paid or volunteer workers through the Farm Army initiative.

Jo Ashworth, a farmer and experienced counsellor in her own right, brings Rural Aid services to the Midwest and Northern Wheatbelt regions. Jo understands the unique pressures that come with farming and rural life and takes a practical, down-to-earth approach, meeting people where they're at. She recognizes that people know their own lives best and aims to work alongside them with whatever they bring to the

table. Jo is based in Kalannie.

Based in York, Chris Gibbs brings support to the Central Wheatbelt region with a background in men's health advocacy, local government, and music education, including a storied career in the music industry. Chris brings a calm, compassionate approach to his work with Rural Aid. He is committed to walking alongside farmers, families and rural communities, offering empathy, understanding and a sense of hope during adversity.

In the southern region, Louise O'Neill, also from a farming family and her own counselling service, provides support with a background in sports physiotherapy. Louise believes in the power of movement to support mental health. Her own experiences with running and swimming during challenging times continue to inform her approach. Louise feels privileged to hear people's stories and considers it an honour to support rural communities with compassion, respect and genuine care.

Each of the four Rural WA team members are actively approaching regional organizations, businesses,

volunteer groups and schools with a view to reaching more community members in regional WA who could benefit from the various supports that can be accessed through Rural Aid, including the popular Mustering Growth program, a five-session incursion focusing on wellness in school-aged children.

Jo, Chris and Louise were added to the Rural Aid team with the assistance of the federal government's Community Wellbeing Program, a \$1.5 million initiative under the \$140 million Sheep Industry Transition Assistance Package.

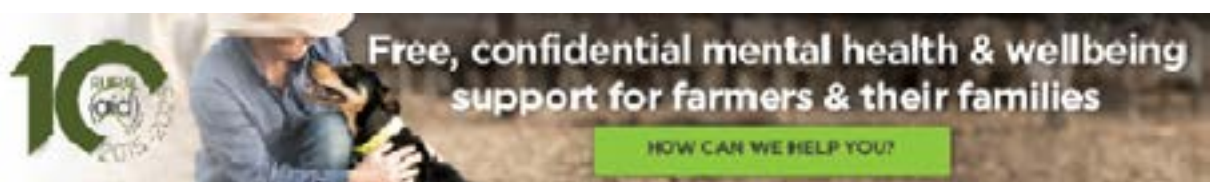
More information on the WA Rural Aid Counsellors and the MHWB team can be found on the official Rural Aid website at www.ruralaid.org.au (www.ruralaid.org.au/mental-health-wellbeing/).

Roger Hitchcock

Counsellor & Community Representative West Australia based in Narrogin

Rural Aid Australia
0460 310 667

roger.hitchcock@ruralaid.org.au



Men and Cancer

APRIL 1, 2026

WARRIOR WELLBEING ARTICLES

Men in Australia are much more likely to be diagnosed with and die from Cancer than women. In fact, according to the Cancer Council of WA the lifetime cancer risk is 1 in 2 for men and 1 in 3 for women. Men are overrepresented in all gender shared cancers including the most common - lung, bowel and skin. The experience of cancer in one form or another is never good, but it does beg the question, why the gender disparity? There is no simple answer, but we do know that men in general are less likely to visit their GP to report or act on any unusual symptoms or changes.

Cancer is a disease driven by changes in our DNA/genes which causes a group of abnormal cells to divide and grow out of control. It usually occurs in a specific spot but can spread to other parts of the body. We are still some ways from finding a cure, but we do know that finding cancer early improves our chances of successful treatment and long-term survival. For the average bloke, general things that warrant a chat with a GP could include:

- unusual lumps or a sore that isn't healing properly.

- unusual changes in our testicles – changes in shape, consistency or a lump.
- a persistent cough or hoarseness, coughing up blood.
- unexplained weight loss.
- moles that have changed shape, size or colour, or bleed, or an inflamed skin sore that hasn't healed.
- blood in a bowel motion.
- persistent changes in toilet habits or urinary problems or changes.

It is important to note that these symptoms are likely to be related to more common, less serious health problems. However, we still need to discuss them to ease our concerns or pick up something early rather than later.

Unfortunately, it is often only when blokes find they are progressed with cancer that they actually start to think about modifying their behaviour and making healthy changes. So, what can us men do to prevent or lessen our chances of developing cancer?

- Stop smoking – lung cancer is the leading cause of cancer death in Australian men
- Be SunSmart – protect our self in the sun and take care not to burn
- Stay in shape – aim for a healthy body weight, watch our



waistline

- Move more – be physically active for at least 30 minutes on most or all days
- Eat for health – A varied diet with lots of fruit/ vegetables and limit red meat
- Limit alcohol – no more than two standard drinks a day and try to have one or two alcohol-free days a week
- Have a chat with our GP about our prostate especially if we are over 45 years
- Use our bowel screen kit when you get it
- Get to know our family history of cancer

Remember it's our health, if we have any concerns or questions, we need to go and chat with a GP, don't wait and leave it till it's too late.

By The Regional Men's Health Initiative



2026 Editions

The Kulin Update

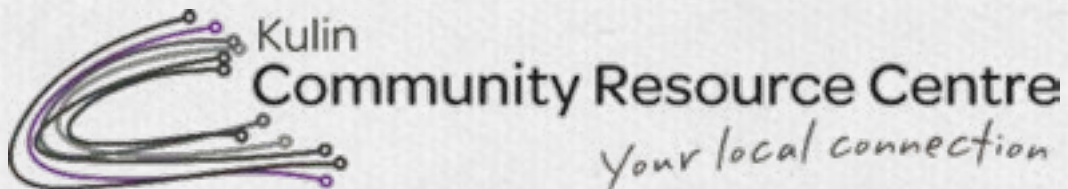
**Submissions by Tuesday
4pm prior to publication.**

January 29th
February 12th & 26th
March 12th & 26th
April 9th & 23rd
May 7th & 21st
June 4th & 18th
July 2nd, 16th & 30th
August 13th & 27th
September 10th & 24th
October 8th & 22nd
November 5th & 19th
December 3rd & 17th



Advertising costs

Quarter page B&W	\$20.00
Half page B&W	\$25.00
Half page colour	\$50.00
Full page B&W	\$40.00
Full page colour	\$80.00
Front or Back page colour	\$100.00
Local community groups	FREE



☎ 9880 1204

✉ crccounter@kulin.wa.gov.au

🌐 www.kulin.wa.gov.au

🏠 38 Johnston St, Kulin WA 6365

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Servicing Wickepin and surrounds



Dr Andrea Roberts BVMS, PO Box 543 MERREDIN WA 6415 Ph:0428212945 ABN99774533081

Pat And Chat Mobile Vet Kulin Clinic Dates 2026

Mon 2nd February, Monday 30th March, Monday 27th April, Monday 25th May
Monday 22nd June, Friday 31st July, Friday 28th Aug
Friday 25th Sept, Friday 23rd Oct, Friday 20th Nov, Friday 18th Dec

Please ring or text Andrea on 0428212945 for an appointment

CULTIVATING KULIN COMMITTEE *Annual General Meeting*

14th April 2026

6 PM

Kulin Community Hub

Enquires and apologies to Taryn

emcs@kulin.wa.gov.au

0429 630 842



Agenda

Present & Apologies
Approval of Membership Applications
Declarations of Interest
Minutes of previous meeting
Business Arising from previous minutes
Executive Committee Reports
President's Report
Treasurer's Report - Financial Statement
Election of Executive Members
Nominations/re-nomination of positions
Nominations of Management and Committee Positions
Appointment of Auditor
Meeting Close

A general meeting will follow the AGM

GENERAL INFORMATION

SHIRE CONTACTS

FRC - 9880 1000
CRC - 9880 1204
Caravan Park - 0439 469 850
Pool - 9880 1222
Depot - 9880 1218
KCCC - 9880 1636
Kulin Water Depot - 9880 1356
Harvest Ban Info - 9880 1511

MEDICAL CENTRE

Kulin Medical - 9880 1315
St Luke's Family Practice
Dr available Thurs & Fri
Kondinin Hospital- 9894 1222
Kulin Nurse Station - 9880 1056
Tues, Wed & Fri
8.30am - 12.30pm

EMERGENCY CONTACTS

Emergency Centre - 9880 1079
SES - 13 25 00
Western Power- 13 13 53
Power Faults - 13 13 51
Water Authority- 13 13 75

POLICE CONTACTS

Emergency - 000
Non-emergency - 13 14 44
Kulin Station - 9861 5800
Crime Stoppers - 1800 333 000

CRISIS CARE CONTACTS

Rural Link - 1800 552 002
Beyond Blue - 1300 224 636
Lifeline - 13 11 14
Lifeline - text - 0477 131 114
MensLine - 1300 789 978
Kids Helpline - 1800 551 800
Holyoake - 1800 447 172
Holyoake Narrogin - 9881 1999
1800RESPECT - 1800 737 732

KULIN TRANSFER STATION & TIP SHOP

The station is open
Sunday | Monday | Thursday
10am - 3pm

LOCAL CHURCHES

Uniting Church
1st & 3rd Sunday of each
month, 10.30am

Catholic Church

Fr Truc Nguyen
0426 018 782
1st, 3rd, 4th, 5th, 8am

Anglican Church

By Request
K Wilson - 0429 801 228
Bunbury Office - 9721 2100

KULIN MOTOR MUSEUM

Wednesday 10am - 2pm
Saturday 10am - 2pm
C King - 9880 1058
B Colbourne - 0429 804 615
J Munro - 0427 386 849

DEPARTMENT OF TRANSPORT - KULIN

Bendigo Bank Kulin -
9880 1422
Driving assessor has one
assessment day a month.

MAIN ROADS FAULTS

- 13 81 38

POISON INFORMATION

- 13 11 26

JUSTICES OF THE PEACE

MT Lucchesi - 9880 4050
JM McInnes - 9880 1360
BW Sloggett - 0427081925

CONTAINERS FOR CHANGE

All Good Refund Depot
comes to Kulin on the last
Wednesday of every month.
They pick up returns from
Kulin CCC (behind the
Memorial Hall) at midday.
Contact the Shire for more
info. To donate your cans to
KCCC C10351204
Arts Centre C10333381
Kulin Museum C10322274
Kulin Lions Club C10293508

DEFIBRILLATOR LOCATIONS

Kulin
Kulin District High School
Kulin Caravan Park
Public Toilets (Johnston St)
Aquatic Centre
Freebairn Recreation Centre
Kulin Foodworks
Butler's Garage & Museum

Pingaring

Public Toilets
Pingaring Ag Solutions
Pingaring Golf Club

Dudinin

Dudinin Tennis Club

KULIN LIONS CLUB

Kulin Lions Club collect old
batteries and scrap metal.
Please feel free to drop off any
of these items at Hayden's
shed.

H McInnes - 0429 801 215
T Barndon - 0428 939 189
R Doust - 0499 802 054