

# THE KULIN UPDATE

29th January 2026

## 4-9 AUSTRALIA DAY

Catch up on how Kulin celebrated Australia Day.

## 18 THE KULIN WATERSLIDE

A great story that looks at how our waterslide made it to Kulin and the amazing community spirit that made it possible.

## 24 KULIN BUSH RACES

Calling all past KBR Volunteers, there's something very special in the wind, so check out the latest news from the Kulin Bush Races

## KULIN CITIZENS OF THE YEAR THE YOUTH AND THE WISDOM SERVING KULIN



CASSANDRA KEMPTON, HAROLD PROUD & PRESIDENT GRANT ROBINS



Kulin  
Community Resource Centre

*Your local connection*

CONNECTING OUR LOCAL COMMUNITY

# CONTENT CORNER



Mon - Fri 8:30 am - 4:30 pm  
38 Johnston Street, Kulin WA 6365  
(08) 9880 1204  
crccounter@kulin.wa.gov.au  
[www.kulin.wa.gov.au/crc-home](http://www.kulin.wa.gov.au/crc-home)



## *How to receive the Kulin Update via email?*

Call or email us and let us know your name and email address so we can add you to the distribution list  
Alternatively, visit [www.kulin.wa.gov.au/#newsletterscroll](http://www.kulin.wa.gov.au/#newsletterscroll)

## *How to advertise in the Kulin Update?*

Complete the booking form found here - [www.kulin.wa.gov.au/council/news/community-newsletter.aspx](http://www.kulin.wa.gov.au/council/news/community-newsletter.aspx) and send your advert and completed booking form to [crccounter@kulin.wa.gov.au](mailto:crccounter@kulin.wa.gov.au)

## *When are the deadlines?*

All articles and booking forms are to be sent NO LATER than Tuesday, 4pm prior to the publication date.

## *What are the advertising costs?*

1/4 page b/w - \$20  
1/2 page b/w - \$25  
1/2 page colour - \$50  
Full page b/w - \$40  
Full page colour - \$80  
Front / back - \$100

Members receive 20% off advertising costs, please contact [crccounter@kulin.wa.gov.au](mailto:crccounter@kulin.wa.gov.au) for more information.

Accepted document formats:  
• PDF • JPEG



## *Achieved something?*

We would love to share any community news or achievements in the newsletter, send through the information to [crccounter@kulin.wa.gov.au](mailto:crccounter@kulin.wa.gov.au)

## DEADLINES TO SUBMIT CONTENT FOR THE KULIN UPDATE

**10th February**  
**24th February**  
**10th March**  
**24th March**

## DATES AND UPCOMING EVENTS

### **JANUARY**

**29th Doctor in Kulin**  
**30th Doctor in Kulin**

### **FEBRUARY**

**02nd KDHS Term 1 Starts**  
**05th Doctor in Kulin**  
**06th Doctor in Kulin**  
**12th Kulin Update**  
**14th Valentines Day**  
**18th Shire Council Meeting**

# 25<sup>th</sup> January - 14<sup>th</sup> February

3 Weekly Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
25.	26.	27.  Nurses Clinic Open (8:30 - 12:00) REMEDY Remedy Physio Walking Group	28.  Nurses Clinic Open (8:30 - 12:00) REMEDY Remedy Physio Walking Group	29.  Nurses Clinic Open (8:30 - 12:00) The Kulin Update	30.  Doctor in Town The Kulin Update	31.
<b>AUSTRALIA DAY PUBLIC HOLIDAY</b>		01.	02.  Nurses Clinic Open (8:30 - 12:00) REMEDY Remedy Physio Walking Group FUNERAL - Allan Waters	03.  Nurses Clinic Open (8:30 - 12:00) REMEDY Remedy Physio Walking Group FUNERAL - Allan Waters	04.  Nurses Clinic Open (8:30 - 12:00) REMEDY Remedy Physio Walking Group	05.  Nurses Clinic Open (8:30 - 12:00) REMEDY Remedy Physio Walking Group
08.	09.	10.  Nurses Clinic Open (8:30 - 12:00) REMEDY Remedy Physio Walking Group	11.  Nurses Clinic Open (8:30 - 12:00) REMEDY Remedy Physio Walking Group	12.  Nurses Clinic Open (8:30 - 12:00) The Kulin Update	13.  Doctor in Town The Kulin Update	14.
						

**IMPORTANT DATES  
To KEEP IN MIND**

- WELCOME BACK TO THE KULIN UPDATE!!
- TERM ONE AT KDHS STARTS MONDAY 2<sup>ND</sup> FEBRUARY 2026

• VALENTINE'S DAY - 14<sup>TH</sup> FEBRUARY 2026

- SHIRE COUNCIL MEETING - 18<sup>TH</sup> FEBRUARY 2026
- KULIN CLASSIC'S MORNING TEA - 25<sup>TH</sup> FEBRUARY 2026

**PUBLIC HOLIDAY**

**SHIRE EVENT**

**COMMUNITY EVENT**

- KULIN CLASSIC'S MORNING TEA - 25<sup>TH</sup> FEBRUARY 2026

# AUSTRALIA DAY 2026

## AUSTRALIA DAY COMMEMORATION

### MASTER OF CEREMONIES: FREEMAN BARRY WEST

I'd like to welcome you all here this Australia Day, thank you for attending.

I acknowledge and welcome Shire of Kulin Freeman Graeme Robertson and Jim Sullivan, OAM Margaret Sullivan and OAM Graeme Robertson, also Kulin Shire Councillors and staff.

Today is a day to come together. A day to celebrate who we are, where we live, Kulin or other areas, and what it means to be part of a community. Australia Day gives us the chance not only to celebrate, but to reflect on the values that connect us and the spirit that keeps our community strong.

Because strong communities don't just happen. Strong communities are built on generosity. They are built by people who step up, who get involved, and who care deeply about the place they call home. They are built by volunteers who give their time after long days, by people who show up when it would be easier not to, and by those who understand that community is not something we inherit, it's something we actively create. It is no mean feat that Kulin has the highest volunteering percentage in Australia (78-

80%), something to be proud of. Being considered 'a local' is not necessarily how long you have lived here, but as one person remarked "You are as local as your last voluntary act".

At the heart of every thriving community is generosity, people who give their time, their skills, and their energy, not because they have to, but because they care. People who understand that community is not something we watch from the sidelines, but something we all play a part in shaping. Many of our achievements have come to fruition because of community input. For example, the new Pool was primarily designed by old and young users, including the swimming teachers who understood the need for multi-function areas. Also, the Freebairn Recreation Centre was designed by a local committee of volunteers. The local kids had a say in the design of the Skate Park. Kulin Shire prides itself on bringing the people along with it for community projects.

Giving to the community matters because it creates connection. It brings people together. It builds trust, resilience, and pride. When

people step forward to volunteer, to help, to support, the whole community benefits. Services are stronger, events are possible – for example here in Kulin we consistently hold large sporting events where some of the people volunteering are not even members, they simply put their hand up to help.

Volunteering is powerful. It bridges generations. We've now got 3rd generation volunteers at Kulin Bush Races – these kids don't even know their volunteering; it just strengthens their sense of belonging to something bigger than themselves. A community where people give is a community that looks after its own. In good times and in challenging ones.

And just as importantly, giving back sets the example for the future. It shows our young people that leadership is about responsibility. That contribution matters. That real impact often happens quietly, behind the scenes, through consistent care and commitment.

Giving doesn't always come with a uniform or a title. Sometimes it's helping a neighbour, supporting a

local group, showing up for community events, or offering a hand when it's needed most. Every contribution counts. Every effort strengthens our community.

So today, as we celebrate together here in Kulin, let's take pride in the community we are building. Let's continue to support one another, get involved in local life, and keep that spirit of generosity and service alive in our town.

Today has been a wonderful reminder of what makes Kulin such a strong and connected community, people coming together, sharing time, laughter, and connection. It's clear that when people give to their community, everyone benefits.

The spirit we've seen today of involvement, generosity, and pride is exactly what keeps Kulin thriving. It ensures support is there when it's needed, makes events like today possible, and helps our town continue to grow stronger, closer, and more welcoming for everyone.

I also want to take a special moment to congratulate our Citizen of the Year recipients, Harold Proud and Cassie Kempton.

Your dedication, hard work,

and unwavering commitment to the betterment of Kulin are an inspiration to us all. Harold, your long-standing service and leadership have left a lasting mark on our community, and Cassie, your energy, passion, and care for others show that the next generation is in great hands. Today we celebrate you both, but your impact is felt every day — in the lives you touch, the groups you support, and the community you help build. Kulin is stronger and better because of the contribution each of you makes.

As we leave here, I encourage each of us to carry that spirit forward. Keep showing up, keep getting involved, and keep supporting one another. Every contribution, big or small helps shape Kulin and the community we're proud to call home.

We've all been appalled by the events in Bondi and our hearts go out to all those affected, the families, volunteers, police, medical staff, ordinary citizens — everyone who stepped up to help. I hope it makes us more resilient and stand up for our Australian values and to call out Islamic extremism and any other hate filled ideology. Our freedom and freedom of speech is worth defending.

A huge thank you to all our Kulin volunteers, community groups, and local organisations that make Kulin the special town it is today. Your time, energy, and commitment truly make a difference for all of us. Enjoy the rest of your Australia Day and thank you for celebrating together in our wonderful town.



# AUSTRALIA DAY 2026

## CITIZEN OF THE YEAR AWARDS CEREMONY

### ADDRESS BY PRESIDENT GRANT ROBINS

Today is a very special day, not only do we come together to celebrate our nation, but we also have the wonderful opportunity to recognise incredible members of our community who make Kulin the vibrant, caring, and connected town that it is.

The Citizen of the Year Awards celebrate people who give their time, energy, and heart to the betterment of our community. These are the people who step up, volunteer, lead, and care, not for recognition, but because they love Kulin and the people who live here.

It is my pleasure to present these awards.

#### Young Community Citizen of the Year Award

This award recognises a young person in Kulin who has shown outstanding dedication, initiative, and care for our community.

This award is about more than volunteering or participation, it's about stepping up, taking responsibility, and making a real difference.

Our young recipient has demonstrated these qualities. Whether through volunteering with local groups, supporting community events, or simply helping others whenever and wherever it's needed, they have shown what it truly means

to be an active, engaged, and caring member of Kulin.

Please join me in congratulating our Young Community Citizen of the Year, Cassandra Kempton.

Cassie has been nominated by Kulin CWA.

Cassie serves as a Student Councillor at Kulin District High School, guiding her peers with integrity and leading by example. She volunteers at the Kulin District High School Coffee Van, supporting community events and bringing people together with her energy and enthusiasm.

Her contributions extend far beyond the school grounds. Cassie presented a moving poem at the Kulin Anzac Service, showing her respect for our history and our community. She is also an active player in both the Kulin Netball and Basketball Clubs.

Cassie has been a vital part of the Kulin CWA as an associate member, helping to bring a new generation of rural women into this important community organisation. Cassie has supported many local events with her time and energy. Beyond her local contributions,

Cassie's generosity has reached across the globe. Last summer, she donated her hair to Kids with Cancer and raised over

\$3,000 for this important charity. More recently, she represented Kulin on the Kulin to Cambodia trip, helping to build houses for disadvantaged families and assisting within their community.

Cassie demonstrates leadership through her actions and her willingness to serve, to support, and to inspire those around her. She always brings positivity, commitment, and a spirit of service to everything she does.

Congratulations Cassie



#### Senior Community Citizen of the Year Award.

This award recognises a member of our community who has shown outstanding service, leadership, and dedication over many years. Someone whose ongoing commitment has made Kulin a

stronger, more connected, and caring place for all of us.

Our Senior Citizen of the Year has given tirelessly to the community, often behind the scenes through volunteering, mentoring, and supporting local groups and initiatives. Their contribution has enriched the lives of countless people across our town.

It is with great pride that we celebrate the difference they have made, and continue to make, for Kulin.

Please join me in congratulating our Senior Community Citizen of the Year, Harold Proud. Harold has been nominated by the Volunteer Fire and Rescue Services Association of WA, but his service to Kulin spans far beyond that. At 105 years of age, Harold has been connected to community life in Kulin for nearly nine decades.

His earliest involvement began at age 16, when he joined the Kulin Cricket Team after leaving school. Life brought challenges — taking over the family farm after his father's death, the pressures of the Depression, six years of wartime, drought, and the long recovery that followed.

Once able, Harold turned his attention to strengthening the social and commercial fabric of our town. Recognising a need for more services in Kulin, he personally financed the construction of three new shops on Johnston Street, inspiring others to invest in our

town and helping transform Kulin into the vibrant community we know today.

Harold has been involved in over 20 community groups and organisations, including the Lions Club, WA Farmers, Kulin Tidy Towns, Kulin Retirement Homes Committee (Founding member), Kulin Museum & Men's Shed, Kulin Hall Committee, Volunteer Bush Fire Brigade, Kulin Bowls and Tennis Clubs, Kulin Bush Races Committee, and as a Shire Councillor.

He continues to volunteer his time, support events, and contribute to discussions and decision-making across these groups. Harold's approach has always been simple: if something needed doing, he stepped in. And through that dedication, he has made a lasting impact on Kulin.

Some of his most notable contributions include:

- Building the three commercial shops that encouraged long-term economic growth
- Donating the land for the Macrocarpa Trail and maintaining it for many years
- Continuing his involvement with the Volunteer Fire Brigade, offering insights into fire readiness and prevention

Harold estimates he has been involved in community and sporting organisations for around 80 years, and he remains an active presence

at the Seniors Morning Teas, sharing his reflections and historical insights with the community.

His lifelong commitment through farming, commercial development, volunteering, and leadership reflects a remarkable legacy of service, resilience, and dedication.

Congratulations Harold

Today we've celebrated the incredible contributions of our Citizen of the Year recipients, Harold Proud and Cassie Kempton. Harold's lifelong dedication and Cassie's energy and compassion remind us all of the power of giving back to our community.

Thank you to everyone who supports, volunteers, and cares for Kulin — it's your involvement that keeps our town strong and connected.

Thank you, and let's continue to celebrate Kulin!



# Celebrate AUSTRALIA DAY Kulin 2026

## Kulin Aquatic Centre & Waterslide

The long weekend over 4 days. This year we had 575 people come to the aquatic centre with 336 on the waterslide. We celebrated with 2 contests.

### **Thong throwing contest**

Up to 7 years old - Ollie  
8-12 years - Iyla  
13-17 - Odin  
Adults - Ryan

### **Bombie contest**

Up to 7 years old - Thea  
8-12 years old - Elliot  
13-17 years old - Luke  
Adult Men - Big Horse  
Adult Women - Cindy

Contract Aquatic Services

Sponsored prizes

\$10 voucher kiosk

Monday 26 January 2026







# KIDS!SPORT!



## Access your local regional pool through KidSport!

**The State Government's KidSport Regional Pools Program** seeks to increase physical activity and water awareness of children aged 5 to 18 years by subsidising the cost of a maximum of a 3-month pass to your local community pool.

The program is available to children in selected local government areas and is delivered in partnership with the Department of Creative Industries, Tourism and Sport (CITS).

### Is your child eligible?



Aged 5 to 18 years



Residing in WA



Listed on a valid Services Australia concession card

**New season passes only** — cannot be used for a previously purchased pass.

### Contact your local government to apply



**[cits.wa.gov.au/regional-pools](http://cits.wa.gov.au/regional-pools)**



All correspondence to be addressed to:  
Chief Executive Officer  
PO Box 125 KULIN WA 6365  
p: 08 9880 1204 f: 08 9880 1221  
e: [enquiries@kulin.wa.gov.au](mailto:enquiries@kulin.wa.gov.au)  
[www.kulin.wa.gov.au](http://www.kulin.wa.gov.au)

## Shire of Kulin Notice of Annual Electors Meeting Thursday 5 February 2026

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In accordance with Regulation 5.29 (1) of the Local Government Act 1995, notice is given that the Shire of Kulin will hold the Annual Electors Meeting on Thursday 5 February 2026, commencing at 5:30pm.

This meeting will be held at the Shire of Kulin Administration Office, 38 Johnston Street, Kulin.

The purpose of the meeting is to discuss the Annual Report for 2024/25 and to deal with such other general business as allowed by the Presiding Officer, Shire President, Cr Grant Robins.

Copies of the Annual Report for 2024/25 can be accessed via our website [www.kulin.wa.gov.au](http://www.kulin.wa.gov.au) or please contact the office if you require a hard copy.

All Electors are welcome to attend.

Alan Leeson  
Chief Executive Officer

# SHIRE NOTICES



## kulin phone directory 2026

### Business Directory Listing

Fill your business details below and return to:

Kulin Community Resource Centre

PO Box 125 Kulin WA 6365

or email [crccounter@kulin.wa.gov.au](mailto:crccounter@kulin.wa.gov.au)

Please return this form before 28/02/2026

An invoice will be issued

Business Name: \_\_\_\_\_

Business Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Website: \_\_\_\_\_

Business Description (Max 20 words)

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### Rates

<input type="checkbox"/> Business listing	\$10.00
<input type="checkbox"/> Half Page Advert & Business Listing	\$50.00
<input type="checkbox"/> Full Page Advert & Business Listing	\$100.00



## THE KULIN UPDATE

— KULIN COMMUNITY RESOURCE CENTRE

### ADVERTISEMENT BOOKING FORM 2026

**Company/Organisation Name:**

**Address:**

**Email:**

**Contact Name:**

**Contact Number:**

**Title of Advert:**

#### 2026 Publication Information

Please cross next to your preferred publication dates

January	<input type="checkbox"/>	29th <input type="checkbox"/>	
February	12th <input type="checkbox"/>	26th <input type="checkbox"/>	
March	12th <input type="checkbox"/>	26th <input type="checkbox"/>	
April	9th <input type="checkbox"/>	23rd <input type="checkbox"/>	
May	7th <input type="checkbox"/>	21st <input type="checkbox"/>	
June	4th <input type="checkbox"/>	18th <input type="checkbox"/>	
July	2nd <input type="checkbox"/>	16th <input type="checkbox"/>	30th <input type="checkbox"/>
August	13th <input type="checkbox"/>	27th <input type="checkbox"/>	
September	10th <input type="checkbox"/>	24th <input type="checkbox"/>	
October	8th <input type="checkbox"/>	22nd <input type="checkbox"/>	
November	5th <input type="checkbox"/>	19th <input type="checkbox"/>	
December	3rd <input type="checkbox"/>	17th <input type="checkbox"/>	

#### Advert size/cost

Please cross in boxes below. Not all electronic copies are in colour, only printed editions will be in b/w.

Quarter page b/w	<input type="checkbox"/>	\$20.00
Half page b/w	<input type="checkbox"/>	\$25.00
Half page colour	<input type="checkbox"/>	\$50.00
Full page b/w	<input type="checkbox"/>	\$40.00
Full page colour	<input type="checkbox"/>	\$80.00
Front or back page colour	<input type="checkbox"/>	\$100.00

#### Submission Deadline:

4pm, Tuesday prior to publication  
Sent to [crccounter@kulin.wa.gov.au](mailto:crccounter@kulin.wa.gov.au) Send your advertisement in **PDF or PNG ONLY.**

#### DISCLAIMER:

The views expressed in the publications are not necessarily those of the editors who produce it. We reserve the right not to print articles deemed inappropriate.

#### Applicant Information:

We are not responsible for editing **ANY** articles or adverts sent it. The size of the advert you send will be the size you are charged for. How you send your advert is how it will be advertised, it is your responsibility to ensure the quality of your inclusion.

**More Information**  
9880 1204 / [crccounter@kulin.wa.gov.au](mailto:crccounter@kulin.wa.gov.au)  
[www.kulin.wa.gov.au](http://www.kulin.wa.gov.au)



# FREEBAIRN RECREATION CENTRE

PO Box 146  
KULIN WA 6365  
08 9880 1000  
reccentre@kulin.wa.gov.au



February 2026

Dear Freebairn Recreation Club Member,

## Membership Renewal for 2026

On behalf of the Freebairn Recreation Club, I would like to thank you for your past membership of the FRC. We are fortunate to have such fabulous facilities in our town, and with your ongoing support through membership the greater sporting community within our region continues to benefit.

Your membership entitles you to full use of the well-equipped Gym as well as use of the other recreation facilities and function areas. Please ensure you check the conditions of membership as they may have changed. If you wish to use the gym facilities or the Pilates reformers, you are now required to sign a gym waiver. (Please disregard this if form has already been submitted)

Below is a renewal form for your Freebairn Recreation Club membership for 2026.

If you are completing for multiple family members, please include all names and membership category on this form.

Membership Categories:

Ordinary Full Member \$80; Social Member \$35; Corporate Member \$130; and Junior Member (13yrs+) \$25.

Please complete the form and return it with your payment by 28<sup>th</sup> February 2026 to:

**Freebairn Recreation Centre**  
**PO Box 125**  
**KULIN WA 6365**

Alternatively, please scan and email to: [reccentre@kulin.wa.gov.au](mailto:reccentre@kulin.wa.gov.au) and make a direct deposit to the details listed below.

Kind regards

*Caroline Carrie*

Freebairn Recreation Centre Manager

### Freebairn Recreation Club Membership for 2026

Member's Full Name: \_\_\_\_\_ Membership type: \_\_\_\_\_

Email Address/es: \_\_\_\_\_

I would like to receive correspondence via e-mail       YES       NO

Postal Address: \_\_\_\_\_

For Office Use Only: – Paid Amount \$\_\_\_\_\_ Date: \_\_\_\_\_ Method of Payment: \_\_\_\_\_

# FREEBAIRN RECREATION CENTRE



## FREEBAIRN RECREATION CENTRE

### MEMBERSHIP FORM 2026

FOR NEW MEMBERS ONLY

#### PERSONAL DETAILS:

Title: \_\_\_\_\_ Surname: \_\_\_\_\_ Given Name: \_\_\_\_\_

Postal Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

I would like to receive correspondence via e-mail  YES  NO

Occupation: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Gender (please circle): M F

#### ADDITIONAL FAMILY MEMBERS:

Title: \_\_\_\_\_ Surname: \_\_\_\_\_ Given Name: \_\_\_\_\_ Membership: \_\_\_\_\_

Title: \_\_\_\_\_ Surname: \_\_\_\_\_ Given Name: \_\_\_\_\_ Membership: \_\_\_\_\_

Title: \_\_\_\_\_ Surname: \_\_\_\_\_ Given Name: \_\_\_\_\_ Membership: \_\_\_\_\_

Title: \_\_\_\_\_ Surname: \_\_\_\_\_ Given Name: \_\_\_\_\_ Membership: \_\_\_\_\_

Title: \_\_\_\_\_ Surname: \_\_\_\_\_ Given Name: \_\_\_\_\_ Membership: \_\_\_\_\_

#### Membership Details:

Type of Membership (please add number of each type of memberships):

_____	Full Member	\$80	_____	Short Term Member	\$45
_____	Social Member	\$35	_____	Corporate Membership	\$130
_____	Junior Member	\$25			Total: \$ _____

#### Payment Details: (All payments are to be made to the FRC)

- |                                 |   |
|---------------------------------|---|
| <input type="checkbox"/> Cash   | <input type="checkbox"/> Direct Deposit |
| <input type="checkbox"/> Cheque | Shire of Kulin                          |
| <input type="checkbox"/> Eftpos | BSB: 633-000<br>Acc: 136 499 258        |

For Office Use Only: – Paid Amount \$ \_\_\_\_\_ Date: \_\_\_\_\_ Method of Payment: \_\_\_\_\_



## THE FREEBAIRN RECREATION CLUB

### GYM ACCESS WAIVER & AGREEMENT

Member's Name: \_\_\_\_\_ Date \_\_\_\_\_

#### 24-HOUR ACCESS RELEASE OF LIABILITY & ASSUMPTION OF RISK

As a 24-hour secure-access fitness facility, FREEBAIRN RECREATION CLUB GYM FACILITIES (hereafter referred to as the "Gym"), has a few different policies and procedures. Please read the information carefully. If you have any questions, please ask.

#### Compliance with Rules

I understand and agree that the use of the Gym at the Freebairn Recreation Club is based on trust and is a privilege, which can be taken away for a violation of rules. As a gym user, I agree to abide by all membership rules and 24/7 gym access rules, which will be posted at the Gym, and may be amended from time to time at the sole discretion of the Freebairn Recreation Club Manager.

#### *The additional rules below apply to a 24/7 access of the gym:*

1. Sharing the code to the lock box is strictly prohibited and will result in immediate loss of membership.
2. Only active account members will be allowed entry.
3. Pre-approved members under the age of 18 must be accompanied by an approved member parent until they reach the age of 18.
4. Improper unauthorized use of the Gym may result in member suspension or cancellation.
5. The Gym reserves the right to suspend or cancel the rights, privileges, and membership of any member whose actions are detrimental to the use, safety, and enjoyment of the Gym.
6. Do not bring or otherwise allow a person that is not an approved member or guest of the Gym to access the facility without permission.
7. Do not bring or otherwise allow a person younger than 18 years of age to access the Gym without permission.
8. Athletes alone in the Gym should call 000 in case of an emergency.
9. All outside doors must remain closed during all non-staffed hours.
10. No one under the influence of alcohol or drugs is permitted in the Gym at any time.
11. Only use equipment you understand how to use. If you would like any help with the equipment, please contact the Centre Manager.
12. Inspect the equipment to make sure it is properly functioning prior to using the equipment.
13. Remove any potential trip hazards from the floor, around racks/lifting area, and return all excess plates/equipment to keep area tidy when they are not in use.
14. Limit all movements to 80% loading during non-staffed hours.
15. Stop exercising if you experience a potential injury and seek medical attention. Inspect your surroundings to make sure equipment and weights are not obstructing your intended exercise.
16. Notify the Centre Manager if any equipment is not working properly or if you notice any potentially dangerous conditions within the Gym.
17. Return all equipment and/or other Gym supplies to their designated storage place after using the equipment
18. After Gym use, please wipe down any used equipment.
19. The Gym is monitored 24/7 by surveillance cameras. Do not touch, move, or unplug any security cameras.
20. Turn off all lights in the Gym (switch by door) Emergency lights do not turn off. Turn off music on the stereo and tv and any other items (fans) that may have been turned on.
21. Be sure to firmly push the door closed and check to make sure it's locked!

Failure to follow these guidelines will result in revocation of 24/7 access.

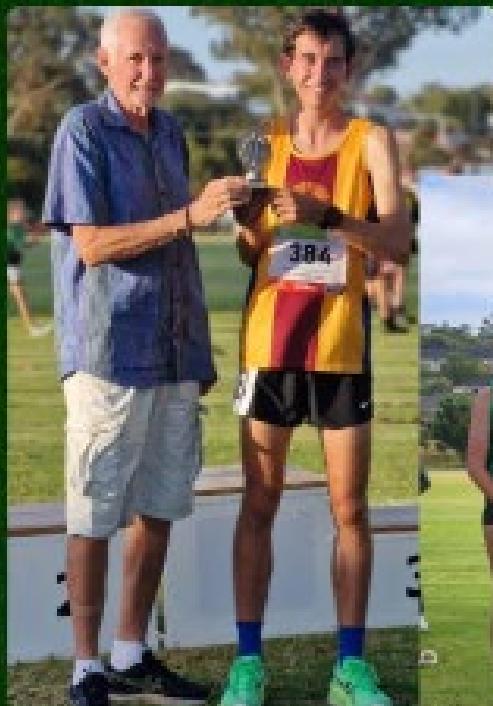
\_\_\_\_\_ Initial acceptance to abide by Gym rules and special rules for the 24/7 membership.

#### No Supervision

I understand I am purchasing a membership at a facility that allows access at any time. As such, I am aware that there will be no supervision or assistance except during staffed hours. Staffed hours may change at the sole discretion of the Gym. I am aware if I get injured, become unconscious, suffer a stroke, or heart attack or any other medical emergency or event, there will likely be no one to respond to my emergency and that the Gym has no duty to provide assistance to me while I am at the Gym. I understand even though the Gym is equipped with surveillance cameras, these are recording, but are not monitored continuously; help will not be available during non-staffed hours. However, a first aid station, AED are in the facility.

\_\_\_\_\_ Initial acceptance of No Supervision.

# WA COUNTRY ATHLETICS CHAMPIONSHIPS



On the 16th-18th of January the State Country Athletic Championships where on at Albany were over 450 children competed, representing Bunbury, Albany, Geraldton, Goldfields, Northam, Broome, Headland, Newman, Collie and Narrogin(our small club). Daniel Davies won the Peter Watson Mile with a devastating kick 300m from home, plus the 800m and won silver in the 1500m. Freyja Davies won two silvers in the 800m and 1500m which she led the whole way only to be beaten by .02 of a second in shocking weather.

Finally Milla-Rose won the 800m and 1500m. Bryn Davies

# KULIN

## Waterslide

More than two decades ago, faced with declining population, councilors in the remote farming town of Kulin took a bold gamble. Went the extra mile to make it happen and just bloody hoped it would be a success. That gamble paid off. The waterslide has since become a major attraction to many local families and drawing visitors from across Australia during the summer months. Kulin has been widely recognised as a benchmark for struggling regional towns, proving that with vision, courage and community spirit, survival and success is possible.

### Background

Phil and Kath Freebairn bequeathed funds to the Shire of Kulin with an absolute discretion "for or towards the improvement or maintenance of the Kulin Greater Sport Grounds and the Kulin Swimming Pool and the encouragement of assistance generally of public recreation and sport of all description with in and around the Kulin town site."

Kulin Shire Council went to the community to the community to identify what was most needed or wanted. The message from the kids was clear, they wanted a pool slide. At the time, then Shire President John Bell discovered that a new waterslide would cost \$50,000, yet still not large enough to meet the town's vision. True to Kulin's entrepreneurial spirit, John set out to find something bigger and better.

His search led him to Tanawha, Queensland, where Tanawha World owned the Aquajet Waterslide, originally built in Coffs Harbour. Tanawha World was sold in 1983 and later renamed Dino's Fun Park. By the late 1990's, the waterslide had been closed and decommissioned, making it available for sale. On 24 December 1998, John Bell signed the contract to purchase the Aquajet Waterslide for \$25,000. A decision that would go on to shape Kulin's future and become one of regional Australia's most iconic community projects.

The task of bringing the waterslide home began in February 1999, with the convoy setting off at 5.30am on a Saturday morning. Leading the journey were John Bell and Ben Tombleson in Aquip's Scania truck, followed by Peter Laid and Ashley Byres in the Shire UD truck. Brett Arundel of Harrismith, with Tony Drake as co-driver, travelled in his Volvo truck hauling two trailers, while Tractor Wreckers of Kulin drove a DAF truck. Mick Woodley from Narembeen completed the heavy transport in a Scania truck.

Supporting the convoy were Peter Lombardi of Roadwest, Ian Dhu of Corrigin, Keith Wilson of Kulin, who each travelled in vehicles towing trailers. Together, the group formed an extraordinary volunteer convoy. A powerful example of the cooperation, determination and community spirit that brought Kulin's iconic waterslide home.

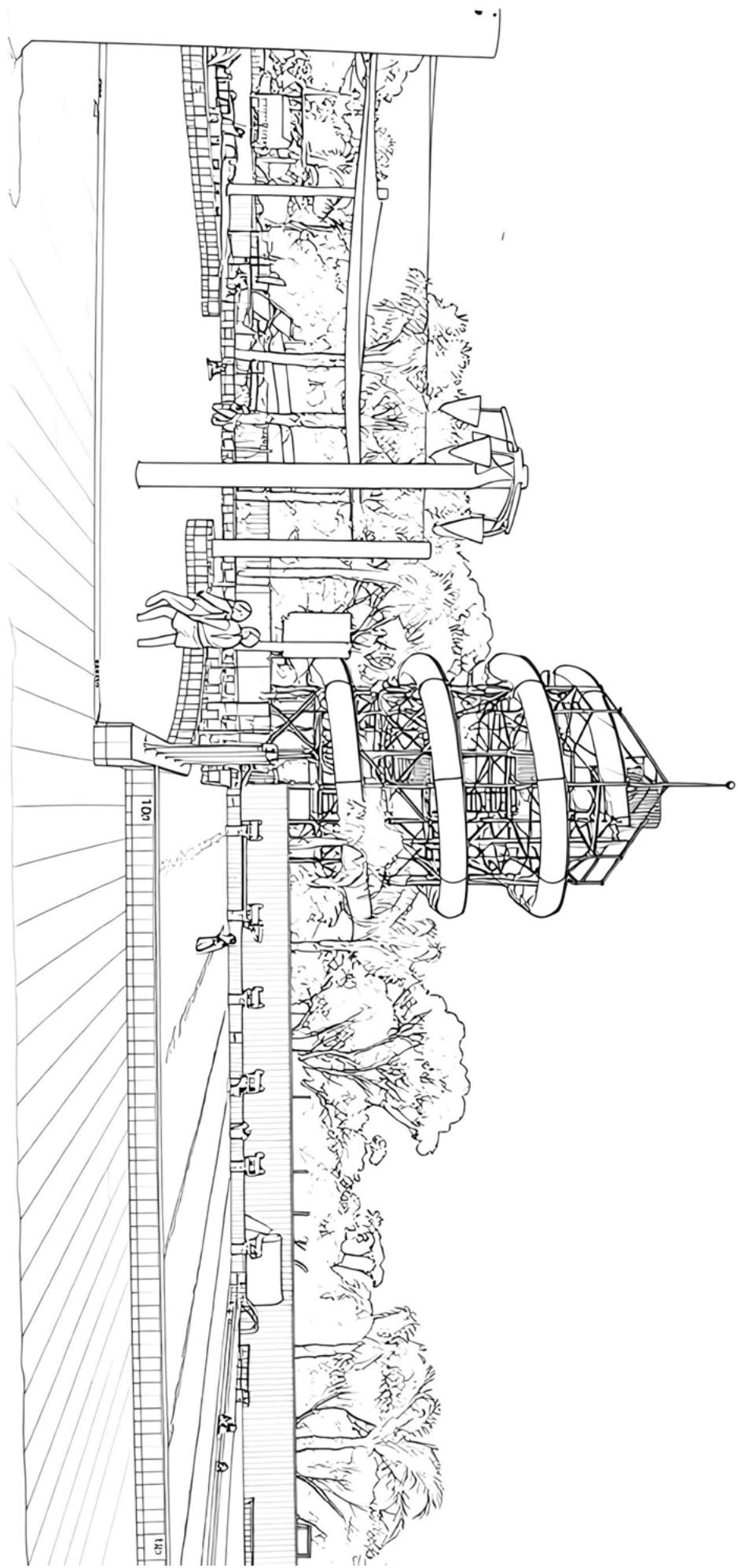
After an early morning lunch in Norseman, reality set in, they were actually heading east. The journey from Kulin to Tanawha, a distance of more than 4,000 kilometers one way, took 3 days to complete. The landmark of leaving the Bruce Highway was the Etammogah Pub and a break was taken there before serious work began loading the slide. The Buderim area had received 10-12 inches of rain the week prior, with one road closed for several days. Fortunately, the weather held while the team was there. Even so, it was a demanding 5 days dismantling the waterslide, with temperatures in the mid 30's and humidity in the high 80's. The return journey was even more challenging. Travel was restricted to daylight hours only, as two of the trucks were overwidth. Making the trip home a test of patience, endurance and determination.

The waterslide was originally built in 1979, and years of exposure to weather, water and chlorine had caused significant rust to lattice steel structure supporting the fiberglass tubing. As a result, reconstruction proved challenging. Progress was slowed by delays associated with refurbishment, reassembly, and the involvement of an engineer for the project. Despite these many hurdles, the work became a true community effort. Many locals assisted contractors by reconnecting water pipes using older plumbing systems, undertaking concrete works, constructing the splash pool and adapting the additional equipment. Corrigin electrician Garry Harris completed the electrical works, including new switchboards and the installation and operation of the pumps.

The opening was ultimately delayed until 2001/2002 Season, largely due to use of chlorine gas. Final certification of the waterslide took a further 6 to 8 weeks. The slide was finally fully assembled in April 2001, at a total project cost of \$335,390. A testament to determination, resilience and community spirit in Kulin.

A community not known for doing things in halves, Kulin is now home to the 182-meter-long slide, the largest regional waterslide in Australia. At just 18 metres high, it may not sound intimidating, there are plenty of stairs to climb, the reward is worth it with sweeping views across the Wheatbelt followed by a thrilling and unforgettable ride!

**Kylie Ripp**  
Customer Service Officer



# Kulin Aquatic Centre & Waterslide



# CHILDCARE SURVEY

The Shire of Kulin is looking at ways to improve childcare services in Kulin and would love to hear from local families about what matters most to them.

Scan the QR code or follow the link below to complete our short survey.

[Kulin Childcare Survey](#)

**SURVEY CLOSES FRIDAY 13 FEBRUARY 2026**





## Kulin Clinic 2026

**every Thursday and Friday**

Dr Segun will be back in Kulin on  
**Thursday 8<sup>th</sup> January & Friday 9<sup>th</sup> January**



08 9880 1315



[www.stlukesfamilypractice.com.au](http://www.stlukesfamilypractice.com.au)

***Healthcare you can afford –  
because it's bulk billed***

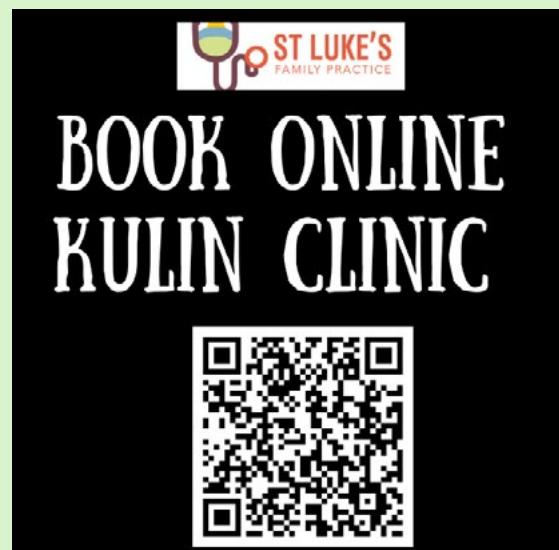
**medicare**

**Bulk Billing  
Practice**

At St Luke's Family Practice, we're committed to keeping healthcare accessible for our community. We provide quality care, fully bulk billed

We bulk billing all eligible GP services for patients who hold a valid Medicare card. This includes: GP Consultations, Chronic Disease Management Plans and Reviews, Mental Health Treatment Plans, Health Assessments.

*\*\* Please note that some procedures, medicals, and allied health services may attract a private fee*





## DO YOU HAVE ROOM FOR A COUPLE OF MEDICAL STUDENTS FOR THREE NIGHTS?

Curtin Medical School Student Rural Immersion Week  
TUESDAY 10 MARCH TO FRIDAY 13 MARCH 2026

**Share your town and rural lifestyle  
with doctors of the future**

More than 100 second-year medical students from Curtin University will participate in the Curtin Medical School Student Rural Immersion Week, with the aim of inspiring them to pursue careers in rural Western Australia.

During their stay, they will visit local farms, industry, general practices, hospitals and schools, and engage in community activities.

**Do you live in or near Brookton, Corrigin, Dalwallinu, Katanning, Kondinin, Kulin, Moora or Wongan Hills?**

As a host, we will ask you to provide accommodation for two or more students for three nights, be able to assist with transporting them to/from town, and share what it is like to live in your town with the students.

### Why host?

**If you live in or near one of these towns we would love to hear from you!**

This is a life-changing experience for the students, with many having no previous exposure to rural life.

By providing these rural immersion opportunities early in their degree, it has been proven that students are more likely to explore rural career opportunities and have a better understanding of treating rural patients.

Some students continue to keep in touch and visit their host families, some return to do seasonal work and placements, others have joined mentoring programs and some have inspired host family members to pursue tertiary studies in health and medicine.



Curtin University

**RURAL  
HEALTH  
WEST**

For further information, contact Rural Health West:

T 08 6389 4509

E [futureworkforce@ruralhealthwest.com.au](mailto:futureworkforce@ruralhealthwest.com.au)

# KULIN BUSH RACES

# 30



CELEBRATING 30 YEARS

*Past and present volunteers are invited to join us for a night of celebration*

## EVENT DETAILS

5pm Saturday 7<sup>th</sup> March

Jilakin Lookout

\$50 per person

*Includes*

Food - Drinks  
Live Entertainment

**Tickets available from the Shire Office.**

*Cocktails available to purchase*



Free shuttle bus  
430pm KBR HQ



Camping Welcome



CELEBRATING 30 YEARS



## CELEBRATING 30 YEARS PAST & PRESENT VOLUNTEERS NIGHT!

We hope everyone is enjoying a well-earned break after a busy harvest season, but here at KBR HQ, things are already starting to crack on! And we have some exciting news to share...

To mark our 30th anniversary, we're hosting a Past & Present Volunteers Celebration Night on Saturday 7th March 2026. What began three decades ago as a slightly quirky idea from our founders has grown into a much-loved event that's stood the test of time. So this night will be all about saying a huge thank you to the people who made it happen, our volunteers.

We warmly invite all KBR volunteers, past and present, to join us for a night of celebration, connection, and a few well-earned drinks. Expect a relaxed, social evening with great company, plenty of laughs, tasty food, drinks and live entertainment.

Food for the night will be taken care of by the amazing Supper Rd, serving up something delicious while old stories are retold (and possibly improved with age). Drinks will be flowing, and for those feeling a little fancy, cocktails will also be available for purchase.

We're encouraging everyone to dress in cocktail-style attire for the evening. There's no strict dress code, but think smart, polished and ready to celebrate. Think of it as a fun chance to set aside the hi-vis and work boots for something a little more dressed up.

This will be an adults-only event. While we absolutely appreciate the contribution of our younger volunteers over the years, we ask that guests arrange care for kids so everyone can truly relax, unwind and enjoy the night.

If you're still in touch with past volunteers, please help us spread the word. You can pass the details on directly, or send their contact information through to Simone Lockyer-Luscombe at [kulinbushraces@outlook.com](mailto:kulinbushraces@outlook.com), and she'll make sure they receive an invitation. We'd love to get as many familiar faces back together as possible.



# KULIN BUSH RACES

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CELEBRATING 30 YEARS



## Event Details

The celebration will be held at Jilakin Lookout, with tickets priced at \$50 per person, covering food, beer & wine and live entertainment. Camping is welcome for those keen to make a weekend of it, or there will be a free town-to-track shuttle bus available, leaving 430pm from KBR HQ to get everyone there and returning at 10pm and 12am to get everyone home safely.

Tickets will be available for purchase through the Shire Office.

This night is about celebrating 30 years of Kulin Bush Races, the friendships formed, the long days, the late nights, the laughs, the clangers and most importantly, the people who made it all possible. We can't wait to raise a glass with you and celebrate just how far this wacky little idea has come.

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## KULIN BUSH RACES - NOTICE OF AGM

**MONDAY 9TH MARCH 2026, 6.30PM @ THE KULIN COMMUNITY HUB**



If you would like to become part of an enthusiastic committee and get more involved with the organisation of our iconic race day, then please come along to the Kulin Bush Races AGM. All welcome! The AGM will be followed by a brief general meeting.

### AGM AGENDA

- Apologies
- Confirmation of minutes from previous AGM
- Business arising from previous AGM minutes
- Correspondence
- Business arising from correspondence
- Presentation of Annual Financial Report, Auditor's Report and balance sheet.
- Chairperson's Report
- Election of Office Bearers and Committee of the Association
- Determination of annual membership fee
- Appointment of Auditor
- Vote of thanks to the outgoing committee
- Closure

If you are unable to attend, please forward your apologies to Simone Lockyer - 0488 172 797 or [kulinbushraces@outlook.com](mailto:kulinbushraces@outlook.com)



A young thief seeking revenge for his brother's death is trained by the once-great, aging Zorro, who is pursuing his own vengeance.



YOU ARE INVITED  
**KULIN CLASSIC  
THEATRE**  
10 FEBRUARY 11AM  
SHIRE OF KULIN  
38 Johnston Street, Kulin



# FUNERAL NOTICE

## FUNERAL NOTICE

The Funeral Service  
for the late

### **Allan Henry Waters Of Kulin**

will be celebrated in the  
Freebairn Recreational Centre  
Kulin—Lake Grace rd Kulin  
on  
TUESDAY morning  
3rd February 2026  
commencing at 11am

Following the service,  
The Cortege will proceed to the  
Kulin Cemetery for Burial.



**DAWSONS**  
FUNERAL HOME

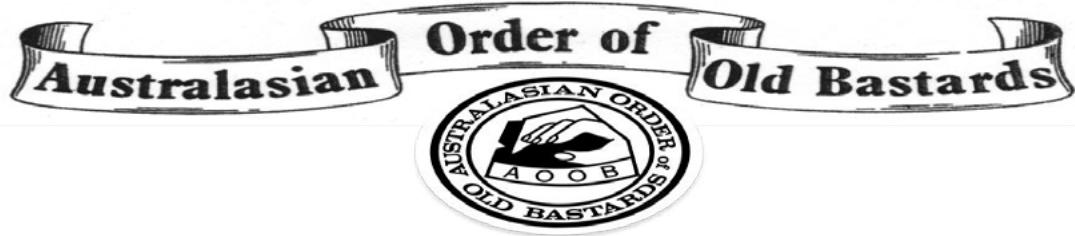
120 Federal Street, Narrogin 6312  
Tel: 9881 1161



**COVENTRY**  
FUNERAL CARE

21 Richardson Street, Katanning 6317  
Tel: 9821 1079

[www.dawsonsfuneral.com.au](http://www.dawsonsfuneral.com.au)



## **Notice of AOOB AGM**

To be held at the Kulin  
Community Hub

Friday 6<sup>th</sup> February at  
6pm

Please contact Jocelyn via text with  
any questions 0400 242 277



## SUMMER THOUGHTS, SLOW EVENINGS & SOMETHING COLD TO SIP



*A few weeks ago a little image popped up on my Instagram feed. It was a picture of a small wooden farmhouse, an old shed leaning comfortably in the background, big shady trees casting long shadows, and a garden that looked like it had been loved for decades. Out the back was an orchard, chooks pecking away like they had important business to attend to, and a dog stretched out on the verandah in the kind of deep afternoon nap only dogs and toddlers ever truly master.*

**A**cross the image were the words: “I wasn’t built to be a Boss Babe. I was meant to be a porch sitting, coffee sipping, bird watching, gardening and baking in the afternoon living like a grandma babe.”

I sent it to my mum and my kids, and every single one of them replied with some version of, “Did someone make this about you?” And honestly... fair enough.

Because even though the days of summer are long and hot, I adore the hours that stretch out into the evening. When the sun takes its time slipping away, and there are still glimmers of colour in the sky well after 8 o’clock. When the Albany Doctor comes roaring through just as I’m watering my thirsty plants, sending a cool mist across the garden—and all that’s missing is a tall glass of proper lemonade. The old fashioned sort, not the fizzy stuff. The kind that’s icy cold, tart enough to make you blink, and sweet enough to make you smile.

Those are the evenings I love most. The ones where something simple is sizzling on the BBQ, a salad full of texture and flavour is waiting on the table, and maybe—if we’re lucky—there’s a little treat to finish the meal. The evenings where I can sit with the people who matter most to me, catch up on their day, and soak in those good summer vibes with a bit of music drifting in the background.

It hasn’t changed for me. Not from when I was a kid, or a teenager, or a young mum, and not now as I watch my own children begin to fly the nest. I still look forward to those summer nights and the joy of sharing a meal at the end of a long, hot day.

This meal is one I really love—light, full of flavour, and made even better with that homemade lemonade. You don’t have to make every dish, but I hope you try at least one. And maybe, just maybe, it becomes part of your own summer ritual too.

Here’s to the start of another year of thoughts, memories, recipes, and

sharing the joy—from my table to yours.

*KC Pederick*  
Community Development Officer

### **ROSEMARY & LEMON MARINATED BBQ STEAK**

#### **INGREDIENTS**

- 2 large or 3 medium lemons, zested and juiced
- 1 tablespoon raw honey
- 2 sprigs rosemary, leaves stripped and finely chopped
- 2 tablespoons butter
- 1 heaped tablespoon minced garlic
- 2 teaspoons mustard (Dijon or seeded both work well)
- 1 teaspoon chilli flakes
- Salt and pepper to taste
- 2–4 steaks of your choice

#### **METHOD**

1. Add the lemon zest and juice to a bowl. Stir in the honey, rosemary, butter, garlic, mustard, chilli flakes, and seasoning.
2. Microwave in 30 second bursts until the butter and honey melt. Whisk until smooth.
3. Line a tray with foil. Pat the steaks dry and lay them on the tray.
4. Coat both sides generously with the marinade. Cover and set aside for at least an hour (overnight is even

# A PLACE AT THE TABLE

- better).
- Let the steaks come to room temperature before cooking for an even result.
  - Grill on the BBQ to your preferred doneness. The grill side adds a gorgeous char and depth of flavour.

## NECTARINE SUMMER SALAD WITH HONEY-BALSAMIC VINAIGRETTE

### INGREDIENTS

#### FOR THE SALAD

- 3/4 cup walnuts
- 4 large handfuls of lettuce leaves
- Small bunch each of basil, mint, and chives
- 5 yellow nectarines, pitted and sliced into eighths
- 120 g cheese (feta, goat's cheese, or tasty cheddar all work)

#### FOR THE VINAIGRETTE

- 1/4 cup olive oil
- 2 tablespoons balsamic vinegar or glaze
- 2 tablespoons honey
- Salt and pepper

### METHOD

#### VINAIGRETTE

- Whisk all ingredients until emulsified.
- Store in a jar until ready to use.

#### SALAD

- Toast walnuts in a pan with a little olive oil and sea salt until golden. Cool completely.
- Toss lettuce with finely shredded basil, mint, and chives.
- Arrange nectarines on top and scatter with cheese.
- Add the cooled walnuts.
- Garnish with herbs and drizzle with vinaigrette just before serving.

## ROASTED STRAWBERRY MILLE FEUILLE WITH LEMON & ROSEWATER GLAZE

### INGREDIENTS

#### PASTRY & FILLING

- 3-4 sheets puff pastry
- 600 ml thickened cream
- 200 g mascarpone
- 165 g pure icing sugar, sifted (65 g for cream, 100 g for glaze)
- 1 vanilla bean or 1-2 tsp vanilla paste/extract

#### ROASTED STRAWBERRIES

- 500 g strawberries, hulled and halved
- 125 g caster sugar
- Zest of 1 lemon
- 1 tablespoon lemon juice

#### GLAZE

- 100 g icing sugar
- Lemon juice
- 1-2 teaspoons rosewater
- A splash of pomegranate juice (optional)

### METHOD

#### PASTRY

- Preheat oven to 200°C.
- Cut pastry into rectangles (10 x 5 cm).
- Layer between baking paper and trays to prevent over puffing.
- Bake 35-40 minutes, swapping trays halfway.

#### ROASTED STRAWBERRIES

- Toss strawberries with sugar, lemon zest, and vanilla.
- Roast 15 minutes until soft and syrupy. Cool completely.

#### MASCARPONE CREAM

- Whip cream to soft peaks.
- Add mascarpone and 65 g icing sugar. Whip to stiff peaks.

### GLAZE

- Mix icing sugar, lemon juice, and rosewater until smooth.
- Add pomegranate juice for colour if using.

### ASSEMBLY

- Line a deep tray with baking paper.
- Layer pastry → mascarpone cream → roasted strawberries.
- Repeat, finishing with pastry.
- Drizzle with glaze and sprinkle with pomegranate seeds.
- Chill for at least 30 minutes before slicing along the pre cut pastry lines.

## OLD FASHIONED HOMEMADE LEMONADE

### INGREDIENTS

- 6 cups (1.4 L) water, divided
- 1 cup (200 g) white sugar
- 1 cup (236 ml) fresh lemon juice

### METHOD

- Combine 1 cup water, sugar, and lemon juice in a saucepan.
- Warm gently until the sugar dissolves. Cool for 10 minutes.
- Pour into a jug and add the remaining 5 cups of water.
- Chill until icy cold. Serve over ice with mint or lemon verbena.

### MAKE IT YOUR OWN

- Add extra lemon juice for more tartness.
- Add lemon zest for a stronger flavour.
- Adjust sweetness to taste.



# Hydration Wellness

Have you drunk enough water today?

## Boosts Cognitive Function :

Proper hydration improves cognitive abilities, including concentration, alertness, memory, mood and mental clarity.



## Enhances Physical Performance :

It helps maintain endurance during exercise, strength, and increase energy levels, reducing fatigue and overheating.

## Promotes Healthy Skin :

Drinking enough water supports skin elasticity, reduces dryness, and can give you a radiant complexion.

## Supports Digestive Health :

Hydration aids in digestion and nutrient absorption, preventing constipation and promoting regular bowel movements.

## Regulates Body Temperature :

Water helps regulate body temperature through sweating & respiration.

Hot days place extra stress on the body, making hydration essential for overall wellbeing. Drinking water regularly helps maintain energy, focus, and balance, especially during summer. Small, frequent sips can make a big difference, supporting your body to stay cool and function at its best. Staying hydrated is one of the simplest and most effective ways to look after your health in the heat.

# Our Wellbeing and Money

JANUARY 1, 2026

## WARRIOR WELLBEING ARTICLES

We work hard for our money; therefore, it is important to know where it goes and how we can manage it, invest it, plan for retirement or a rainy day. As the saying goes, “Money without financial intelligence is money soon gone”.

Scams, get rich schemes and a dodgy email from that international prospective partner, are ways other people will try to fleece us out of our money. As with many things in life, if it sounds too good to be true then it probably is. We need to be vigilant and not share any of our personal and banking details with third parties until we have verified, they are who they say they are.

Before making any big financial decisions, don't rush into anything, do your own research and ensure you talk to all those who will be impacted by these decisions. Seeking sound financial advice from a charted accountant or registered financial advisor is a good way to get an independent professional point of view and allow you to make an informed decision.

Just as we should get a yearly check-up with a GP, it's important to have a yearly financial check-up with your accountant, financial advisor or bank manager. Prepare for the meeting with your questions written down so all your personal and business financial concerns are addressed. This is an opportunity to look at interest rates, refinancing options, new products and tax concessions to make sure you are getting the best “bang for your buck” or the best deal.

Communication is key for so many things in life, so remember to talk to your partner about any personal money decisions if you have joint accounts, credit cards or loans. Uncommunicated expectations are often the main cause of interpersonal conflict.

It is also vital to talk to your business partners about financial decisions and their potential impacts both in terms of financial viability and how they will emotionally affect the business relationship. Failure to do so will have potentially long-term negative effects on your relationship with your business partners as well as your physical and mental wellbeing.

If you are struggling to repay loans, be open and honest



and talk to those in your circle including the bank manager. They can't help you if they don't know what's going on.

Financial hardship and other general money worries, if not addressed can negatively impact our wellbeing and contribute to our situational distress and lead to other problems in our life.

Some signs that financial stress is affecting your health and relationships include:

Arguing with the people closest to you about money.  
Feeling angry, fearful or experiencing mood swings.  
Withdrawing from others.  
Feeling guilty when you spend money.  
Delaying health care you need, due to the cost.  
We encourage a holistic way to look after yourself. Looking at your diet, exercise and time spent on self-reflection are all ways to improve your general health and help manage your wellbeing and money.

By The Regional Men's Health Initiative



THE  
**REGIONAL  
MEN'S HEALTH  
INITIATIVE**

# COMMUNITY NEWS

## KULIN LIONS CLUB CELEBRATES A BIG YEAR AND LOOKS AHEAD TO 2026

The Kulin Lions Club has wrapped up another busy and rewarding year, with 2025 proving to be one of its most productive yet. Thanks to the steady support of the Kulin community, the club continued its long tradition of service, fundraising, and pitching in wherever help was needed.

Throughout 2025, Lions members rolled up their sleeves for a wide range of projects that made a real difference around town and beyond.

Their efforts included:

- Scrap metal and battery collection, keeping valuable materials out of landfill while raising funds for local initiatives.
- Collecting cans and bottles at the Kulin Bush Races, a huge job that supports both recycling and community fundraising.
- Selling the much loved Lions Christmas Cakes, a festive favourite that helps fund Lions' charitable work.
- Cooking up burgers and sausage sizzles for the Kulin District High School Presentation Night, helping celebrate the achievements of local students.

- Sending Father Christmas letters to the Kulin DHS pre primary students — a small gesture that brings big smiles.
- Rescuing unwanted furniture and giving it a second life through the Lions' furniture sales, reducing waste and supporting families.
- Running the Book Nook at the Kulin Hub, where second hand books continue to find new homes.
- Hosting the Lions Cancer Bus, raising an impressive \$3,000 for vital cancer support services.
- Supporting Kids to Cambodia, contributing \$1,000 to help three Kulin students take part in this life changing international program.

These achievements reflect countless volunteer hours and a strong commitment to community service. The Lions extend a heartfelt thank you to everyone who donated, purchased, volunteered, or simply offered encouragement throughout the year. Your support is genuinely appreciated.

As the club steps into 2026, one of its key goals is to grow its membership.

The Lions are especially keen to welcome younger members who are looking to get involved in something meaningful whether that's helping out at local events, supporting national causes, or contributing to international programs.

Joining the Lions is a great way to:

- Meet new people,
- Learn new skills,
- Give back to the community, and
- Be part of projects that make a real difference.

Whether you can spare a little time or a lot, the club would love to have you on board.

The Kulin Lions Club is grateful for the ongoing support of the community and looks forward to another year of service, connection, and local pride. With fresh faces and continued community backing, 2026 is shaping up to be another strong year for Lions in Kulin.

On behalf of Tim Barndon Kulin Lions President and the Kulin Lions Club.



# KULIN RETIREMENT HOMES

## New House Opening 24 Gordon Street, Kulin

An 'open house' on Australia Day was an opportunity to celebrate and open the home for the public to view. The new home features two bedrooms, one bathroom, and two toilets, with generous storage throughout, ceiling fans, and air conditioning.

Many locals visited the KRH home at 4/24 Gordon Street, with some very positive comments being shared. A big thank you to everyone who took the opportunity to view our new home.

Our lovely new home is a culmination of work from the Kulin Retirement Homes Committee with significant financial contribution and support from Kulin Community Financial Services (Bendigo Foundation) and the Shire of Kulin. Thank you to everyone involved.

In the current housing environment, new houses are difficult to achieve. The committee of Kulin Retirement Homes is committed to their objective of providing affordable housing for seniors in our community.

Robbie Bowey  
Coordinator Building Project



Entry and Carport



Living/Dining Room



Patio (back)



Kitchen



Kitchen



Laundry

## IMPORTANT NOTICE

### WARNING! DON'T RISK LOSING YOUR EYE SIGHT

#### **Are You Being Treated For Any of These Health Conditions:**

- High Blood Pressure
- High Cholesterol
- Diabetes

Or, are you taking medications for ailments like Rheumatoid Arthritis or Heart Disease?

If so, **the delicate blood vessels in your retinas could be at serious risk...** which can have a devastating impact on your ability to safely drive or do the things you love doing.

Glasses Loose? Get A Complimentary Adjustment

#### **Is Your Vision At The Safe Driving Level?**

An eye test can show this and reveal hidden health problems that may impact your daily life.

For your own peace of mind, an optometrist funded by the Health Department is visiting Kulin on **Thursday 12th February** to conduct eye tests. Eye tests are billed to Medicare for eligible card holders. Scan The QR code Below To Claim Your Appointment with Kulin's Visiting Optometrist or text your name, number and email address (if possible) to 0413047354



**Scan me**

**Graham Shipway Mobile Optometrist B App Sc (Optom) QUT**



## Physiotherapy in Kulin

**Sam Harvey**

**PHYSIOTHERAPIST**

Available Tuesdays in Kulin (weekly)

- General Physio
- Sports injuries
- Pre- & post-op rehab
- Strength and conditioning
- Clinical Pilates (1:1 or 2:1)

Special interests:

- Lower limb injuries
- Neck pain & headaches
- Acute lower back pain



**Alice Bartley**

**PELVIC HEALTH PHYSIO**

Available Thursdays in Kulin (fortnightly)

Women's and Men's Pelvic Health Physio

- Pelvic pain
- Pre- & post-natal care
- Continence, bowel & bladder dysfunction
- Hip & abdominal pain

Cancer Rehab

- Every stage of cancer treatment and recovery

Special interests:

- Hip & pelvic related sporting injuries & returning to running



**REMEDY HEALTH COLLECTIVE CLINICS**

Narrogin

21A Egerton Street

Monday - Friday + Telehealth

Corrigin

CorriGYM - 17 Hill Street

Mondays

Kulin

Freibairn Recreation Centre

Tuesdays & every second Thursday

SCAN  
ME!



Ph: 0409 868 114 | E: admin@theremedyphysio.com.au | www.theremedyphysio.com.au

## KULIN AQUATIC CENTRE

### POOL OPENING HOURS

**SATURDAY & SUNDAY**  
11:00am - 6.30pm

**MONDAY CLOSED**

**TUESDAY - FRIDAY**  
6:00am - 8:00am  
12:00pm - 6:00pm

**ENTRY FEES**  
Child - \$2.50  
Adult - \$4.50  
Spectator - \$2.50

### WATERSLIDE OPENING HOURS

**SATURDAY & SUNDAY**  
1:00pm - 5:00pm

**SLIDE ENTRY  
\$10 PER DAY**



KULIN AQUATIC CENTRE AND WATERSLIDE

P: 9880 1222  
E: pool@kulin.wa.gov.au

# FOODWORKS



Join our team at FoodWorks Kulin!

We are looking for two motivated individuals to fill part-time positions

The role includes customer service, stocking shelves and managing stock rotation, maintaining a clean and tidy store environment

Send your resumes at:

**FoodWorksKulin@Gmail.com**

## WA OWNED - WAGIN BASED



With our commitment to excellence, we deliver tailored fumigation solutions to meet the unique needs of each client. Whether it's a small-scale storage facility or a large commercial grain silo, we have the expertise to safeguard your stored grain effectively.

PMB: 23

**Contact: Graeme - 0439 968 237**  
**graeme.george@fumrite.com.au**  
**www.fumrite.com.au**



Dr Andrea Roberts BVMS, PO Box 543 MERREDIN WA 6415 Ph:0428212945 ABN99774533081

### Pat And Chat Mobile Vet Kulin Clinic Dates 2026

Mon 2<sup>nd</sup> February, Monday 30<sup>th</sup> March, Monday 27<sup>th</sup> April, Monday 25<sup>th</sup> May  
Monday 22<sup>nd</sup> June, Friday 31<sup>st</sup> July, Friday 28<sup>th</sup> Aug  
Friday 25<sup>th</sup> Sept, Friday 23<sup>rd</sup> Oct, Friday 20<sup>th</sup> Nov, Friday 18<sup>th</sup> Dec

Please ring or text Andrea on 0428212945 for an appointment

# ROADSAFE TRAINING WA

## CREATING A HIGHER STANDARD

- Plant & Machinery Tickets
- Motorbike Lessons
- Forklift Tickets
- In-house assessment
  - Automatic & manual Car lessons



Dudley Eastell

E: [dudley@roadsafetrainingwa.com.au](mailto:dudley@roadsafetrainingwa.com.au)

M: 0420 378 084

W: [www.roadsafetrainingwa.com.au](http://www.roadsafetrainingwa.com.au)

In Partnership with A2B Training # 52294

# GENERAL INFORMATION

## SHIRE CONTACTS

FRC - 9880 1000  
CRC - 9880 1204  
Caravan Park - 0439 469 850  
Pool - 9880 1222  
Depot - 9880 1218  
KCCC - 9880 1636

## JUSTICES OF THE PEACE

MT Lucchesi - 9880 4050  
JM McInnes - 9880 1360  
BW Sloggett - 0427081925

## MEDICAL CENTRE

Kulin- 9880 1315  
St Luke's Family Practice  
Dr available Tues & Wed

Kondinin- 9889 1753  
KN Hospital- 9894 1222

Kulin Nursing Station  
9880 1056  
Tues, Wed & Fri  
8:30 - 12:30

## EMERGENCY CONTACTS

Emergency centre-  
9880 1079  
SES - 13 25 00  
Western Power- 13 13 53  
Water Auth.- 13 13 75  
Kulin Water Depot - 9880 1356

## POLICE CONTACTS

Crime Stoppers -  
1800 333 000

Kulin Police Station is staffed by two officers who are available to respond to incidents 24/7. Your local police can be contacted as follows:

Emergency: 000  
Non-emergency: 131 444  
KU Station - 9861 5800

## TIP SHOP OPENING DAYS

Sunday | Monday | Thursday  
10am - 3pm

## KULIN TRANSFER STATION

The station is open  
Sunday | Monday | Thursday  
10.00am - 3.00pm

## REPORTING MINOR ISSUES

The Shire of Kulin uses Snap Send Solve, simply download the app and use your smart phone to report a variety of issues directly to the Shire.

## LOCAL CHURCHES

Uniting Church  
1st & 3rd Sunday of each month, 10.30am

Catholic Church  
Fr Truc Nguyen  
0426 018 782  
1st, 3rd, 4th, 5th, 8.00am

Anglican Church  
By Request  
K. Wilson - 0429 801 228  
Bunbury Office - 9721 2100

## KULIN MOTOR MUSEUM

Wednesday 10am - 12.30pm  
Saturday 10am - 2pm  
C. King - 9880 1058  
B. Colbourne - 0429 804 615  
J. Munro - 0427 386 849

## DRIVING ASSESSOR

Kulin has one assessment day a month. Call BENDIGO BANK KULIN for bookings or enquiries - 9880 1422

## MAIN ROADS FAULTLINE

138 138

## CONTAINERS FOR CHANGE

All Good Refund Depot comes to Kulin on the last Wednesday of every month. They pick up returns from behind the Memorial Hall at midday. Contact the Shire for more info. To donate your cans to KCCC use their ID (C10351204) or to donate your cans to the ARTS CENTRE use their ID (C10333381)

## DEFIBRILLATOR LOCATIONS

### KULIN

Kulin District High School  
Kulin Caravan Park  
Public Toilets (Johnston St)  
Aquatic Centre  
Freebairn Recreation Centre  
Kulin Foodworks  
Butler's Garage & Museum

### PINGARING

Public Toilets  
Pingaring Ag Solutions  
Pingaring Golf Club

### DUDININ

Dudinin Tennis Club

### KULIN LIONS CLUB

Kulin Lions Club collect old glasses, hearing aids and stamps. Please feel free to drop off any of these items at the Kulin Post Office. Push bikes and batteries can be dropped off at Haydn's shed.

H. McInnes - 0429 801 215  
T. Barndon - 0428 939 189  
R. Doust - 0499 802 054