## THE KULIN UPDATE

04th December 2025

## 6-7 THE WORKS CREW HAVE BEEN BUSY

The Shire Works Crew has been working hard on our local roads, check out some of the awesome improvements here!

## 16-19 LOCAL BUSINESS CHRISTMAS CLOSURES

Get the info on when local businesses will be closed over Christmas

## 26 KULIN COMMUNITY CHRISTMAS PARTY

The Kulin Community Christmas Party is just around the corner, check page 26 for the details!

## Kulin Classics go Troppo for Christmas



Palm trees, pavlova, and a dash of mischief — our Christmas luncheon should have come with a warning: Excessive leis and laughter bound to occur! Read all about the antics on Page 28.



## **CONTENT CORNER**



Mon - Fri 8:30 am - 4:30 pm 38 Johnston Street, Kulin WA 6365 (08) 9880 1204 crccounter@kulin.wa.gov.au www.kulin.wa.gov.au/crc-home



### How to receive the Kulin Update via email?

Call or email us and let us know your name and email address so we can add you to the distribution list

Alternatively, visit

www.kulin.wa.gov.au/#newsletterscrol

How to advertise in the Kulin Update?

Complete the booking form found here -

www.kulin.wa.gov.au/council/news/communitynewsletter.aspx and send your advert and completed booking form to crccounter@kulin.wa.gov.au

When are the deadlines?

All articles and booking forms are to be sent NO LATER than Tuesday, 4pm prior to the publication date.

What are the advertising costs?

1/4 page b/w - \$20 1/2 page b/w - \$25 1/2 page colour - \$50 Full page b/w - \$40 Full page colour - \$80 Front/back - \$100

Members receive 20% off advertising costs, please contact

crccounter@kulin.wa.gov.au for more information.

Accepted document formats:

• PDF • JPEG



## Achieved something?

We would love to share any community news or achievements in the newsletter, send through the information to crccounter@kulin.wa.gov.au DEADLINES TO SUBMIT CONTENT FOR THE KULIN UPDATE

16th Dec 2025

## **DATES AND UPCOMING EVENTS**

## **DECEMBER**

9th Kulin Classics Movie Day

11th Bone Bus in Kulin

12th Junior Basketball Grand Final

13th Community Christmas Party

16th Council Meeting

18th KDHS Final Day Term 4

24th Christmas Eve

# DECEMBER 2025

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## **CRC CORNER**

And just like that, we find ourselves in December. Once again, we're wondering where the year has gone and how quickly it's passed, all while preparing for festive events, end-ofschool celebrations, harvest, and the upcoming holidays!

On Tuesday, we enjoyed a fantastic day celebrating with our Kulin Classics (our wonderful seniors) at the annual luncheon. The Freebairn Recreation Centre was bright and festive, perfectly complementing the wonderful food and entertainment. This year was truly a community collaboration. Kulin District High School was front and centre, with the Kindy-Year 2 students singing carols, high school students and Sarah helping run the event, and beautifully handmade tree ornaments and cutlery settings created for everyone to take home. A lovely and thoughtful touch we are very grateful for.

As the weather warms up the fire rating risk also rises, and this also means Total Fire Bans and Harvest and Vehicle

nd just like that, we find ourselves Movement Bans are enforced. Some in December. Once again, we're clarity on what those terms mean:

A Total Fire Ban is issued DFES (Department of Fire and Emergency Services) and is is declared on days when fires are most likely to threaten lives and property. This is because of predicted extreme fire weather. On a Total Fire Ban day, it is illegal to light an open-air fire or conduct any activity that could start a fire.

Harvest and Vehicle Movement Bans are issued by the Shire of Kulin during the Restricted and Prohibited Burning period and are put in place when local Bushfire Control Officers identify the use of engines, vehicles, plant or machinery as high bushfire risk activities, during particular times of the day.

A Harvest Ban, and a ban on the movement of all vehicles and machines and the operation of internal and combustion engines is imposed on Christmas Day and New Years Day each year.

There is plenty coming up in the next few weeks to get you into the festive spirit – Community Christmas Party, Kulin Tennis Christmas Cup, Junior Basketball Grand Final, and the Aquatic Centre and Waterslide open to cool off on these beautiful summer days.

You will also find the opening hours of our local businesses and Shire over the Christmas period in this edition. It's not to early to plan and make sure you are prepared for the closures around Christmas and New Year.

Finally, if you need to call Main Roads for faults the faultline number is **138 138** and this is also listed in the General Information on the back page

of the update.

Taryn Scadding
Executive Manager of Community
Services

## STAY SAFE THIS SUMMER

AS THE WEATHER FINALLY STARTS TO WARM UP, IT'S IMPORTANT TO BE VIGILANT AROUND SWIMMING POOLS AND TO REMEMBER A FEW POOL DO'S AND DON'TS:

All pools need a compliant safety barrier.

For more information, visit:

www.wa.gov.au/media/60087/download?inline

Keep a close eye on children in the pool at all times.

Don't prop open the pool gate or place climbable items near the safety barrier.

Remember, if a pool contains 30 cm of water or more, it must have a safety barrier.

This includes spa pools, portable and temporary pools, as well as above- and below-ground pools. All new pool installations in the townsites require a building permit





Department of **Primary Industries and Regional Development** 



A NEW LAW IS COMING THAT WILL CHANGE HOW YOUNG PEOPLE ACCESS SOCIAL MEDIA.

HERE'S WHAT YOU NEED TO KNOW:

## What is the new law?

- Starting from 10 December 2025, many social media platforms in Australia must prevent people under 16 from having a social media account.
- The law is not a ban on social media, it's just a change to how old you have to be to sign up and keep/have an account.

## Why is it happening?

- The changes aim to reduce the risk from harmful design features that make it hard to switch off from social media. It will help protect the health and wellbeing of young people and give them extra time to develop real world connections and digital literacy skills before they join global platforms.
- As part of the changes, new social norms are being built around social media use, where young people can maintain connections in other ways.

### How will it work?

- Once the new law takes effect, platforms should deactivate accounts belonging to anyone under 16.
- They must also take steps to check your age before you can sign up.

### What does this all mean?

- If you're under 16, you won't be able to have an account on some social media platforms.
- The new law is intended to capture major platforms like TikTok, Snapchat, Instagram, Facebook, YouTube, X, and Twitch.
- You'll still be able to stay social in other waus.
- You can use platforms that have the sole or primary purpose of online gaming and messaging.
- You can also use professional and development services, and services that are primarily for education and health support.

### What do I need to do?

- Nothing, social media platforms are responsible for making sure they follow the new law. They should deactivate any existing accounts for under-16s and monitor new sign-ups.
- The new law will not eliminate every online risk, and the risks will not simply disappear when a young person turns 16. eSafety will continue to help people of all ages understand how to use online services and platforms as safely as possible and get help if they are harmed.
- You can find information, advice and support at eSafety.gov.au

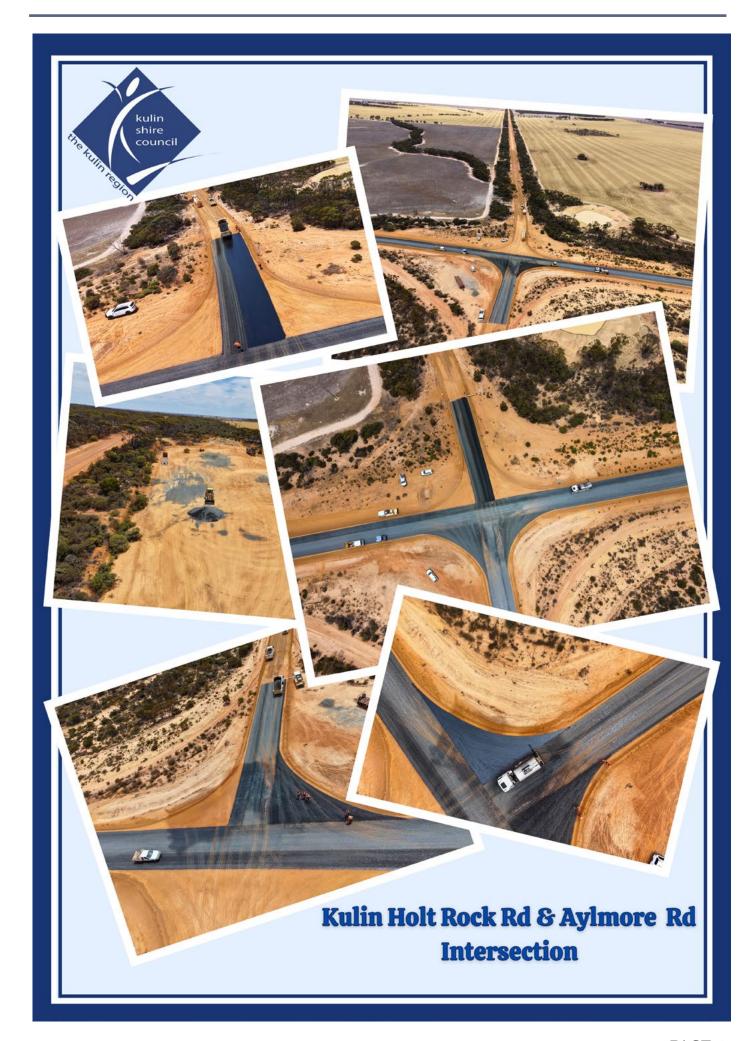


Scan the QR code to learn more or visit esafety.qov.au









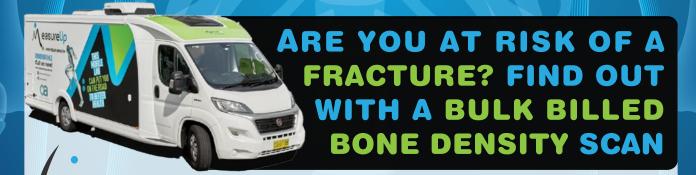


# the

is coming to our practice on:

Kulin Medical Centre

11th December and 12th December 2025



Available now for those over 70 years of age or with certain medical conditions

Ask your GP today!



🌐 thebonebus.com.au 🛮 📞 1800 10 11 63



# Dr Segun Olumide Kulin Medical Centre every Tuesday and Wednesday

Appointments can be made by phoning 9880 1315, presenting to the centre, or by visiting our website and clicking the Kulin booking link.

St Luke's Family Practice is now a Medicare Bulk Billing Practice!

This means that for all eligible Medicare card holders, you will not have any out-of-pocket costs for standard consultations. Instead, we bill Medicare directly, so our patients won't need to pay upfront or claim a rebate later. Our goal is to make healthcare more accessible and affordable for our community.

We bulk bill eligible GP services, including:

- GP consultations
- Chronic condition management plans & reviews
- Mental health treatment plans
- Health assessments

Fees may apply for non-eligible services. Please ask our reception staff for more information.

## **Christmas Period Hours**

Tuesday 23<sup>rd</sup> of December 2025 10am to 5pm Wednesday 24<sup>th</sup> December 2025 8am to 1pm

25th December 2025 to 5th of January 2026 CLOSED

Tuesday 6<sup>th</sup> of January 2026 – resume to normal hours 10am to 5pm Wednesday 7<sup>th</sup> of January 2026 8.30am to 4pm



medicare

**Bulk Billing** 

**Practice** 

www.stlukesfamilypractice.com.au



## DO YOU HAVE ROOM FOR A COUPLE OF MEDICAL STUDENTS FOR THREE NIGHTS?

Curtin Medical School Student Rural Immersion Week
TUESDAY 10 MARCH TO FRIDAY 13 MARCH 2026

## Share your Town and rural lifestyle with doctors of the future

More than 100 second-year medical students from Curtin University will participate in the Curtin Medical School Student Rural Immersion Week, with the aim of inspiring them to pursue careers in rural Western Australia.

During their stay, they will visit local farms, industry, general practices, hospitals and schools, and engage in community activities.

## Do you live in or near Brookton, Corrigin, Dalwallinu, Katanning, Kondinin, Kulin, Moora or Wongan Hills?

As a host, we will ask you to provide accommodation for two or more students for three nights, be able to assist with transporting them to/from town, and share what it is like to live in your town with the students.





## Why host?

## If you live in or near one of these towns we would love to hear from you!

This is a life-changing experience for the students, with many having no previous exposure to rural life.

By providing these rural immersion opportunities early in their degree, it has been proven that students are more likely to explore rural career opportunities and have a better understanding of treating rural patients.

Some students continue to keep in touch and visit their host families, some return to do seasonal work and placements, others have joined mentoring programs and some have inspired host family members to pursue tertiary studies in health and medicine.

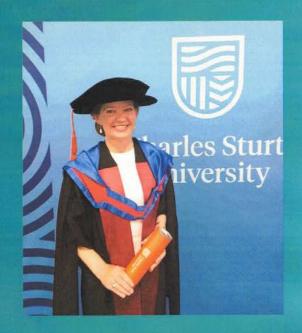
For further information, contact Rural Health West:

- T 08 6389 4509
- E futureworkforce@ruralhealthwest.com.au

## **Lumen Wheatbelt Study Hubs – Education Success Stories**

## From horses to higher degrees: Annette's path to a PhD

Growing up on her family farm in the central Wheatbelt, Annette always loved two things: life in the country and horses. For many regional students, the thought of university can feel like a huge leap and returning to study later in life can seem even bigger. But Annette's determination to make a difference kept opening doors to new learning opportunities. From Physiotherapy to Veterinary Research and finally a PhD, Annette's education journey shows just how far passion and persistence can take you.



## Finding her path

After high school, Annette knew she wanted a career that helped others and decided to study Physiotherapy, even when her ATAR fell just short. Rather than giving up, she did a year of Human Biology, followed by a year of Occupational Therapy, and after that, she was able to apply for mature-age entry into Physiotherapy at Curtin University.

Her love of animals never faded. After several years working as a Physiotherapist, she discovered a brand-new field she couldn't ignore: Veterinary Physiotherapy. Annette completed her Master of Veterinary Physiotherapy through the University of Liverpool, a mix of online study and practical placements that even took her to the UK three times.

It wasn't easy juggling work and postgraduate study, but Annette embraced the challenge, even starting her own business so she could better manage her time. The research she completed sparked something bigger. Her work was well-received, published, and presented at conferences, where people began asking the question she hadn't yet considered: When are you going to do a PhD?

## "I knew if I didn't pursue the idea, I'd regret it at 80."

Encouraged by others who saw the value in her ideas and determined not to look back years later wishing she'd tried, Annette found a supervisor who believed in her research. She enrolled as an external PhD student at Charles Sturt University.

lumenwruc.edu.au | 0488 025 446 | hello@lumenwruc.edu.au

## **Lumen Wheatbelt Study Hubs – Education Success Stories**

"A PhD is a huge project. You're managing your own time, chipping away at something massive. It can feel overwhelming," Annette admits. Fortnightly Zoom meetings with her supervisors helped keep her on track, and an online PhD support program called Research Central proved invaluable. "That group was amazing," Annette says. "They offered masterclasses, weekly 'shut up and write' sessions, and a space to ask questions you might feel silly asking your supervisor."

## Overcoming challenges from the country

One of the biggest hurdles came not from the study itself but from rural connectivity. Uploading research videos using patchy farm internet was nearly impossible.

"Lumen was fantastic," Annette says. "Having access to reliable, high-speed internet meant I could submit my work on time."

### Staying motivated

Like many research students, motivation ebbed and flowed but remembering the purpose behind the project kept Annette moving forward. Her passion, combined with a "if it doesn't exist, you can create it" mindset, carried her through to graduation.

### Annette's advice for future students

Take your time. - "If you're not sure what to study, then work, travel and learn about yourself first"

Know why you're studying. - "Choose a course because it's right for you, not because someone expects you to."

Marks aren't everything. – "Mature-age pathways are often easier than you think."

Find support. - "Study groups and peer communities make all the difference."

Care less about what others think. - "It's your life and your path."

Annette's story shows that education isn't a straight line and that persistence, curiosity, and country grit can take you anywhere.

Congratulations Dr Annette!
Thank you for sharing your story with us.



lumenwruc.edu.au 0488 025 446 hello@lumenwruc.edu.au



## **Kulin Police News**

21 Johnston Street, Kulin WA 6365 Phone: 98615800

Email: Kulin.Police.Station@police.wa.gov.au
Staff: Sergeant Andy Dunn, Senior Constable Barry Osborne (Uncle Baz)

Dec / 2025



## **CRIME**

Alcohol – Drinking excessively may lead to irresponsible, inappropriate or criminal actions and may result in your appearance in court. THINK and DRINK Responsibly.

Opportunistic crime is the easiest and hence, the most common type of crime we see in country areas.

Lock away your valuables, secure your premises, notify your neighbours of your absence and to report any suspicious activity you see.

In your car, take your precious and valuable belongings with you, at the very least place out of view, LOOK, LOCK and LEAVE your car.

## **TRAFFIC**

With a number of deaths & serious injury occurring on our roads, a timely reminder about using ERD's.

### What is an Electric Rideable Device (ERD)?

Regulation 3A of the *Road Traffic Code 2000* (RTC)\* defines an ERD as a scooter, skateboard, or other vehicle that;

- Is powered by one or more electric motors
- Has at least 1 wheel
- Is designed to be used by a single person
- Is not capable of going faster than 25 km/h on level ground
- Has dimensions no bigger than 1250 mm in length, 700 mm in width, 1350 mm in height and weighs no more than 25 kg

If a device exceeds any of the above restrictions, it is an unlicensed motor vehicle and not an ERD.

### What isn't an ERD?

An ERD does not include motorised scooters, motorised wheelchairs, electric personal transporters, a vehicle with pedals or wheeled toys. Regulation for these devices is contained within the RTC.

The minimum age to ride an ERD is 16 years of age, with the motor/s engaged.

### Do ERD riders have to wear helmets?

Yes, riders of an ERD have to wear an approved bicycle or motorcycle helmet.

## Can ERD's carry a passenger or animal?

No, ERD's are limited to carrying one person only. (r.212(5) RTC)

Stay safe - Andy and Baz



"All it takes for crime to flourish is for good people to do nothing" CRIME STOPPERS 1800 333 000 OR IN AN EMERGENCY DIAL '000'

TWITTER @KulinPol (Not for reporting incidents)

FB Great Southern District - WA Police Force (Not for reporting incidents)





Bendigo and Adelaide Bank ABN 11 068 049 178 AFSL 237879. (2232466-2232405) (09/25)

	DING HOURS
Mon 22 December	08.00am - 05.00pm
Tue 23 December	08.00am - 05.00pm
Wed 24 December	08.00am - 05.00pm
Thu 25 December	CLOSED
Fri 26 December	CLOSED
Sat 27 December	08.00am - 11.30pm
Sun 28 December	CLOSED
Mon 29 December	08.00am - 05.00pm
Tue 30 December	08.00am - 05.00pm
Wed 31 December	08.00am - 05.00pm
Thu 1 January	CLOSED
Fri 2 January	08.00am - 05.00pm





### XMAS OPERATING HOURS

\*LAST DAY\* - Friday December 19th 2025 - \*OPEN\* Monday January 12th 2026

We will be available for tyre breakdowns over the Xmas period, someone will be on-call. We would like to thank everyone for their continued support over the year and look forward to seeing you all next year!

On behalf of the Tin Horse Automotive team, we wish everyone a Merry Xmas and a safe New Year!



60 Bull Street Kulin WA 6365 PHONE David - 0408 952 285

EMAIL sales@tinhorseautomotive.com.au

MRB 9434

ABN 41 263 372 508





## **KULIN RETIREMENT HOMES**



GORDON ST, KULIN WORKMAN ESTATE

Modular WA house has arrived in Kulin.

The house is currently a building site and although people are welcome to pass by on the street, we request locals to stay clear of the site.



## UNIT:

- 2 Bedroom
- 1 Bathroom
- Kitchen
- Laundry

## CONTACT:

Annette Lewis Shire Office 9880 1204 finance@kulin.wa.gov.au

















## Kid's Corner

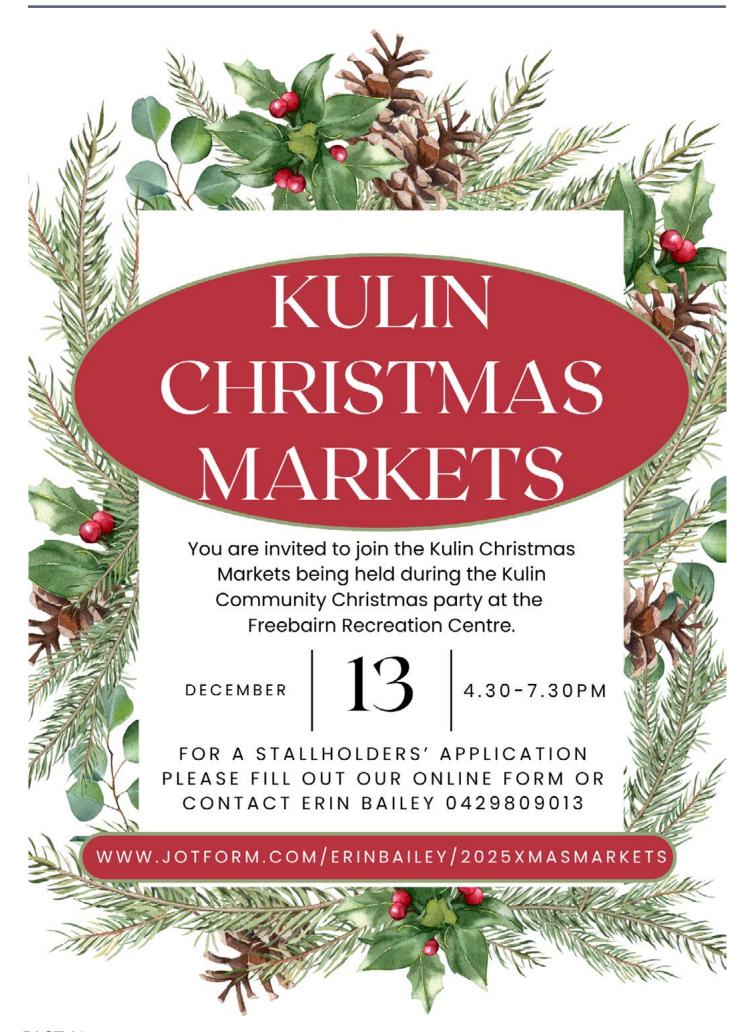
The Rulin Update Rids Activity Page
Colour, create and celebratel

Not long until Santa comes for Christmas!

Have you been good? Then grab your pencils to colour

your wish list for Santa.

*Dear Santa, *my name is
I amyears old  This year I have been  *   Nice  Ca little of both  *   Naughty  Something nice I did this year was:
This year for Christmas, I would really like:
PS: I hope you enjoy the milk & cookies!  Thank you  and *  YYerry Christmas!



## Kulin Christmas Markets

## Saturday 13th Dec 4.30-7.30pm Freebairn Recreation Centre

- Stalls will be inside (all spaces will be approximately 3m X 3m).
- The fee will be \$10 per space (Non-for-profit organisations are free).
- Setup from 3pm.
- VENDORS SELLING FOOD:
  - o must obtain approval from the Kulin Shire's Environmental Health Service (EHS). **Applications for** approval must be received by the EHS at least 5 working days prior to the event;
  - O at least one person at you stall must have completed Hygiene Officer training https://hospitalityhygiene.com/
- All vendors will be covered under the Kulin Shire public liability insurance.
- All vendors must supply their own tables, chairs and any equipment needed for their stall.

NAME/BUSINESS NAME:						
ADDRESS:						
PHONE:	EMAIL:					
PRODUCT DESCRIPTION:						
PLEASE MARK YOUR MARKET SPACE PREFERENCES						
☐ SINGLE SPACE \$	510	☐ DOUBLE SPAC	CE \$20			
	WILL YOU BE S	ELLING FOOD?				
□ NO □ YES	Do you need a Fo	od Vendors form?	☐ YES	□ NO		
	PAYMENT	OPTIONS				
•	oit – Kulin Arts Cou name in the paym	ncil - Bendigo Bank	BSB 633000 #	109904896 (please		
Pay on the night	name in the payir	Pay at Kulin CF	20			
I agree to provide all my own equipment and will leave my area clean at the conclusion of						
the Markets.	equipinent and	will leave illy al	ea ciean at i	the conclusion of		
Signed:			Date:			
For more information or to return a	an application cont	act <u>Erin Bailey</u> 0429	9 809 013 <u>erin</u>	@kulin.com.au		





Let's come together to celebrate the spirit of Kulini

Saturday the 13<sup>th</sup> of December 2025 from 4:30pm to 8:30pm at

## The Freebairn Recreation Centre

Enjoy live music, festive food, games for all ages, and a visit from Santa! Bring your picnic rugs, wear your Christmas colours, and share the joy with neighbours and friends.

If you are interested in helping out and volunteering reach out to Kirra at the Shire office or email <a href="mailto:kulincdo@kulin.wa.gov.au">kulincdo@kulin.wa.gov.au</a>

We are planning a water fight on the oval from 5:00 - 5:30pm. Any kids wanting to participate must be accompanied and supervised by an adult. We suggest a towel and a change of clothes for after might be a good idea.





Rajin Cajun Foodtruck will keep our bellies full



Hillz Soft Serve has the sweet treats covered





## WE NEED YOUR HELP FOR THE COMMUNITY CHRISTMAS PARTY

Saturday the 13th of December 2025 at

The Freebairn Recreation Centre

We are looking for some volunteers to help with these activities:

- Helping to set up and general assistance
- Applying glitter tattoos and possibly face paint
- Helping to set up and run the water fight (be prepared to get soaked!)

Call Kirra at the Shire on 9880 1204 or drop in and let us know if you are able to help or would like some more information!

## Kulin Classics go Troppo for Christmas

They've done a lap or three around the sun. They're seasoned and they're savvy. Basically—without a doubt, these Kulinites are classic. So, for our local legends aged 55 and up, we've retired the word "senior" and proudly ushered in a new era: the Kulin Classics. You're not senior. You're timeless. And this Christmas, we celebrated you in true island style.

This past Tuesday, the Freebairn Recreation Centre was transformed into a tropical paradise for our Kulin Classic Hawaiian Christmas Lunch. With palm fronds swaying (well, paper ones), festive sparkle in the air, and a spirit of fun that could rival a luau, the heat of the day didn't stand a chance.

Despite the Harvest Ban and temperatures outside pushing up towards 40 degrees, 60 Kulin Classics arrived dressed to impress—leis draped, floral shirts flowing, and laughter bubbling from the get-go. It was a sight to behold and a vibe to remember.

Amy from Acres of Taste once again wowed us with a spread that had everyone loosening their belts. Roast turkey with cranberry glaze, golden roasted potatoes, sweet potatoes, maple-glazed carrots, and a pear and pecan salad had people licking their lips. And then came dessert—three types of cheesecake, classic Christmas pavlova, and a rich, steamed Christmas pudding. No one left hungry, and everyone left happy.

The Kindy and Pre-Primary classes, along with Years 1 and 2, serenaded us with Christmas carols that melted hearts faster than a mango sorbet. Their handmade ornaments and cutlery holders were crafted with love and proudly taken home by our Classics. Weeks of preparation paid off in the most adorable way.

Then it was time for some games, giggles and good times. From party games to Christmas trivia, the room was alive with belly laughs and cheeky competition. Sarah Gangel, in her role as School Advocacy Officer, brought boundless energy, and the four student volunteers who served and mingled were absolute stars—smiling, helping, and giving it a red-hot go.

The Phil Room at the Rec Centre truly underwent a tropical transformation. To the volunteers who gave up their Monday afternoon and Tuesday morning to help decorate—thank you. You turned the Rec Centre into a Hawaiian wonderland. With palm trees, tropical blooms, cheeky surfing Santas and Elvis in his finest tropical Christmas attire, it was Kulin like we've never seen it before.

Cr. Robbie Bowey delivered a warm update on news from the Shire, reminding us of the strength and spirit of our community. And to everyone who attended—thank you. Your presence made the day what it was: joyful, vibrant, and full of connection.

To my team at the Shire and Kulin CRC—thank you for your calm heads, creative minds, and unwavering support. We pulled off something special, and I can't wait to get cracking on our next community celebration.

Until then, stay classic.

## Kirra Pederick

Community Development
Officer

## **KULIN CLASSICS CHRISTMAS LUNCHEON**



## BRANNY'S CHEESEGAKE - A SLICE OF CHRISTMAS MAGIC

Christmas is absolutely, without hesitation, my favourite day of the year. I'm well into my forties, but I still count down to the big day each year. There's a sense of magic in the air, and my inner child dances in delight. If such things were real, I'm sure I'd walk around sparkling with effervescent joy, visible like a cloud of glitter around

me..

he reason I love Christmas so much is that it's a day for family and the friends who become family. No one person is more important than anyone else. In my family, it's never been about the presents. Sure, they're great, and I put a huge amount of effort into finding something special for the people I care about, something that brings them joy. But for me, Christmas is a celebration of joy itself. As a child, Christmas Eve meant an early bedtime. It didn't matter that the sun was still up - if you weren't in bed, Santa wouldn't be coming. Christmas morning saw me up at the crack of dawn, racing to my parents' room with squeals of excitement, making their morning cuppa before checking out the tree. Then came a family breakfast before piling into the car for the trek to Granny and Grandad's farm or Nan and Pop's place, depending on whose turn it was. Our Christmases were never

quiet. Kids ran flat out, playing as hard as we could before racing inside to sample some special treats that, no whatever deliciousness was streaming from the kitchen, then back out again. The grown ups joined in the madness until we all collapsed into happy exhaustion at the end of the day.

Now that I'm one of the grown ups — and heaven help me, so are some of my children – not much has changed. I still try to go to bed early on Christmas Eve, less for Santa and more so I'm fully ready for the Christmas morning madness. I still wake up at the crack of dawn with a beaming smile, ready to turn on some music and spread the Christmas cheer through my house. It's a struggle for the less morning minded members of my family.

As you've all probably noticed, most family moments in my world include food. I think that's probably true for all of us to some degree. And wow, there are some very special Christmas recipes that are family classics. I

love to change things up at Christmas, but there are matter what, hold a place of honour.

One of those, that has never failed to make an appearance, is my Granny's Cheesecake. She handed down the recipe long before I can remember, and every single one of my aunties and my mum would make it. My sister, my sister in law, and I all carry that recipe and the memories that come with it, and I've passed it on to my kids. It's light, luscious, creamy, and tart. It works every single time, comes together with an absolute minimum of fuss, and every bite brings me back to the magic of Christmas - remembering my big, beautiful family, those still here who live far away, and those I will always miss, especially at Christmas. So, I'm spreading the joy with you this time. This is my Granny's Cheesecake recipe - from our Christmas table to yours, with love and wishes for a very Happy Christmas.

Kirra Pederick Community Development Officer

## Granny's Cheesecake

## Ingredients:

- 1 packet Granita Biscuits
- Approx. ½ cup melted butter
- 2 packets Philadelphia Cream Cheese, softened
- 1 can Nestlé Sweetened Condensed Milk
- · 300 mL Whipping Cream
- Zest and juice of 3 large lemons
- Extra whipped cream to serve

## Method

Crush your Granita Biscuits
to breadcrumb consistency.
You can do this in the food
processor, or go old school:
wrap the biscuits in a clean tea
towel or pop them into a zip
lock bag so that you don't make

- a mess, and beat the daylights out of them with a rolling pin until it's a nice crumbly mess.
- Line the base of a springform pan with baking paper, ready to go.
- 3. Tip your crushed bikkies and butter into a large bowl and mix together with your hands until you can clump it together. If you need to, add a bit more butter to get it to that point where it will press into clumps.
- 4. Tip your butter and bikkie mix into the pan and press it down. I start with my hands and then smooth it out with the back of a spoon at the end for a nice even base. Then set this aside.
- 5. In a large bowl or a mixer, beat your Philly cheese to a smooth

- consistency, adding in your lemon juice and zest to give it a little extra moisture. Once it starts to smooth out, add your condensed milk and beat really, really well. You don't want any lumps!
- 6. In a separate bowl, whip your cream to stiff peaks.
- 7. Gently fold the cream through the cheesecake mix so that you don't lose too much volume.
- 8. Gently pour this into the springform pan on top of the base and then pop it into the fridge to set for at least 2–3 hours.
- Decorate with whipped cream and maybe some more lemon zest or curls if you're feeling fancy.

That's it — sweet, simple, and delicious.



## GET YOUR HANDS IN THE GARDEN

## FRESH SHOOTS: CELEBRATING SUMMER AND SHARED GARDENS

Summer certainly started with a bang this year! November eased us through the last weeks of spring with balmy days and gentle rays of sunlight, followed by chilly nights and dumpings of rain through peak harvest time. Then December arrived and summer kicked off in full force.

The heat has had me up early each morning, watering to make sure everything in my garden gets nice wet feet before the day sets in. I've come to love that quiet hour at sunrise — the soft warmth on my skin, the smell of herbs waking up, and the birds chattering away — it's a beautiful way to ease into the day before the silly season takes hold.

Don't get me wrong I love Christmas and Summer, but it does take some energy and that hour (or a little more) spent wandering around my garden each morning really helps get my mind settled ready for the chaos that epitomises most days this time of year.

My garden is doing pretty well... apart from one poor Moorpark Apricot tree that my puppies decided was better as a chew toy than a fruit tree. There were tears, thongs were waved about and thrown, it's fair to say I definitely lost my lolly when I found it dragged around the orchard. Why do puppies always go for the trees instead of the ropes and toys? Rest assured the puppies are fine, in fact they've decided to join me as I do that early morning watering each day and keep me company. Anyway, I've trimmed the apricot tree back, replanted with fresh soil, and am crossing my fingers it pulls through. Although in total honesty it's not looking good.

On the brighter side, my summer herbs and veggies are thriving,

shooting up with new growth in the sunshine. And here's a surprise — after spreading vertimowed lawn clippings from the Shire months ago, spending considerable time watering and waiting and eventually giving up when nothing seemed to happen, I've just spotted tiny green sprouts poking through. Could it be the start of a lawn? I'm cautiously optimistic and will be seeking advice from Kulin's lawn connoisseurs on how to nurture those little shoots into something more. So, let's hope they read this article and are prepared for my questions on how best to nurture those little green sprouts into an actual lawn.

Around town, gardens are looking stunning. The jacarandas are in full bloom, and despite the gazillion flies, it's been lovely wandering about and admiring everyone's summer colour.

Speaking of gardens, our own Kulin Community Garden has been on the agenda too. Last week we held a catch-up meeting for anyone who wanted to attend to toss around ideas on how to make the community garden more inviting and easier to use. Attendance was light, but we still had a conversation full of





## GET YOUR HANDS IN THE GARDEN

possibilities, and I'd love to share a few of them here with you.

- Seating and shade structures to make the garden more comfortable in summer.
- Repaired irrigation and new water points so plants and people alike can thrive.
- Better storage and tools with shelving, coded padlocks, and shared equipment.
- Composting and green waste areas with bays, worm farms, and clear signage.
- A propagation and shade house to support seed raising and year round growing.
- Signage and a noticeboard to guide visitors, share updates, and reflect Kulin's identity.

These are just ideas for now, but with a few more hands in the dirt we can make them happen. The thing with a community garden is that it's by the community, for the community. Gardens don't

grow all alone — they need us to garden, and really, it's the spirit we get our hands dirty. To those who see so much in Kulin all around. already toil away down there, planting, tending, and harvesting, thank you. Hopefully over the next year or so we can chip away at some of these ideas and make the space more appealing and easier to use.

Beyond the community garden, we also talked about forming a local gardening group. Nothing too formal, just a chance to catch up over a cuppa, maybe other and have a laugh or share this article — I've thought about a like to get involved in, let me could be fun. know!

For me, the joy of gardening has always been about connection. I learned it from my grandparents and my mum, wandering up to the garden with them, chatting as we worked. Without even realising, I was learning — that there's satisfaction in growing things, and that everything in the world has its time to bloom. Community Development Officer That's the spirit I'd love to see reflected in our community

From that spirit comes one idea already floating around — hosting an open garden day in 2027. It would be a chance to celebrate our little community, admire the green thumbs among us, and inspire those just dipping their toes in to really have a crack at it.

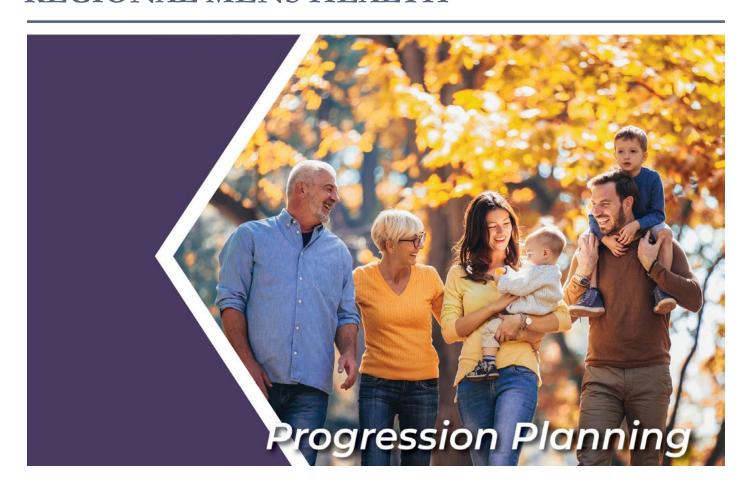
Opening up our gardens also gives us the chance to connect with other WA garden events, and there are some snacks, share skills and some wonderful ones out there. knowledge, and encourage each Check out the list at the bottom of a story or two. From there, who bus trip or two so we could all have knows what might grow? If this a day out and enjoy, or maybe a sounds like something you might Kulin convoy... you never know, it

> As always, you know I'm up for a cuppa, a chat, and a chance to hear your thoughts. So please feel free to give me a call or drop in — I'd love to hear what you think about these ideas and how we can keep cultivating connection in Kulin.

## Kirra Pederick

Date(s)	Event Name	Location
27-Sep-25	Manjimup Community Garden Open Day	Manjimup
4-Oct-25	Kojonup Open Gardens	Kojonup
12-Oct-25	York Garden Club Open Gardens	York
25-26 Oct 2025	Open Gardens Albany	Albany
25-26 Oct 2025	Ferguson Valley Open Garden Trail	Ferguson Valley
30 Oct-2 Noυ 20	Festival of Country Gardens	Bridgetown/Pemberton
9-Νου-25	RFDS Open Garden – Yalambi Farm Stud	Busselton
13-Noυ-25	Gather & Grow - Cannery Arts Centre	Esperance
15-Noυ-25	Wundowie Community Garden Drop-In	Northam Shire
1-Aug-25	Emu Patch CWA Community Garden	Wagin
14-Mar-26	Mt Marshall Community Show	Bencubbin
TBC 2026	Bruce Rock & Yealering Open Gardens	Bruce Rock/Yealering

## REGIONAL MENS HEALTH



December 1, 2025

## WARRIOR WELLBEING ARTICLES

Progression Planning is about retaining family relationships in the progression/succession process by looking at the people issues before dealing with financial the and business aspects. It is often the unspoken expectations of family members that can lead to the difficulties experienced. If farming families looked at the relationship aspects and the people issues, of their business as part of the progression plan there would be less stress and misunderstanding.

Why Progression? Mixed

received messages are and given using the word succession. For most it means the king is dead who is the next king? Progression is not just a business transaction; it is primarily about relationships. One of the greatest risks to a farming family's viability, in the long term, is relationship breakdown that we often don't see coming. Progression shifts the focus to how we move the family-owned business into the next era or generation and how the older generation can successfully make the transition to the next phase of their lives. Progression encapsulates these options.

Effective communication allows for awareness, understanding and a basis to reach agreement on issues.

Communication must be maintained to both reduce distress and for our positive wellbeing. In fact, many people don't talk about progression until it's too late and/or put it off because it is too difficult.

The following key topics in progression planning need to be canvassed in detail:

- Family communication, it all starts here.
- What is the farm business? Allows understanding of the business the family are involved in.
- Stakeholders, who's involved? It is important to empower all parties to have a role in the progression planning process.
- What do stakeholders want?

## REGIONAL MENS HEALTH

Questions to ask our spouse/ partner and children about progression and/or retirement and business development.

• Transition period. You must establish an agreement that is suitable to your requirements. It's not going to happen overnight.

We need to make Progression discussions Planning part conversation of normal in our business. Only the minority, amongst owned businesses, have any documentation around farm and/or business succession. Families must lead the way and own the process, no one can do it for us. Some simple rules that influence good

progression planning are:

- Sort the relationships first.
- Debate the issues openly and with those that matter.
- Start planning early, when your kids leave school, the plan should be in place and understood.
- When children come to work on the farm and/or in the business, be clear on where it is going (sell the business not the land or building).
- Seek outside help for more than financial and legal matters (involve more than just the farm consultant, accountant and/or lawyer).
- Have a handover strategy

and stick to it.

Remember not all businesses will be able to have a successful progression/succession outcome, for a variety of reasons. Maintain those relationships first, to give it the best shot. A quote from Warren Buffett that fits in well with progression/succession matters...

"Don't do what others say, just listen to them, and do what you feel good with."

By The Regional Men's Health Initiative



## ... before it all gets too much ... Talk to a Mate!!®

Regional Men's Health Initiative's primary role is to deliver community education and awareness on men's holistic wellbeing and health.

Phone: (08) 6314 1436

## Tis the season to be asking RUCK?

The holiday season can be a difficult time for some people. You can make a difference at this time of year by checking in and having a meaningful conversation with the people in your world who:

- Are grieving
- Are missing friends or family
- O Have had a tough year
- Are struggling financially
- Are affected by natural disasters
- Are working over the holidays
- O Have challenging family relationships
- Are spending the holidays alone
- Feel excluded at this time
- Are feeling overwhelmed by world events





## Here's some tips to help you connect and support your colleagues, friends and family:

- Think about who in your world might be finding this time difficult and ask them, 'are you OK?' or 'how are you doing?'
- Meet up for a chat over a cup or tea or coffee.
- If someone is grieving, ask them how they'd like to honour the memory of their loved one.



- Extend an invitation to someone who will be alone during the holiday period.
- Organise a picnic or activity to bring people together.
- Have a virtual catch up with someone you can't see in person or send a text message to let someone know you're thinking of them.



- Suggest a 'walk and talk' with someone you know who finds the holidays tough.
- Drop off a meal to someone to show them you care.
- Remind your friends that telephone support service Lifeline (13 11 14) are operating 24/7 over the holidays if they need extra support.

For more conversation tips visit ruok.org.au

ection	Sunday	2	Have a virtual catch up with someone you can't see in person.	21	Suggest a device break and head outdoors with a friend for some fresh air.	e asking
Calendar of connection	Saturday	Gorganise a picnic to bring people together and connect.	13	Remind your friends that helplines, such as Lifeline (13 11 14), are operating 24/7 over the holidays.	27	Tis the Season to be ask RUCK?
dar of	Friday	S	Think about who in your world might be finding this time difficult and ask them, 'Are you OK?'	61	Ask a friend who's working over the holiday period how you can support them.	
Calen	Thursday	Extend an invitation to someone who will be alone this Christmas.	F	Suggest a 'walk and talk' with someone you know who usually finds the holidays tough.	25	Find more connection tips at <b>ruok.org.au</b>
	Wednesday	3 Organise a Kris Kringle featuring handmade gifts or acts of kindness.	Check in with a colleague before they go on break.	4	Check in with a friend who's been struggling to see how they're tracking.	31
	Tuesday	2	6	Drop off a meal for a friend or family member.	23	Grab a cuppa and have a chat with someone you know who has had a tough year.
	Monday	Ask someone who has experienced loss this year how they'd like to acknowledge it over the holidays.	Team up with friends to volunteer at a local organisation.	₹.	Send a text to let someone know you're thinking of them.	29

## STEVE'S RETREAT

6 Rankin Street, Kulin, WA

Mobile: 0412 654 198 ABN: 779 482 683 48



## Cleaner Wanted

for

Steve's Retreat and Ameli Cottage

Duties include cleaning after guests and washing linens.

This position has flexible hours, great wages constant work.

You must be able to work weekends, and you will be working for a great boss.

Call Steve on 0412654198

Let's keep this amazing accommodation going in Kulin!

Steve has accommodated tourists and workers for 332 nights over the year between the units.



## Kulin Police News

21 Johnston Street, Kulin WA 6365 Phone: 98615800





25/11/2025

## Community Notice

A USB thumb drive was found on Kulin District High School oval last week.

Found property number – 251125 1820 8596

The owner can attend the Kulin Police Station to identify & claim.





## Public Notice of Proposed Sale of Land

Public Notice of Proposed Sale of Land pursuant to s3.58(3) of the Local Government Act 1995

Property: 9 Hodgson Street, Kulin (Lot 113/DP64330) being the whole of land

contained in Certificate of Title 2734/770.

Buyer: Nicole Jennifer Thompson
Consideration: \$31,818.18 excluding GST
Market value: \$36,000.00 excluding GST

### Submissions

Written submissions in respect of the proposed sale may be lodged with the Shire of Kulin until Thursday, 18 December 2025.

You can share your thoughts through the following ways:

- By mail to PO Box 125, Kulin, 6365. Submissions should be marked "Proposed sale of 9 Hodgson Street, Kulin" and addressed to the Chief Executive Officer.
- By email to the CEO at: <a href="mailto:ceo@kulin.wa.gov.au">ceo@kulin.wa.gov.au</a>





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Pat And Chat Mobile Vet Kulin Clinic Dates 2025

Tues 11th February, Monday 10th March, Monday 7th Agril, Monday 5th May Wednesday 4th June, Monday 30th June, Monday 28th July, Wednesday 27th Aug Friday 26th Sept. Monday 20th Oct. Monday 17th Nov. Monday 13th Dec

Please ring or text Andrea on 0428212945 for an appointment



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## **GENERAL INFORMATION**

## SHIRE CONTACTS

FRC - 9880 1000 CRC - 9880 1204 Caravan Park - 0439 469 850 Pool - 9880 1222 Depot - 9880 1218 KCCC - 9880 1636

## JUSTICES OF THE PEACE

MT Lucchesi - 9880 4050 JM McInnes - 9880 1360 BW Sloggett - 0427081925

## **MEDICAL CENTRE**

Kulin-9880 1315 St Luke's Family Practice Dr available Tues & Wed

Kondinin-9889 1753 KN Hospital- 9894 1222

**Kulin Nursing Station** 9880 1056 Tues, Wed & Fri 8:30 - 12:30

## **EMERGENCY CONTACTS**

Emergency centre-9880 1079 SES - 13 25 00 Western Power- 13 13 53 Water Auth.- 13 13 75 Kulin Water Depot - 9880 1356 K. Wilson - 0429 801 228

## POLICE CONTACTS

Crime Stoppers -1800 333 000

Kulin Police Station is staffed by two officers who are available to respond to incidents 24/7. Your local police can be contacted as follows:

Emergency: 000 Non-emergency: 131 444 KU Station - 9861 5800

## TIP SHOP OPENING DAYS

Sunday | Monday | Thursday 10am - 3pm

## **KULIN TRANSFER STATION**

The station is open Sunday | Monday | Thursday 10.00am - 3.00pm

## REPORTING MINOR ISSUES

The Shire of Kulin uses Snap Send Solve, simply download the app and use your smart phone to report a variety of issues directly to the Shire.

### LOCAL CHURCHES

Uniting Church 1st & 3rd Sunday of each month, 10.30am

Catholic Church Fr Truc Nguyen 0426 018 782 1st, 3rd, 4th, 5th, 8.00am

Anglican Church By Request Bunbury Office - 9721 2100

## **KULIN MOTOR MUSEUM**

Wednesday 10am - 12.30pm Saturday 10am - 2pm C. King - 9880 1058 B. Colbourne - 0429 804 615 J. Munro - 0427 386 849

## DRIVING ASSESSOR

Kulin has one assessment day a month. Call BENDIGO BANK KULIN for bookings or enquiries - 9880 1422

## MAIN ROADS FAULTLINE

138 138

## **CONTAINERS FOR** CHANGE

All Good Refund Depot comes to Kulin on the last Wednesday of every month. They pick up returns from behind the Memorial Hall at midday. Contact the Shire for more info. To donate your cans to KCCC use their ID (C10351204) or to donate your cans to the ARTS CENTRE use their ID (C10333381)

## **DEFIBRILLATOR LOCATIONS**

**KULIN** Kulin District High School Kulin Caravan Park Public Toilets (Johnston St) Aquatic Centre Freebairn Recreation Centre Kulin Foodworks Butler's Garage & Museum

**PINGARING Public Toilets** Pingaring Ag Solutions Pingaring Golf Club

**DUDININ** Dudinin Tennis Club

## **KULIN LIONS CLUB**

Kulin Lions Club collect old glasses, hearing aids and stamps. Please feel free to drop off any of these items at the Kulin Post Office, Push bikes and batteries can be dropped off at Haydn's shed.

H. McInnes - 0429 801 215 T. Barndon - 0428 939 189 R. Doust - 0499 802 054