THE KULIN UPDATE

23rd October 2025

5 CITIZEN OF THE YEAR AWARDS

Nominate now! Information on page 5.

6 CROSSROADS BREAKY WRAP

> From Bacon and Eggs, to Roads, Harvest and Men's Health get the dish on this year's Crossroads Breaky's.

20 UPCOMING EVENTS

There are so many upcoming events at this time of year. We've got lots of information included from page 20 onwards, check it out!





CONTENT CORNER



Mon - Fri 8:30 am - 4:30 pm 38 Johnston Street, Kulin WA 6365 (08) 9880 1204 crccounter@kulin.wa.gov.au www.kulin.wa.gov.au/crc-home



How to receive the Kulin Update via email?

Call or email us and let us know your name and email address so we can add you to the distribution list

Alternatively, visit

www.kulin.wa.gov.au/#newsletterscrol

How to advertise in the Kulin Update?

Complete the booking form found here -

www.kulin.wa.gov.au/council/news/communitynewsletter.aspx and send your advert and completed booking form to crccounter@kulin.wa.gov.au

When are the deadlines?

All articles and booking forms are to be sent NO LATER than Tuesday, 4pm prior to the publication date.

What are the advertising costs?

1/4 page b/w - \$20 1/2 page b/w - \$25 1/2 page colour - \$50 Full page b/w - \$40 Full page colour - \$80 Front/back - \$100

Members receive 20% off advertising costs, please contact

crccounter@kulin.wa.gov.au for more information.

Acceeted document formats:

• PDF • JPEG



Achieved something?

We would love to share any community news or achievements in the newsletter, send through the information to crccounter@kulin.wa.gov.au

DEADLINES TO SUBMIT CONTENT FOR THE KULIN UPDATE

4th Nov 2025

18th Nov 2025

02nd Dec 2025

DATES AND UPCOMING EVENTS

OCTOBER

24th Freebairn
Rec Centre
& Sporting
Clubs AGM

27th & HV Pilot

28th Driver Training

29th Golf Club AGM

31st Halloween

NOVEMBER

3rd Boogie Bounce

4th Melbourne Cup

11th Remembrance Day

OCTOBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
			Nurses Clinio Oper 0:10 - 0:00 C Social Tennis 3:00m	2 Remedy Physio	Bush Races Nurses Clinic	4 Hulin Bush Races
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NOVEMBER 2025



CRC CORNER

We often seek stability, longing for moments to stay just as they are. But life, by its very nature, resists stillness. The only constant we can truly rely on is change itself.

Change arrives both gently and abruptly. Sometimes it's welcomed and other times it's painful. But whether we resist it or embrace it, change continues, indifferent to our preferences.

It's graduation time for many of our local students — a significant milestone as they wrap up Year 12 and prepare to sit their final exams and start jobs. It is the end of one chapter and the beginning of another, and it's one filled with a wide mix of emotions: excitement, uncertainty, nostalgia, and hope.

These young adults stand on the edge of something new. They've put in the hard work, ticked off the milestones, and now they're looking ahead — to further study, new jobs, travel, or simply the unknown. We wish each of you the very best for the journey ahead. The Shire of Kulin would also like to acknowledge change in our environment. Nicole Thompson



(Foops) will be finishing her chapter at the Shire of Kulin next week. Foops has been a long-serving and much-valued member of the Shire of Kulin team — wearing so many hats over the years, it's hard to name them all!

From her early days at the Kulin Telecentre to her current role as Manager of Executive Support Services, Foops has consistently demonstrated dedication, professionalism, and a genuine passion for serving both the Shire and the wider Kulin community. Her contributions have left a lasting mark, and she will be missed by all who've had the pleasure of working alongside her. Thank you, Foops — for everything.



Change is also taking place within the Shire Council Chambers. Next week a Special Meeting of Council will be held to officially swear in Councillors and elect both the Shire President and Deputy Shire President for the coming term.

We are pleased to welcome Lachlan Siviour to the Council and look forward to the fresh perspective he will bring to the role. At the same time, we extend our sincere thanks to retiring Councillors Michael Lucchesi and Troy Gangell for their service to the Shire of Kulin. We look forward to this next chapter in Council and the continued work of representing and supporting our community.





Our main street is in the midst of exciting change with the creation of the new RV Visitor Area. What was once the old skate park has now been transformed into a welcoming space for both locals and visitors to enjoy. We have created a space that invites people to stop, stay, and engage. We look forward to seeing both familiar faces and new visitors making the most of this evolving part of town.

With harvest just around the corner, it's a busy time on our roads, with increased movement of heavy machinery and trucks. Let's all do our part to keep our roads safe by being patient, alert, and courteous to one another.

Wishing everyone a smooth and productive harvest!

Taryn Scadding
Executive Manager of
Community Services





Department of Primary Industries and Regional Development

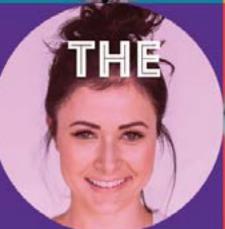














Presented by:



Principal Partner



Media Partners:







Nominate now

If you know someone, or a group, doing great things in our community, nominate them for a 2026 Community Citizen of the Year Award, in our four categories.

- Citizen of the Year
- > Youth Citizen of the Year
- Senior Citizen of the Year Active Citizenship (Group or Event)

citizenshipawards.com.au | Closing Date: 31 October 2025

Local Government Recognising Community Champions.

NOT JUST A BREAKY ROLL: CROSSROADS BREAKFASTS WRAP-UP

From Monday to Thursday last week, the Shire of Kulin team hit the road bright and early, towing the Tincurran Rural Services BBQ Trailer to key crossroads across the district. Led by Shire President Grant Robins and Executive Manager of Works, Judd Hobson, the crew served up sizzling bacon and eggs to local farmers, creating a welcoming space for conversation, connection, and community updates.

Each morning brought a fresh mix of Shire staff, joined by the dedicated team from Regional Men's Health, who offered practical, downto-earth advice on mental and physical wellbeing. This support was especially relevant for rural men facing the pressures of harvest. With hearty bacon and egg rolls in hand, steaming mugs of tea and coffee, and plenty of good-natured banter, the atmosphere was relaxed and uplifting. These breakfasts weren't just about food. They were about showing UD, checking in, staying connected as the season shifts into high gear.

Regional Men's Health

brought more than just touch to the morning rush. presence. They delivered relatable clear. advice on prostate health, heart stroke awareness, mental wellbeing, and stress management. Their message was simple but powerful: check in with your mates, ask how they're going, and reach out if you need support. They're only a phone call away.

A special shout-out goes to the Kulin District High School students who joined Wednesday's breakfast at Yealering-Kulin/Lange Road with Megan Syred. Their barista skills were top-notch, and their calm, cheerful service added a delightful





Beyond the banter, the Crossroads Breakfasts play a vital role in keeping our community informed and engaged. These gatherings offer a chance to chat directly with the Shire team, raise concerns, and hear updates on road maintenance, safety, and upcoming projects. It's grassroots governance its best: accessible, at responsive, and built on trust.

The Crossroads Breakfasts proudly are supported by the Shire of Kulin, the Kulin Community Resource Centre (CRC), and the Department of Primary Industries Regional and Development (DPIRD).

Shire President Grant Robins shared timely reminders as harvest activity intensifies:

Be courteous to other road users and Shire staff as they maintain the road network.







Department of Primary Industries and Regional Development



SHIRE NOTICES

- Slow down in trucks and use the full width of the road to avoid rutting and wear caused by driving the same wheel paths where possible.
- If you witness unsafe driving, report it immediately. Safety on our roads is non-negotiable.
- Main Roads are auditing CBH and Bunge sites for truck weights. The Shire of Kulin has no AMS 3 roads, so legal loading is essential.
- Remember: auditors can assess all loads, not just the truck they stop. Ignorance isn't a defence.

Remind your contractors to not dump grain in parking bays. Overloaded trucks offloading excess grain are causing serious issues. One bay recently had over six tonnes dumped in it. This creates safety hazards, damages infrastructure, and places unnecessary strain on Shire resources. It's also a waste of your time and money.

Fire safety was also top of mind. Residents are urged to review the Firebreak Notices published in recent editions of The Kulin Update. While the Shire may approve grain out-loading hardstand areas during a Harvest and Vehicle



Movement Ban (HVMB), these are for trucks already en route, not for continuous loading. A manned firefighter must be present, and all fires—big or small—must be reported. This data is crucial for funding and future planning.

So that's a wrap (not a breaky roll) on this year's Crossroads Breakfasts. Thank you to everyone who came out, shared a cuppa, and helped strengthen the ties that make our Shire so special. Until next year, stay safe, stay connected, and have a great harvest!

Rirra Pederick -Community Development Officer









SHIRE OF KULIN FIREBREAK ORDER 2025/2026

Issued pursuant to Section 33 of the Bush Fires Act 1954

Notice to All Owners and/or Occupiers of Land

You are hereby required on or before 31st October, and thereafter up to and including 15th March, to have a 3 metre firebreak clear of all inflammable material on all rural and townsite land owned or occupied by you, as per the following requirements.

General Firebreak Requirements

Rural Land

- Immediately inside all external boundaries of the land.
- In such other positions as are necessary to divide land in excess of 400 hectares into areas not
 exceeding 400 hectares, each completely surrounded by a firebreak.
- Immediately surrounding any part of land used for crop.
- Parallel to and within 100 metres of the perimeter of all buildings, haystacks and fuel ramps situated on the land.
- Immediately surrounding any drum or drums or other receptacles situated on the land which are normally used for the storage of fuel, whether they contain fuel or not, provided that the firebreak required shall be not less than 5 metres wide.
- Immediately inside land on which bush has been bulldozed, chained or prepared in any similar manner for clearing by burning (whether you intend to burn the bush or not); provided that the firebreak required to comply with this paragraph only shall be not less than 7 metres wide. Where the land is prepared for clearing by burning after 19th September you shall provide the firebreak immediately.

Townsite Land - Area Less than 1 Hectare

- All hazardous material must be removed from the whole of the land except living trees, shrubs and plants.
- In the remaining area all vegetation is to be maintained to a height of no greater than 100mm.
- It is recommended that at least a 2m wide area immediately within the external boundaries of the lot, be clear of all flammable material except for living trees, plants and shrubs. (Note: any land of one hectare or above – rural provisions apply.)

Important Notes

These requirements are made pursuant to Section 33 of the Bush Fires Act 1954. Failure to comply with this notice may render the landowner or occupier liable to a penalty and the Shire may carry out the required works at the owner's expense. These requirements are in addition to, and not a replacement for, the duty of care under the Act to prevent fire on your property.

Registered Grain Out-Loading Hard Stand Areas

The Shire of Kulin may approve grain out-loading hard stand areas to facilitate safe out-loading of grain, including during periods when a Harvest and Vehicle Movement Ban (HVMB) is in place. A registered grain out-loading hard stand area must meet the following requirements:

1. Application Requirements

- Landowner must submit an application and statutory declaration.
- Photographs must show the nominated area is bare earth with a minimum 25-metre radius from any
 ignition source (for example and ignition source might be augers, trucks, or other machinery). Multiple
 areas may be nominated in one application, however approval will be at the discretion of the Shire and
 not all nominated areas may be approved.
- An annual registration fee of \$250 + GST applies.
- GPS/map pin drop required for each nominated site.
- All applications must be lodged with the Shire by no later than 20 October of each year.

2. Maintenance & Standards

- The registered area must be maintained with bare earth for a minimum of 25 metres from any ignition source at all times during its use.
- Approval does not negate the requirement for compliant firebreaks elsewhere on the property
- Registered areas are subject to inspection by a Fire Control Officer at any time without notice.

3. Operational Conditions During Out-Loading

- A dedicated fire unit with a minimum of 600 litres of water, pump, and hose must be present at the site.
- The fire unit must be attended by a person other than the person conducting the out-loading activity.
- Out-loading activity from registered areas may be suspended without notice at the direction of the CBFCO, DCBFCO or FWO(s), for example:
 - o when there is an active fire within the Shire of Kulin
 - o when a Catastrophic fire weather forecast is issued by the Bureau of Meteorology.

Harvest and Vehicle Movement Bans - Exemptions for Fire Suppression Activities

During the period of a Harvest and Vehicle Movement Ban (HVMB), the Chief Bush Fire Control Officer (CBFCO) may grant an exemption for the movement of plant or equipment (for example, a dozer) that has been called into fire suppression activities in another local government area.

This exemption is subject to the following condition:

- a fire unit must be in attendance whilst that activity is undertaken, attended by a person other than the person moving the plant/equipment.

Firebreak Variation

If it is considered by the owner or occupier of the land that it is impractical to clear firebreaks to comply with this notice due to soil erosion, the spread of salinity or for any other reason, a request for a variation may be made to the Council not later than 1 September of each year.

Such a request must be in writing and include a detailed farm plan showing the proposed location of firebreaks or of the alternative fire protection methods to be used.

Burning of Garden Refuse During Restricted Burning Period (Sec. 24 (f)) Bush Fires Act 1954)

- (1) A person must not burn garden refuse at a place (other than a rubbish tip) during the limited burning times for that place unless it is burned
 - (a) in an incinerator in accordance with subsection (2); or
 - (b) on the ground in accordance with subsection (3).
 - Penalty: \$3 000.
- (2) Garden refuse burned in an incinerator is burned in accordance with this subsection if
 - (a) the incinerator is designed and constructed so as to prevent the escape of sparks or burning material; and
 - (b) either:-
 - (i) the incinerator is situated 2 m or more away from any building or fence; or
 - (ii) if the incinerator is within 2 m of a building or fence, the local government has given written permission for the incinerator to be used: and
 - (c) there is no inflammable material within 2 m of the incinerator while it is in use; and
 - (d) at least one person is present at the site of the fire at all times until it is completely extinguished; and
 - (e) when the fire is no longer required, the person ensures that the fire is completely extinguished by the application of water or earth.
- (3) Garden refuse burned on the ground is burned in accordance with this subsection if -
 - (a) there is no inflammable material (other than that being burned) within 5m of the fire at any time while the fire is burning; and
 - (b) the fire is lit between 6 p.m. and 11 p.m. and is completely extinguished before midnight on the same day; and
 - (c) at least one person is present at the site of the fire at all times until it is completely extinguished;and
 - (d) when the fire is no longer required, the person ensures that the fire is completely extinguished by the application of water or earth.
- (4) A local government must not give permission under subsection (2)(b)(ii) unless it is satisfied that the use of the incinerator is not likely to create a fire hazard.

Bush Fire Brigade Protective Clothing

Do you require Protective Clothing for the Bush Fire Season?

A duty of care exists for a Fire Control Officer to ensure that persons attending an incident has appropriate PPE (personal protective equipment). The same responsibility rests with those attending so please ensure you wear the required clothing, otherwise insurance issues may arise.

As we head towards the start of Bush Fire Season, the Shire of Kulin offers all our volunteers the opportunity to order protective clothing – coats, trousers and fire goggles supplied by Stewart & Heaton, and Honeywell 7600 face masks, provided by Scavenger Supplies.

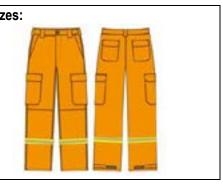
The Shire cover the full cost of protective clothing as below, and will pay 50% of the cost of face masks or fire goggles. Ordering of any other items will incur charges. Please email to@kulin.wa.gov.au to request an order form.

PLEASE GET YOUR ORDERS IN ASAP

You must be a registered member of a bushfire brigade within the Shire of Kulin, and have not placed an order in the past 5 years.



Trouser T540 sizes: 77L to 97L 77R to 117R 87S – 132S



Honeywell Air Purifying Respirator (APR) 7600 Series Full Facepiece

The most comfortable mask available. Double flange sealing area made from premium grade silicone for a comfortable fit and optimum facepiece to face seal. Other features include wide field of vision: 5 strap harness and chin support.



Uvex Fire Goggles

Description

The combination of hard and soft material components with the uvex ultrasonic combines high mechanical rigidity with maximum wearer comfort – These goggles never press or pinch even when worn continuously. Flexible soft component adapts to the wearer's face and ensures full side protection for the eye area, including for those who wear glasses. The uvex ultrasonic has excellent ventilation, making sure that the climate around the eyes is pleasant and non-irritant.



Kulin Childcare Centre





As we enter 4th term we move our learning focus to school readyness skills. These skills do not just include continuing the learning journey of letter recoginiton, counting and hand strengthing but a focus of self help skills. These include closing your lunch box, completing short job sequences, putting shoes on, packing and removing things from your bag. Having an understanding of these skills when arriving at school helps children transition into the new learning space more easily.

With a few warm days we have wasted no time getting our water table out for outside play time. Our table is transformed into many various themes, below a small world play great for supporting parallel play in young children, and also a water pouring parts station this is great for children to practice fine motor and problem solving.





Exploration of construction and space in play creates excitement and pathways for learning. Children love using these waffle blocks to create a tower in which they can be enclosed in.

Lastly we would like to wish Sue all the best as she takes a well deserved break from the centre. Both Educators and children will miss her as she takes long service leave.

Our trusted educators will continue to provide a fantastic service as we head into the summer months and festive season.

Thank you to our families and community for supporting us.





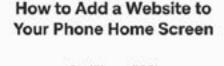
Kulin Medical Centre

Booking your next appointment with St Luke's Family Practice just got easier.

St Luke's website now has a dedicated booking button for each of our locations making it simple to find your clinic and book online - www.stlukesfamilypractice.com.au

You can also add St Luke's to your home screen for further convenience.







Monu Button

"Add to Home Home Screen

Screen*

Kulin Health Services and Support

Monday	CLOSED	CLOSED	CLOSED
Tuesday	GP Clinic 10.00am-5.00pm	St Luke's Family Practice	9880 1315
	Health Nurses Outpatient Clinic 8:30am-12:30pm	Kulin Health Nurses	9880 1056
	Physiotherapy at The Remedy 8:30am-4:30pm	The Remedy	0409 868 144
Wednesday	GP Clinic 10.00am-5.00pm	St Luke's Family Practice	9880 1315
	Health Nurses Outpatient Clinic 8:30am-12:30pm	Kulin Health Nurses	9880 1056
Thursday	Physiotherapy at The Remedy 9:00am-4:30pm	The Remedy	0409 868 144
Friday	Health Nurses Outpatient Clinic 8:30am-12:30pm	Kulin Health Nurses	9880 1056



Kondinin Hospital 9894 1222 Emergency 000 Kulin Police 9861 5800



Public Notice of Proposed Sale of Shire Property



Public Notice of Proposed Sale of Land pursuant to s3.58(3) of the Local Government Act 1995

Property: 15 Hodgson Street, Kulin (Lot 114/DP64330) being the

whole of land contained in Certificate of Title 2734/771

Buyer: Fletcher Downing-Fiddik
Consideration: \$32,500.00 excluding GST
Market value: \$36,000.00 excluding GST

Submissions

Written submissions in respect of the proposed sale may be lodged with the Shire of Kulin until Thursday, 6 November 2025.

You can share your thoughts through the following ways:

- By mail to PO Box 125, Kulin, 6365. Submissions should be marked "Proposed sale of 15 Hodgson Street, Kulin" and addressed to the Chief Executive Officer.
- By e-mail to the CEO at: ceo@kulin.wa.gov.au

Public Notice of Proposed Sale of Shire Property



Public Notice of Proposed Sale of Land pursuant to s3.58(3) of the Local Government Act 1995

Property: 27 Ellson Street, Kulin (Lot 42/P13062) being the whole of

land contained in Certificate of Title 1556/619

Buyer: Mervyn McIntosh

Consideration: \$14,000.00 excluding GST Market value: \$14,000.00 excluding GST

Submissions

Written submissions in respect of the proposed sale may be lodged with the Shire of Kulin until Thursday, 6 November 2025.

You can share your thoughts through the following ways:

- By mail to PO Box 125, Kulin, 6365. Submissions should be marked "Proposed sale of 27 Ellson Street, Kulin" and addressed to the Chief Executive Officer.
- By e-mail to the CEO at: ceo@kulin.wa.gov.au

PET REGISTRATIONS (DOGS & CATS) **

There is State Government legislation in place to ensure control and registration of dogs and cats in our community. The State Government also sets all of the registration fees associated with the control and registration of dogs and cats. The registration period for 1-year and 3-years expires on 31 October.

Each year from 1 June, new one-year pet registrations are half price. This registration is only valid through to 31 October, at which time it will be due for renewal.

The Shire of Kulin is responsible for enforcing and administering State Government legislation in our community. Registering and microchipping your pet makes it easier for our Rangers to help return your pet to you if they become lost.

WHEN TO REGISTER YOUR PET?

- Dogs aged over three months are required to be microchipped and registered
- Cats aged over six months must be registered, microchipped and sterilised



KULIN AQUATIC CENTRE MANAGER

Council are seeking the services of a dedicated and energetic person to fill the position of Manager at the Kulin Aquatic Centre. As an added attraction the centre also boasts the largest waterslide in regional WA standing at 18m high and 180m long.

An attractive remuneration package will be negotiated with the successful applicant and other benefits apply such as kiosk rights and subsidised accommodation options. Conditions of employment are in accordance with the Local Government Industry Award 2020, Industrial Agreement.

Qualifications acceptable to the Executive Director, Public Health are required as a minimum with experience relevant to the operation of a public facility highly desirable.

All qualifications are to be current and the successful applicant must possess acceptable qualifications to use breathing apparatus. While an experienced applicant is preferred, if necessary, Council will provide training to enable the incumbent to meet these requirements

MORE INFORMATION

Acting CEO Peter Clarke <u>ceo@kulin.wa.gov.au</u> 0497 801 204

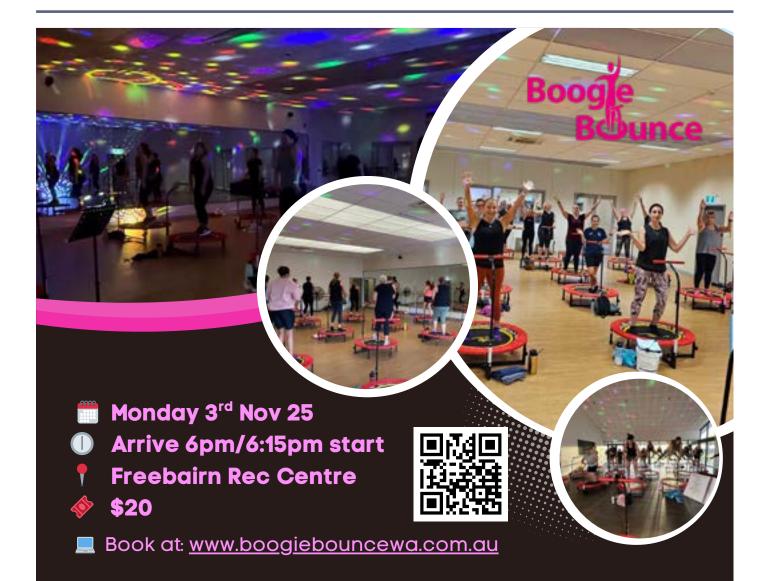
FULL POSITION DESCRIPTION

<u>www.kulin.wa.gov.au - careers</u>

APPLICATIONS CLOSE

4.00pm Friday 24th October 2025

FREEBAIRN RECREATION CENTRE



GET FIT. HAVE FUN. FEEL AMAZING!



ABOUT OUR CLASSES

Full body workout

Boosts lymphatic
drainage & immunity

Fun, addictive & totally different!



MUSIC CHOICE

Heart pumping beats that keep you pushing harder



INTENSITY

HIIT with lower intensity options available

Low Impact

Builds Strength

FOLLOW



"I've never laughed this much at a workout!" - Jess





Lucy 0412 935 440 lucy@boogiebouncewa.com.au

FREEBAIRN RECREATION CENTRE



FREEBAIRN RECREATION CENTRE CLUB ANNUAL GENERAL MEETING

Meeting Agenda- Friday 24th October 2025 5:30pm at Freebairn Recreation Club

Chairperson-Attendees & Apologies –

- Reading & Confirmation of Minutes
 - o Annual General Meeting 31st October 2024
- Chairperson's Report
- Centre Manager's Report
- Statement of Accounts
- Election of Office Bearers
- Election of Club Auditor
- General Business

Closure of Meeting

FRC SPORTING COUNCIL ANNUAL GENERAL MEETING

Meeting Agenda- Friday 24th October 2025 5:30pm at Freebairn Recreation Club

Attendees & Apologies -

- Reading & Confirmation of Minutes
 - o Annual General Meeting 31st October 2024
- Matters arising from previous minutes
- General Business
- Feedback/ issues from Sporting Clubs

Closure of Meeting

Freebairn Recreation Club & Sporting Council AGM's

Friday October 24th 2025 from 5:30pm @ Freebairn Rec Centre



2 MEMBERS FROM EACH SPORTING CLUB TO ATTEND YOUR CLUBS FEEDBACK IS IMPORTANT



reccentre@kulin.wa.gov.au



COMMUNITY THANKS

Tricia and Carl would like to thank everyone for all the phone calls, cards, hugs and support and attendance at Hazel's funeral.

It has been greatly appreciated.

Tricia would especially like to thank cousin Ellen Mahe on all her support over the last few years helping with looking after my mother. She loved your daily visits.















Celebrating the life of Hazel Hazel was born in Kununoppin on the 9th of July,1935. Our dad moved us around a bit. From Lake Brown, to Tingledale and finally to Belview.

She had two older sisters, Phylis and Margaret, both known here in Kulin, and four younger siblings: Eileen, Alex, Christine and me.

Our family was big and busy, shaping Hazel into the strong, independent and loyal person we all knew.

She left school at 14 to start her working life.

Her first job was at CC Martin, making armatures for electric motors. After a year she joined the Egg Board. She worked there for six years as a candler and leading hand. During her time there she started the Egg Board's netball team, her first of many contributions to community sport.

At 21, Hazel set off on an adventure with her best friend Betty, travelling across Australia. They attended the 1956 Melbourne Olympics where she met the Australian hockey team and got their autographs, a memory she cherished for years. After a stint working at Heidelberg Hospital where she spent time with Phylis who was a nurse, Hazel returned to WA and rejoined the Egg Board. It was Betty who set Hazel up with George on a blind date, and the rest, as they say, is history. They married on Valentine's Day in 1958 in Belview. Soon after, they moved to Kulin. Their first home was a mud brick house near the south Kulin tennis courts which was owned by Gordon's.

They later settled on a farm next to George's sister, Faith Bell. Together, Hazel and George raised four children:Edward, Stephen, Patricia and Carl.

Hazel was always her family's biggest supporter. She taught herself to drive so she could get the kids where they needed to be, and she was never afraid to roll up her sleeves. She helped clear 2,500 acres of land, picking rocks, mallee roots and box poison, all while raising her children and keeping the household running. Their home was humble, with a wood stove, a lighting plant for power and a thunder box out the back.

While pregnant with Edward, she started the men's and women's basketball leagues in Kulin, and later the junior league. She was a life member of both senior and junior clubs, recognised for her dedication over many years.

She also gave decades of service to the Girl Guides, joining Brownies in 1969. She was known to many as Brown Owl. In 2001, she was awarded the Wattle by the State Commissioner in recognition of her 35 years of leadership and contribution to the community. Hazel loved sport, especially golf and bowls. At different stages of her life, she was captain and catering manager of the golf and bowls clubs. She played alongside some of her best friends and had a ball doing it. She was fortunate enough to be in the running for top spot at both sports, and played at association level and at Country Week.

In 1976, Hazel, George and the kids moved into town and she continued working, at the bakery, the hotel, Australia Post and finally at Wally's Woolshed.
After George passed away at 63, Hazel embraced travel, exploring the north of WA and Queensland with Phylis, as well as New Zealand and Tasmania with her sisters and Tricia

In her later years, she found joy in the seniors games and weekly swimming trips to Corrigin. And at home, she was always busy making jams and relishes, tending to her chooks, and caring for her fruit trees. Time spent in the kitchen and garden was time well spent in her eyes. Hazel faced more than her fair share of challenges. She lost two of her sons far too soon. Edward at 38 and Stephen at 48. These losses were heartbreaking, but she carried that grief with quiet strength. She also battled serious health issues:back problems that led to major surgery, and breast cancer which led to a double mastectomy. The last decade of her life was especially tough health-wise, and I know that she appreciated your help through it all, Tricia, even if she didn't always say so! Hazel's life was one of resilience, generosity and love. She was a devoted wife, a nurturing mother, grandmother and great grandmother, a loyal sister, and a great friend. She made life fuller for everyone around her, joking around with Betty and I until her very last days.

We'll miss you, Hazel.

A sprinkle of moonlight, a dash of mischief, we're brewing

KULIN'S HALLOWEEN TRAIL!



TO HELP FAMILIES ENJOY A SAFE AND SPIRITED HALLOWEEN, WE'RE CONJURING A KULIN TRICK-OR-TREAT MAP!

On Thursday, October 3lst, we'll post the map on Facebook and have printed copies available at the Shire office. It will highlight participating houses so families can plan their route with ease and peace of mind. If your house will be handing out treats, please comment below or email kulincdo@kulin.wa.gov.au by October 28th to be included.

Important Note: This is not a CRC-organised event. Families are encouraged to make their own plans and enjoy the evening in a way that suits them best.

Let's make this Halloween a safe, fun, and delightfully spooky night for all!

Kid's Corner

The Rulin Update Kids Activity Page Colour, create and celebrate!

Witches giggle, goblins grin, Skeletons dance with joyful spin! Chosts float by with glowing cheer. It's Halloween fun, this time of year! So grab your pencils, make it bright and colour this page with spooky delight!





Save the Date!



Community Christmas Party

Let's come together to celebrate the spirit of Kuliml



The Freebairn Recreation Centre

Enjoy live music, festive food, games for all ages, and a visit from Santa! Bring your picnic rugs, wear your Christmas colours, and share the joy with neighbours and friends.

More details to come in The Kulin Update and on community noticehoards.

If you are interested in helping out and volunteering reach out to Kirra at the Shire office or email kulincdo@kulin.wa.gov.au



Lets make this

a right to remember.



Save the date for the Kulin Seniors Christmas Luncheon celebration. It's going to be summer so glam up in summery dresses and bright tropical shirts. Think of Elvis strumming a ukelele under a palm tree with a Christmas hat.



Tuesday the 2nd December 2025 from 11:30am at the Freebairn Recreation Centre

Enjoy delicious food, tropical Christmas music and raffle prizes. The Shire of Kulin and CRC are looking forward to saying thank you for the wonderful contribution our seniors make to our community.

RSVP to kulincdo@kulin.wa.gov.au or on 98801204 by the 18th of November.





KULIN COMMUNITY HUB MELBOURNE CUP LUNCH

COME ON DOWN TO THE HUB FOR MELBOURNE CUP DAY

Celebrate another famous day of horse racing. This one is a little more glamorous-or not? We promise great food, great company and a chance to catch up after our few busy weeks of bush races. Bookings preferred but not essential. Invite a group of friends or we'd love to see couples come along this year. The theme is "Bogan or Beautiful" and the choice is yours!



(CASUAL BAR FOOD OR DINING ROOM BUFFET)

November 4th – from 11 am

*PRIZES FOR BEST DRESSED *SWEEPS *ONE FREE DRINK

Hope you can make it!

Seniors Movie Day

Tuesday | 25 November | 11am - 1pm

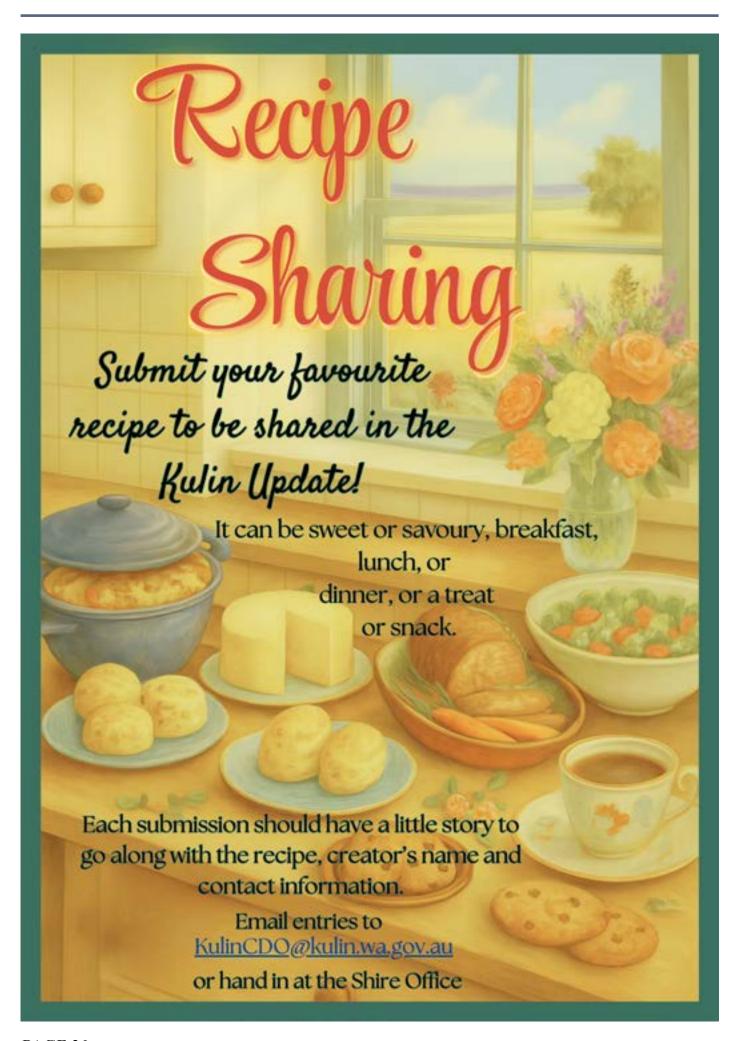
Left at the altar, a young executive takes her

Caribbean honeymoon cruise with the last person she
ever expected — her estranged father. Although they
depart as strangers, they soon gain a new appreciation
for love, life, family and each other.

LIKE FATHER



Coffee & tea provided | Free event



Trish Soda Bread and Mexican

up a storm!

Mix Up - Peter Entwistle has been cooking The Shire Team was very lucky last week when Mr Entwistle popped in. Not only did he kindly share TWO recipes but he also made us a loaf of delicious Irish Soda Bread to try. I hope you enjoy his recipes and stories just as we did.

Irish Soda Bread

Ingredients:

- 250g Plain Flour
- 250g Plain Wholemeal Flour
- 350ml Buttermilk (or 350ml of regular milk with 2 tsp of lemon juice left to stand for 5 mins)
- 1 tsp Sea Salt
- 1 tsp Bi Carb Soda

Method:

- 1. Mix all dry ingredients
- 2. Add milk
- 3. Mix and knead
- 4. Shape into a log
- 5. Mark the top with a small X
- 6. Rest for 15 minutes
- 7. Bake on a floured tray in a pre-heated oven at 180 degrees for 25 - 30 mins until golden.

I have been making this bread for many years and I like it very much. I have tried adding things to it such as cheese, cinnamon and chilli.

These have been nice but not better than the original loaf. The X on the top is to enable the Leprachauns to come and go as they please (Irish Superstition). Remember it does not toast well!

Mexican Mix-Up

Ingredients:

- 500g Beef Mince
- 2 Onions chopped
- 1 Green Capsicum Sliced
- 1 Can of Red kidney beans Rinsed
- 3 tbsp Oil
- 200g Long Grain Rice
- 3 tbsp Tomato Paste
- 1 400g Can of Chopped **Tomatoes**
- Up to 1 tbsp of Chilli Powder
- Salt
- Beef Stock
- 1 tbsp Chopped Parsley

Method:

1. Heat oil in a large frying pan

- 2. Brown the mince
- 3. Add the onions and cook briefly.
- 4. Add the rice and cook until the onions are translucent
- 5. Mix in the capsicum and tomato paste and cook briefly
- 6. Stir in canned beans and tomatoes with their juice
- 7. Add chilli powder and salt to taste
- 8. Add beef stock to cover everything and bring to a boil
- 9. Simmer for 20-30 minutes
- 10. Sprinke with parsley and grated cheese to serve.

This is a new recipe that I found. I have only made it once and I enjoyed it very much. I will be making it again and trying different herbs and spices with it. I hope that you are tempted to try it as well.

Peter Entwistle

COOKING CORNER

A TASTE OF MUM'S SPRING TABLE -

There's something magical about spring evenings, the soft light, the smell of dinner on the breeze, and a meal that brings everyone together around the table.

That spring sunshine is settling in beautifully now, with the cooler days growing fewer and farther between. Mornings are just gorgeous: cool and crisp, with the sun climbing over the horizon earlier each day, warming everything from the dewdappled lawns to the flowers blooming non-stop. Evenings are just as lovely. I'm getting home from work with the sun still shining, giving me time to tick off a few jobs before settling in to enjoy the gentle weather.

As a kid (okay, even now as an adult), I'd get a bit tetchy by the end of winter, itching for longer days, spring breezes and that soft golden light. My mum, who's still a brilliant cook, would start making more salads, and this one was always a favourite. It's full of texture and flavour, feels a little bit fancy, and yet it's quick and simple to throw together.

With the BBQ sizzling away and marinated lamb chops on the grill (don't worry, I've included Mum's marinade recipe too), this salad was always the perfect way to end a busy day. After a long day of school and then racing around the farm, packing in as much fun as possible alongside the chores before being called back to the house, this was a dinner I looked forward to — fresh, comforting and satisfying.

I can almost feel the chook bucket in my hand, emptied of scraps, damp from rinsing, with a few precious eggs rolling gently at the bottom, as I hurried back to set the table with the smell of dinner drifting on the breeze. That feeling hasn't changed, even now. There's something deeply satisfying about a day well spent and a delicious meal waiting to be shared with the family as they come together in the soft light of evening.

So go ahead and try this springtime feast. It's a hand-me-down from Mum, and as always, from my table to yours — enjoy!

Rirra Pederick - Community Development Officer





Green Spring Salad & Marinated Lamb Chops

Ingredients:

Green Spring Salad

- 1 small cos lettuce, torn or sliced into wide shreds
- 2-3 handfuls of rocket
- 1 handful of fresh basil, torn or shredded
- 2 Lebanese cucumbers, sliced into rounds
- · 1 avocado, sliced
- · 2 celery sticks, sliced
- 1 bunch of asparagus, trimmed and cut into 2–3 cm pieces
- 1 handful of snow or sugar snap peas, sliced
- · 1 green pear, sliced
- $\frac{1}{2}$ cup flaked almonds
- 1 cup soft fetta
- · Olive oil
- Sea salt
- 1 tsp garlic

Balsamic Glaze

- 1 cup balsamic vinegar
- 1½ tbsp brown sugar

Lamb Marinade

- ½ cup honey
- 2 cloves crushed garlic or 2 tsp minced garlic
- 2 tbsp olive oil
- 2 tsp fresh rosemary, chopped coarsely

- 2 tsp lemon zest
- Juice of ½ a lemon
- 1 tsp smoked paprika
- 2 tsp marjoram or oregano
- Salt and pepper

Method:

- Make your marinade first.
 Combine all the ingredients in a microwave-safe bowl and heat for 30 seconds to 1 minute, just enough to loosen the honey so it mixes well with the other ingredients.
- 2. Marinate your lamb chops.

 Loin chops or whichever cut
 you prefer. You can marinate
 them overnight, but even an
 hour will do in a pinch.
- 3. Make your balsamic glaze.
 (You can buy this pre-made, but it's super easy to make.)
 Just pop the balsamic vinegar and brown sugar into a small saucepan and bring to the boil, stirring gently. Then reduce the heat and simmer for about 15 minutes, until it has reduced by at least half. You'll know it's ready when it lightly coats the back of a spoon. It will thicken more as it cools, so remove from the heat and set

- aside. (You can store it in the fridge in an airtight container for up to a month.)
- 4. Toast your flaked almonds. I like to do this in a frying pan on the stovetop, gently turning them with a wooden spoon so they toast evenly. Set aside on a plate to cool completely.
- 5. Using the same frying pan, add a little olive oil and garlic, heat through, then add your asparagus and gently fry.

 Remove from the pan and allow to cool.
- 6. Gather your salad ingredients and gently mix them together in a large salad bowl, crumbling the fetta through the mix. Cover and refrigerate until ready to serve.
- Grill your lamb, brushing it with any leftover marinade as it cooks to make it extra tasty.
- 8. Drizzle your balsamic glaze over the salad just before serving or once plated. Serve alongside the lamb chops maybe with some nice crusty bread and butter on the side.



GET YOUR HANDS IN THE GARDEN

Ppring Gardening, Sunshine, Garden Adventures and Smiles The saying "time flies" feels so appropriate at the moment: this past month has literally just

the moment; this past month has literally just zoomed past, and we are already at the end of October and more than halfway through spring.

The days are growing longer and the warm weather is settling in, much to my delight. It's a fantastic time to reconnect with the garden and enjoy the season. Harvest is beginning and the garden is bursting with good things.

I find myself waking up early, greeted by the sunlight creeping around the curtains and warming my room. No more shivering as I hurry to reach for my dressing gown and fuzzy socks; instead, it's a happy stroll to the kitchen for a cuppa that I can enjoy in the sunshine as I start my morning watering.

My plants are all looking decidedly happy about the sunshine too, and I'm happy to report that I'm still planting more. I feel like my garden is going to be a work in progress forever. Really though, it's like having a never-ending playground, where I can be creative, have fun and experiment.

Do I have failures? Absolutely! Do I get frustrated? Of course I do! But... I love it! At the end of the day, my garden is a place that brings me joy and excitement, challenges me and gives me peace.

And as my aching muscles can attest this week, it's also a great source of exercise. Whether it's a gentle wander as you water and breathe in some fresh air, some weeding, or more strenuous things like digging holes, breaking up the dirt with a crowbar, or putting in a new fence or climbing frame.

Being the crazy person I just might be, I am also planting and developing my garden with two puppies in residence, which brings all sorts of trying situations. However, I also possess a great deal of determination (cough, cough, possibly stubbornness), which means I will teach them that my plants are not food or chew toys and that the garden beds are not play areas. Eventually.

In the meantime though, it's time to start sowing those summer crop seeds according to the experts (remember, I'm just an amateur and learning along the way). I'm informed that it's a good time for planting corn, eggplants, tomatoes, chilli, melons and basil. All I can say to that is yum!

It's also time to take cuttings of your herbs, like rosemary, thyme, oregano and sage. Remember to turn over your compost heaps so that it is all evenly decomposing, ready to give your summer crops a nice boost.

Check your citrus plants for young stink bugs and pick them off if you find any.

And speaking of bugs... my goodness, aren't the midgies something at the moment? Is this a normal Kulin thing? I don't remember this many last year, but the last couple of weeks it's crazy how many are around.

What are your secrets for clearing the air? I'm trying citronella and mozzie coils, and Bushman's spray is a must, but if you have any other tips, please let me know!

The weather is so lovely, and I can't wait to finish work and get my hands back in the dirt before I clean up for dinner.

Make the most of this gorgeous spring weather, time in the garden is good for the soul, it's a wonderful way to relax and reconnect to nature. Please feel free to share any tips with me or stories with me, I'd love to hear about what's happening in your garden.

Kirra Pederick - Community Development Officer

GROW YOUR OWN FOOD

Veggies to plant in October

DISCOVER THE BEST VEGETABLES TO PLANT EACH SEASON FOR OUR WARM CLIMATE ZONE



LIFE CAN BE HARD SOMETIMES. BUT THERE'S A HEAP OF LITTLE THINGS YOU CAN DO TO MAINTAIN YOUR EMOTIONAL STRENGTH. TAKE TIME TO EXPLORE AND EXPERIMENT UNTIL YOU FIND WHAT WORKS FOR YOU.

Do something you enjoy, try a calming activity, nourish your body, get involved in a good cause, time out with friends, develop a morning and evening routine, learn something new, try getting some steps in nature.

Reach out for help - someone is always ready to listen

Struggling? Anxious? Feeling low?
We all have tough days — and that's okay. What matters is knowing you don't have to face it alone.

Talk to someone. Reach out. Support is here.

It's okay to ask for help. It's brave to speak up. Because your mental health matters.

Find your way to Okay Q think mental health A think mental health





Youth Support Services

Do you or someone you care about need someone to talk to?



Phone-based support:

Lifeline - 13 11 14

Beyond Blue - 1300 224 636

QLife - 1800 184 527

Kids Helpline - 1800 551 800

headspace - 1800 650 890

1800respect - 1800 737 732

13YARN - 13 92 76

Web-based support:

Beyond Blue - youthbeyondblue.com

Kids Helpline - kidshelpline.com.au

eheadspace - eheadspace.org.au

mindspot - mindspot.org.au

reachout - au.reachout.com

MOST - most.org.au

QLife - qlife.org.au







STAY ON YOUR FEET®

Move

Improve

Remove

Falls Are Preventable

Follow these three steps to help prevent slips, trips and falls... so that you can get on with enjoying the fun things in life.

Move your body

- → Build your balance
- → Strengthen your legs

Improve your health

- → Check your medicines
- → Keep a healthy mind
- → Fuel your body

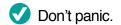
Remove hazards

- → Make your home safer
- → Check your eyesight
- → Wear safe footwear



Call 1300 30 35 40 or visit the website www.stayonyourfeet.com.au

WHAT SHOULD I DO IF I FALL AT HOME?



Stay calm, remain positive and assess the situation.

Decide whether or not you can get up safely.



CAN YOU GET UP SAFELY?

I can get up safely

Roll onto your side and push up onto your hands and knees.

Use stable furniture to help yourself sit up. (see pictures over page)

Stand up slowly and safely.

Make sure you rest. Tell someone you have fallen and see your doctor.

I can't get up safely

It is important to get somebody's attention. You can:

- · Make a loud noise
- Try and reach for the phone
- Slide or crawl to the front door
- Press your personal alarm

Make sure you conserve your energy and lie quietly until someone who can help you arrives.

Use pillows or blankets within reach to stay comfortable and warm.

Once help has arrived tell someone you have fallen and see your doctor.

For more information on how to prevent slips, trips and falls visit:

www.stayonyourfeet.com.au Email: info@stayonyourfeet.com.au

Phone: 1300 30 35 40

Adapted from What Should I do if I fall at Home Flowchart (2004). Stepping out: Passport to Falls Prevention Project. North Metropolitan Health Service.



www.stlukesfamilypractice.com.au

Kulin Skin Clinic

With Dr Segun



When: Tuesday 11th of November 2025

Where: Kulin Medical Centre 38 Johnston St

Please phone Kulin Medical Centre to book your appointment on 9880 1315.



Skin Clinic appointments will be bulk billed for all current Medicare card holders.

Lion's Skin Cancer Bus is coming to Kulin



The Lions Cancer Institute (LCI) will be providing a free Skin Cancer Screening in Kulin on Saturday the 25th of October, 2025.

At the Shire - 38 Johnston St, Kulin WA

This free service provides for the early detection of skin lesions and where a lesion is identified a referral is made to your GP for further investigation. You must be over 18 to use this service.

To make an online screening appointment go to...

lionscancerinstitute.org.au or scan the QR Code or call 0427 386 849.



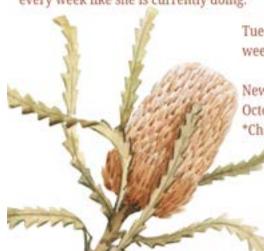




PHYSIO DAYS CHANGING IN KULIN

Hi Kulin!

We have had a slight change to our Kulin visiting days. As of the 16th October Alice Bartley will be visiting every second Thursday instead of every week like she is currently doing.



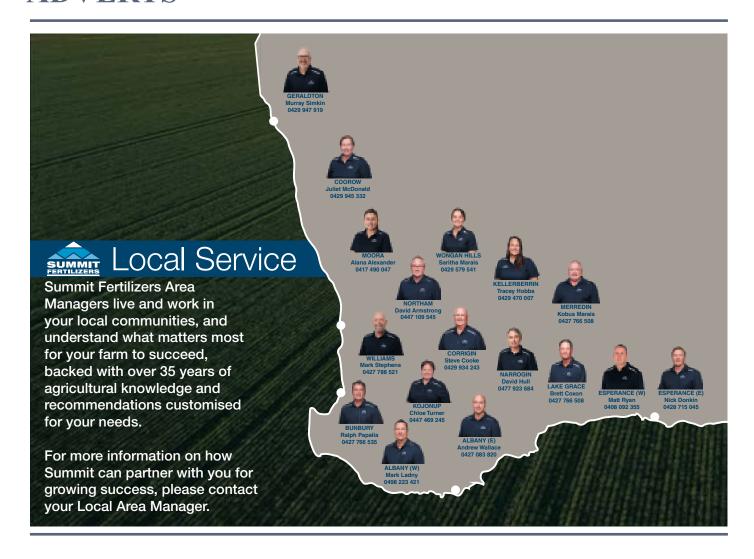
Tuesdays will remain the same and Sam will continue weekly visits.

New Thursday Physio visiting days (Kulin Rec Centre) October 2nd and 9th

*Changes to every second week

October 23rd November 6th & 20th December 4th & 18th

> To make an appointment call 0409 868 114



Join Earl St Physic for the 6 Week Challenge

RAISING FUNDS



27TH OCTOBER - 7TH DECEMBER 2025





LOTS OF PRIZES TO BE WON MAJOR PRIZE - 2X PERTH SCORCHERS MEMBERSHIPS!

Ag RockRipping

CONTRACT REEFINATING

OWNER OPERATOR WITH 9 YRS EXPERIANCE

For more information

CONTACT MICK

MOBILE 0457 66 200

EMAIL admin@agrockripping.com.au



FREE- Pool Blankets Available Now

The Shire of Kulin is giving away its old pool blankets – free to a good home!

Approximately 12m x 8m

First come, first served.

Contact Jones Kulin Aquatic Centre poolekulin.wa.gov.au 08 9880 1222



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0429668087

GENERAL INFORMATION

SHIRE CONTACTS

FRC - 9880 1000 CRC - 9880 1204 Caravan Park - 0439 469 850 Pool - 9880 1222 Depot - 9880 1218 KCCC - 9880 1636

JUSTICES OF THE PEACE

MT Lucchesi - 9880 4050 JM McInnes - 9880 1360 BW Sloggett - 0427081925

MEDICAL CENTRE

Kulin-9880 1315 St Luke's Family Practice Dr available Tues & Wed

Kondinin-9889 1753 KN Hospital- 9894 1222

Kulin Nursing Station 9880 1056 Tues, Wed & Fri 8:30 - 12:30

EMERGENCY CONTACTS

Emergency centre-9880 1079 SES - 13 25 00 Western Power- 13 13 53 Water Auth.- 13 13 75 Kulin Water Depot - 9880 1356 K. Wilson - 0429 801 228

POLICE CONTACTS

Crime Stoppers -1800 333 000

Kulin Police Station is staffed by two officers who are available to respond to incidents 24/7. Your local police can be contacted as follows:

Emergency: 000 Non-emergency: 131 444

KU Station - 9861 5800

TIP SHOP OPENING DAYS

Sunday | Monday | Thursday 10am - 3pm

KULIN TRANSFER STATION

The station is open Sunday | Monday | Thursday 10.00am - 3.00pm

REPORTING MINOR ISSUES

The Shire of Kulin uses Snap Send Solve, simply download the app and use your smart phone to report a variety of issues directly to the Shire.

LOCAL CHURCHES

Uniting Church 1st & 3rd Sunday of each month, 10.30am

Catholic Church Fr Truc Nguyen 0426 018 782 1st, 3rd, 4th, 5th, 8.00am

Anglican Church By Request Bunbury Office - 9721 2100

KULIN MOTOR MUSEUM

Wednesday 10am - 12.30pm Saturday 10am - 2pm C. King - 9880 1058 B. Colbourne - 0429 804 615 J. Munro - 0427 386 849

DRIVING ASSESSOR

Kulin has one assessment day a month. Call BENDIGO BANK KULIN for bookings or enquiries - 9880 1422

CONTAINERS FOR CHANGE

All Good Refund Depot comes to Kulin on the last Wednesday of every month. They pick up returns from behind the Memorial Hall at midday. Contact the Shire for more info. To donate your cans to KCCC use their ID (C10351204) or to donate your cans to the ARTS CENTRE use their ID (C10333381)

DEFIBRILLATOR LOCATIONS

KULIN Kulin District High School Kulin Caravan Park Public Toilets (Johnston St) Aquatic Centre Freebairn Recreation Centre Kulin Foodworks

Butler's Garage & Museum

PINGARING Public Toilets Pingaring Ag Solutions Pingaring Golf Club

DUDININ Dudinin Tennis Club

KULIN LIONS CLUB

Kulin Lions Club collect old glasses, hearing aids and stamps. Please feel free to drop off any of these items at the Kulin Post Office, Push bikes and batteries can be dropped off at Haydn's shed.

H. McInnes - 0429 801 215 T. Barndon - 0428 939 189 R. Doust - 0499 802 054