

THE KULIN UPDATE

11th September 2025

8-9 TOWN PRIDE

Keep Kulin looking amazing! Some information on keeping things looking good and staying safe ahead of harvest and summer.

16-29 BUSH RACES UPDATES

Check out the 14 pages of information as Kulin Bush Races Weekend approaches quickly!

37 RECIPE SHARING

A delicious treat from Sharon Barndon is here for all of us to enjoy!



RU OK?
Day -
September
11, 2025

Whether it's a chat in the paddock, a walk down the road, a coffee catch-up or a beer at the pub, RU OK? Day reminds us to check in with our mates — not just when things look tough, but regularly, with genuine intent.

Take the time to be there for each other. Share the laughs and the hard times, because sometimes we all need a friend to lean on. Being there for one another can make all the difference. Every conversation counts, and every check-in is a step toward stronger, more supported lives. Show up, listen deeply, and ask with honesty: Are you OK? Because while today might be RU OK? Day — it's really about asking Are you OK, any day.





Mon - Fri 8:30 am - 4:30 pm
38 Johnston Street, Kulin WA 6365
(08) 9880 1204
crccounter@kulin.wa.gov.au
www.kulin.wa.gov.au/crc-home



How to receive the Kulin Update via email?

Call or email us and let us know your name and email address so we can add you to the distribution list

Alternatively, visit

www.kulin.wa.gov.au/#newsletterscroll

How to advertise in the Kulin Update?

Complete the booking form found here -
www.kulin.wa.gov.au/council/news/community-newsletter.aspx and send your advert and completed booking form to crccounter@kulin.wa.gov.au

When are the deadlines?

All articles and booking forms are to be sent NO LATER than Tuesday, 4pm prior to the publication date.

What are the advertising costs?

1/4 page b/w - \$20
1/2 page b/w - \$25
1/2 page colour - \$50
Full page b/w - \$40
Full page colour - \$80
Front/ back - \$100

Members receive 20% off advertising costs, please contact crccounter@kulin.wa.gov.au for more information.

Accepted document formats:

- PDF
- JPEG



Achieved something?

We would love to share any community news or achievements in the newsletter, send through the information to crccounter@kulin.wa.gov.au

DEADLINES TO SUBMIT CONTENT FOR THE KULIN UPDATE

23rd Sep	2025
7th Oct	2025
21st Oct	2025
4th Nov	2025
18th Nov	2025

DATES AND UPCOMING EVENTS

SEPTEMBER

17th	Council Meeting
19th	KDHS Assembly
23rd	KDHS Country Week
24th	Council Meeting
26th	Final Day of Term 3 KDHS

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
		Dr Segun 10am - 5:00pm Nurses Clinic Open (8:30 - 12:00) Remedy Physio Yogalates Walking Group	Dr Segun 10am - 5:00pm Nurses Clinic Open (8:30 - 12:00)	Remedy Physio	Nurses Clinic Open (8:30 - 12:00)	Bush Races Busy Bee 10am Onwards Lunch & Drinks Provided
7	8	9	10	11	12	13
Bush Races Busy Bee 10am Onwards Lunch & Drinks Provided	Senior Movie Day Dr Segun 10am - 5:00pm Nurses Clinic Open (8:30 - 12:00) Remedy Physio Yogalates Walking Group	Dr Segun 10am - 5:00pm Nurses Clinic Open (8:30 - 12:00) Remedy Physio Yogalates Walking Group	Dr Segun 10am - 5:00pm Nurses Clinic Open (8:30 - 12:00)	The Kulin Update Remedy Physio	Nurses Clinic Open (8:30 - 12:00)	Bush Races Busy Bee 10am Onwards Lunch & Drinks Provided
14	15	16	17	18	19	20
Bush Races Busy Bee 10am Onwards Lunch & Drinks Provided	KDHS Interschool Athletics Carnival Dr Segun 10am - 5:00pm Nurses Clinic Open (8:30 - 12:00) Remedy Physio Yogalates Walking Group	KDHS Interschool Athletics Carnival Dr Segun 10am - 5:00pm Nurses Clinic Open (8:30 - 12:00) Remedy Physio Yogalates Walking Group	Dr Segun 10am - 5:00pm Nurses Clinic Open (8:30 - 12:00)	Remedy Physio	Nurses Clinic Open (8:30 - 12:00)	Bush Races Busy Bee 10am Onwards Lunch & Drinks Provided
21	22	23	24	25	26	27
Bush Races Busy Bee 10am Onwards Lunch & Drinks Provided	KDHS Country Week	KDHS Country Week Dr Segun 10am - 5:00pm Nurses Clinic Open (8:30 - 12:00) Remedy Physio Yogalates Walking Group	KDHS Council Meeting Dr Segun 10am - 5:00pm Nurses Clinic Open (8:30 - 12:00)	Remedy Physio	KDHS School Assembly Nurses Clinic Open (8:30 - 12:00)	Bush Races Busy Bee 10am Onwards Lunch & Drinks Provided
28	29	30				
Bush Races Busy Bee 10am Onwards Lunch & Drinks Provided	KDHS Country Week	Dr Segun 10am - 5:00pm Nurses Clinic Open (8:30 - 12:00) Remedy Physio Yogalates Walking Group	KDHS Council Meeting Dr Segun 10am - 5:00pm Nurses Clinic Open (8:30 - 12:00)	KDHS Country Week The Kulin Update Remedy Physio	KDHS Country Week Final Day Term 3 Nurses Clinic Open (8:30 - 12:00)	Bush Races Busy Bee 10am Onwards Lunch & Drinks Provided

The wildflowers are blooming, visitors are flowing through Kulin, volunteers are in full swing preparing for the Kulin Bush Races, and winter sport has just wrapped up. It's fantastic to see the town buzzing with energy as we step into spring!

There are plenty of opportunities for our wonderful community to get involved in the Kulin Bush Races – from busy bees and event-day rosters to a few job openings. All the details are in this edition, so dive in and see how you can be part of the action!

A very warm welcome to Peter Clarke as the Acting Chief Executive Officer at the Shire for the next six weeks. Peter brings extensive experience in the local government sector. Should you require assistance or wish to discuss matters typically directed to the CEO, please don't hesitate to contact the Shire.

Taryn Scadding

Executive Manager Community Services



**NOT-FOR-PROFIT
SUCCESS IN THE
BUSH FORUM**

Want to attend the Success in the Bush Forum but need a little help with the cost?

The Shire of Kulin wants to help local volunteers and community members get there.

We understand that cost can be a barrier, so we're looking to subsidise tickets for those in our community who are actively involved in not-for-profits or volunteering.

The level of support we can offer will depend on how many people are interested, so if you're keen — let us know early!

This is a fantastic opportunity to bring back practical ideas, inspiration, and connections to benefit our local groups and the wider Kulin community.

More information on the Forum can be found at segra.com.au or follow their facebook page.

To register your interest please contact
Taryn Scadding on 9880 1204
or emcs@kulin.wa.gov.au



Shire of Kulin Local Government Election 2025

NOTICE OF RESULTS

At the close of nominations on 4th September 2025, three nominations were received for three vacancies.

The following people have been elected unopposed.

Bradley Smoker 4 year term

Clinton Mullan 4 year term

Lachlan Siviour 4 year term

Congratulations to our newly elected Kulin Shire Councillors

Councillors will be officially sworn in at the November Ordinary Council Meeting 2025





JOIN THE TEAM AT THE SHIRE OF KULIN

Customer & Administration Officer

Looking for a full-time role where every day is different?

From providing friendly, reliable customer service to supporting community events, marketing, and finance – this job has it all!

Admin & customer service

Event & project support

Finance tasks (invoicing, payroll, banking)

Help produce The Kulin Update

Friendly team & supportive workplace

No experience? No worries!

Traineeship available

Get paid while you complete a Certificate in Business, Marketing & Communication, Finance, or Tourism & Events

Generous additional benefits including Council matched superannuation, uniform allowance, generous housing allowance (where applicable), and two extra Local Government public holidays.

MORE INFORMATION

Taryn Scadding
emcs@kulin.wa.gov.au

Fiona Murphy
emfs@kulin.wa.gov.au

FULL POSITION DESCRIPTION

www.kulin.wa.gov.au - careers

APPLICATIONS CLOSE

4.30pm Friday 19th September 2025



JOIN THE TEAM AT THE SHIRE OF KULIN

Executive Support Officer

The Shire of Kulin is on the lookout for a highly organised and enthusiastic individual to join our team in a part-time Executive Support Officer role.

This is a great opportunity to work with the team to contribute to the smooth running of our local government operations.

The key focus of the position is to assist the Chief Executive Officer to:

Provide governance support to elected members and staff, including the preparation of

Council agendas and minutes

Deliver administrative support across the organisation

Communicate with government agencies, community groups, and the general public regarding Shire operations

Generous additional benefits including Council matched superannuation, uniform allowance, generous housing allowance (where applicable), and two extra Local Government public holidays.

MORE INFORMATION

Fiona Murphy
emfs@kulin.wa.gov.au

FULL POSITION DESCRIPTION

www.kulin.wa.gov.au - careers

APPLICATIONS CLOSE

4.30pm Friday 19th September 2025

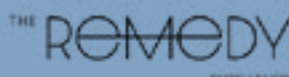


Kulin Medical Centre



September 2025

Mon	Tue	Wed	Thu	Fri
8	9 Dr Segun 10am–5.00pm Nursing Clinic 8.30am–12.30pm General Physio with Samantha Harvey 8.30am–4.30pm	10 Dr Segun 8.30am–4.00pm Nursing Clinic 8.30am–12.30pm	11 Pelvic Health Physio with Alice Bartley 9.00am–4.30pm	12 Nursing Clinic 8.30am–12.30pm
15	16 Dr Segun 10am–5.00pm Nursing Clinic 8.30am–12.30pm General Physio with Samantha Harvey 8.30am–4.30pm	17 Dr Segun 8.30am–4.00pm Nursing Clinic 8.30am–12.30pm	18 Pelvic Health Physio with Alice Bartley 9.00am–4.30pm	19 Nursing Clinic 8.30am–12.30pm
22	23 Dr Segun 10am–5.00pm Nursing Clinic 8.30am–12.30pm General Physio with Samantha Harvey 8.30am–4.30pm	24 Dr Segun 8.30am–4.00pm Nursing Clinic 8.30am–12.30pm	25 Pelvic Health Physio with Alice Bartley 9.00am–4.30pm	26 Nursing Clinic 8.30am–12.30pm
29	30 Dr Segun 10am–5.00pm Nursing Clinic 8.30am–12.30pm General Physio with Samantha Harvey 8.30am–4.30pm			



Government of Western Australia
WA Country Health Service

Who needs a Heavy Vehicle Pilot License?

Anyone intending to drive a pilot (escort) vehicle for oversized or over mass loads on public roads in WA, including vehicles accompanying loads that exceed standard size or mass

15th & 16th September 2025
Kulin



HEAVY VEHICLE PILOT COURSE & HEAVY VEHICLE PILOT REFRESHER COURSE

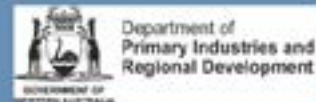
NATIONALLY ACCREDITED and WA MAIN ROADS APPROVED

BRIDGE SUPERVISION	MAIN ROADS RULES AND REGS
AGRICULTURAL RULES	PERMITS AND ORDERS
HOW TO DO THE JOB	RAV MAPPING and more

To register for the full course or refresher course contact Kulin CRC

08 9880 1204

crccounter@kulin.wa.gov.au



SALE BY PUBLIC TENDER

Old Kulin Aquatic Centre Slide Splash Pool

The Shire of Kulin invites tenders for the purchase of the Old Kulin Aquatic Centre Slide Splash Pool.

- External Dimensions: 7700mm x 4610mm
- Internal Dimensions: 7000mm x 3910mm
- Depth (Water Level): 950mm

Conditions of Sale:

- Sold as is with no warranty on structural integrity.
- External plumbing is required.
- Shire may be able to assist with loading from the current site.
- Site inspections can be arranged by contacting:

Executive Manager of Works – Judd Hobson

Mobile: 0427 801 241

Email: works@kulin.wa.gov.au

Tender Submission:

The Tender must be submitted in a sealed envelope clearly marked with "Tender – Old Kulin Aquatic Centre Slide Splash Pool".

The Tender can be submitted by post, by hand or electronically.

All tenders to be addressed to CEO – Shire of Kulin

- Post – PO Box 125 KULIN WA6365
- Hand: 38 Johnston Street KULIN WA6365
- Electronically – tenders@kulin.wa.gov.au
- Facsimile Tenders will not be accepted

The highest or any tender may not necessarily be accepted.

A.J. Leeson
Chief Executive Officer
Shire of Kulin





UNTIDY BLOCKS TIME TO TIDY UP!



Let's get Kulin looking its best for Bush Races 2025

Long grass and rubbish aren't just unsightly – they're a serious fire risk



Firebreaks must be completed by 31st October 2025



With Bush Races just around the corner, it's time to roll up our sleeves and clean up our blocks. Let's work together to keep our town safe, welcoming, and race-ready.

So with many visitor's on their way to our town soon as spring warms up, wildflowers bloom and bush races only weeks away, the Shire on behalf of all those residents who do the right thing appeal to all to set aside some time to clean up around your home and get rid of potential fire hazards, long grass, overgrown trees and rubbish. Infringement's can be issued to anyone not complying with the firebreak orders.

FIREBREAK REQUIREMENTS



Land Area LESS than 1 hectare

Remove all hazardous material except living trees, shrubs and plants.

Maintain any other vegetation (weeds, grass etc) to a height of no greater than 100mm

It is recommended that at least a 2m wide area immediately within the external boundaries of the lot, be clear of all flammable material except for living trees, plants and shrubs.



Land Area MORE than 1 hectare

Firebreaks are required immediately inside all external boundaries of land.

For properties larger than 400 hectares, firebreaks must be installed to divide the land into areas no larger than 400 hectares and fully enclosed by a firebreak.

Firebreaks are required immediately surrounding any part of land used for crop.

Questions? Call Judd Hobson - Executive Manager of Works 0427 801 241

Let's show visitors the pride we take in our town.



Keep It Clean

KERBSIDE RUBBISH COLLECTION DATE

Visitors are travelling in our Shire for a multitude of reasons, not the least that Kulin is quite simply a fantastic place to be. With the above in mind the Shire is requesting all residents to set aside some time now to spruce up their little piece of heaven.

KERBSIDE RUBBISH COLLECTION

The Shire will be conducting a kerbside pickup throughout the townsite on

Tuesday 23rd September 2025

7:00am-10:30am

**ALL RUBBISH PUT ON THE KERB AFTER 10:30AM WILL
NOT BE COLLECTED**

This is a great opportunity to get rid of any rubbish not suited to the weekly depot pickups such as small electrical goods, small furniture, tree and garden trimmings etc. Please notify Judd if you have whitegoods to be collected.

Please NO broken glass, tyres, or lawn clippings

Further information call Judd on 0427 801 241



Foodsafe Online Training Program

Are you a volunteer that needs to complete your Foodsafe Certificate?

In Western Australia volunteers who handle or prepare food are required to have a recognised food hygiene certificate.

Kulin CRC will be running a group session for community members to obtain their Foodsafe Certificate on **Thursday the 18th of September at 10:00am**

What you need to bring - **Your own personal device (Laptop or iPad)**, a valid email address, and adequate time to complete the training (2-4 hours). **Bookings are essential so you will need to RSVP to Kirra at the Shire (08 9880 1204)**

This is a self-paced course which includes interactive modules, instructional videos, and quiz-style questions, which we will work through together.



Department of
Primary Industries and
Regional Development

Accommodation Available!!



**Refurbished One Bedroom Unit
for Rent**

Unit 4, Kulinda Village

For further information, please contact Annie at Shire Office

Phone – 9880 1204



TENNIS PLAYERS

We want YOU!

Kulin Tennis Club are looking for men and women pennant players for the upcoming tennis season, running from 11th October until the end of November, 2025.

If you are interested in playing any pennant games this year, please contact Taryn Day
0429199226

or

kulintennis@gmail.com

There will be a mix of Saturday and Sunday games.





FLIGHT

COMMUNITY SPORTS DAYS

BRING YOURSELF & THE
FAMILY ALONG FOR A
DAY OF SPORT, MUSIC,
FUN AND FESTIVITIES

Day 1
THURSDAY
9TH OCTOBER
2025

Day 2
FRIDAY
10TH OCTOBER
2025

FREE

You can register
before hand or on
the day

Sports

- ✓ Whizsticks Hockey
- ✓ CrickDash
- ✓ Aero Pulse
- ✓ Stikkleball
- ✓ Sky Rally

Freebairn Recreation Centre

Kulin-Lake Grace Road
Kulin



**For More Information
or to Register**

contact Jerome Buck (Blusky Sports Australia)
email bluskysportsaustralia@gmail.com
Phone: 0467 465 797

Kulin Bush Races

ACTIVITY PAGE

Colour, create and celebrate!



It's nearly time for the Bush Races, kids! Check out the colouring-in page below and show us how you see the races—dust, horses, cheering crowds and all. Or have a go at designing your very own jockey silks! It's all just for fun, just like the little poem about a bush horse heading to the races that we've included. Feeling creative? Why not write your own poem! If you send it in, we'll pop it into next week's edition.

**DESIGN YOUR OWN
RACING SILKS!**

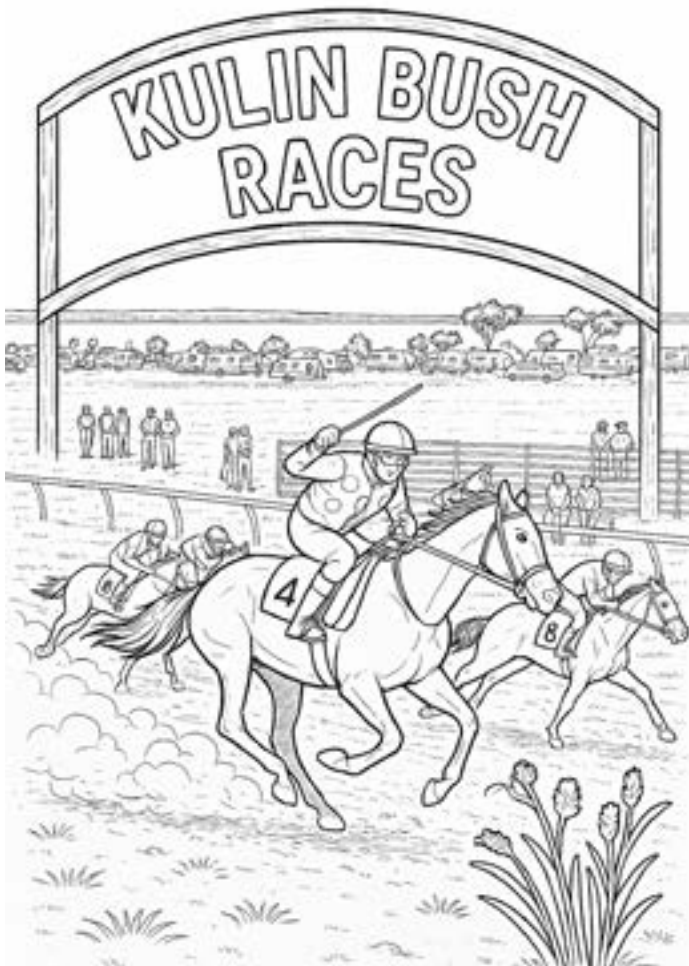


A Bush Horse Off to the Races

The farmer sits on the verandah, sipping morning tea.
He's been reading *The Kulin Update*—it's lying open across his knee.
It's nearly time for Bush Races, with pages of things to see:
From volunteers to competitions, entertainment better than any TV.

But it's an ad that's caught his attention—"Fast horses" is what they need.
The farmer looks out to the paddock; he knows one that's got some speed.
Just across the laneway stands a feisty, speedy grey.
He prances, bucks, and rears—looking more than ready to play.

Then he's off and racing, like today is already race day!
Dust flies up behind him, and the bush birds cheer and cry.
The farmer laughs, "Man, that horse is flying—this might be worth a try."
Grinning, he heads for the shed—because whether he wins or places,
That grey is about to be saddled up... and then it's off to the races!



Kulin Childcare Centre



Thank you to Elle Bowey who has kindly donated 4 chickens to our centre! They arrived last week and immediately had celebrity status among our children. They have settled into their new coop and pen. We look forward to once again being able to collect eggs and give them our fruit scraps. They make up a really important part of our composting loop at daycare, when we talk about sustainability it means so much to be able to refer to our

chooks & composting as key features in this which are housed in our back yard.

Having chooks at the centre not only supports our sustainability learning but it also allows our children to practice caring for animals. This helps them understand responsibility which is something they can apply in many tasks as they grow.



With chooks comes jobs and it's great to be able to have our children help in doing these jobs to maintain the chooks and their yard. Some of our children really flourish with this Montessori style learning and will enjoy a new environment to complete these actions in.

We are now in Djilba which means the weather is warming slightly and we will begin to spend more time in our veggie patch as we expect and see more growth. I believe we will be cooking some great little bites from our community garden with eggs from our chooks in no time.

Thank you to our families and community for supporting us.





BEHIND THE SCENES WITH KULIN BUSH RACES

I know, I know... you're probably sick of us harping on about the new shed by now. But honestly, until you step inside it yourself, it's hard to fully understand the feeling it gives; the scale, the craftsmanship, and the atmosphere it creates are remarkable. Once you do, you'll see why we can't stop talking about it.

And truth be told, "shed" doesn't really cut it anymore. Even Price's have started calling it a pavilion – and that feels far more fitting for what's shaping up to be a real community landmark.

This build has been anything but ordinary. Every contractor involved has put their heart into it, and it shows. The end result is not just functional, but something we can all be proud of.

We've already had our first couple of busy bees, and it's been fantastic to see both familiar and new faces rolling up their sleeves. If you know someone new in town, bring them along next time, it can be daunting to turn up on your own. If you're new to town, don't be shy! Getting involved is one of the best ways to feel at home in the Kulin community and you'll be welcomed with open arms.

There are still plenty of roster spots to fill, so if you haven't already, make sure you get in touch with your coordinator early to snag the shifts you'd prefer.

KBR Committee

Executive Committee:

Chairperson- Tom Murphy
Vice Chairperson- Simon Duckworth & Michael Lucchesi
Event Coordinator – Simone Lockyer-
Luscombe
Treasurer- Tracey Noble
Graeme Robertson

Management Committee:

Rynelle Smoker	Mike Wilson
Brendan Sloggett	Jack Wilson
Robbie Bowey	Julie Young
Brendon Savage	Robert Clayton
Tim Barndon Jnr	Emma Wilson
Ashley Buttigig	





BEHIND THE SCENES WITH KULIN BUSH RACES

WE NEED A HAND – CAN YOU HELP?

With our 30th Kulin Bush Races fast approaching, we're still on the lookout for a few legends to join the team. The roles aren't massive, especially with the support we already have in place. If you've ever thought about getting involved behind the scenes, now's the time!

Treasurer

Tracey has kindly agreed to stay on for the remainder of the year (thank you Tracey!), but we'd love someone to shadow her over race weekend and take the reins next year. She's spent the last 5 years shaping the role so it's super manageable and you'll have her support every step of the way in 2025.

You'd be great for this if you:

- Have finance, bookkeeping, or accounting experience
- Are organised and good with deadlines
- Know your way around MYOB and Microsoft Office (or are keen to learn)
- Enjoy being part of a team that pulls off something pretty special

Director of Food

Anne-Marie's still helping out in the background but is ready to hand over the reins. All the kitchen coordinators are locked in and running smoothly, so this role is just about overseeing the big picture, making sure everyone has what they need and orders are sorted.

Perfect for someone who:

- Is organised but not easily flustered
- Likes chatting with people and keeping things running smoothly
- Doesn't need to be a foodie – just happy to coordinate

Interested or have questions?

Flick us an email at kulinbushraces@outlook.com or have a chat with one of the committee. Even if you're just a maybe, we'd love to hear from you!



BEHIND THE SCENES WITH
KULIN BUSH RACES

BUSY BEES

SUNDAY 31ST AUGUST - 10AM ONWARDS

Lunch & drinks provided.

6TH & 7TH SEPTEMBER - 10AM ONWARDS

Lunch & drinks provided.

13TH & 14TH SEPTEMBER - 10AM ONWARDS

Lunch & drinks provided.

20TH & 21ST SEPTEMBER - 10AM ONWARDS

Lunch & drinks provided. Dinner Saturday night

27TH & 28TH SEPTEMBER - 10AM ONWARDS

Lunch & drinks provided.

VOLUNTEER & LOCAL SENIOR TICKETS

Tickets for our genuine volunteers and local seniors are now available at the Kulin CRC. Volunteers may also purchase tickets for their children aged 13-17 years.

2025 ROSTERS

Local Gate Supervisor Roster 2025

Coordinator: Jarron Noble 0427 801 394

Friday 3rd Oct	Gate 1- Carmody Block	Gate 2- Road access from Camp Ground	Gate 3- Jilakin Nth Rd 3pm-6pm	Gate 4- Merchandise- 2.45-5pm
2.30pm - 3.30pm				
5pm - 8pm				
Saturday 4th Oct	Gate 1- Carmody Block	Gate 2- Road access from Camp Ground	Gate 3- Jilakin Nth Rd	
9.30am - 11pm				
6pm - late				



BEHIND THE SCENES WITH KULIN BUSH RACES 2025 ROSTERS

Fish & Chips Roster 2025

Coordinator: Michael Bennier 0429 890 012

Friday 1st October			
4pm to 9.00pm flexible breaks			

Saturday 2nd October			
9.30am to 9.00pm flexible breaks			

Table Clearing Roster 2025

Coordinator: Julie Young 0448 938 290

Friday 3rd October		Saturday 4th October	
3pm - 4pm	Elle Bowey	9am - 10am	Stacey Corrigan
	*****		*****
4pm - 6pm	Stacey Corrigan	10am - 12pm	Stacey Corrigan
	*****		Kaye Tyson
	*****		*****
6pm - 8pm	Elle Bowey	12pm - 2pm	Elle Bowey
	*****		*****
	*****		*****
8pm - 10pm		2pm - 4pm	
	*****		*****
	*****		*****
Floating/No set shift:		4pm - 6pm	

		6pm - 8pm	

Kulin Bush Races Office Roster 2025

Coordinator: Simone Lockyer-Luscombe 0488 172 797

Friday 3rd Oct	Located in Marquee	
3pm to 5pm	Janna	Mary
5pm to 7pm	Wendy	Tricia
7pm to 9pm	Simone	Mary

Saturday 4th Oct	Located in Rhino Tank	
9am to 12pm	Tricia	
12pm to 3pm	Tricia	
3pm to 6pm	Tricia	
6pm to quiet- Move to Marquee	Tricia	

Wendy & Simone floating all day

Bus Drivers Roster 2025

Coordinator: Judd Hobson - 0427 801 241

Friday 3rd Oct	BUS 1
3pm - 5pm	Nahi Lewis
5pm - 7pm	Nahi Lewis
7pm - 9pm	Nahi Lewis
9pm - 11pm	Nahi Lewis

Saturday 28th Sept	BUS 1	BUS 2	
8.30am - 10.30am	Judd Hobson	9am - 11am	Dan Pawsey
10.30am - 12.30pm	Les Tysin	11am - 1pm	Dan Pawsey
12.30pm - 2.30pm	Les Tysin	1pm - 2pm	
4.30pm - 6.30pm	Em Bastian		
6.30pm - 8.30pm			
8.30pm - 10.30pm	Hayden McInnes		
10.30pm - 12.30am	Hayden McInnes		

Rubbish Assistants Roster 2025

Coordinator: Julie Young 0448 938 290

Friday 27th Sept		
6pm to 8pm	Beau Tyson	
Saturday 28th Sept		
12pm to 3pm		
6pm to 8pm		



BEHIND THE SCENES WITH
KULIN BUSH RACES
2025 ROSTERS

Gate & Parking Roster 2025		
Coordinator: John Bovey 0429 801 331		
Please get to your shift 10 minutes early for handover. Please wear closed in shoes & hat, high vis vest provided at gate.		
Wednesday 1st Oct	Gate	Parking
9am - 1pm	Supervisor:	
1pm - 5pm	Supervisor:	
Thursday 2nd Oct	Gate	Parking
8am - 12pm	Supervisor:	
12pm - 5pm	Supervisor:	
Friday 27th Sept	Gate	Parking
8am - 11am	Supervisor:	
11am - 3pm	Supervisor:	
3pm - 5pm	Supervisor:	
5pm - 8pm	Supervisor:	
8pm - Close	Supervisor:	
Saturday 28th Sept	Gate	Parking
7am - 11am	Supervisor:	
11am - 3pm	Supervisor:	
3pm - 8pm	Supervisor:	



BEHIND THE SCENES WITH KULIN BUSH RACES

2025 ROSTERS

Hamburger Hut Roster 2025

Coordinator: Jennie McInnes 0429 801 478

Friday 27th Sept				
4pm - 6pm	Zeta			
6pm - 8pm	Tim B			

Saturday 28th Sept				
9.30pm - 12pm	Meaghan	Zeta	Alexah	Zeta
12pm - 2pm	Dani			
2pm - 4pm	Shane	Kaye	Tim B	
4pm - 6pm	Devon	Bec		
6pm - 9pm	Lara			
9pm - late	Chad	Lachie	Brenton	Cindy

Kids Entertainment Roster 2025

Coordinator: Maddie Earle-Sadler 0452 434 636

Kids Disco

Friday 3rd October			
	Gate Supervisors		Roaming Supervisor - WWC required
5.45pm-8pm			

Bouney Castle

Saturday 4th October		
10am - 11am		
11am - 12pm		
12pm - 1pm		
1pm - 2pm		
2pm - 3pm		
3pm - 4pm		

Camp Grounds Visitor Transport Roster 2025

Coordinator: Simon Duckworth 0429 890 076

Friday 3rd Oct	Cart 1	Cart 2	Cart 3
3pm - 5.30pm			
5.30pm - 8pm			
Saturday 4th Oct	Cart 1	Cart 2	Cart 3
11am - 2pm			
2pm - 5pm			
5pm - 8pm			

TAB Roster 2025

Coordinator: Taryn Scadding 0429 630 842

Saturday 4th October						
10am - 12pm	Supervisors:					
	Terminal 1			Terminal 5		
	Terminal 2			Terminal 6		
	Terminal 3			Terminal 7		
	Terminal 4			Terminal 8		
12pm - 2pm	Supervisors:					
	Terminal 1			Terminal 5		
	Terminal 2			Terminal 6		
	Terminal 3			Terminal 7		
	Terminal 4			Terminal 8		
2pm - 5pm	Supervisors:					
	Terminal 1			Terminal 5		
	Terminal 2			Terminal 6		
	Terminal 3			Terminal 7		
	Terminal 4			Terminal 8		



BEHIND THE SCENES WITH KULIN BUSH RACES

2025 ROSTERS

Kitchen & Food Prep Roster 2025							
Coordinators: Anne-Marie Sloggett: 0427 443 109 Alison Lucchesi: 0439 927 315							
Food Prep - FREEBAIRN REC CENTRE							
Thurs 2nd Oct	Alysha Slog	Ashley B	Karyn Tyson	Jean McInnes			
from 9am	Bhel Hallam	Corrie Spark	Helen King	Jaqueline			
Fri 3rd Oct	Alysha Slog	Ashley B	Corrie Spark	Dani Barndon	Lina Varoni		
from 9am	Trisha Tyson	Jill Weihart	Josette Noble	Jaqueline			
Sat 4th Oct	Alysha Slog	Ellen Marchei	Jill Weihart 9				
from 8am	Josette Noble	Ellie Herwick					
Friday 3rd Oct - TRACK				Saturday 4th Oct - TRACK			
4pm - 7.30pm	Ashley B			7.45am-8.45am	Scenes vets	2 people	
Till				Till			
3pm-7.30pm	Robert C	Kaye Tyson		8am-10am	Taryn Day		
Till				Till	Trisha Tyson		
				9am-12.30pm	Keryn Tyson	Jaqueline	Ellen Marchei
					Lina Varoni	Corrie Spark	Trish Mahe
				Till	Trisha Tyson		
				11am-2.30pm	Corrie Spark	Erin Spark	Steven
					Trish Mahe	Helen King	Kate Webster
				Till	Trisha Tyson		
				2pm-4pm	Dani Barndon		
Sunday Breakfast							
6.30am - 8.30am	Minnie	Shane Tyson					
	Kaitlin Tyson						
	Zeta O'Rourke						
Till							

Main Bar Roster 2025

Coordinator: Megan Syred 0438 351 165

RSA Required

Saturday 4th October					
11am - 2pm	Managers:				
	Supervisor (Vest)		Ticket Sellers:	Sharnae Mellow	
	Bar Staff	Damian Cadell	Demi Plunkett	George Rowe	
		Sebastian Omodei	Braden Young		
2pm - 4pm	Managers:				
	Supervisor (Vest)		Ticket Sellers:		
	Bar Staff	Sharnae Mellow	Colby Lewis		
		Damian Cadell			
4pm - 6pm	Managers:				
	Supervisor (Vest)		Ticket Sellers:		
	Bar Staff	Matt O'Rourke	Colby Lewis		
		Braden Young	George Rowe		
6pm - 8pm	Managers:	Jay Robertson			
	Supervisor (Vest)		Ticket Sellers:		
	Bar Staff				
8pm - 10pm	Managers:				
	Supervisor (Vest)		Ticket Sellers:	Michelle Schumacher	Kendall Pawsey
	Bar Staff				
10pm - 12am	Managers:	Jay Robertson			
	Supervisor (Vest)		Ticket Sellers:	Michelle Schumacher	Kendall Pawsey
	Bar Staff	Matt O'Rourke			
		Owen Jenks			
12am - 1am	Managers:				
	Supervisor (Vest)		Ticket Sellers:		
	Bar Staff	Matt O'Rourke			



BEHIND THE SCENES WITH KULIN BUSH RACES 2025 ROSTERS

Marquee Bar Roster 2025

Coordinator: Megan Syred 0438 331 165

APPROVED MANAGERS : Robbie Bowey, Megan Syred, Jarron Noble

Friday 3rd October				
3pm - 6pm	Manager:	Supervisors:		
	Serving	Wine Pouring	Bar Stacking	
	Tayne Verrall	Ava Bennier	Helen King	Cameron King
	Louise Laborie	Tasmin Noble	Emilya Wood	Codie Brown
	Alex McClure	Sebastian Onodet		Doug Ellis
	Mitchell King	Demi Plunkett		
	Brooke Spark	Kristy Ellis		
6pm - 830pm	Manager:	Supervisors:		
	Serving	Wine Pouring	Bar Stacking	
	Cass Lewis	Bernie Havenstein		
		Marie Meehan		
830pm - 1130pm	Manager:	Supervisors:		
	Serving	Wine Pouring	Bar Stacking	
	Jay Robertson			
RSA Yellow Vest Friday				

Saturday 4th October				
11am - 2pm	Manager:	Supervisors:		
	Serving	Wine Pouring	Bar Stacking	
	Louise Laborie	Rachel Grant		Codie Brown
	Alex McClure	Tasmin Noble		
	Sharni Stripp	Ava Bennier		
	Anna Rowe			
	Brooke Spark			
2pm - 4pm	Manager:	Supervisors:		
	Serving	Wine Pouring	Bar Stacking	
	Tayne Verrall	Helen King		Cameron King
	Rachel King	Bernie Havenstein		
	Fiona Havenstein			
4pm - 6pm	Manager:	Supervisors:		
	Serving	Wine Pouring	Bar Stacking	
	Sharni Stripp	Marie Meehan		
	Anna Rowe			
	Rachel Grant			
6pm - 9pm	Manager:	Supervisors:		
	Serving	Wine Pouring	Bar Stacking	
		Marie Meehan		



BEHIND THE SCENES WITH
KULIN BUSH RACES
2025 ROSTERS

Kids Tent Roster 2025

Coordinator: Elizabeth Bailey - 0436 019 013

WWC required - Capable children may assist

Saturday 4th Oct	Crafts	Face Paint	
10am - 11am (9:30am set)	Zoe	Ethan	Taylor
11am - 1pm	Rachel	Miley	Kensi
1pm - 3pm	Meaghan	Zoe	Peyton
3pm - 5pm (4pm clean up)		Amy	

Merchandise Roster 2025

Coordinator: Ashlee West- 0438 938 192

Wednesday 1st October					
1pm - 3pm	Supervisors: ASH				
	Teneille Crook	Meaghan Maguire			
3pm - 5.30pm	Supervisors:				
Thursday 2nd October					
10am - 12pm	Supervisors:				
	Teneille Crook	Jane Spurgeon			
12pm - 2pm	Supervisors:				
2pm - 4.30pm	Supervisors: ASH				
Take to Track					
Friday 3rd October					
11am - 2pm	Supervisors: ASH				
	Meaghan Maguire	Kendall Pawsey	Jane Spurgeon	Shannon	
Unpacking					
2pm - 4pm	Supervisors:				
4pm - 6.30pm	Supervisors: ASH				
Saturday 4th October					
8am - 10am	Supervisors: ASH				
10am - 12pm	Supervisors: ASH				
	Charlotte M	Kendall Pawsey	Jane Spurgeon		
12pm - 2pm	Supervisors: ASH				
	Taryn Day				
2pm - 5pm	Supervisors: ASH				
	Charlotte M				
Sunday 8am	Supervisors: ASH				



COME CELEBRATE WITH US.

It's hard to believe, but this year marks 30 years of the Kulin Bush Races.

From a dusty idea to the best weekend in the Wheatbelt, we've come a long way and it's thanks to the time, effort, and support from our amazing volunteers and sponsors. Whether you've poured beers, directed traffic, cooked a feed, or chipped in as a sponsor, you've been part of the story.

If you have been a volunteer or a sponsor over the years, we hope you'll join us to celebrate. If you would like to come along, please get in touch with our Event Coordinator, Simone Lockyer-Luscombe at kulinbushraces@outlook.com

We'd love to see you trackside.
Here's to 30 years and to the legends who made it possible.

KBR COMMITTEE



'ADOPT A TIN HORSE' PROJECT

Kulin locals, we
need you!!

Some of the horses on our Tin
Horse Highway are looking a
bit shabby!

We are calling out to any
locals who can spare a small
amount of time to 'adopt a
horse' and give it some TLC.

And if you have already
adopted one please check in
and see if it needs any work.

WHAT DOES IT INVOLVE?

Whatever is required to
spruce up your new baby.
Mostly it will involve a lick of
paint and perhaps some
minor repairs. Nothing too
strenuous! Just do it at your
own pace and when it suits
you.

**All paint will be supplied
by the Kulin Bush Races.**

HOW CAN YOU ADOPT?

You can adopt a horse on your
own, with your family or
between a few friends. It'll be a
fun little project to work on
together!!

Chat to Wendy if you can help.
She can assign you to a tin
horse or if you have a specific
one that you would like to look
after then just let her know.

**Contact Wendy for all the
adoption info on
0429 805 224**



MANY HANDS MAKE LIGHT WORK



CELEBRATING 30 YEARS

KULIN BUSH RACES HEADQUARTERS

GRAND OPENING

AT THE OLD WOOLSHED BUILDING

53 Johnston Street (Next to Acres of Taste)

Friday 26th September

4pm – 6pm

Come along and celebrate the official opening of our brand new Kulin Bush Races Headquarters!

Sip and shop – enjoy drinks and nibbles while browsing our 2025 Kulin Bush Races merchandise before the big rush

All community members invited



MERCH POP UP SHOP OPENING HOURS

Tuesday 30th

10am–2pm

Wednesday 1st

1pm–5.30pm

Thursday 2nd

10am–4pm

KULIN BUSH RACES SHARE YOUR MEMORIES



CELEBRATING 30 YEARS

From a dusty paddock with homemade race markers to the spectacular event we know today, the Kulin Bush Races have come a long way and so have we. Over the past 30 years, we've shared some unforgettable moments, and now it's time to celebrate them together. Whether you were there from the very beginning or joined the fun somewhere along the way, we'd love to hear your stories, see your photos, and relive the moments that make KBR so special.

Share your memories by sending them to wendy@agsolutionswa.com.au or drop off to Post Office, Shire Office or Gangells Agsolutions.

HOW IT ALL BEGAN BY - BERNIE HAVENSTEIN - EX RESIDENT

1995 wow, thirty years ago.....The Kulin Bush Races weekend was created

In 1994 Peter Kenyon was invited to speak in Kulin on the need for small towns to take control of their future, he stated that, no calvary were coming to rescue us, we would need to invent our own future.

He inspired and galvanized the community who listened to his motivational talk. From that night eight different groups were formed within the Kulin Shire, all were successful, including the Kulin Update, and The Kulin Bush Races.

I remember going to the planning meetings for the races at the beginning of 1995, from memory there were 5 people and many ideas were discussed, some used, some disregarded.

By mid-year it was decided to go ahead for the October. Then it was action stations with so much work to be done, track to create, advertising, sponsors, horses and riders, toilet blocks, food and drinks, advertising, bands, etc, etc

I remember a Kulin Policeman, on visiting the track before the event, saying to me, it looks like you all know what each other are doing, I said yes, in most cases we do.

So many families and people volunteer to work in an area they are familiar with, or to take on new roles to create each facet.

I remember saying to Mary Lucchesi a few days before race day, well Mary, Kulin has now entered the Tourism Industry.

On the morning of the first races, to see the tents up and the spectacular setting that is the track, the lake and Jilakin Rock, it was incredible, I could not have been more surprised.

So many families, ex resident's and old friends travelled to Kulin, it was such an amazing day.

Everything ran like clockwork, then towards evening people realized we had not thought of lights, oh no.....action stations again, and before long lights were installed allowing food to be served and the music and evening to continue.

I have loved being a part of the crew, the positive environment that is family friendly with a can do attitude, ready to help and guide anyone who wants to be involved.

Over the years it has been such a privilege and pleasure to be a part of the team of volunteers, welcoming thousands of visitors to enjoy a weekend in the wheatbelt.

Personally I have learned a lot, made new friends, and love returning to Kulin.

The enthusiasm to create a successful event and enjoy working together in a volunteering capacity, continues today.

Congratulations to all volunteers and Committee who have worked so hard over 30 years.

KULIN BUSH RACES SHARE YOUR MEMORIES



TENT PEGS TO MARQUEES

BY - MICHAEL ROBINS

My early recollections of the Races was tents, tents and more tents. These came in all shapes and sizes. Star shades, which were made available by Swan Brewery. Two and three post main tents and lots of others beside them. Plenty of tent pegs to be hammered in as a result. These continued for a number of years until we graduated to a small marquee, then two marquees, then three. The main marquee that has just been replaced use to be dismantled and re erected each year until the decision to purchase it and leave it up was made, which saved a lot of preparation time. I think we started the very popular Calcutta in the second year with Gary Robertson being the on course bookmaker which later became the TAB. Todays version a vast improvement on the earlier ones. The main bar prior to premixed spirits was catered for with a number of drench guns with the correct dose injected into the soft drink cans. What could go wrong?



Share your memories by sending them to wendy@agsolutionswa.com.au or drop off to Post Office, Shire Office or Gangells Agsolutions.



A colorful poster for a 'Handmade Market'. The title 'KULIN ARTS' is at the top in large blue letters. Below it are various craft-related icons: a pair of hands holding a pencil, a beaded necklace, a knitted pink item, a ball of blue yarn, a spool of yellow thread, a pair of hands holding a heart, a ball of blue yarn with knitting needles, and a pair of scissors. Two blue banners with white text read 'HANDMADE' and 'MARKET'. The dates and times are listed in bold black text: 'THURSDAY 2ND OCT', 'FRIDAY 3RD OCT', and '10AM-3PM'. The location is 'KULIN MEMORIAL HALL'. At the bottom, contact information is provided: 'For more information contact: Erin Bailey 0429 809 013', 'Stallholders' online form —', and the website 'www.jotform.com/ErinBailey/2025handmademarkets'.

KULIN ARTS

HANDMADE
MARKET

THURSDAY 2ND OCT
FRIDAY 3RD OCT
10AM-3PM
KULIN MEMORIAL HALL

For more information contact: Erin Bailey 0429 809 013
Stallholders' online form —
www.jotform.com/ErinBailey/2025handmademarkets



Thurs 2nd Oct & Fri 3rd Oct 10am-3pm
Kulin Memorial Hall, Johnston Street

Kulin Arts Handmade Markets are aimed at showcasing products that are specifically handcrafted, homemade and produced. No bric-a-brac, secondhand merchandise/antiques, retail or party plan stalls will be approved. Stalls that provide a service will be considered, i.e. on-the-spot caricatures, hair braiding, face painting, seated massage etc.

- Spaces are available inside or outside the hall (all spaces will be roughly 3m X 2m). The fee will be \$10 per space, per day and payable on the day (Non-for-profit organisations are free).
- All stalls need to be set up by 10am and all stallholders will be expected to not pack up before 3pm (unless prior arrangement is made with the organisers). If staying for multiple days, inside stalls can be left set up.
- **All vendors must supply their own tables, chairs (shelter if outside) and any equipment needed for their stall.**
- **VENDORS SELLING FOOD:**
 - must obtain approval from the Kulin Shire's Environmental Health Service (EHS). Applications for approval must be received by the EHS **at least 5 working days prior to the event**;
 - at least one person at you stall must have completed Hygiene Officer training
- <https://hospitalityhygiene.com/>
- All vendors will be covered under the Kulin Shire Council public liability insurance.

NAME/BUSINESS NAME:		
ADDRESS:		
PHONE:	EMAIL:	
PRODUCT DESCRIPTION:		
PLEASE MARK YOUR MARKET SPACE PREFERENCES		
Thursday 2nd Oct – 10-3pm	Inside	Outside
Friday 3rd Oct – 10-3pm	Inside	Outside
WILL YOU BE SELLING FOOD?	☐ YES Do you need a Food Vendors form? YES/NO	☐ NO
I agree to <u>provide all my own equipment</u> and will leave my area clean at the conclusion of the Markets.		
Signed:		Date:
For more information or to return an application contact: <u>Erin Bailey</u>		
0429 809 013	erin@kulin.com.au	PO Box 52, Kulin, 6365



“Space” Art/Craft/Photography Exhibition 1st-6th October 2025

~Any medium (2D or 3D) ~No bigger than 1m X 1m

~Entry form due 19th Sept

~Online entry form:

www.jotform.com/ErinBailey/2025space-entry

~Exhibits due 26th Sept



For more information contact:

Val Whiting 0429 685 131

Erin Bailey 0429 809 013

arts@kulin.com.au



Kulin Arts 'Space' Exhibition Entry



Artist name:		
Postal address:		
Phone/mobile		
Email:		
If you are selling artwork, please provide these details for direct debit of any sold items (Sales Commission – Members 5%, Non-Members 10%):		
Account name:	BSB:	Account #:
Name of Exhibit	Medium	Sale Price/NFS

☐ **I DO NOT** give my permission for images (photo/video) of my artwork to be used in Kulin Arts' publications on Facebook or in the Kulin Update.

Conditions of Entry

- Artwork can be any medium (2D or 3D) and no bigger than 1m X 1m (including frame).
- Completed Entry Forms to be emailed to arts@kulin.com.au OR mailed to Kulin Arts, PO Box 52, Kulin, 6365 by **19th September 2024**.
- **Exhibition fee is \$5 per exhibit** to be paid by **19th Sept 2024** (please indicate your payment method)

Cash/Cheque	Direct Deposit – Kulin Arts Council. BSB 633000. A/C #109904896
-------------	---
- **Artworks need to be received in Kulin by 26th Sept** unless alternative arrangements have been made.
- **All entries are received at the discretion of the Kulin Arts Committee.**
- Works must be securely packaged and delivered free of all charges to us. All packages and wrappings must be clearly marked with the name and address of entrant and the number of works contained.
- Works must be suitably presented to exhibition standard including adequate hanging arrangements.
- All artworks must be collected from Kulin Community Arts Centre at the end of the exhibition on **Monday 6th Oct, after 4.00pm** unless alternative arrangements have been made with the organisers. If artworks are to be returned by post, the artist must cover all costs.
- All reasonable care will be taken; however, Kulin Arts and its agents accept no loss of, or damage to, any entry.

I declare that I have read the Conditions of Entry and agree to abide by them.

Signed:	Date:
---------	-------

For more information contact Erin Bailey 0429 809 013 OR Val Whiting 0429 685 131

To be attached to back of work	
Name:	Name:
Name of Work:	Name of Work:
Price/NFS:	Price/NFS:
Name:	Name:
Name of Work:	Name of Work:
Price/NFS:	Price/NFS:
Name:	Name:
Name of Work:	Name of Work:
Price/NFS:	Price/NFS:
Name:	Name:

FUNERAL NOTICE

FUNERAL NOTICE

Janet Louise Ryan

July 5, 1932 - August 14, 2025

We would like you to join us to celebrate the life of JANET LOUISE RYAN 5/07/1932 - 14/08/2025 on the 19th of September 2025 commencing 11am at the Kulin Recreation Centre followed by a grave side service at the Kulin Cemetery, then afterwards light refreshments will be served at the Kulin Recreation Centre.

John, Cathie and Geoffrey and families.

Still Mine

Seniors Movie Day

Tuesday | 21 October | 11am - 1pm

A farmer (James Cromwell) fights back when local authorities hamper his efforts to build a cottage for his dementia-stricken wife (Geneviève Bujold).

The town of New Brunswick bears witness to the love and devotion of an elderly couple when the husband takes on the rigid bureaucracy in his quest to build a comfortable home for his ailing wife.

Coffee & tea provided | Free event

Recipe Sharing

*Submit your favourite
recipe to be shared in the
Kulin Update!*

It can be sweet or savoury, breakfast,
lunch, or
dinner, or a treat
or snack.

Each submission should have a little story to
go along with the recipe, creator's name and
contact information.

Email entries to
KulinCDO@kulin.wa.gov.au
or hand in at the Shire Office

Country Cooks do it better - and Sharon's Gluten Free Orange Cake Proves It!

I've always thought that country cooks do it better—and the CWA ladies are often some of the very best. Maybe it's the friendly competition, maybe it's the shared knowledge and experience. Or maybe it's just that extra bit of care and community they pour into everything they make.

This week, CWA President Sharon Barndon has generously shared one of her own special recipes with us: a delicious Gluten-Free Orange Cake she's been baking since her café days. It's a zesty, citrusy delight that goes down a treat. So grab some oranges and enjoy—let the flavours transport you to a warm, sunny day, even while that cold wind keeps blowing outside.

Gluten Free Orange & Almond Cake

Ingredients:

Cake

- 2 large naval oranges
- 6 eggs separated
- 1tbsp orange blossom water/orange juice
- 1 cup caster sugar
- 300g ground almonds
- 1tsp baking powder
- 3 naval oranges peeled with pith removed thinly sliced to garnish

Syrup

- 500ml fresh orange juice
- 185g caster sugar
- 60ml sweet white table wine (sauternes)

Method:

1. Grease and lightly flour

- (using GF flour) a 21cm spring form cake tin, tipping out any excess flour.
2. Out the whole oranges into a saucepan full of water and boil for 2 hours topping up with water as needed.
3. Remove the oranges and quarter them and process in a food processor until smooth . Cool thoroughly!
4. Pre-heat your oven to 180°
5. Place egg yols, orange blossom water and sugar into a large bowl and beat until very smooth, then stir in the orange puree and mix well.
6. In a separate bowl whisk your egg whites to firm peaks.
7. Add the ground almonds and baking powder to the cake mix and stir well.

Then fold in the egg whites gently to keep it light and airy.

8. Pour into the cake tin and bake for approx 1 hour or until firm. (If it is getting too brown cover the top with foil and continue baking until firm)
9. Cool in the cake tin before transferring to a serving plate.
10. To make the syrup, put your orange juice , wine and sugar into a sauce pan and cook over medium heat stirring until reduced by half and syrupy, skimming off any scum as you go.
11. Slice up your cake and garnish with the orange slices and drizzle with the syrup

Sharon Barndon

Morning Tea for an Extraordinary Crew: A Fitter Recipe That's Easy, Unexpected, and Disappears from the Table!

Last week I was on morning tea duty at work—one of my favourite parts of the week. We each take turns bringing something in to share, and it's more than just a snack break. It's a way to show appreciation for a team that supports each other, works hard, and knows how to have a laugh. A team I feel lucky to be part of.

For me, making food for friends, family, and community is a way to say thank you. It's comfort, care, and a little reminder that says, "Hey, you're special and I'm glad you're here."

So for morning tea, I reached into my trusty recipe stash and made my Asian Veggie Fritters with Dipping Sauce—plus a couple of sweet treats for good measure. The beauty of these fritters is how easily they adapt to whatever you've got in the fridge or pantry. Making them gluten-free is simple, and they're just as delicious cold. They last well in the fridge, make a great lunchbox snack, and pair beautifully with satay, honey soy, or BBQ kebabs for a light and tasty dinner.

I'm all about adaptable recipes, and this one's a winner. I'll pop in the other recipes over the next couple of editions, so stay tuned—next Update could feature decadent Chocolate Brownies or Citrus Coconut Tarts... You'll have to wait and see! These are Shire Staff approved, so from my table to yours—give them a go!



Asian Veggie Fritters with Dipping Sauce

Ingredients:

Veggie Fritters

- ¼ savoy cabbage – finely sliced
- ¼ red cabbage – finely sliced
- 1 bunch bok choy – finely sliced (including stems)
- 2 large carrots – grated
- 4 spring onions – finely sliced
- ¼ cup finely shredded dill (or 2 tsp dried)
- 1 tsp dried ginger
- 1 tsp cinnamon powder
- 1 tsp white pepper
- 1 tsp chilli flakes (optional)
- 2 tbsp Vegeta vegetable stock powder
- 2 tbsp minced garlic
- 2 tsp salt
- Fresh cracked pepper to taste
- 1½ cups self-raising flour
- 1 egg
- ½ cup sour cream or Greek yoghurt
- 1 tbsp sesame oil

Dipping Sauce

- 2tbsp Soy sauce
- 1/4 cup Tomato sauce

- 2 tsp Worcestershire sauce
- 2tbsp Caster sugar

Method:

1. Prep all veggies and place in a large bowl. Add stock, herbs, spices, and seasonings. Mix thoroughly.
2. Cover and let sit for at least 15 minutes (30 is better) to let the veggies soften and lightly pickle.
3. Add flour and mix well so that the veggies are well coated.
4. In a separate bowl, mix egg, cream/yoghurt, and sesame oil. Add to veggie mix and combine.
5. Scoop out portions (about ¼ cup or a heaped table spoon each) and gently fry in a pan with a little oil.
6. Drain on paper towel
7. Mix together your dipping sauce, taste and add extra of any of the ingredients to adjust to suit you.
8. Serve the fritters hot with dipping sauce and a garnish of chopped chives.

NOTES

- You can literally change up



the ingredients with just about anything you have on hand. For example, I have used finely chopped cauliflower, broccoli, capsicum.

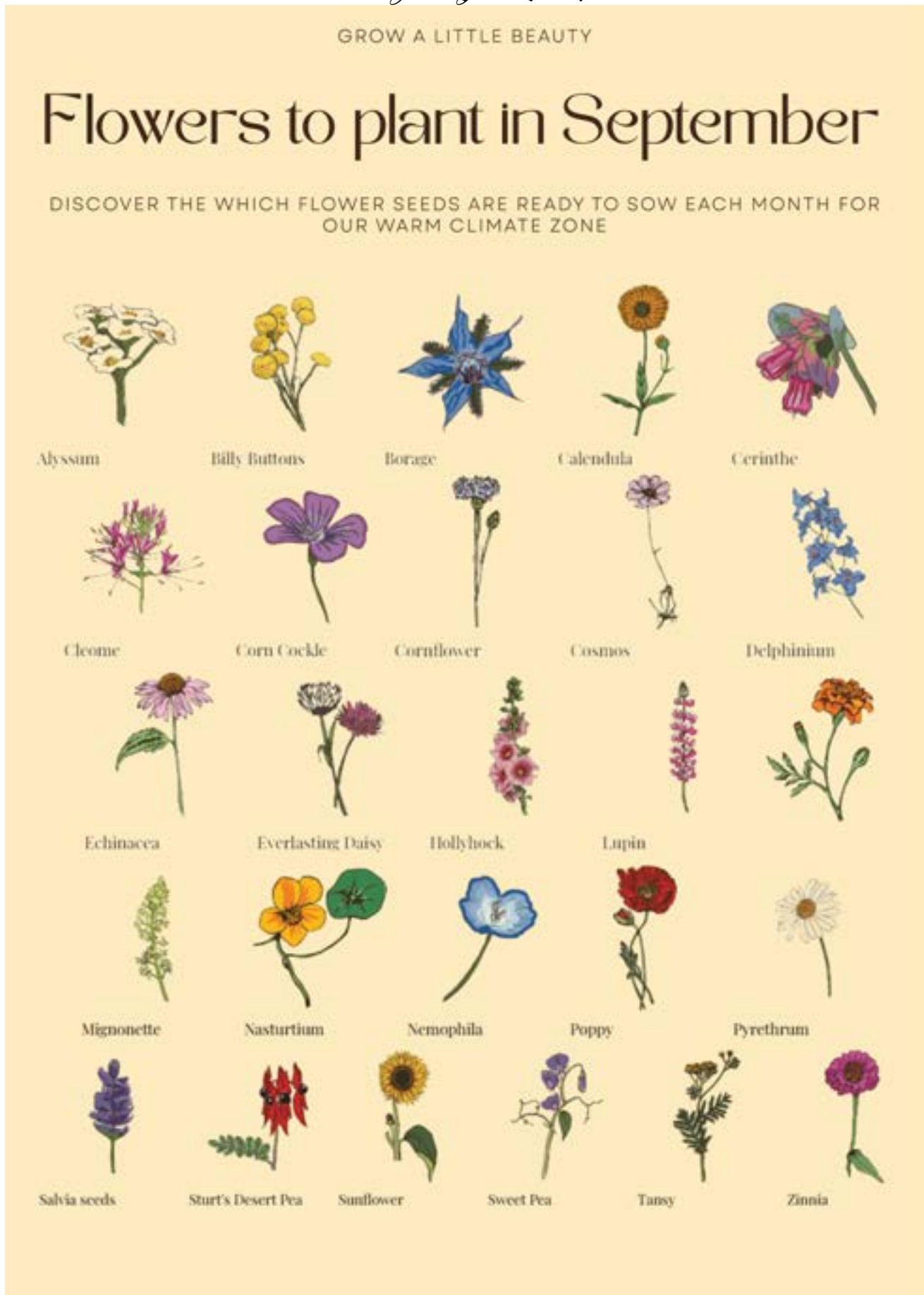
- To make gluten free swap out your regular SR Flour for GF SR Flour which is available easily these days. Make sure to also use GF sauces which are also easy to find to make sure that your dipping sauce is GF as well.
- You can fridge the fritters in a sealed container and they are great and as mentioned last well in a lunchbox.
- They also freeze and defrost well so if you find you have too many for one serve (or if you want to make a double batch) this is a great option for a meal down the track!

Kirra Pederick
Community Development
Officer

September brings Spring Planting: September is here and my goodness the seed sowing calendar is just overflowing with wonderful options for us to get going with this month. Seriously look at the



amazing veggies and flowers just waiting to be sown. In fact there are so many that I can't fit in an actual article this edition, but there's plenty happening so get your hands in the dirt and I'll have some more news in two weeks! *Kirra Pederick* Community Development Officer



Kulin Darts Club Wins GRAND FINAL



Congratulations to the Kulin Darts Club on winning the grand final in the Corrigin Men's Dart Association. Appreciation is expressed to the Kulin Community Hub for sponsoring supper for players every fortnight. Pictured from left to right: Carl Bull, Craig McInnes, Daniel Giles, David Mead, Joe Varone, Paul McInnes and Brendon Savage.

KYMF

#KnowYourManFacts

HOW TO HELP A MATE DOING IT TOUGH

YOU COULD SAVE A MAN'S LIFE

"LOOKS LIKE YOU'RE STRUGGLING MATE?"

AMHF
AUSTRALIAN MEN'S HEALTH FORUM

HOW TO HELP A MATE DOING IT TOUGH

KYMF
#KnowYourManFacts
www.knowyourmanfacts.com

A Ask + Listen

"SOUNDS LIKE YOU'RE DOING IT TOUGH?"

"WHAT'S GOING ON?"

B Build a Plan

"WHAT CAN WE DO TO HELP YOU TACKLE THIS?"

"WHAT'S ONE THING YOU CAN DO TO GET BACK ON TRACK?"

C Connect to Help

"WHO ELSE CAN WE TALK TO, TO GET HELP WITH THIS?"

"WHEN SHALL I CHECK IN AND SEE HOW YOU'RE GOING?"

Learn how to help a mate doing it tough
You could save a man's life

A Ask + Listen > B Build a Plan > C Connect to Help

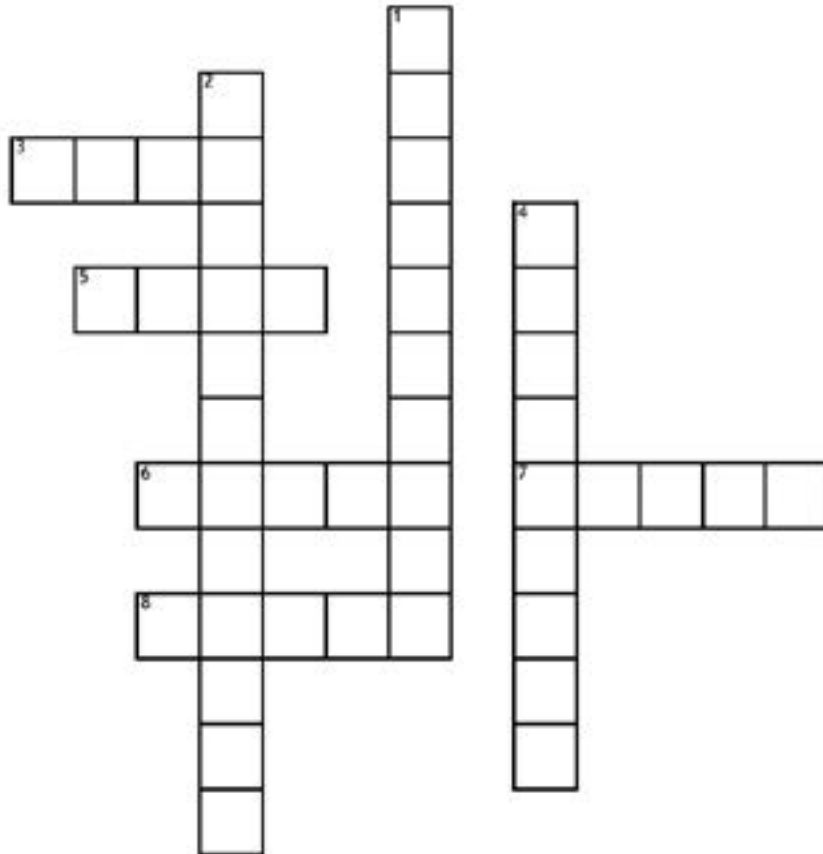
Visit www.knowyourmanfacts.com/how_to_help_a_mate_toolkit to learn how to help a mate doing it tough

KYMF #KnowYourManFacts

AMHF AUSTRALIAN MEN'S HEALTH FORUM



Prostate Cancer Symptoms



Across

3. Term used to describe extreme discomfort (4).
5. Term used to describe something occurring at a low speed (4). If you're experiencing a ____ flow, speak to your doctor.
6. Waking up to pee multiple times a ____ should be discussed with your doctor (5).
7. If you notice ____ in your pee, even once, make an appointment to see your doctor (5).
8. If you experience a ____ when you want to start peeing, speak to your doctor (5).

Down

1. Occurring many times at short intervals. If you notice you need to pee more ____, let your doctor know (10).
2. Inability to voluntarily control urination is called ____ and can be a symptom of prostate cancer (12).
4. Verb used to describe slow falling of urine in drops or a thin stream (9). This could be a symptom of prostate cancer and should be discussed with your doctor.

Partner:



Government of Western Australia
Department of Health

Call us on 13 11 20
findcancerearly.com.au



Kaylor Andrews
Wheatbelt Regional Cancer
Prevention Coordinator
Cancer Council Western Australia
Kaylor.Andrews@cancerwa.asn.au

It's Prostate Cancer Awareness Month



September is Prostate Cancer Awareness Month, so it is a good reminder to blokes in the Wheatbelt community to familiarise themselves with the common symptoms of prostate cancer.

In 2019, there were 2,372 new cases of prostate cancer and 258 men died from it, which means that thousands of Western Australian men are successfully treated for prostate cancer. In the Wheatbelt region, 104 men were diagnosed with prostate cancer,

and nine men died from it.

Common symptoms of prostate cancer include:

- blood in your wee or semen,
- or the following for more than four weeks:
- waking a lot at night to wee,
 - a sudden or urgent need to wee,
 - problems starting or stopping weeing,
 - needing to wee more often,
 - a slow or weak flow when weeing,
 - dribbling at the end of weeing or
 - losing weight without trying.

You can give yourself the best chance to find prostate cancer early, by going to see a doctor, clinic nurse or Aboriginal health worker straight away if you have symptoms, so that treatment is easier, and you can be around longer to do the things you love doing with the people you love. If you have any of these symptoms, it doesn't mean you've got cancer, often it turns out to be something less serious, but it's important to get them checked straight away just in case, as treatment works best when cancer is found at an early stage.

To find out more, visit www.findcancerearly.com.au



Government of Western Australia
Department of Health

Call us on 13 11 20
findcancerearly.com.au

Move Your Body

Strengthen Your Legs

Simple steps to

STAY ON YOUR FEET®

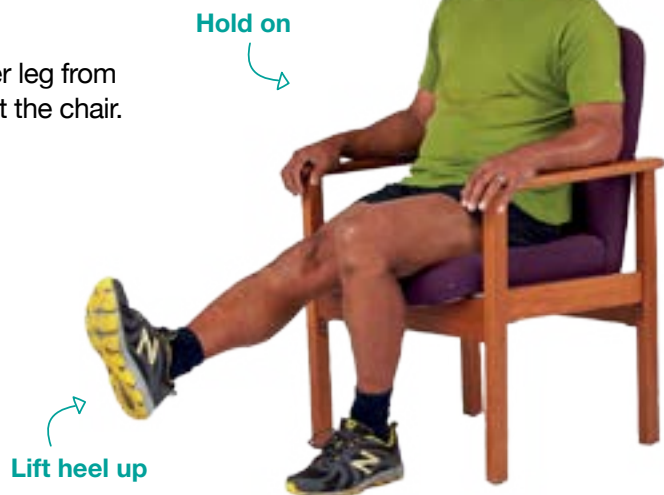
Please see your Doctor if you have concerns before starting. Before beginning each exercise make sure the chair or support you are using is suitable. Move slowly and stop if you feel faint or have any pain or discomfort.

Knee Extension

- Sit with your back well supported.
- Straighten your right leg by lifting your lower leg from the knee and keeping your thigh flat against the chair.
- Hold leg straight out for 5 seconds.
- Lower slowly and place foot on the ground.
- Repeat 7 times.
- Repeat from the start using your left leg.

Make it harder

1. Repeat again
2. Add a small ankle weight, start light with a 1kg weight



Mini Squat

- Face forwards holding on to sturdy support such as the kitchen bench or heavy table.
- Place your feet shoulder width apart.
- Slowly bend at your knees and squat down.
- Slowly stand back up.
- Repeat 7 times.

Make it harder

1. Get progressively lower
2. Remove hands from the support if you feel steady



Heel Raise

- Face forwards holding on to sturdy support with your feet shoulder width apart.
- Come up onto your toes lifting heels from the ground.
- Keep your heels raised and count to 3.
- Repeat 7 times.

Make it harder

1. Repeat again
2. Remove your hands from support



Shoulder width apart



Raise heels

Toe Raise

- Face forwards holding on to sturdy support with your feet shoulder width apart.
- Come back on your heels lifting toes from the ground.
- Keep your toes raised and count to 3.
- Repeat 7 times.

Make it harder

1. Repeat again
2. Remove your hands from support



Shoulder width apart



Raise toes

Sit To Stand

- Use a sturdy chair that is not too low and lean it against a wall.
- Sit on the chair and place your arms across your chest.
- Place feet flat on the floor, behind the line of your knees.
- Lean forward and stand up slowly without using your hands.
- Sit down slowly.
- Repeat 7 times.

Make it easier

1. Use two hands to help you stand up
2. Progress to single arm support when able

Arms across chest

Feet flat



*Please see a health professional if you have any concerns before starting these activities.

To order this and other free Stay On Your Feet® resources visit www.injurymattersquickmail.com.au

For more information on how to prevent slips, trips and falls:

www.stayonyourfeet.com.au

Email: info@stayonyourfeet.com.au / Phone: 1300 30 35 40

These exercises are adapted from The Otago Exercise Programme, University of Otago Medical School, New Zealand.

RURAL AID SEPT ARTICLE

I've just got home from one of my 'Northern wheatbelt networking drives, really this encompasses the central wheatbelt. On these trips I stop in at the CRCs and shires along the way talking to staff as well as chatting to locals in the cafes, pubs and shops. Again, I heard the passion people have for their communities and also very importantly how people were also genuinely caring and concerned for each other.

I witnessed people being there for their friend. One instance was where someone openly thanked his mate for being there and listening to him stating 'I have managed to sort this out now thanks to you'. His mate said 'No probs mate'. Another described how he and a mate had been talking on a Friday for years about all sorts of bull... Then when he was going through a confronting hard time had said to his mate, 'I just want to say thanks and sorry that I'm off-loading all my stuff on to you'. His mate being the legend he is answered, 'We have been talking about all sorts of stuff for ages together so we can talk about anything anytime'. Positive signs that

when someone reaches out in times of difficulty there is someone there.

Other conversations held was around people stating that they hear a lot of 'Mental Health stuff lately. Too much where people get sick of hearing it and switch off'. Maybe this is true for those who are OK. But my belief is that there is still a silent crisis caused by the stigma of Mental Health; resulting in someone not seeking help through a fear of being branded or judged. Reaching out for help when we are struggling takes a lot of strength requiring us to be vulnerable. If the message we see and hear manage to reach that one person struggling at that time and that one person then hearing that message reaches out and receives assistance, then that message was essential.

This perceived belief that some emotions although natural should not be shown is a result of generations reinforcing the wrong message of what and who we should be. When we were a very young child watching, listening and learning, hearing our heroes as a child,

that strong parental figure, hanging on their every word and action. We learnt from our heroes that staying silent is strength, don't be a sook, harden up and worse. How wrong our heroes were.

Now as adults we can role model to our children and to our peers how our emotions and feelings are there to be noticed and acted on. Struggling doesn't mean your broken it means you are human. We can role model that asking for help when not yourself mentally is as normal as going to a doctor when you feel sick with the flue. Breaking down the stigma of mental health happens one conversation and one person at a time.

Each of us can be that change starting now.

Roger Hitchcock

Counsellor & Community Representative West Australia based in Narrogin (Wagin and Surrounding Region)

Rural Aid Australia
0460 310 667
roger.hitchcock@ruralaid.org.au





Self-Care September 2025

MONDAY

1 Find time for self-care. It's not selfish, it's essential

2 Notice the things you do well, however small

3 Let go of self-criticism and speak to yourself kindly

4 Plan a fun or relaxing activity and make time for it

5 Forgive yourself when things go wrong. Everyone makes mistakes

6 Focus on the basics: eat well, exercise and go to bed on time

7 Give yourself permission to say 'no'

8 Be willing to share how you feel and ask for help when needed

9 Aim to be good enough, rather than perfect

10 When you find things hard, remember it's ok not to be ok

11 Make time to do something you really enjoy

12 Get active outside and give your mind and body a natural boost

13 Be as kind to yourself as you would to a loved one

14 If you're busy, allow yourself to pause and take a break

15 Find a caring, calming phrase to use when you feel low

16 Leave positive messages for yourself to see regularly

17 No plans day. Make time to slow down and be kind to yourself

18 Ask a trusted friend to tell you what strengths they see in you

19 Notice what you are feeling, without any judgement

20 Enjoy photos from a time with happy memories

21 Don't compare how you feel inside to how others appear outside

22 Take your time. Make space to just breathe and be still

23 Let go of other people's expectations of you

24 Accept yourself and remember that you are worthy of love

25 Avoid saying 'I should' and make time to do nothing

26 Find a new way to use one of your strengths or talents

27 Free up time by cancelling any unnecessary plans

28 Choose to see your mistakes as steps to help you learn

29 Write down three things you appreciate about yourself

30 Remind yourself that you are enough, just as you are

Happy · Kinder · Together



PAGE 48

THE REMEDY

PHYSIOTHERAPY KULIN

Every Tuesday & Thursday at
Freebairn Recreation Centre Kulin

CONTACT



Scan the QR to
book online

Ph: 0409 868 114
E: admin@theremedyphysio.com.au

The Remedy Kulin
Freebairn Recreation Centre

The Remedy Narrogin
Physiotherapy available Mon - Fri
Reformer Pilates Classes available Mon - Sat
21A Egerton Street, Narrogin

SAM HARVEY

PHYSIOTHERAPIST

Available every Tuesday in Kulin

- General Physio
- Sports injuries
- Pre- & post-op rehab
- Strength and conditioning
- Clinical Pilates (1:1 or 2:1)

Special interests:

- Lower limb injuries
- Neck pain & headaches
- Acute lower back pain



ALICE BARTLEY

PELVIC HEALTH PHYSIO

Available every Thursday in Kulin

Women's and Men's Pelvic Health Physio

- Pelvic pain
- Pre- & post-natal care
- Continence, bowel & bladder dysfunction
- Hip & abdominal pain

Cancer Rehab:

- Every stage of cancer treatment and recovery

Special interests:

- Hip & pelvic related sporting injuries & returning to running



AN EXHIBITION BY CUBALLING ARTIST

PETER DENTON

MY CREATIVE JOURNEY

Exhibition Opening
Friday 12th September 6.30pm

Exhibition Dates & Gallery Hours
12 - 26 SEPTEMBER 2025
MON-FRI 10AM-4PM
SAT 10AM-2PM

Arts Narrogin - Arts Space Gallery
Corner of Park & Fairway St

ARTS NARROGIN | Koolari West | ARTS WA | Narrogin

*Thank you to the
Ambulance Service
for their assistance
and care. You do
an amazing job and
your help is very
appreciated!*

Ros Howell



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Grain, Fertiliser, Lime & Gypsum.
Based in Pingaring servicing the
Central Wheatbelt and Great
Southern Region**

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payloads of up to 70T
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0429668087



Pat And Chat Mobile Vet Kulla Clinic Dates 2025

Tues 11th February, Monday 10th March, Monday 1st April, Monday 1st May
Wednesday 1st June, Monday 10th June, Monday 25th July, Wednesday 27th Aug
Friday 26th Sept, Monday 20th Oct, Monday 1st Nov, Monday 1st Dec

Please ring or text Andrea on 0428212945 for an appointment

*Join Earl St Physio for the
6 Week Challenge*

27TH OCTOBER - 7TH DECEMBER 2025

RAISING FUNDS



MAJOR PRIZE SPONSOR

**Narrogin Panel Beating
Service**



**LOTS OF PRIZES TO BE WON
MAJOR PRIZE - 2X PERTH SCORCHERS
MEMBERSHIPS!**

DUFFY ELECTRICS

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- ⚡ Commercial
- ⚡ Industrial
- ⚡ Tv installation
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0409 806 047

duffyelectrics@outlook.com

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Summit Fertilizers Area Managers live and work in your local communities, and understand what matters most for your farm to succeed, backed with over 35 years of agricultural knowledge and recommendations customised for your needs.

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GERALDTON Murray Simkin 0429 947 919	
COOROW Juliet McDonald 0429 945 332	
MOORA Alana Alexander 0417 490 047	WONGAN HILLS Sariha Marais 0429 579 541
NORTHAM David Armstrong 0447 109 545	KELLERBERRIN Tracey Hobbs 0429 470 007
WILLIAMS Mark Stephens 0427 788 521	MERREDIN Kobus Marais 0427 766 508
CORRIGIN Steve Cooke 0429 934 243	NARROGIN David Hull 0477 923 684
BUNBURY Ralph Papalia 0427 766 535	LAKE GRACE Brett Coxon 0427 766 508
ALBANY (W) Mark Ladny 0498 223 421	ALBANY (E) Andrew Wallace 0427 063 820
KOJONUP Chloe Turner 0447 469 245	ESPERANCE (W) Matt Ryan 0408 092 355
ESPERANCE (E) Nick Donkin 0428 715 045	

INTAKE NOW OPEN

Heavy Duty Mechanical Apprenticeships Merredin, Mukinbudin, Cunderdin & Corrigin

The opportunity

Our annual apprentice intake is currently open, offering 4-year Heavy Duty Mechanical Apprenticeships for commencement in February 2026. The apprenticeships will be based at the Hutton & Northey Sales branches of Merredin, Mukinbudin, Cunderdin & Corrigin.

The role

During your apprenticeship you will learn to diagnose, troubleshoot, examine, test & repair a range of heavy-duty machinery and equipment with industry leading technologies

The position

The apprenticeships are full-time and fully paid, providing the opportunity to gain hands on experience in the industry, and qualifying in a Certificate III in Agricultural Machinery Technology.

As part of your specific qualification training, each year you will be enrolled in three, two-week TAFE training blocks at an accredited TAFE training institution off site. We also offer ongoing upskilling and training into your employment to keep pace with rapidly changing technology in the industry.

Additionally, our experienced technicians will provide guidance and support you in your training and learning.

The next step

Please email your covering letter and resume to hr@hutnorsales.com.au with:

- Licences you have (eg: drivers, forklift)
- Certificates completed (eg: Cert II in Automotive)
- School Reports from your last 2 years of education (with comments)

Call our HR team on 08 9041 9500 for further information. Intake closes 30 September, 2025.

SEND US YOUR CV & WE'LL TAKE YOU TO THE TOP!

To apply and for further information
Phone HR 08 9041 9500
HR@hutnorsales.com.au
hutnorsales.com.au/careers

CASE II



**KONDININ
HOSPITAL
IS TURNING**

100

*We are showing the history at the Kondinin
Art Show and WE NEED YOUR HELP*

*Do you have any old uniforms or pieces to
add to our display?*

Do you have a story that can be shared?

Please email

Kondinin.healthservice@health.wa.gov.au
or contact Angela or Janna at the hospital on
9894 1222

*Art Show runs from
10th - 15th October 25*

KONDININ ARTISTS GROUP IN CONJUNCTION
WITH THE SHIRE OF KONDININ PRESENTS THE

KONDININ ART EXHIBITION

OPENING NIGHT FRIDAY 10TH OCT 7:30-9:30PM

\$10 ENTRY

PRIZE POOL \$11,700

KONDININ TOWN HALL



EXHIBITION OPEN DAILY
SAT 11TH - WED 15TH OCT - 10AM-3PM

GOLD COIN ENTRY

ARTIST REGISTRATIONS CLOSE 26TH SEPT 2025

FOR MORE INFORMATION DOWNLOAD THE ENTRY FORM AT
WWW.KONDININ.WA.GOV.AU

BRUCELLOSIS AGGREDITED
HEALTH STATUS MN1
OJD VACCINATED

FLOCK NO 949 / 2914 / 418



MERINO *and* POLL MERINOS
WHITE SUFFOLKS

KOLINDALE ON PROPERTY RAM SALE

MONDAY 22 SEPTEMBER 2025

**250 WHITE
SUFFOLK RAMS**
SALE START 11:00AM



**350 MERINO AND
POLL MERINO RAMS**
SALE START 12:30PM



.....
SONS OF
COLLINSVILLE
EMPEROR 395
(\$115,000)
AVAILABLE
.....

ALL INSPECTIONS FROM 9:30AM

2039 Kulin-Dudin Road, Kulin • Light luncheon provided.

PRIVATE SELECTION AVAILABLE BY APPOINTMENT

CONTACT LUKE LEDWITH ON 0427 890 046

.....
SONS OF
COLLINSVILLE
DUKE 332 HORN
(\$48,000)
AVAILABLE
.....

AGENTS – WHITE SUFFOLK

ROY ADDIS 0417 045 698
TY MILLER 0429 881 108
MARK WARREN 0427 966 900

AGENTS – MERINO & POLL MERINO

RUSSEL MCKAY 0428 214 129
PAUL KEPPEL 0427 195 184
NATHAN KING 0488 582 455
JEFF BROWN 0437 872 588



KOLINDALE.COM.AU



**No experience
needed and all
playing levels
are welcome.**

LAKE GRACE BASKETBALL

STARTS ON THE

8TH OF

OCTOBER

**If you played in the 2024 season you will
be added to a team automatically unless we
have been informed otherwise.**

**Teams finalized: 30/07/25
(4 women's & 4 men's teams)**

Start date: 8/10/25

Grand final date: 19/12/2025 (TBC)

**Any new players wishing to play the season please contact
Leon Clarke 0427 011 437 or Courtney Withnell 0400565875**



**PRESIDENT: Leon Clarke
VICE PRESIDENT: Jalme Withnell
Treasurer: Courtney Withnell
Sec: Amber McPherson**



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For more information

CONTACT MICK

MOBILE 0457 66 200

EMAIL admin@agrockeripping.com.au

GENERAL INFORMATION

SHIRE CONTACTS

FRC - 9880 1000
CRC - 9880 1204
Caravan Park - 0439 469 850
Pool - 9880 1222
Depot - 9880 1218
KCCC - 9880 1636

JUSTICES OF THE PEACE

MT Lucchesi - 9880 4050
JM McInnes - 9880 1360
BW Sloggett - 0427081925

MEDICAL CENTRE

Kulin- 9880 1315
Kondinin- 9889 1753
KN Hospital- 9894 1222

Kulin Nursing Station:
Tues, Wed & Fri
8:30 - 12:30

EMERGENCY CONTACTS

Emergency centre-
9880 1079
SES - 13 25 00
Western Power- 13 13 53
Water Auth.- 13 13 75
Kulin Water Depot - 9880 1356

POLICE CONTACTS

Crime Stoppers -
1800 333 000

Kulin Police Station is
staffed by two officers who
are available to respond to
incidents 24/7. Your local
police can be contacted as
follows:

Emergency: 000
Non-emergency: 131 444
KU Station - 9861 5800

TIP SHOP OPENING DAYS

Sunday | Monday | Thursday
10am - 3pm

KULIN TRANSFER STATION

The station is open
Sunday | Monday | Thursday
10.00am - 3.00pm

REPORTING MINOR ISSUES

The Shire of Kulin uses Snap
Send Solve, simply download
the app and use your smart
phone to report a variety of
issues directly to the Shire.

LOCAL CHURCHES

Uniting Church
1st & 3rd Sunday of each
month, 10.30am

Catholic Church
Fr Truc Nguyen
0426 018 782
1st, 3rd, 4th, 5th, 8.00am

Anglican Church
By Request
K. Wilson - 0429 801 228
Bunbury Office - 9721 2100

KULIN MOTOR MUSEUM

Wednesday 10am - 12.30pm
Saturday 10am - 2pm
C. King - 9880 1058
B. Colbourne - 0429 804 615
J. Munro - 0427 386 849

KULIN LIONS CLUB

Kulin Lions Club collect old
glasses, hearing aids and
stamps. Please feel free to
drop off any of these items at
the Kulin Post Office. Push
bikes and batteries can be
dropped off at Haydn's shed.

H. McInnes - 0429 801 215
T. Barndon - 0428 939 189
R. Doust - 0499 802 054

CONTAINERS FOR CHANGE

All Good Refund Depot
comes to Kulin on the
last Wednesday of every
month. They pick up
returns from behind the
Memorial Hall at midday.
Contact the Shire for more
info. To donate your cans to
KCCC use their ID
(C10351204) or to donate
your cans to the ARTS
CENTRE use their ID
(C10333381)

DEFIBRILLATOR LOCATIONS

KULIN
Kulin District High School
Kulin Caravan Park
Public Toilets (Johnston St)
Aquatic Centre
Freebairn Recreation Centre
Kulin Foodworks
Butler's Garage & Museum

PINGARING
Public Toilets
Pingaring Ag Solutions
Pingaring Golf Club

DUDININ
Dudinin Tennis Club

DRIVING ASSESSOR

Kulin has one assessment
day a month. Call BENDIGO
BANK KULIN for bookings or
enquiries - 9880 1422



FEEDBACK FORM

We'd Love Your Feedback

Over the past few months, we've added some fresh features to the Kulin Update—more voices, more stories, and a few creative twists to keep it lively. Whether you've chuckled at a tin horse tale, found a handy hint useful in your backyard, or connected with a recipe passed down through generations, we hope our newsletter continues to feel like a warm chat across the garden fence.

Our ongoing goal is to make the Kulin Update:

- Current, so you're in the know with local news and happenings
- Informative, with practical advice and useful updates
- Entertaining, with light-hearted moments, puzzles, and stories
- Community-focused, weaving in your voices, traditions, and shared experiences
- Authentic, reflecting the unique spirit of life in Kulin

We'd love to hear how we're going. Whether it's a line or two, a suggestion for a new section, or a note on what made you smile—we're all ears.

Ways to share your thoughts:

- Fill out this form and drop it off at the CRC
- Complete our digital survey (link here, if hosted)
- Email us at KulinCDO@kulin.wa.gov.au

Give us your opinion on a scale of 1-5 (5 being the best)

	(It's Poor)	(Could be better)	(Its OK)	(I like it)	(Its Great!)	
How do you feel about the content of the Kulin Update	☐	☐	☐	☐	☐	
	(Not at all)	(Some of them)	(Its OK)	(I'm enjoying it)	(Its Great!)	
Are the new inclusions relevant, entertaining or important to you	☐	☐	☐	☐	☐	
Sections I usually read (Tick all that apply)	CRC Update ☐	Shire Notices ☐	Sports Notices ☐	Events ☐	Community News ☐	Kids Corner & KCCC ☐
	Cooking Corner ☐	Brain Twisters ☐	Handy Hints ☐	Around the World ☐	Garden Update ☐	

Comments and Suggestions:

