

THE KULIN UPDATE

27 February 2025

6 GEN WHISSON

Congratulations to Gen Whisson who is a finalist in the 2025 AgriFutures Rural Women's Award

14 KULIN AMATEUR SWIMMING CLUB

With 49 members this season it's certainly been a busy one!

33 YUCK CIRCUS

A great live show on your doorstep.

KULIN TRIATHLON 2025

A promotional poster for the Kulin Triathlon 2025. The background is a light blue sky with white clouds. In the center, three stylized human figures (a woman in teal, a man in orange, and a woman in dark blue) are running towards the viewer, carrying a blue and white striped ribbon. Above them, the word 'KULIN' is in small blue letters, and 'TRIATHLON' is in large, bold, blue letters. Below 'TRIATHLON', the year '2025' is written in white on an orange banner. To the right of the banner, the word 'UPDATED' is in large red letters, with 'Registrations extended!' in smaller black text below it. In the top left corner is the 'healthway' logo with a red dotted arc above it. In the top right corner is a small blue diamond logo with a white stylized figure inside. At the bottom, there is a dark blue silhouette of a landscape. On the left side of the bottom, the text 'March 8 | 2025' is in orange, with 'Starts 8:00am' in white below it. On the right side of the bottom, the text 'Kulin Aquatic Centre' is in orange, followed by 'Registrations to Stella before 4 | 03 | 2025' in white, and the email 'crccounter@kulin.wa.gov.au' and phone number '9880 1204' in white at the bottom right.

healthway

KULIN
TRIATHLON
2025

UPDATED
Registrations extended!

**March
8 | 2025**
Starts 8:00am

Kulin Aquatic Centre
Registrations to Stella before 4 | 03 | 2025
crccounter@kulin.wa.gov.au 9880 1204

CONTENT CORNER



Mon - Fri 8:30 am - 4:30 pm
38 Johnston Street, Kulin WA 6365
(08) 9880 1204
crccounter@kulin.wa.gov.au
www.kulin.wa.gov.au/crc-home



How to receive the Kulin Update via email?

Call or email us and let us know your name and email address so we can add you to the distribution list

Alternatively, visit

www.kulin.wa.gov.au/#newsletterscroll

How to advertise in the Kulin Update?

Complete the booking form found here - www.kulin.wa.gov.au/council/news/community-newsletter.aspx and send your advert and completed booking form to crccounter@kulin.wa.gov.au

When are the deadlines?

All articles and booking forms are to be sent NO LATER than Tuesday, 4pm prior to the publication date.

What are the advertising costs?

1/4 page b/w - \$20
1/2 page b/w - \$25
1/2 page colour - \$50
Full page b/w - \$40
Full page colour - \$80
Front/ back - \$100

Members receive 20% off advertising costs, please contact crccounter@kulin.wa.gov.au for more information.

Accepted document formats:

- PDF
- JPEG



Achieved something?

We would love to share any community news or achievements in the newsletter, send through the information to crccounter@kulin.wa.gov.au

DEADLINES TO SUBMIT CONTENT FOR THE KULIN UPDATE

11th	March	2025
25th	March	2025
8th	April	2025
22nd	April	2025
6th	May	2025
20th	May	2025
3rd	June	2025

HAPPY BIRTHDAY!

February

27th	Tim Bradford
28th	Tom Clayton, Emily Visser

March

1st	Flynn Smoker
4th	Zari Duckworth
5th	Jeremy Meikle, Sarah Reader
6th	Emersyn Frantom
7th	Taryn Scadding, Charlotte Reader
10th	Fiona Jasper, Tom Murphy
11th	David Tholstrup, Colby Lewis, Winnie Lewis
12th	Jenny Miller, Danielle Smoker

Kulin Phone Directory

Domestic Listings

If you would like your contacts in our domestic listing section of the Kulin Phone Directory, please email or directly see Stella at the Kulin Shire. The following information can be added. Please note not all contact information needs to be added. A name and mobile will suffice. Please see the below example.

Last | First name
Home: 0000 0000
Mobile: 000 000 000
E: random@random.com
PO Box 000 Town WA Postcode

Stella Wade
crccounter@kulin.wa.gov.au
9880 1204

DATES AND UPCOMING EVENTS

March

3rd	Labour Day
5th	Gangells Customer Sundowner 2025 Cropping Update & Supplier Trade Show
8th	State Election Kulin Triathlon
9th	Bowls - Neville Dunham Memorial Handicap Singles

COMMUNITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Hotel opens from 11am
2 Bowls	3 Hotel open from 4pm	4 Dr Chukwuneke in Kulin Yogalates Nurses Clinic Open (8:30-12) Hotel open from 4pm	5 Social Tennis Nurses Clinic Open (8:30-12) Hotel open from 4pm	6 Playgroup Kids Yoga Yoga Corporate Bowls 6pm Hotel open from 12pm Kulin Netball Club AGM	7 Dr Chukwuneke in Kulin Nurses Clinic Open (8:30-12) FRC open from 4:30pm Hotel open from 12pm	8 Hotel open from 11am
9 Bowls Singles Hotel open from 11am	10 Hotel open from 4pm	11 Dr Chukwuneke in Kulin Yogalates Nurses Clinic Open (8:30-12) Annual Electors Meeting Hotel open from 4pm	12 Social Tennis Nurses Clinic Open (8:30-12) Hotel open from 4pm	13 The Kulin Update Playgroup Kids Yoga Yoga Corporate Bowls 6pm Hotel open from 12pm Remedy Physio	14 Dr Chukwuneke in Kulin Nurses Clinic Open (8:30-12) FRC open from 4:30pm Hotel open from 12pm	15 Bowls Championship Singles Hotel open from 11am
16 Junior Cricket Bowls Championship Singles Hotel open from 11am	17 Hotel open from 4pm	18 Dr Chukwuneke in Kulin Yogalates Nurses Clinic Open (8:30-12) Hotel open from 4pm	19 Council Meeting Social Tennis Nurses Clinic Open (8:30-12) Hotel open from 4pm Kulin Arts Mens Open Doubles Tournament	20 Playgroup Kids Yoga Yoga Corporate Bowls 6pm Hotel open from 12pm Remedy Physio	21 Dr Chukwuneke in Kulin Nurses Clinic Open (8:30-12) FRC open from 4:30pm Hotel open from 12pm	22 Cricket Bowls Pennants Hotel open from 11am Kondinin Triathlon
23 Bowls Pairs Hotel open from 11am	24 Hotel open from 4pm	25 Dr Chukwuneke in Kulin Yogalates Nurses Clinic Open (8:30-12) Hotel open from 4pm Senior Movie Day	26 Social Tennis Nurses Clinic Open (8:30-12) Hotel open from 4pm Kulin Arts	27 The Kulin Update Playgroup Kids Yoga Yoga Corporate Bowls 6pm Remedy Physio	28 Dr Chukwuneke in Kulin Nurses Clinic Open (8:30-12) FRC open from 4:30pm Hotel open from 12pm	

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 Junior Cricket Social Bowls	3 Public Holiday Hotel open from 4pm	4 Dr Chukwuneke in Kulin Yogalates Nurses Clinic Open (8:30-12) Hotel open from 4pm	5 Social Tennis Nurses Clinic Open (8:30-12) Hotel open from 4pm Kulin Arts Gangells Customer Sundowner	6 Playgroup Kids Yoga Yoga Corporate Bowls 6pm Remedy Physio	7 Dr Chukwuneke in Kulin Nurses Clinic Open (8:30-12) FRC open from 12pm Hotel open from 12pm	8 Bowls Pennants State Election Kulin Triathlon
9 Bowls - Neville Dunham Memorial Handicap Singles	10 Hotel open from 4pm	11 Dr Chukwuneke in Kulin Yogalates Nurses Clinic Open (8:30-12) Hotel open from 4pm	12 Social Tennis Nurses Clinic Open (8:30-12) Hotel open from 4pm Kulin Arts	13 The Kulin Update Playgroup Kids Yoga Yoga Corporate Bowls 6pm Remedy Physio	14 Dr Chukwuneke in Kulin Nurses Clinic Open (8:30-12) FRC open from 12pm Hotel open from 12pm	15
16 Bowls Championship 4s	17 Hotel open from 4pm	18 Dr Chukwuneke in Kulin Yogalates Nurses Clinic Open (8:30-12) Hotel open from 4pm	19 Council Meeting Social Tennis Nurses Clinic Open (8:30-12) Hotel open from 4pm Kulin Arts	20 Playgroup Kids Yoga Yoga Corporate Bowls 6pm Remedy Physio	21 Dr Chukwuneke in Kulin Nurses Clinic Open (8:30-12) FRC open from 12pm Hotel open from 12pm	22 Bowls Semi Finals Pennants
23 Social Bowls	24 Hotel open from 4pm	25 Senior Movie Day Dr Chukwuneke in Kulin Yogalates Nurses Clinic Open (8:30-12) Hotel open from 4pm	26 Social Tennis Nurses Clinic Open (8:30-12) Hotel open from 4pm Kulin Arts	27 The Kulin Update Playgroup Kids Yoga Yoga Corporate Bowls 6pm Remedy Physio	28 Dr Chukwuneke in Kulin Nurses Clinic Open (8:30-12) FRC open from 12pm Hotel open from 12pm	29 Masters Football Carnival
30 Bowls	31 Hotel open from 4pm					

The last day of summer – this means we are rolling into a very busy Autumn with community consultations and most people busy getting their seeding operations ready for 2025.

The focus for March is to get as many ratepayers and residents involved in the Community Strategic Plan community meetings. Please make time to have your say as your contributions will feed into Shire of Kulin Strategic Community Plan 2025 – 2035.

Community Strategic Plan (CSP) – What is it?

The Community Strategic Plan essentially addresses four key questions for the community:

- Where are we now?
- Where do we want to be in ten years' time?
- How will we get there?
- How will we know when we have arrived?

The Community Strategic Plan represents the highest level of strategic planning undertaken by Shire of Kulin. All other plans developed by council as part of the Integrated Planning and Reporting framework must reflect and support the implementation of the Community Strategic Plan.

The Community Strategic Plan will identify the main priorities and aspirations of the community, providing a clear set of strategies to achieve this vision of the future. The Community Strategic Plan must address social, environmental, economic and civic leadership issues.

It is important to note that while the Shire is the custodian of the Community Strategic Plan, it may not be responsible for the delivery of all

of the activities the Plan identifies. It is important that the Community Strategic Plan identifies who is responsible for its implementation, including other partners such as State agencies, non-government organisations, business partners and community groups.

Why is it important to get involved in the process?

Building the Community Strategic Plan involves a whole-of-community engagement process. Community engagement is essential to ensure Shire of Kulin remains connected to our ratepayers and residents, and ensure we are responding to your needs. This is why we need as many people as possible to be involved in the community meetings, online survey and feedback during the public consultation phase so we can develop strategies that are inclusive, impactful, and ultimately sustainable.

How can you get involved?

Please attend a local community meeting:

Dudinin – Thursday 6th March – 6pm
– Dudinin Tennis Club

Pingaring – Wednesday 12th March – 6pm
– Pingaring Golf Club

Holt Rock/Varley- Thursday 13th March – 5pm – Varley Hall

Kulin Club & Organisations – Monday 17th March – 5pm – 6pm – Freebairn Recreation Centre

Kulin Community - Monday 17th March – 6.15pm – 7.30pm – Freebairn Recreation Centre

Complete the online survey (QR code on the next page) or grab a paper copy

at the Shire Administration Office.

Get in touch – if you are unable to make it to a meeting you can provide your comments to Taryn – emcs@kulin.wa.gov.au or reach out to Shire Councillors or staff.

Kulin Triathlon

Registration date has been extended so there is still time to get involved. We are also looking for volunteers to assist on the day so if you can spare some time please get in touch with Stella – crccounter@kulin.wa.gov.au.

Reminders

Kulin Transfer Station will be automatically closed when a Harvest and Vehicle Movement Ban is enforced and/or when catastrophic weather conditions are forecast

Dudinin Rubbish Service – a reminder that the skip bin service offered in Dudinin is for HOUSEHOLD RUBBISH ONLY. No green waste, equipment or large objects are to be dropped at the site, and no items to be left near the skip bin to be collected. If non-household rubbish continues to be dropped at the site the service may be closed.

Long weekend entertainment

Yuck Circus this Saturday night in Holt Rock. Free camping at Holt Rock. Delicious Food & Great company! Bar available, strictly no BYO.

Get your Tickets now by scanning the QR Code or via trybooking. More information on page 33.

Taryn Scadding
Executive Manager of Community Services

Where are we now and where are we going?



Kulin Strategic Community Plan 2025 - 2035

Please have a say in the future of the Shire of Kulin.

We would love to see members of the community at our meetings to contribute to the next Strategic Community Plan 2025 - 2035 and to discuss achievements from our current Plan, which is available on the Shire website.

Multiple sessions will be held across the Shire:

- Thursday 6th March - Dudinin Tennis Club @ 6pm
- Wednesday 12th March - Pingaring Golf Club @ 6pm
- Thursday 13th March - Varley Hall @5pm
- Monday 17th March - Freebairn Recreation Centre
 - 5pm - 6pm - Clubs and Organisations
 - 6.15pm - 7.30pm - Kulin Community Workshop

Please join Councillors and senior staff at these interactive meetings facilitated by 150Square.

Please register your intention to attend - emcs@kulin.wa.gov.au or contact Taryn at the Shire on 9880 1204.

Please also complete the online survey (click on the QR code) or grab a hard copy survey at the Kulin CRC and Shire office.



A big congratulations to Gen Whisson who is a finalist in the 2025 AgriFutures Rural Women's Award. Gen is being recognized for building social capacity and community benefit through the 'Kulin to Cambodia' House Building and Humanitarian Initiative. This Award recognises the contribution of rural women to industry, business and community and the WA winner will receive a \$15,000 grant to support their project and professional development. The WA state winner will be announced at an awards evening on Thursday 3rd April 2025.

How Did 'Kulin To Cambodia' Come About?

'In 2024 my sister Mara and I went to Cambodia to build houses with The Helping Foundation Australia Volunteer Building program . It was a huge eyeopener to see people living in such poor conditions. We then signed up again for the 2015 trip, paid our donation for our house and we both fundraised. Then, coincidentally, we both ended up pregnant! So, we sent our Dad in our place. He actually handed over our houses on behalf of us, and he has continued to go back every year since besides from one, during Covid.'

'When Camp Kulin closed Ben and I were looking for another way to support KDHS and the youth that were at school in Years 8, 9 and 10. Originally we approached the school and asked 'can we help fund something' and the initial idea was to join with other local businesses . Our passion was to provide a unique leadership opportunity however the concept didn't take off. One night Ben and I were brainstorming some ideas and thought that using our connection with The Helping Foundation we could start a program to support students get involved with the House Building Initiative. 'I called KDHS and said I have a really wild idea!'

And the idea became a reality with

the opportunity for students and staff at Kulin District High School to participate in international aid whilst developing their own leadership capabilities. I just feel so passionate about the program.'

Kulin To Cambodia

The 'Kulin to Cambodia' initiative offers Kulin District High School students and teachers a fully funded annual opportunity to travel to rural Cambodia for a week and assist with house building and humanitarian projects and aims to foster development for young people and education staff in our community. The initiative aims to provide participants with a transformative leadership experience that broadens their perspectives as global citizens.

'We have already facilitated two successful trips (2023 & 2024), with plans for the 2025 and 2026 journeys currently in the works. The 'Kulin to Cambodia' initiative profoundly impacts both the local Kulin participants and the Cambodian communities they serve. The five students and four teachers who participated in the 2023 & 2024 trips collectively impacted over 1500 Cambodians through building homes, donating cows, and providing essential supplies to vulnerable children. These experiences have not only changed lives in Cambodia but also instilled a strong sense of empathy and active citizenship in the participants.'

Whilst the initiative is facilitated by Ben and Gen in partnership with Kulin DHS and The Helping Foundation Australia, the amazing and generous support of businesses, community organisations and individuals from Kulin and beyond, allows for the trips to be fully funded for the students and teachers. In return, participants are expected to also help fundraise and commit to being active ambassadors for the initiative. Students must also present their experiences to the community and sponsors when they

return from their trip.

'Our partnership with The Helping Foundation Australia, who have been operating in Cambodia for almost 20 years and have built over 1,000 homes in Cambodia, ensures a well-structured, safe and impactful program. Their approach involves using proven, Australian Government-approved programs and Cambodian charities.'

'I feel very grateful for this incredible opportunity to raise more awareness about the Cambodia initiative, and we would once again like to thank everyone for all their support and sponsorship. The initiative would not be possible without the backing and encouragement from everyone.'

Ben and Gen are very passionate about continuing to help facilitate this leadership experience, to broaden people's perspectives as global citizens and inspire them to make a difference in their own communities and appreciate what they have. They see immense potential for this initiative to expand, enabling more regional students and teachers to engage in meaningful experiences that shape their understanding of the world and their role within it. If successful in winning the AgriFutures Award, Gen will use the funds to help the 'Kulin to Cambodia' initiative to continue to grow and develop in a sustainable way into the future and offer life changing, leadership opportunities to a wider range of regionally based high school students.

'Planning for the 2025 Cambodia trip in October is underway, and 'we are excited to see which students and teachers will be embracing this amazing opportunity. We will share more information as things progress.'

Stella Wade
CRC Customer Service Officer





FOR SALE

The following item of plant is offered for sale by tender.

Writing submission must be sent to tenders@kulin.wa.gov.au or hand delivered to the Shire of Kulin offices no later than 2pm on Thursday 13th March 2025.

TRADE or OUTRIGHT PURCHASE DETAILS

2019 Mitsubishi Canter 815 Tipper

Engine No. 4P10D52896

Vin No. JLFEB71G0KJ30391

Further details contact

Judd Hobson | 0427 801 241 | works@kulin.wa.gov.au



Public Notice of Proposed Sale of Land



Public Notice of Proposed Sale of Land pursuant to s3.58(3) of the Local Government Act 1995

Property: 15 Rankin Street, Kulin (Lot 107/DP64330) being the whole of land contained in Certificate of Title 2734/764

Buyer: Christopher Owen Fearnley & Sally Rose Fearnley

Consideration: \$31,818.18 excluding GST

Market value: \$40,000.00 excluding GST

Submissions

Written submissions in respect of the proposed sale may be lodged with the Shire of Kulin until Thursday, 13 March 2025.

You can share your thoughts through the following ways:

- By mail to PO Box 125, Kulin, 6365. Submissions should be marked "Proposed sale of 15 Rankin Street, Kulin" and addressed to the Chief Executive Officer.
- By e-mail to the CEO at: ceo@kulin.wa.gov.au



transfer station

Please note that the Transfer Station will be closed when a Harvest and Vehicle Movement Ban is enforced and/or when catastrophic weather conditions are forecast

FREEBAIRN RECREATION CENTRE



FREEBAIRN RECREATION CENTRE

FRC MEMBERSHIPS ARE NOW DUE

If you would like to continue your membership, Please complete the membership renewal form, and return it with your payment by 28th February 2025 to:
reccentre@kulin.wa.gov.au

Alternatively, you can post it to:

Freebairn Recreation Centre
PO Box 125 KULIN
WA 6365

Or hand it into the Freebairn Rec Centre or Shire Office.

****Please note**** By making payment to the FRC, you are agreeing to the terms and conditions of your membership agreement.

If you would like to keep updated with any events on at the Freebairn Rec Centre check out our facebook page.



<https://www.facebook.com/freebairn.recreationcentre>

WE ARE OPEN

EVERY FRIDAY

FROM 4.30PM



FREEBAIRN RECREATION CENTRE

PO Box 146
KULIN WA 6365
08 9880 1000
reccentre@kulin.wa.gov.au



February 2025

Dear Freebairn Recreation Club Member,

Membership Renewal for 2025

On behalf of the Freebairn Recreation Club, I would like to thank you for your past membership of the FRC. We are fortunate to have such fabulous facilities in our town, and with your ongoing support through membership the greater sporting community within our region continues to benefit.

Your membership entitles you to full use of the well-equipped Gym as well as use of the other recreation facilities and function areas. Please ensure you check the conditions of membership as they may have changed. If you wish to use the gym facilities or the Pilates reformers, you are now required to sign a gym waiver. (Please disregard this if form has already been submitted)

Below is a renewal form for your Freebairn Recreation Club membership for 2025.

If you are completing for multiple family members, please include all names and membership category on this form.

Membership Categories:

Ordinary Full Member \$80; Social Member \$35; Corporate Member \$130; and Junior Member (13yrs+) \$25.

Please complete the form and return it with your payment by 28th February 2025 to:

Freebairn Recreation Centre
PO Box 125
KULIN WA 6365

Alternatively, please scan and email to: reccentre@kulin.wa.gov.au and make a direct deposit to the details listed below.

Kind regards

Caroline Carrie

Freebairn Recreation Centre Manager

Freebairn Recreation Club Membership for 2025

Member's Full Name: _____ Membership type: _____

Member's Full Name: _____ Membership type: _____

Member's Full Name: _____ Membership type: _____

Member's Full Name: _____ Membership type: _____

Member's Full Name: _____ Membership type: _____

Email Address/es: _____

I would like to receive correspondence via e-mail ☐ YES ☐ NO

Postal Address: _____

FREEBAIRN RECREATION CENTRE

Payment Details: (All payments are to be made to the FRC) Total Paid \$_____

☐ Cash ☐ Direct Deposit

☐ Cheque ☐ Shire of Kulin

☐ Eftpos BSB: 633-000 Acc: 136 499 258

CONDITIONS OF MEMBERSHIP

1. Annual Membership period will be from **1 March to the 28 February** each year.
2. Membership application forms must be completed and signed with relevant membership fees paid and forms returned to the Manager for approval prior to commencement of member privileges.
3. A Gym Waiver Access & Agreement Form is to be signed and returned to the Centre Manager by each Individual before you will be able to use the gym facilities at the Freebairn Recreation Centre. Please e-mail recentre@kulin.wa.gov.au or Call 0898801000 for a Gym Waiver form. – (Please disregard if form has already been submitted)
4. For continuing, approved members, the obligatory Annual Membership fee must be paid by **28th February each year** for a member to remain current. Any member having difficulty meeting this deadline may contact the Centre Manager and together develop a suitable payment option.
5. Any MEMBERSHIP fees paid **WILL NOT** be refunded.
6. Management reserves the right to terminate or suspend memberships. Written notification will be provided in such cases.
7. Junior members (aged 13+) will need to become full members on attaining the age of eighteen years.
8. Members are entitled to use social facilities and the bar area as permitted under the Liquor Licensing Act 1998 and in accordance with the Freebairn Recreation Club's current Constitution. If you would like a copy of the Clubs current Constitution please contact the Centre Manager or follow this link <https://www.kulin.wa.gov.au/connect/freebairn-recreation-centre/forms.aspx>
9. Any member found causing wilful damage to any Centre property or found to have removed or misused Centre property may be charged to the full extent of the law.
10. Damage to Centre property, shall be paid for by any person(s) who wilfully or negligently causes such damage. Members(s) are responsible for damages incurred by dependant guest/children.
11. Members are to maintain and keep good order and decent behaviour.
12. There will be **NO SMOKING** in any part of the centre by any person at any time.
13. Membership conditions and guidelines maybe changed by the Management without notice.
14. Management reserves the right to request the use of the facility, should it be required for special purpose or one-off events.
15. Areas used must be left in a clean and tidy condition.

DECLARATION

I/We hereby make application for Membership of the Freebairn Recreation Centre, to utilise facilities and services and will not hold liable Freebairn Recreation Centre, Shire of Kulin and its agent, employees for any personal injury or loss of property.

I/We have read and understood the above regulations and the Conditions of Membership and agree to uphold them for as long as the term of this agreement.

Print Name: _____ Signature: _____ Date: _____

Kulin Childcare Centre



Pipettes and paint brushes have been supporting our children to work on their fine motor and pencil grip. Pipettes are tricky to learn and great for practising cognitive skills and building on problem solving. Everyone is always excited to master squeezing the air from the pipette to then suck up the paint to be used in their artwork.



Taking time to relax in the shade of our mop top and incorporate a painting activity in this setting allowed the children to connect with nature.



Practising spatial awareness Cam thought of a great activity to complete with the children. Throwing balls onto our shade and allowing children to predict move and catch them as they rolled off the shade.

Following on from this activity Sue has supported children to practise their hand eye co-ordination through throwing and catching.



Our centre is buzzing this year with some new faces and plenty of our families back from previous years. We love being busy and our educators enjoy working with the many developmental ages and stages of our children from 6 months to 5 years and our after-school children. This year's team of educators Sue, Vicki, Cameron, Carla, Nadia and Elspeth are invested in providing a nurturing environment where they learn to share, make friends, and develop many skills that will serve them for life. And let's not forget, have a lot of fun at the same time!

Thank you to our families and community for supporting our centre.

KULIN AMATEUR SWIMMING CLUB

This swimming season, if you have been to the Aquatic Center on a Tuesday or Thursday afternoon, you will have seen our swim club kids working hard on their swimming.

With 49 members this season it's certainly been a busy one, we are excited to have children joining us from not only Kulin but also from Nyabing, Kukerin and Dumbleyung.

The children's efforts in training showed on Saturday when we took 13 very excited swimmers to our first swim meet in 2 years, with most children performing Personal Bests and a few medals and ribbons coming home with our club.

Medal Winners

Emily Crosby

Girls 10 & U 50m Breaststroke 3rd
Girls 10 & U 50m Freestyle 3rd

Caelyn Frantom

Women's 50m Butterfly 1st
Woman's 50m Back stroke 2nd
Woman's 50m Freestyle 2nd

Emersyn Frantom

Girls 11 & U 50m Breaststroke 1st

Girls 11 & U 50m Back Stroke 3rd
Girls 11 & U 50m Freestyle 1st

Mikayla Frantom

Girls 9 & U 25m Breaststroke 2nd
Girls 9 & U 25m Freestyle 3rd

Lydia Mullan

Girls 11 & U 50m Breaststroke 2nd
Girls 11 & U 50m Freestyle 3rd

Toby Tyson

Boys 11 & U 50m Breaststroke 2nd
Boys 11 & U 50m Butterfly 3rd
Boys 11 & U 50m Back Stroke 3rd
Boys 11 & U 50m Freestyle 2nd

Our 10 & U Mixed 100m Freestyle Relay Team of Izabel Corrigan, Tom Bowey, Sophie Tyson & Mikayla Frantom came 2nd in their event.

Toby Tyson, Emily Crosby, Emersyn Frantom and Lydia Mullan formed the 12 & U Mixed Relay team and came 3rd in both their 200m Freestyle and 200m Medley relays.

With certainty, I can say Kulin was one of the louder towns at our swim meet. A big thank you to all of the parents and coaches for joining us on the day and cheering on everyone!

Some of our favourite moments from Saturday:

'I told Mum I would try butterfly in the medley but I think I'm just going to surprise her and swim breaststroke instead!'

'Did you know this is my first swimming race ever? EVER!'

'I was swimming along and I looked at the bottom and I thought, WOW that would NOT be a good place to drop your sinkie'

'I'm really only here for the food'

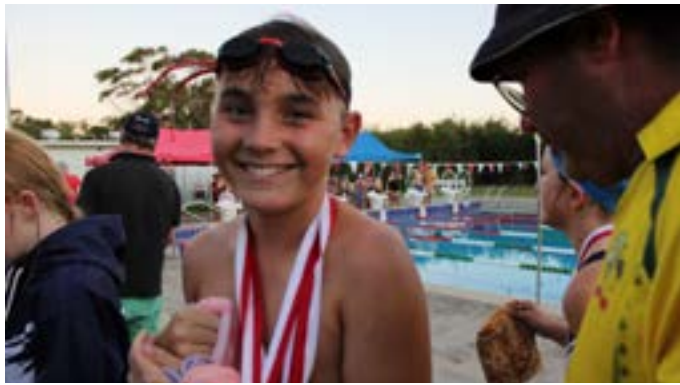
'It's ok to be nervous. I feel nervous sometimes too'

With just over a month left in the season our swimmers are excited to have school carnivals coming up and another chance to swim against the wider community at the Narembeen Invitational Swim meet on the 16th March.

Cindy Mullan
Kulin Amateur Swim Club President



KULIN AMATEUR SWIMMING CLUB



FEBRUARY 2025

With recent cyclone, floods and fires I felt it appropriate to write about what may happen to us when we experience or a subject to a natural disaster or an incident that causes high stress, trauma and a reaction in ourselves.

The first and most important factor is that as unique individuals we will react and do what we need to do in our own way and that no way is wrong. Some may move through the event with little personal stress, some may find that they just can't move and feel numb. Some may be affected immediately after the event, some may be triggered later in a few weeks, months or years. How we react can be shaped by our past experiences, the level of support we have, the connection to others and community we have established and the actual nature of the event itself.

Reactions can be similar to when we experience grief and loss. Grief and loss reactions are not only when someone close passes away. Our subsequent varying emotions that may include anger, guilt, dismay, blaming of self and others and disbelief. These reactionary emotions do not come in

a set order or pattern. Greif and loss reactions also occur when we lose something such as property, stock, a relationship and or our physical health.

Common responses we may have can be, being forgetful, feel isolated, feel anxious and or depressed, Denial, Guilt (why them not me), feeling out of control, have nightmares and flashbacks, become detached. Physical symptoms may include Nausea, dizziness, have trouble sleeping, lose appetite, headaches, being easily startled or triggered and more. Long term responses maybe emotional detachment, substance abuse to better cope, problems with work, school and relationship issues, PTSD, and fears of the event recurring. Similar weather, smells, media stories and places may trigger a stronger response than usual.

The good news is that you are not going crazy. Your mind and body is doing its best to ensure you are safe, protecting you from any perceived harm. It means well.

Do your best to get back what routine

you can, this maybe eating at the usual time each day, going to bed at the same time as you usually do, attending those events with friends, clubs or groups that you are a part of. Control what you are able to. I can't remember much but I can carry and make a note on a notebook or on my phone. Utilise grounding techniques such as slow breathing. If your body is saying you're tired allow yourself to rest.

But most importantly seek support and give support. Though challenging, listening to others without judgement and talking through what you are feeling is vey powerful and can also help release some frustration and strong reactionary emotions. Call me or another counsellor, who doesn't matter who, but make sure you ask for help.



VOLUNTEERS NEEDED

If you are available to volunteer for the Kulin triathlon on the 8th of March please contact the email below.

First people in will have first preference over positions

We need the following positions filled:

Timekeepers	x8
Registrations desk	x2
Course Spotter	x6
Buzzer	x1



CRCCOUNTER@KULIN.WA.GOV.AU
9880 1204

2025 Kulin Triathlon

Saturday 8th March, Kulin Aquatic Centre, 8am start

Individual/s: _____

Team Name (if applicable): _____

Contact Name: _____ **Number:** _____

Email: _____

Category: (Please circle) Individual OR Team

Junior Long / Junior Short / Adult Long / Adult Short

Anyone over 14 is required to do either of the adult courses, under 14s are able to do senior courses if competent. Junior events are not organised by age. 7-year-olds and under can enter at the discretion of a parent/ guardian.

Please note that there is a \$15 entry fee for individuals and \$40 for a team. If this is unrealistic for you, please get in contact.

Competitors Details:

	Gender	Age	Surname	First Name
Swimmer				
Cyclist				
Runner				

Entry Forms to be emailed to crccounter@kulin.wa.gov.au or handed into the CRC before March 4th.

Payments can be made to the Shire before the event or cash on the day.

	Swim	Bike	Run
Junior Short	100m	1500m	1000m
Junior Long	200m	3000m	1500m
Adult Short	300m	5500m	3000m
Adult Long	400m	11000m	4500m

Declaration: (All entrants or guardian if under 18 must sign)

I hereby acknowledge responsibility of my personal athletic equipment. I hereby waive all and any claim, right or case of action which I might otherwise have for or arising out of my life or injury, damage or loss of any description whatsoever which I may suffer or sustain in the course of, or consequent upon my entry or participation in the said event.

I hereby declare that I am physically fit and have undertaken adequate training for the event. I will fully accept the decision of the race director if I am disqualified for any infraction of the rules or regulations of this event and if so directed I will not take any further part in the event.

Signed:_____ **Name:** _____ **Date:** __/__/__

KULIN TRIATHLON

Photo Permission: Yes / No

GENERAL RULES

- The spirit of friendly competition should apply throughout each of the races. Any non-sportsman-like conduct constitutes grounds for immediate disqualification of you or your team
- Competitors must obey all directions and instructions by officials
- If you withdraw from the race, please notify the timing team at the finish line
- It is the responsibility of each competitor to be familiar with the race course
- A race briefing will be held 10-15 minutes before the first race. **All competitors must be present for this briefing regardless of their race time.**

Swim

- No fins, paddles, snorkels, or floatation devices are to be used. Regular swimming goggles are permitted.
- The competitor may wear any swimwear they feel most comfortable in
- Competitors who warm up must be behind the start line at least two minutes before race start
- Any stroke is permitted during the swim leg
- The pool will be patrolled by qualified lifesavers

Cycle

- All competitors will be required to wear an AUSTRALIAN STANDARDS APPROVED HELMET throughout the bike course
- The helmet straps must be secured prior to moving the bike from the rack. At the completion of the cycle the bike must be racked prior to unfastening the helmet
- No drafting on the Cycle leg is permitted - 5 metres between bikes unless passing
- Competitors must obey the instructions of police, course marshals and other volunteers
- Music through some form of headphone is permitted whilst competing.

Run

- Runners are expected to follow the directions of all course marshals and race officials
- Music through some form of headphone is permitted whilst competing.

Transition Area

- Once the race starts, only competitors who are racing can enter the transition area. This will apply until the last cyclist of the race has returned his/her bike to the area - No exceptions!
- Make a mental note of your bike placement in the transition area so you can easily find your correct position. No flags, signs or tape can be used to identify a competitor's bike rack as it provides an unfair advantage over other competitors
- Relay change over for the Teams will take place at the Bike Racks
- Each competitor is ultimately responsible for his or her own gear

SAFETY & MEDICAL RECOMMENDATIONS

- Drink plenty of fluid before and during the event
- Ensure you have eaten something 1-2 hours before the event
- Bicycles must be in safe mechanical condition for the race and should be checked prior to the race

Thank you for participating, please direct any questions to crccounter@kulin.wa.gov.au or call 9880 1204.

Seniors Movie Day

Tuesday | 25 March | 11am – 1pm

Three bachelors, Peter (Tom Selleck), Jack (Ted Danson), and Michael (Steve Guttenberg), live together in a Manhattan penthouse. When Jack is away, a baby girl named Mary is left for him by her mother, who had a fling with Jack a year earlier. Peter and Michael must learn to care for the baby while Jack is away. They initially think they'll be happy to hand the task over to Jack when he returns, but they end up enjoying being fathers. When Mary's mother returns to reclaim the baby, the men are unwilling to give her up.

*Three Men
and a
Baby*



Coffee & tea provided | Free event

MEMOIRS OF KULIN

Full Name:

Maiden Name:

Birth Date

Birth Date

Family
Grandparents

Parents

Siblings

Current Family (Spouse, children, daughter & son in laws)

Life before Kulin (or youth)

If you would like to submit an article - please see last page.

Where did you attend school?

Any further education?

Employment

Special Achievements

(Sporting, personal, education, business, work)

Community Involvement/Voluntary Work - any positions held

Where do/did you live?

MEMOIRS OF KULIN

Life and Work in Kulin

Defining Moments of your life

Any Special Memories (personal or community)

Significant Events in your life

How has Kulin changed?

Any other relevant information

Please feel free to include information on a separate sheet, but bear in mind the article will be kept to approximately two pages. Thank you for your contribution.

Please provide your email address or mobile, so the article can be sent to you to check for clarity.

Stella Wade | CRC Customer Service Officer | crccounter@kulin.wa.gov.au
| 9880 1204

THROWBACK THURSDAY

MARKET DAY 2018



GARLIC BREAD QUICHE AND CARROT CAKE

Garlic Bread Quiche

Ingredients

- 450g packet garlic bread
- 1 tbsp olive oil
- 250g rindless bacon rashers, finely chopped
- 1 brown onion, finely chopped
- 1 tbsp chopped fresh thyme leaves
- 55g (1/2 cup) grated gruyere
- 1/4 cup chopped fresh chives
- 8 eggs
- 300g carton sour cream
- 185ml (3/4 cup) milk
- 25g butter
- 1 garlic clove, crushed

Method

Step 1

Preheat oven to 180C/160C fan forced. Grease a 5cm-deep round pie dish.

Step 2

Separate garlic bread into slices. Cut slices in half to create thinner slices. Line base of prepared dish with half the garlic bread (use the uneven for the base). Line the side with remaining slices. Tear any leftover slices into pieces to fill gaps.

Step 3

Heat oil in a large frying pan over medium high heat. Add bacon, onion and thyme and cook, stirring, for 8 minutes or until onion softens and

bacon is light golden. Remove from heat. Add to prepared dish. Top with gruyere then three-quarters of the chives.

Step 4

Whisk together eggs, sour cream and milk in a large jug. Season. Pour into prepared dish. Bake for 40 minutes or until golden and set.

Step 5

Place butter and garlic in a small microwave-safe bowl. Microwave on medium for 20 seconds or until melted. Stir in remaining chives. Brush butter mixture over quiche.

Carrot Cake

Ingredients

- 175g light muscovado sugar
- 175ml sunflower oil
- 3 large eggs
- 140g grated carrot
- 100g raisins
- 1 large orange
- 175g self-raising flour
- 1 tsp bicarbonate of soda
- 1 tsp ground cinnamon
- 1/2 tsp grated nutmeg

For the frosting

- 175g icing sugar
- 1 1/2 - 2 tbsp orange juice

Method

Step 1

Heat the oven to 180C / 160C fan / gas 4. Oil and line the base and sides of an 18cm square cake tin with baking parchment.

Step 2

Tip the sugar, sunflower oil and eggs into a big mixing bowl. Lightly mix with a wooden spoon. Stir in the carrots, raisins and orange zest.

Step 3

Sift the flour, bicarbonate of soda, cinnamon and nutmeg into the bowl. Mix everything together, the mixture will be soft and almost runny.

Step 4

Pour the mixture into the prepared tin and bake for 40-45 minutes or until it feels firm and springy when you press it in the centre.

Step 5

Cool in the tin for 5 minutes, then turn it out, peel off the paper and cool on a wire rack. (You can freeze the cake at this point if you want to serve it at a later date.)

Step 6

Beat the icing sugar and orange juice in a small bowl until smooth – you want the icing about as runny as single cream. Put the cake on a serving plate and boldly drizzle the icing back and forth in diagonal lines over the top, letting it drip down the sides.



KULIN CULTIVATOR

VOL. 1 NO. 1 OCTOBER 1994 - EDITORIAL

Welcome to the inaugural edition of the "Cultivator" – Kulin's community newspaper. The Cultivator will cover all the social, sporting and general interest news that involves the residents of Kulin Shire, every month. This first issue is free to you courtesy of our advertisers and the Kulin Shire. Future editions will be available in local shops for a small cover charge and via subscription. Subscription details appear on the inside back cover.

For the Cultivator to be a success it must truly be a community newspaper, not just the play-thing of the people producing it. If you have a story, an idea or even just a comment, make the effort to put it in writing and get

it to the paper. The details of how to contact us are on the inside back cover. The paper is presently staffed by about fifteen people but in the future we may need more hands if you are interested in becoming involved please let us know.

The Cultivator will need advertising to survive. Local traders and organisations should carefully consider the benefits of supporting the paper in this way, especially since a full page advertisement will cost less than a 'to the householder' and is less likely to be tossed in the bin. Equally, readers should make an effort to support our advertisers since without them there will be no paper.

In the lead up to, and following the Kulin Community Futures Workshop, there has been some excitement in Kulin and a realization that Kulin does not have to become another Wheatbelt ghost-town. We are the only people who care about this, and we are the only people that can do anything about it. One of the keys to Kulin's survival is involvement. Get involved. Whether it is in your sporting club, the CWA, the Lions, one of the many committees in Kulin or whatever. Everyone has something they can contribute to the Kulin community and the reward is being part of that community.

Ian Bailey

VOL. 1 NO. 1 OCTOBER 1994 - BLUES NEWS

The Kulin Football Club's season came to a close on Friday the 23rd of September at the Annual Wind-Up. The Trophy Presentation Night was held in conjunction with the Hockey and Netball Clubs. Congratulations to both of these clubs on their premiership success.

The football season was a successful one for the Club both on and off the field with the League side finishing the home and away games in equal first position and the Reserves finishing just out-side the five after a two point loss in the last qualifying game of the season. Unfortunately the League side couldn't carry its good form into the finals, bowing out after consecutive losses to the Kondinin and Narembreen teams. Kulin finished the season in fourth position.

The Trophy Winners for the 1994 Season were:

**A Grade
Healy-Robertson Medal**

W. Hansen

**For Fairest and Best
Runner-Up Fairest and Best**
G. Colbourne

Consistent Performer

P. Baldock

Best Utility
S. Page

Best Placed
G. Colbourne

Most Improved
A. Rogers

Leading Goal Kicker
M. Eyres

Fairest and Best in Finals
S. Page

**A Reserve
Fairest and Best**
D. Ellis

Runner-Up Fairest and Best
W. Little

Consistent Performer
M. Robins

Best Utility
D. Tholstrup

Best Placed
A. Jasper

Most Improved
D. Ellis

**Club Trophy for the Best 1st Year
Player – T. Barnes**

Congratulations to the following people for achieving milestones during the year:

P. Baldock and C. Bull
150 club games

S. Page
100 league games

V. Hayden and J. Little
100 club games

D. Tholstrup
200 club games including 100 league games

Also congratulations to Jim Whitehead on receiving the 'Best Clubman Award for 1994'

Thanks to the sponsors of this and all other awards during the season.

Finally the AGM of the Kulin Football Club will be held on October 23rd at the Sports Pavilion. Everyone is urged to attend to discuss the future direction of the club. Following the meeting will be a barbecue and drinks. Ducky has a game of cricket organised especially for the novices.

Personality of the Week

Shenae Harradine



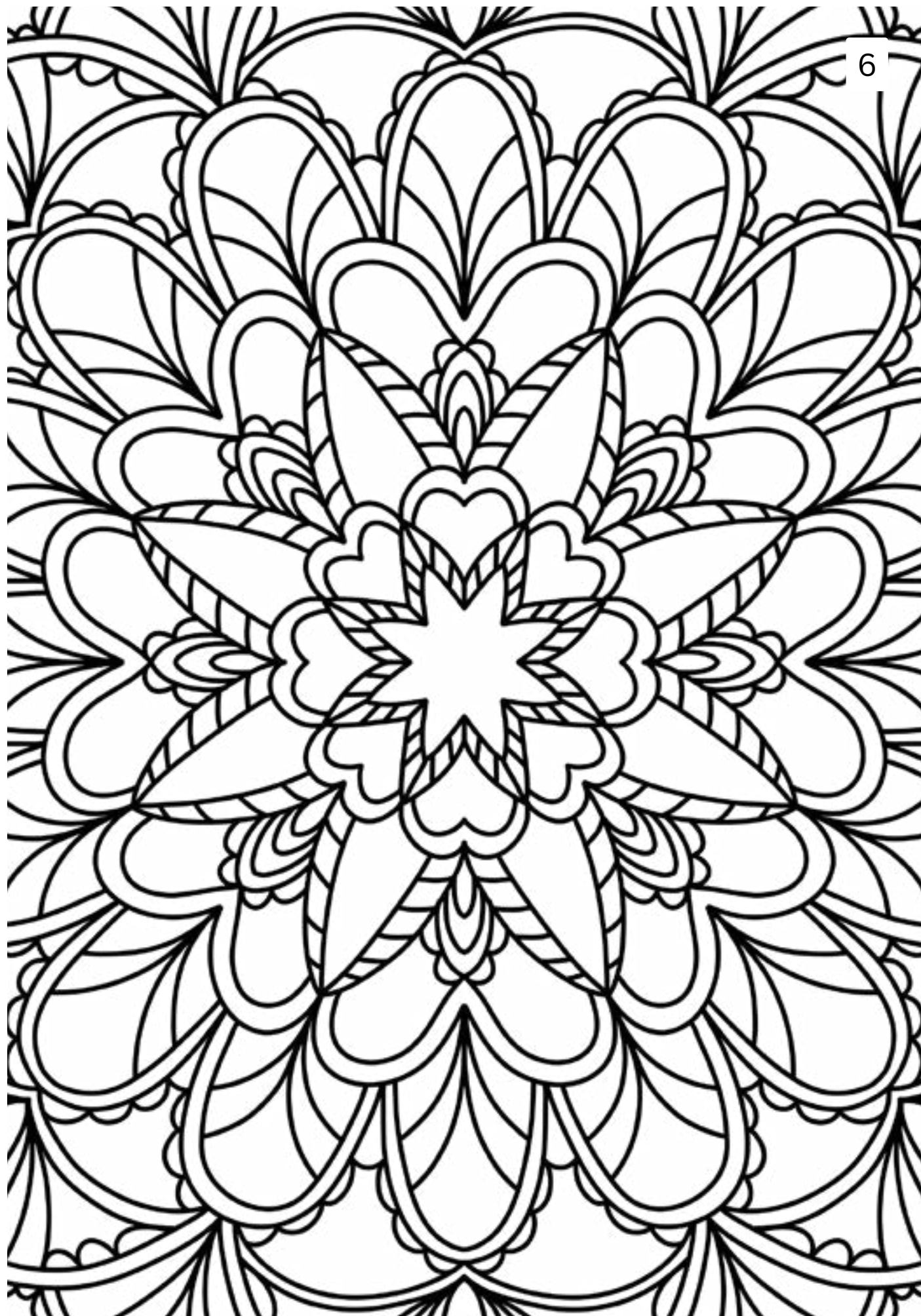
Born: 21 May 2004
Work: McIntosh & Son | Parts Interpreter
Pets: Two cats | Luna and Skittles
Favourite Sports: Hockey and swimming
Favourite Singers: Hilltop Hoods
Favourite Movies: The Sound of Music
Favourite TV Shows: Pretty Little Liars
Favourite Food: Guacamole
Favourite Animals: Cats, Horses and Rabbits
Favourite Pastimes: Cricket in the backyard with my brother
and our friends

Personality of the Week

Annie Lewis



Born: 13 September 1960
Work: Shire of Kulin for 24 years! | Finance Officer
Pets: None - however I do have 3 four legged grandies that i babysit. Bazzel, Pip and Boston
Favourite Sports: Horse riding, swimming, tennis and squash
Favourite Singers: Wowa bit of a variety here: Black Sabbath, John Mellen Camp, ACDC, Bon Jovi etc
Favourite Movies: Emotional | Horse War, Comedy | Dads Army, Romantic | Notebook
Favourite TV Shows: Certainly not the news - way too depressing. Any sport (Tennis, Football, Equestrienne) and of course Home & Away!!
Favourite Food: Cassie's Lasanga, Peyton's Pavlova. Any food that i didn't have to cook myself!
Favourite Animals: All animals! However horses would be on the top of the list.
Favourite Pastimes: Spending time with my 3 amazing sons and families!



Addition Crossword

$$1 + 2 = 3$$
$$3 + 5 =$$


PREPARING FOR BOARDING SCHOOL

Talk About It

Talk to your teen about how they are feeling about going to boarding school and being away from home – they may be excited, anxious or both! Let your teen know that it is normal to be nervous, and other kids will be feeling the same way. It might help to make a list of the things they're looking forward to and the things they're worried about. Talk through any concerns and help your teen identify strategies to deal with them. Reassure your teen that boarding schools are very good at welcoming new students and helping them settle in.

Be Positive

If you are struggling with the idea of your teen going away for school, try to be positive and enthusiastic when talking with your teen so that your feelings don't rub off on them. Teens are very adaptable, and with support and time, most will grow to love the experience of boarding school and the friendships they make there.

Get Organised

A great way to get your teen thinking about the practical side of boarding school life is to involve them with the preparation and packing. Start carefully reading together any information from the school about what your teen should and shouldn't bring. Together, work out what you'll need to buy, and then get everything well before your teen needs to be packed. Encourage them to take a few photos and mementoes from home too – they will be more comfortable and ready to learn if they feel at home while at boarding school.

Encourage Independence

At boarding school your teen will be responsible for organising themselves and their belongings (perhaps for the first time). Begin this responsibility now – put them in charge of making a list of the things they are taking, and making sure everything is labelled. Find out what housework your teen will need to do for themselves and give them opportunities to practice these tasks at home.

Make Plans For Keeping In Contact

It's normal for teens to feel homesick when they go away for school, but it doesn't have to affect their learning. Knowing when you will be in contact helps, so make a plan for how you'll keep in touch in between visits using email, letters, Skype or phone calls. They might like to make a calendar showing when you will be seeing each other over the term.

Encourage Healthy Learning Habits

Talk to your teen about the things they can do at boarding school to support their learning, like eating healthily, being active, balancing study and leisure time, and getting enough sleep. Show your teen how to prepare nutritious snacks for themselves, like eggs on toast, vegetable sticks or fruit with yoghurt.

Plan For Some Planning

The school will probably arrange dedicated time for after-school study, and guide your teen to manage their workload. You can help by showing your teen how to develop a timetable

of weekly activities, and a calendar with dates of assignments and tests. Find out who your teen should talk to if they are struggling with anything at school, and encourage them to do so.

Prepare For Tough Times

Almost all kids will encounter problems during their time at school – stress over homework, friendship problems, physical changes, feeling lost in a subject or even just trouble seeing the whiteboard (a sign that they might need glasses). It's harder to pick up the signs when you don't see your teen every day, so prepare them ahead of time by talking to your teen about how:

- Everyone at school has problems from time to time – it's nothing to be ashamed about
- Different people can help us with different problems
- Sometimes we just need to talk over things with someone, and that's okay
- We shouldn't feel embarrassed or afraid to ask for help
- You're always available to help them, or just talk over things that are on their mind
- You won't mind if they talk to other people too

Then do some research together to find a few people (or positions) at the school who they can reach out to if they are struggling with anything.



INTERNATIONAL WOMEN'S DAY

International Women's Day is on March 8. The achievements of women and how far they have come in the fight for their within, cultural, and social spheres are celebrated.

Imagine a gender equal world. A world free of bias, stereotypes, and discrimination. A world that's diverse, equitable, and inclusive. A world where difference is valued and celebrated. Together we can forge women's equality.

International Women's Day (IWD) has been around for over a hundred years, as have many of the issues still impacting women's advancement. Since 1911, IWD belongs to all who care about women's equality. Celebrate women's achievements. Raise awareness about discrimination. Take action to forge gender parity. All IWD activity is valid, that's what makes IWD inclusive.

Theme

IWD 2025 Campaign Theme Is 'Accelerate Action'

Collectively, we can Accelerate Action for gender equality.

Step forward in solidarity for International Women's Day 2025 on March 8 to help #AccelerateAction.

At the current rate of progress, it will take until 2158, which is roughly five generations from now, to reach full gender parity, according to data from the World Economic Forum.

Focusing on the need to Accelerate Action emphasizes the importance of taking swift and decisive steps to achieve gender equality. It calls for increased momentum and urgency in addressing the systemic barriers and biases that women face, both in personal and professional spheres.

So, together, let's Accelerate Action to speed up the rate of progress worldwide.

One of the best ways to forge gender equality is to understand what works and to do more of this, faster.

Accelerate Action is a worldwide call to acknowledge strategies, resources, and activity that positively impact women's advancement, and to support and elevate their implementation.

Significant barriers to gender equality remain, yet with the right action and support, positive progress can be made for women everywhere. And one of the biggest ways to help Accelerate Action for gender equality is to Support the Supporters.

With so many impactful groups across the world delivering critical work that assists women and girls, we can all lend our support in solidarity.

How Can You Help Accelerate Action

As individuals, we can all take steps in our daily lives to positively impact women's advancement. We can call out stereotypes, challenge discrimination, question bias, celebrate women's success, and so much more. Additionally, sharing our knowledge and encouragement with others is key.

Impactful organisations and groups across the world deliver an array of effective strategies, resources and activity that help #AccelerateAction in many areas including:

- Forging women's economic empowerment
- Recruiting, retaining and developing diverse talent
- Supporting women and girls into leadership, decision-making, business and STEM
- Designing and building infrastructure meeting the needs of women and girls
- Helping women and girls make informed decisions about their health
- Involving women and girls in sustainable agriculture and food security
- Providing women and girls with access to quality education and training
- Elevating women and girls participation and achievement in sport

- Promoting creative and artistic talent of women and girls
- Addressing further areas supporting the advancement of women and girls

Build On IWD's Century-Plus History

With well over a century of history and change, the first International Women's Day (IWD) was held in March 1911.

Organisations, groups, and individuals worldwide can all play a part – in the community, at work, at home, and beyond.

IWD isn't country, group or organization specific. It's a day of collective global activism and celebration that belongs to all those committed to forging gender equality.

World-renowned feminist, journalist and activist, Gloria Steinem, reportedly once explained: 'The story of women's struggle for equality belongs to no single feminist nor to any one organisation but to the collective efforts of all who care about human rights.'

Groups can choose to mark IWD in whatever manner they deem most relevant, engaging, and impactful for their specific context, objectives, and audiences. IWD is about gender equality in all its forms. For some, IWD is about fighting for women's rights. For others, IWD is about reinforcing key commitments, while for some IWD is about celebrating success. And for others, IWD means festive gatherings and parties. Whatever choices are made, all choices matter, and all choices are valid.

All activity can help contribute to, and form part of, the thriving global movement focused on women's advancement.

IWD is truly inclusive, diverse, and eclectic moment of impact worldwide.

— EAT - SEE - DO —

Acres Of Taste



EAT

Jilakin Rock



SEE

All Ages Precinct



DO



KULIN | 6365

Saturday March 1st 2025



YUCK CIRCUS INFORMATION

Tickets Only

\$30

The Circus is ADULT ONLY
Kids over 12 can attend at Parents discretion

It is a CASHLESS event

Bar is available, Strictly no BYO

Delish food is on offer from
The Soul Van

Please see flyer for our Menu

*We still need a few helpers on the night if you
can make contact with Sarah Mudge*

Get your Tickets now!!

BAR 6PM-11.30PM

ACROBATICS WORKSHOP 4.30-5.30PM

FOOD VAN 4.30-7.30PM

BAO BUNS \$17

3 PILLOWY SOFT STEAMED BAO BUNS FILLED WITH STICKY CHICKEN, ASIAN SLAW, JAPANESE MAYO AND FRIED SHALLOTS.

NACHOS \$15

CRISPY CORN CHIPS TOPPED WITH MELTED CHEESE, A CHOICE OF EITHER BEEF OR VEGETARIAN MIX, SALSA AND SOUR CREAM

GLUTEN FREE, CAN BE VEGETARIAN, VEGAN, DAIRY FREE
CHILDS SERVE \$8

STUFFED SPUD \$15

A SOFT BAKED POTATO WITH A CHOICE OF EITHER BEEF OR VEGETARIAN MIX, FRESH COLESLAW, DRESSING AND SOUR CREAM

GLUTEN FREE, CAN BE VEGETARIAN, VEGAN, DAIRY FREE

LOADED SPUD \$15

A SOFT BAKED POTATO LOADED WITH PULLED CHIPOTLE BEEF AND A DOLLOP OF SOUR CREAM. SAUCE AVAILABLE ON REQUEST. G/F

CHIPOTLE BEEF ROLL \$16

SLOW COOKED TENDER PULLED BEEF BRISKET WITH SMOKY, SPICY CHIPOTLE SAUCE & SOUR CREAM SERVED IN A SUB ROLL. SAUCE CAN BE ADDED IF REQUIRED.

SLIDERS \$10

2 BUTTERMILK SLIDER BUNS LOADED WITH CHIPOTLE PULLED BEEF, COLESLAW AND DRESSING

CHEESY HOT DOG \$10

10" FRANKFURTER SERVED IN A SOFT HOT DOG ROLL WITH MELTED CHEESE, TOMATO AND MUSTARD SAUCE



Come support our industry with a fun night at the Kulin Community Hub.

Music by the TINNY BAND

Lamb themed evening meals + auction. Funds raised going to the Keep The Sheep campaign.

Friday March 14th from 6:00pm





Art/Craft/Photography Exhibition

12th–17th March 2025

Any medium (2D or 3D)

No bigger than 1m X 1m

Entry form due 28th February

Artworks due 6th March

Online entry form:

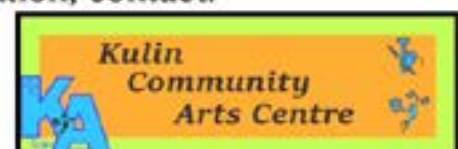
www.jotform.com/erinbailey/p-exhibition

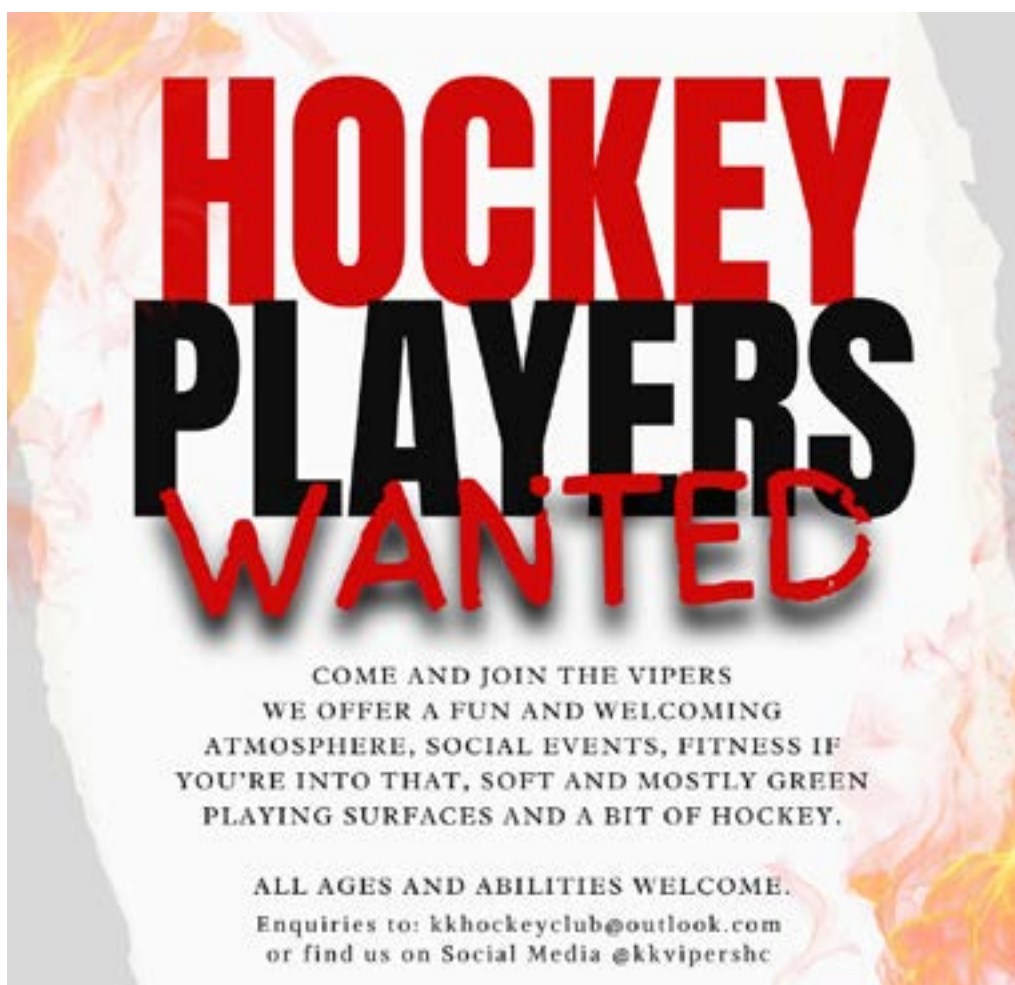
For a printable entry form or more information, contact:

Val Whiting 0429 685 131 or

Erin Bailey 0429 809 013

arts@kulin.com.au





HOCKEY PLAYERS WANTED

COME AND JOIN THE VIPERS
WE OFFER A FUN AND WELCOMING
ATMOSPHERE, SOCIAL EVENTS, FITNESS IF
YOU'RE INTO THAT, SOFT AND MOSTLY GREEN
PLAYING SURFACES AND A BIT OF HOCKEY.

ALL AGES AND ABILITIES WELCOME.
Enquiries to: kkhockeyclub@outlook.com
or find us on Social Media @kkvipershc



KULIN DISTRICT HIGH SCHOOL

Relief/Casual Cleaning Opportunity

- ✓ Flexible working hours
- ✓ General cleaning duties
- ✓ On site training
- ✓ Friendly working environment

Contact Tessa Silver for more
information

 6865 7300



REGIONAL TRAINING CALENDAR FEB-APR 2025 proposed dates TBC

	HR open		
LOCATION	FEB	MAR	APR
Katanning	18-21		11-14
Merredin		04-07	
Kellerberrin			
Wongan Hills		09-12	
Narrogin		20-23	
Kulin		24-25	
Corrigin		26-27	
Beverley		28-29	
Jerramungup			06-09

MC-A		
FEB	MAR	APR
24-27		11-14
	04-07	
	08-09	
	10-13	
		07-10
	24-25	
	26-29	
	30-31	01-02

Please note the above dates are estimated and for a range of training dates yet to be confirmed. Dates will be offered and confirmed once student numbers have been met in each location.

To register email emcs@kulin.wa.gov.au

Kulin Transfer Station

The Kulin Transfer Station is located on Truebody street approximately 2km from the Kulin Post Office.

The Station is open Sundays,
Mondays & Thursdays
from 10am – 3pm.

Driving Assessor

Kulin has one assessment day a month. Call BENDIGO BANK KULIN for bookings or enquiries
9880 1422

DIFIBRILLATOR LOCATIONS

KULIN

Kulin District High School
Kulin Caravan Park
Public Toilets (Johnston St)
Aquatic Centre
Freebairn Recreation Centre
Kulin IGA
Butler's Garage & Museum
Kulin Memorial Hall

DUDININ

Dudinin Tennis Club

PINGARING

Public Toilets
Pingaring AgSolutions
Pingaring Golf Club



The Shire of Kulin is proud to participate in *drumMUSTER*, a national product stewardship program for the safe disposal of empty chemical drums. Together, we're protecting our community and environment from the hazards of chemical residues.

What we accept

Our site accepts clean, triple-rinsed chemical drums with lids removed. This ensures safe handling and meets recycling requirements.

What happens to the drums

Recovered drums are recycled into products such as new chemical drums, concrete bar stools, and Gallagher droppers, promoting a circular economy.

How to get involved

1. Load your trailer with clean drums only.
2. Visit **Shire of Kulin Waste Transfer Facility**
3. Drop off your drums at the cage and complete the declaration form.

Reminder: Clean drums only.

Drums that are dirty or have lids create processing issues and will not be accepted.

For more information, contact Shire of Kulin on 9088 1204.

Thank you for supporting safe farming practices!

SHIRE OF KONDININ



Kondinin . Harlgarin . Hyden

Kondinin Medical Centre Practice Manager

The Shire of Kondinin and Kondinin Medical Services are seeking someone keen to assist a small rural medical service in the delivery of an efficient Doctor Medical Practice for a growing community.

Your role is the key to our success and is valued in our cohesive team. We appreciate the care and attention our reception pay to our clients and families and the little things that keep the clinic running smoothly. We work with various clients of different ages with many challenges, and you are an integral role in their care.

The role involves a high level of patient interaction, liaising with referrers, GP's and insurers; Using practice management software (we use Best Practice); processing payments and following up invoicing as well as a variety of reception and practice support tasks. Our practice strives to operate with the highest standards of professionalism and process to achieve excellent patient care.

We would ideally like the applicant to have:

- Medical or Allied Health Reception Experience
- Leadership and management skills
- A genuine desire to help others and work in a team-based environment
- A proactive and positive attitude
- Attention to detail and ability to follow processes and procedures with accuracy
- Ability to work effectively and efficiently in a team
- Ability to multitask
- Personal interest in assisting children and families experiencing the impact of disabilities

This part-time rewarding position (approximately 24 hrs per week, but may be up to 40 hours) requires someone who would like to work with some flexibility. Working from home is an option for some tasks.

If you would like to work in a practice with a positive environment, and work in a practice that makes a real difference to small communities and people's lives, please email your CV plus cover letter to the CEO of the Shire of Kondinin ceo@kondinin.wa.gov.au.

Applications close 28th February 2025

KONDININ OFFICE HOURS

Office Hours: Monday to Friday 8.30 am - 4.30 pm
Licensing Hours: Monday to Friday 8.30 am - 3.00 pm
Email: ceo@kondinin.wa.gov.au
Phone: 9889 1006

HYDEN OFFICE HOURS

Office Hours: Monday to Friday 10.00 am - 4.30 pm (close between 1.00pm - 1.30pm)
Licensing Hours: Monday to Friday 10.00 am - 3.00 pm
Email: hyt@kondinin.wa.gov.au
Phone: 9880 5160

GRAINS RESEARCH UPDATE 2025



KULIN

Wednesday 19 March 2025

Location: Freebairn Recreation Centre, Kulin-Lake Grace Rd
Registration: 9:15am for a 10:00am start. Finish 5:00pm.
Cost: Free to attend. Please RSVP to assist in catering and venue preparations
Included: Morning and afternoon tea, lunch and networking sundowner. Workbook also included

To register, please visit grdc.com.au/events

For further information, please contact Nadia Chiang on 08 6262 2128 or email admin@grdc.com.au

This one-day Kulin Update is brought to you by GRDC and hosted by ConsultAg

Discuss the latest farm-ready information to improve profit with researchers, agronomists and leading growers at the Kulin GRDC Grains Research Update.

Topics include:

- **Soil Amelioration** – Does it pay on more challenging soils?
Gous Azam, DHRD and Mark Pearce, Tarrin Rock
 - **Optimising herbicides and where are we headed?**
Mark Congreve, ICAV
 - **Experiences from a UK Grain Grower**
Dick Hall, UK
- (Program subject to change)



grdc.com.au

KULIN BUSH RACES - NOTICE OF AGM

MONDAY 10TH MARCH 2025, 6.30PM @ THE KULIN COMMUNITY HUB



If you would like to become part of an enthusiastic committee and get more involved with the organisation of our iconic race day, then please come along to the Kulin Bush Races AGM. All welcome! The AGM will be followed by a brief general meeting.

AGM AGENDA

- Apologies
- Confirmation of minutes from previous AGM
- Business arising from previous AGM minutes
- Correspondence
- Business arising from correspondence
- Presentation of Annual Financial Report, Auditor's Report and balance sheet.
- Chairperson's Report
- Election of Office Bearers and Committee of the Association
- Determination of annual membership fee
- Appointment of Auditor
- Vote of thanks to the outgoing committee
- Closure

If you are unable to attend, please forward your apologies to Simone Lockyer - 0488 172 797 or kulinbushraces@outlook.com



THE ROOF & WALL DOCTOR *Is Back In Town!!*

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As Seen on GWN & Channel 7 "Home in WA"



TIN HORSE *Tyre & Auto*




New Tyre Services

Tin Horse Tyre & Auto is excited to announce that we now stock all your tyre replacement and repair needs. In addition to our usual automotive repair services, we are here to ensure your vehicle is in top condition with our comprehensive tyre services.

Discover our wide range of tyres suitable for passenger cars, light vehicles, agricultural machinery, trucks, and industrial equipment. Our tyres are designed to provide optimal performance, safety, and durability for all types of vehicles and applications.

We offer comprehensive automotive services including expert wheel alignment, brake repairs, engine diagnostics, and more. Trust our skilled technicians to keep your vehicle running smoothly and safely on the road.

A photograph showing a person's hands working on the engine of a car, with various mechanical parts visible.

Visit us at 60 Bull St, Kulin, Monday to Friday from 7.30am to 4.30pm,
or call David at 0408952285 for more information.

SHIRE CONTACTS

FRC- 9880 1000
CRC- 9880 1204
Caravan Park-
0439 469 850
Pool- 9880 1222
Depot- 9880 1218
KCCC- 9880 1636

JUSTICES OF THE PEACE

MT Lucchesi 9880 4050
JM McInnes 9880 1360
R Noble 98801383
BW Sloggett 0427081925

MEDICAL CENTRE

Kulin- 9880 1315
Kondinin- 9889 1753
KN Hospital- 9894 1222

Kulin Nursing Station:
Tues, Wed & Fri
8:30 - 12:30

EMERGENCY CONTACTS

Emergency centre-
9880 1079
SES - 13 25 00
Western Power- 13 13 53
Water Auth.- 13 13 75
Kulin Water Depot -
9880 1356

POLICE CONTACTS

Crime Stoppers-
1800 333 000

Kulin Police Station is
staffed by two officers who
are available to respond to
incidents 24/7. Your local
police can be contacted as
follows:

Emergency: 000
Non-emergency: 131 444
KU Station - 9861 5800

TIP SHOP OPENING DAYS

10am-3pm
Sunday | Monday | Thursday

REPORTING MINOR ISSUES

The Shire of Kulin uses
Snap Send Solve, simply
download the app and use
your smart phone to report
a variety of issues directly
to the Shire.

LOCAL CHURCHES

Uniting Church
1st & 3rd Sunday of each
month, 10:30am

Catholic Church
Fr Truc Nguyen
1st, 3rd, 4th, 5th, 8am

Anglican Church
By request
K. Wilson 0429 801 228
Bunbury office- 9721 2100

KULIN MOTOR MUSEUM

Wednesday 10am-12:30pm
Saturday 10am-2pm
C. King 9880 1058
B. Colbourne 0429804615
J.Munro 0427 386 849

KULIN LIONS CLUB

Kulin Lions Club collect
old glasses, hearing aids
and stamps. Please feel free
to drop off any of these
items at the Kulin Post
Office. Push bikes and
batteries can be dropped
off at Haydn's shed.
H McInnes 0429 801 215
T Barndon 0428 939 189
R Doust 0499 802 054

CONTAINERS FOR CHANGE

All Good Refund Depot
come to Kulin on the last
Wednesday of every
month. They pick up
returns from behind the
Memorial Hall at midday.
Contact the Shire for more
info.

KCCC ID
C10351204

ARTS CENTRE ID
C10333381

KULIN UPDATE SURVEY

KULIN UPDATE

SURVEY

To ensure our publications are up to optimum quality and most enjoyable/informative for our readers, we would love your feedback. This should only take 5 minutes and will help ensure that our future editions of the Kulin Update are tailored to what the community wants.

	UNSATISFACTORY	AVERAGE	OUTSTANDING
1) Quality of articles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2) Content in update	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3) Want to see more of:	<input type="text"/>		
4) Want to see less of:	<input type="text"/>		
5) Thoughts on: General content (cooking corner, handy hints, around the world, etc)	BORING / UNINTERESTING IRRELEVANT INTERESTING	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	VALUABLE NEUTRAL <input type="checkbox"/>
6) Thoughts on: Staff members contributions (CRC corner, work happenings, FRC, KCCC, etc)	BORING / UNINTERESTING IRRELEVANT INTERESTING	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	VALUABLE NEUTRAL <input type="checkbox"/>
7) Thought on: Written work (event wrap ups, interviews, community contributions)	BORING / UNINTERESTING IRRELEVANT INTERESTING	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	VALUABLE NEUTRAL <input type="checkbox"/>
8) Any suggestions or comments:	<input type="text"/>		

THANK YOU FOR YOUR TIME AND FEEDBACK

**TO SUBMIT PLEASE HAND IN TO THE SHIRE OFFICE OR EMAIL
CRCCOUNTER@KULIN.WA.GOV.AU
IF YOU WOULD LIKE TO SUBMIT ANONYMOUSLY SEE THE SURVEY BOX
LOCATED INSIDE THE KULIN POST OFFICE**