

THE KULIN UPDATE

30 January 2025

4 CITIZEN OF THE YEAR AWARDS

See our award winners on page 4!

9 FREEBAIRN RECREATION CENTRE

EOI - Kitchen items for sale.

25 'MY GARDEN' COMPETITION

I know you have all been waiting! Please see page 25 for our winners!

CITIZEN OF THE YEAR 2025



CONTENT CORNER



Mon - Fri 8:30 am - 4:30 pm
38 Johnston Street, Kulin WA 6365
(08) 9880 1204
crccounter@kulin.wa.gov.au
www.kulin.wa.gov.au/crc-home



How to receive the Kulin Update via email?

Call or email us and let us know your name and email address so we can add you to the distribution list
Alternatively, visit
www.kulin.wa.gov.au/#newsletterscroll

How to advertise in the Kulin Update?

Complete the booking form found here -
www.kulin.wa.gov.au/council/news/community-newsletter.aspx and send your advert and completed booking form to crccounter@kulin.wa.gov.au

When are the deadlines?

All articles and booking forms are to be sent NO LATER than Tuesday, 4pm prior to the publication date.

What are the advertising costs?

1/4 page b/w - \$20
1/2 page b/w - \$25
1/2 page colour - \$50
Full page b/w - \$40
Full page colour - \$80
Front/ back - \$100

Members receive 20% off advertising costs, please contact
crccounter@kulin.wa.gov.au for more information.

Accepted document formats:

• PDF • JPEG



Achieved something?

We would love to share any community news or achievements in the newsletter, send through the information to
crccounter@kulin.wa.gov.au

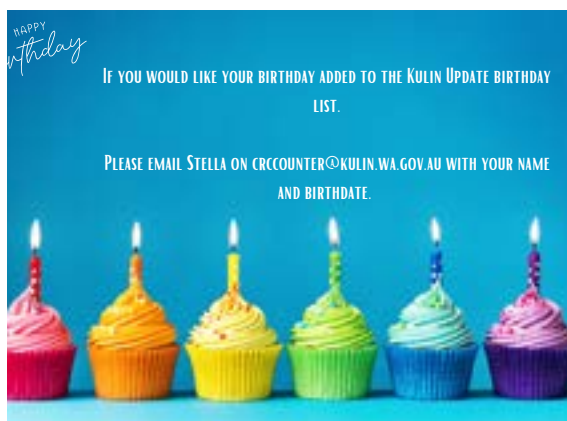
DEADLINES TO SUBMIT CONTENT FOR THE KULIN UPDATE

11th	February	2025
25th	February	2025
11th	March	2025
25th	March	2025
8th	April	2025
22nd	April	2025
6th	May	2025

HAPPY BIRTHDAY!

February

1st	Hayden Williams
2nd	Carlinea Savage, Alorrah Bull
3rd	
4th	
5th	Breanna Phillips, Elana Frantom
6th	Chris Giles, Mary Ritchie
7th	Trudi Harris-Quicke, Alysha Sloggett
8th	Cameron King
9th	Edith Lucchesi
10th	
11th	Len Hobson, Kurt Spurgeon, Eden Dearlove
12th	Tom Wilson, Zina Poletti



COMMUNITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Hotel opens from 11am
2 Bowls Hotel open from 11am	3 Hotel open from 4pm	4 Dr Chukwuneke in Kulin Yogalates Nurses Clinic Open (8:30-12) Hotel open from 4pm	5 Social Tennis Nurses Clinic Open (8:30-12) Hotel open from 4pm	6 Playgroup Kids Yoga Yoga Corporate Bowls 6pm Hotel open from 12pm Kulin Netball Club AGM	7 Dr Chukwuneke in Kulin Nurses Clinic Open (8:30-12) FRC open from 4:30pm Hotel open from 12pm	8 Hotel open from 11am
9 Bowls Singles Hotel open from 11am	10 Hotel open from 4pm	11 Dr Chukwuneke in Kulin Yogalates Nurses Clinic Open (8:30-12) Annual Electors Meeting Hotel open from 4pm	12 Social Tennis Nurses Clinic Open (8:30-12) Hotel open from 4pm Kulin Arts	13 The Kulin Update Playgroup Kids Yoga Yoga Corporate Bowls 6pm Hotel open from 12pm Remedy Physio	14 Dr Chukwuneke in Kulin Nurses Clinic Open (8:30-12) FRC open from 4:30pm Hotel open from 12pm	15 Bowls Championship Singles Hotel open from 11am
16 Junior Cricket Bowls Championship Singles Hotel open from 11am	17 Hotel open from 4pm	18 Dr Chukwuneke in Kulin Yogalates Nurses Clinic Open (8:30-12) Hotel open from 4pm	19 Council Meeting Social Tennis Nurses Clinic Open (8:30-12) Hotel open from 4pm Kulin Arts Mens Open Doubles Tournament	20 Playgroup Kids Yoga Yoga Corporate Bowls 6pm Hotel open from 12pm Remedy Physio	21 Dr Chukwuneke in Kulin Nurses Clinic Open (8:30-12) FRC open from 4:30pm Hotel open from 12pm	22 Cricket Bowls Pennants Hotel open from 11am Kondinin Triathlon
23 Bowls Pairs Hotel open from 11am	24 Hotel open from 4pm	25 Dr Chukwuneke in Kulin Yogalates Nurses Clinic Open (8:30-12) Hotel open from 4pm Senior Movie Day	26 Social Tennis Nurses Clinic Open (8:30-12) Hotel open from 4pm Kulin Arts	27 The Kulin Update Playgroup Kids Yoga Yoga Corporate Bowls 6pm Remedy Physio	28 Dr Chukwuneke in Kulin Nurses Clinic Open (8:30-12) FRC open from 4:30pm Hotel open from 12pm	

CITIZEN OF THE YEAR AWARDS

This year the Shire of Kulin recognised two very deserving community members at the Citizen of the Year Awards morning tea, held at the FRC on Sunday 26th January 2025.

Yvonne Bowey Citizen of the Year 2025

Yvonne was nominated by Kulin Tennis Club for her outstanding contribution to the longevity of the club, improvement of the facilities and commitment to junior development and club social and pennant opportunities. The nomination also acknowledges Yvonne's significant contribution to the Kulin community.

The efforts of Yvonne to secure the funding for the tennis resurfacing project is certainly a credit to her commitment to Kulin Tennis Club. Her commitment to the Kulin community is far reaching.

Kulin Tennis Club – Yvonne's significant contribution to the court resurfacing project, junior tennis development, and her passion for keeping tennis alive in all the roles she has embraced have had a positive impact on tennis in Kulin.

We must also recognise some very significant community contributions:

Eastern Districts Tennis Association - Treasurer and Junior Coordinator 2024

Kulin Tennis Club

Running junior tennis on Wednesday afternoons with great numbers and passionate about keeping tennis alive and well in Kulin now and for the future.

Kulin St John Ambulance

Treasurer and passionate member of the vital service provided.

Kulin District High School Board

A member of the School board for 9 years with an amazing passion for Kulin District High School and a fantastic advocate for innovation, opportunity and reduction of barriers for all students.

One Day Sport Committee

Dedicated to uniting our hockey, netball and football communities to ensure winter sporting clubs remain vibrant with opportunity for all community members across sports.

Yvonne has made significant contribution to Kulin Hockey Club, Vipers Hockey Club, Winter Sports Committee, Kulin Bush Races and Cultivating Kulin Committee as well as involvement in projects and initiatives in the town, and this list is by no means exhausted!

Yvonne is a person passionate about her community and we thank her for all her contributions. Your commitment in our community appreciated.

Derek Young Citizen of the Year 2025

Derek has significantly improved this community with his contribution, both financially and "in kind" with solid commitment to all facets of our town and region.

His most significant contribution was as Chair of Kulin Community Financial Services (Kulin Community Bank). Derek joined the board in 2001, then took the Chair position in 2005. Derek's contribution as Chair

(18 years) took our Community Bank to the next level. His sense of direction was unwavering, leading the board members to strive to increase the banking book, further enhancing our stability. Under his leadership, the Community Bank kept progressing, establishing our position to contribute major funds to community projects, the Kulin District High School being a grateful recipient.

A demanding position, a Director of a Company, complying with not only banking regulations, but also satisfying the onerous requirements of ASIC. This was all done on a voluntary basis which every person in this region received the benefit of. The value of Derek's time and effort in gifting his time as director and Chair is immeasurable.

A legendary effort by Derek for his town.

Other areas where Derek made major contributions, both financially and with always being available as an organiser or labour unit to ensure the task was not only completed but accomplished to a high standard. Areas Derek assisted in a major way at busy bees was Kulin Community Hub, Beer garden works crew, Kulin Bush Races, Cultivating Kulin Committee, Kulin Development Cooperative Ltd and anywhere else that he was needed.

Financial commitment to Kulin Development Cooperative Ltd, Kulin Community Hub, an initial shareholder with a generous "top up" to ensure the hotel's success.

A quiet unassuming stalwart that had a passion to ensure the continued improvement for the benefit of all Kulin residents.

CITIZEN OF THE YEAR AWARDS

YVONNE BOWEY

It is an honour to be awarded the 2025 Kulin Community Citizen of the Year. Whilst volunteering is not about personal accolades, it is lovely to be recognised for this award. I have

been part of some amazing groups that have achieved some fantastic outcomes and so I thank everyone who has also contributed to the groups and organisations that I have been part of.

Kulin is a community that get things done and I am incredibly proud to be part of it.

DEREK YOUNG

The acknowledgement of Derek's contribution to the Kulin Community on Australia Day is a fitting tribute to his efforts over many years to make Kulin the great place to live that it is.

Derek's direction and guidance as Chairman of Kulin Community Financial Services(Kulin Community

Bank), advanced our bank from a financial service to the Community to a major contributor of funds to many areas that benefit all residents.

Derek, with Rhonda were a strong team involved in all areas as volunteers, in many community groups to enhance Kulin's progression.

Derek has left an indelible mark, with his tireless efforts and leadership to improve and enhance our Kulin Community.

Graeme Robertson





All correspondence to be addressed to:
Chief Executive Officer
PO Box 125 KULIN WA 6365
p: 08 9880 1204 f: 08 9880 1221
e: enquiries@kulin.wa.gov.au
www.kulin.wa.gov.au

Shire of Kulin Notice of Annual Electors Meeting Tuesday 11 February 2025

In accordance with Regulation 5.29 (1) of the Local Government Act 1995, notice is given that the Shire of Kulin will hold the Annual Electors Meeting on Tuesday 11 February 2025, commencing at 5:30pm

This meeting will be held at the Shire of Kulin, Works Depot Crib Room, 91 Day Street, Kulin.

The purpose of the meeting is to discuss the Annual Report for 2023/24 and to deal with such other general business as allowed by the Presiding Officer, Shire President, Cr Grant Robins.

Note: Copies of the Annual Report for 2023/24 can be accessed via our website www.kulin.wa.gov.au or please contact the office if you require a hard copy.

All Electors are welcome to attend.

Alan Leeson
Chief Executive Officer

Kulin Shire Council

Annual Meeting Dates 2025

Public Notice

2025 Notice of Meeting

Notice is hereby given that the 2025 Ordinary Council Meetings of the Shire of Kulin will be held on the following **Wednesdays**, commencing at 4:00pm

19 February	20 August
19 March	17 September
16 April	15 October
21 May	19 November
18 June	17 December
23 July	

Meetings are held at the Shire of Kulin Council Chambers, 38 Johnston Street Kulin. Copies of agendas and minutes can be accessed on the Shire's website at www.kulin.wa.gov.au



KULIN AQUATIC CENTRE

Hope everyone has enjoyed their holiday and most have returned from them now. It's been all a go go down here. The pool has been flat out any day the slide is open which tells me they aren't coming to see me! Big numbers through the gate with the biggest being 260 the day before Australia Day then another 220 on Australia day so this is great for the town. On any given day the slide is on we are getting anywhere from 150 plus, so this is huge for the town.

School might be back by the time this goes out so good luck to all those kids heading away again. Big thanks to those who worked down here at the pool over the holidays. The slide wouldn't be running if you guys weren't here and there are plenty of positive comments about you all, so well done and thank you.

Early morning swimming took a bit of a dive, no pun intended, over January with pretty much only Lorna keeping the laps going, so well done to you. There's a few more sneaking in now that the holidays are coming to an end so hopefully we get back to the numbers pre Xmas.

So far as a town we have swum 28,056 laps in total, which is 701km. Great effort. Below are some of those who have made the distance to Rotto and beyond.

Craig 3896/ 97km
Annie 3300/ 80km
Troy 2400/ 60km
Travis 2212/ 55km
Jackie 1412/ 35km
Jake 1351/ 34km
Grantly 1258/ 31km
Elizabeth 1220/ 31km
Sharon 1216/ 30km
Lorna 1210/ 30km
Clint 1170/ 29km
Kurt 939/ 23km

Well done to these swimmers. The total km swum by the town since November 2019 has taken us from Kulin to Port Roper in the Gulf in the Northern Territory. See the map. We are trying to complete a full lap of Australia so will need to keep going at this stage. Once we get around to the top of Queensland it is all down hill from there, so should be easy going.

Swimming club is starting back up so get yourself fit for the carnivals coming up.

Cheers That's all from me.

Mark Gillbard





FREEBAIRN RECREATION CENTRE EOI - KITCHEN ITEMS FOR SALE

2 X ZANUSSI 4 BURNER STOVE GAS OVENS

USED - 2 x Zanussi Gas Oven Range with 4 x 22mm Burners - Model No PCFG 701. Natural Gas Static Oven, Adjustable feet, external regulator, Stainless steel finish. Purchased in 2003 for approximately \$3,800 each



BLODGETT - ZAPHAIRE CONVECTION GAS OVEN

USED - BLODGETT Gas Convection Oven, Model - Zephair G Single deck, bakery depth capacity (5) 18" x 26" pans, manual timer, 2 speed fan, stainless steel. 115V Purchased in 2003 for approximately \$8,600



LUSS FLAT TOP GRIDDLE & STAND

USED - Luss Flat Top Gas Griddle Hot Plate & 600mm Stand Model BCH - 6P, 16mm Thick mild steel hot plate. Purchased in 2003 for approximately \$2,600



LAZCO DOUBLE GLASS DOOR UPRIGHT FRIDGE

USED - Lazco Double Glass Door Fridge, same as image, includes inbuilt light. Situated at the Tennis Club.

Please note all items will need to be collected on or before Friday 7th of February 2025

Items are sold as seen, no warranty provided & will be disconnected ready for collection once offer is accepted.

To inspect, for more information or to submit an offer please contact Caroline on 0898801000 or e-mail reccentre@kulin.wa.gov.au

ROBAND SANDWICH PRESS'S



FREEBAIRN RECREATION CENTRE



FREEBAIRN RECREATION CENTRE

FRC MEMBERSHIPS ARE NOW DUE

If you would like to continue your membership, Please complete the membership renewal form, and return it with your payment by 28th February 2025 to:
reccentre@kulin.wa.gov.au

Alternatively, you can post it to:

Freebairn Recreation Centre
PO Box 125 KULIN
WA 6365

Or hand it into the Freebairn Rec Centre or Shire Office.

****Please note**** By making payment to the FRC, you are agreeing to the terms and conditions of your membership agreement.

If you would like to keep updated with any events on at the Freebairn Rec Centre check out our facebook page.



<https://www.facebook.com/freebairn.recreationcentre>



WE ARE OPEN

EVERY FRIDAY

FROM 4.30PM



FREEBAIRN RECREATION CENTRE

PO Box 146
KULIN WA 6365
08 9880 1000
reccentre@kulin.wa.gov.au



February 2025

Dear Freebairn Recreation Club Member,

Membership Renewal for 2025

On behalf of the Freebairn Recreation Club, I would like to thank you for your past membership of the FRC. We are fortunate to have such fabulous facilities in our town, and with your ongoing support through membership the greater sporting community within our region continues to benefit.

Your membership entitles you to full use of the well-equipped Gym as well as use of the other recreation facilities and function areas. Please ensure you check the conditions of membership as they may have changed. If you wish to use the gym facilities or the Pilates reformers, you are now required to sign a gym waiver. (Please disregard this if form has already been submitted)

Below is a renewal form for your Freebairn Recreation Club membership for 2025.

If you are completing for multiple family members, please include all names and membership category on this form.

Membership Categories:

Ordinary Full Member \$80; Social Member \$35; Corporate Member \$130; and Junior Member (13yrs+) \$25.

Please complete the form and return it with your payment by 28th February 2025 to:

Freebairn Recreation Centre
PO Box 125
KULIN WA 6365

Alternatively, please scan and email to: reccentre@kulin.wa.gov.au and make a direct deposit to the details listed below.

Kind regards

Caroline Carrie

Freebairn Recreation Centre Manager

Freebairn Recreation Club Membership for 2025

Member's Full Name: _____ Membership type: _____

Member's Full Name: _____ Membership type: _____

Member's Full Name: _____ Membership type: _____

Member's Full Name: _____ Membership type: _____

Member's Full Name: _____ Membership type: _____

Email Address/es: _____

I would like to receive correspondence via e-mail ☐ YES ☐ NO

Postal Address: _____

FREEBAIRN RECREATION CENTRE

Payment Details: (All payments are to be made to the FRC) Total Paid \$_____

☐ Cash ☐ Direct Deposit

☐ Cheque ☐ Shire of Kulin

☐ Eftpos BSB: 633-000 Acc: 136 499 258

CONDITIONS OF MEMBERSHIP

1. Annual Membership period will be from **1 March to the 28 February** each year.
2. Membership application forms must be completed and signed with relevant membership fees paid and forms returned to the Manager for approval prior to commencement of member privileges.
3. A Gym Waiver Access & Agreement Form is to be signed and returned to the Centre Manager by each Individual before you will be able to use the gym facilities at the Freebairn Recreation Centre. Please e-mail recentre@kulin.wa.gov.au or Call 0898801000 for a Gym Waiver form. – (Please disregard if form has already been submitted)
4. For continuing, approved members, the obligatory Annual Membership fee must be paid by **28th February each year** for a member to remain current. Any member having difficulty meeting this deadline may contact the Centre Manager and together develop a suitable payment option.
5. Any MEMBERSHIP fees paid **WILL NOT** be refunded.
6. Management reserves the right to terminate or suspend memberships. Written notification will be provided in such cases.
7. Junior members (aged 13+) will need to become full members on attaining the age of eighteen years.
8. Members are entitled to use social facilities and the bar area as permitted under the Liquor Licensing Act 1998 and in accordance with the Freebairn Recreation Club's current Constitution. If you would like a copy of the Clubs current Constitution please contact the Centre Manager or follow this link <https://www.kulin.wa.gov.au/connect/freebairn-recreation-centre/forms.aspx>
9. Any member found causing wilful damage to any Centre property or found to have removed or misused Centre property may be charged to the full extent of the law.
10. Damage to Centre property, shall be paid for by any person(s) who wilfully or negligently causes such damage. Members(s) are responsible for damages incurred by dependant guest/children.
11. Members are to maintain and keep good order and decent behaviour.
12. There will be **NO SMOKING** in any part of the centre by any person at any time.
13. Membership conditions and guidelines maybe changed by the Management without notice.
14. Management reserves the right to request the use of the facility, should it be required for special purpose or one-off events.
15. Areas used must be left in a clean and tidy condition.

DECLARATION

I/We hereby make application for Membership of the Freebairn Recreation Centre, to utilise facilities and services and will not hold liable Freebairn Recreation Centre, Shire of Kulin and its agent, employees for any personal injury or loss of property.

I/We have read and understood the above regulations and the Conditions of Membership and agree to uphold them for as long as the term of this agreement.

Print Name: _____ Signature: _____ Date: _____

Kids Yoga Classes

Fun and Relaxing Yoga for Kids!
Bookings Essential
Ange 0417222827

KIDS
6 - 12 YRS

\$8



Thursdays 3.45pm to 4.30pm

TENNIS CLUBROOM
FREEBAIRN REC CENTRE
KULIN



Yoga with Ange

EVERY THURSDAY 2 PM - 3 PM

EVERY THURSDAY 5.30PM - 6.30 PM

Fun class to improve balance, flexibility & strength.

Perfect for beginners.

**Tennis Clubroom
Freebairn Rec Centre**

**BOOK WITH ANGE
0417222827**

\$15 PER CLASS

CORPORATE BOWLS COMING SOON

STARTING 6TH OF FEBUARY 2025



**EVERY THURSDAY
6PM FOR A 6:30PM START
@ THE FREEBAIRN REC CENTRE**

**\$30 TEAM NOMINATION FEE INCLUDES A
BURGER FOR TEA**

**GET YOUR TEAMS of 3 READY, OR WE CAN
HELP YOU FIND ONE**

**FOR MORE INFO CONTACT GECHO ON
0429890012**

Kulin Aquatic Centre

School Term Dates

This is effective from the 5th of February 2025

NEW
UPDATE

	Swimming Pool			Slide
Monday	Closed			Closed
Tuesday	6:00-7:30		12:00-6:30	Closed
Wednesday	6:00-7:30	10:00-12:00	2:30-6:30	Closed
Thursday	6:00-7:30	10:00-12:00	2:30-6:30	Closed
Friday	6:00-7:30		12:00-6:30	Closed
Saturday			11:00-6:00	1:00-5:00
Sunday			11:00-6:00	1:00-5:00

Public Holidays

slide open 1:00-5:00 | swimming pool 11:00-6:00

Fees + Charges

Daily Entry

Child- \$2.50

(under 6 free)

Adult- \$4.50

Slide Pass- \$10

Spectators- \$2 50

Season pass (Pool only)

Child- \$55 (16 and under)

Adult- \$90

Family- \$165 (4 people)

Additional child \$55

Season pass (Pool + slide)

Child- \$115 (16 and under)

Adult- \$185

Family- \$320 (4 people)

Additional child \$115

Pool Contact Details:

Pool Manager- Mark Gillbard

P: 9880 1222 E: pool@kulin.wa.gov.au



Kulin Childcare Centre

Welcome back to daycare, in the first two and a half weeks KCCC has been a buzz with exciting activities. Children have been overjoyed to return and meet with their peers' exchanging stories about their time away. We have also welcomed new faces to the centre in January, we are pleased to have so many families supporting our centre, brothers and sisters have been supporting their siblings into their care journey before they head off to head off to big school.



This week marks the start of Bunuru the second summer, although we have already found some pretty hot days at KCCC. Our educators are supportive of the children still having an opportunity to play outside on these days and are happy to change our routine where needed. Play outside first, fruit time outside and midday quiet play inside.



As we have come back to care in 2025 our first theme of focus has been "All about me". This is great for the children to explore and build their own self-identity. One activity included creating a self-portrait, this created conversation around facial expression and awareness about speaking verbally and non-verbally.



Over the past months we have been collecting any feathers found in our yard. The children were eager to use these feathers in a painting activity. This activity inspires imagination and



exploring different mediums for different purposes.

Following the theme of feathers we have been using these to decorate our own crowns. This activity allows children to create their own wardrobe item and wear it. This supports them in role play and using their imagination exploring their own self and community.



Thank you to our families and community for supporting our centre.





KULIN COMMUNITY HUB VALENTINE'S DAY MENU

ENTREE

(PLEASE ONLY CHOOSE ONE OPTION)

Prawn Cocktail

Trio of dips

MAIN

(PLEASE ONLY CHOOSE ONE OPTION)

Lamb Roast

(With roasted vegetables and Yorkshire pudding and gravy)

Pork Belly

(With scallops and Greek salad)

Vegetarian Lasagna

(With salad)

DESSERT

Cookie Cream Cheese Cake

(With ice cream or cream)

Wild Berries Cheese Cake

(With ice cream or cream)

\$60.00 PER HEAD | KITCHEN OPEN FROM 6PM

BOOKING'S PREFERRED BY 10TH FEBRUARY

PUT ON YOUR FINEST RAGS AND TREAT THE LOVELY LADY IN YOUR LIFE TO A NIGHT OUT



Opening Hours

MONDAY	4:00pm - close
TUESDAY	4pm - close
WEDNESDAY	4pm - close
THURSDAY	12pm - close
FRIDAY	12pm - close
SATURDAY	11am - close
SUNDAY	11am - close

08 9880 1201

kulincommunityhub@yahoo.com

Lunches available between
12pm - 2pm | Thursday to Sunday

JANUARY ARTICLE

Happy New Year everyone. 2025 a new year with new plans and new projects. Some may have made a new year’s resolution. This usually would have entailed doing something to be a better self. This may be to do with being more proactive in the community, visiting friends or improving yourself. What is important here is that we recognise we feel we could live our lives with a difference, more aligned with who we feel we really are.

Sometimes the resolution or the part of our lives we want to improve on can be very daunting. The goal set requires a big effort. It may be the same resolution that we have made for years but we’re going to give it another go. How we view this is important. Our mind may give us reason and thoughts of why we can’t do this. Be curious, these doubts are trying to be helpful in their own way. Doubts can be used to remind us that we do need to be ‘actually doing’ to begin to achieve what we want to change. We may need to alter or change some old habits. Past guilt can serve us because we have learnt not what to do from now on.

You are at the bottom of a mountain and the goal you want to achieve is at the top. If we try to reach our goal by taking one huge leap we will probably fail. But what if we identify what we need to do to get to that first rest point?

I can see at least 5 other rest points or stages from here, there maybe more, but right now I’m going to concentrate on getting to the first point on my journey to the top. Approaching what we want to achieve one stage at a time can result in our final goal becoming achievable. For example, I intend to exercise more and lose weight. Right, I’ll go for a 10km walk every day, fairly daunting probably resulting in failure. Or, step 1 I will go for a walk this Wednesday at 5pm, no planned distance, no over thinking where, I’ll walk out of my gate and go for a walk. Achievable step 1 done, and I feel really good about myself. (yes my personal resolution)

By achieving we enhance our ability to be more positive. But we also need to be flexible and not so hard on ourselves when what we planned isn’t quite on track. ‘Ok step 3, joining the walking club in three months hasn’t happened; no biggie; I’m aware of this and I’m walking 6kms a day now so I’m closer than I was three months ago and I have already achieved the first two stages. Winning.

The ability to step back, pause and look at ourselves and question our resulting emotions with curiosity is helpful. We are all individual and we are the experts on ourselves. Some may have certain expectations of themselves and become negative when not achieving what they feel they

need to. But knowing and accepting this personal lifetime trait results in an ability to challenge or be curious about the resulting emotions. We have the freedom to choose to react differently. We can help ourselves to be more positive using personal reflection about what our thoughts are trying to tell us. Ie: I’m annoyed, why, oh its because I felt I should have joined that walking club by now and I’ve never not liked not sticking to a plan. But hey I will get there.

But sometimes thoughts and feelings can become too strong and begin to be our reality. In these times you are still the expert on yourself and know you are not yourself. Choose to seek help, call and talk to a friend or partner, call me, talking through your emotions can be powerful enough to put you back on the tracks facing the right direction. If we are facing in the right direction all we have to do is keep on walking.



Kulin Transfer Station

The Kulin Transfer Station is located on Truebody street approximately 2km from the Kulin Post Office.

The Station is open Sundays, Mondays & Thursdays from 10am – 3pm.

Driving Assessor

Kulin has one assessment day a month. Call BENDIGO BANK KULIN for bookings or enquiries 9880 1422

DIFIBRILLATOR LOCATIONS

KULIN

Kulin District High School
Kulin Caravan Park
Public Toilets (Johnston St)
Aquatic Centre
Freebairn Recreation Centre
Kulin IGA
Butler’s Garage & Museum
Kulin Memorial Hall

DUDININ

Dudinin Tennis Club

PINGARING

Public Toilets
Pingaring AgSolutions
Pingaring Golf Club

Kulin Netball Club 2025 AGM

The 2025 AGM will be held on Thursday the 6th of February at 5:30pm at the Freebairn Recreation Centre. All players, past players, spectators and parents welcome and encouraged to attend.

Please forward all apologies to myself.

Hope to see you all there!

Danielle Biglin | kulinnetballclub@outlook.com



THE REMEDY
PHYSIO • PILATES

Physio in Kulin




Pelvic Health Physiotherapy is coming to Kulin in 2025! Bookings now available.


Starting Thursday, February 13th, and every Thursday after, we'll be offering specialised Men's & Women's Pelvic Health Physio consultations.

Our services include:

- Pelvic floor muscle training & rehab
- Bladder & bowel dysfunction
- Pelvic organ prolapse management
- Pelvic pain management
- Menopause support
- Pre & postnatal care
- And more!



Not sure if this is the right appointment type for you? Contact us on 0409 868 114, and we'll be happy to help!



Seniors Movie Day

Tuesday | 25 February | 11am - 1pm

NEW DATE

Barrie forges a platonic bond with a widow, Sylvia, who has four kids. He is motivated to pen a play about a bunch of kids who don't desire to grow up, which ends up strengthening his bond with them.

The movie is about J.M. Barrie (Johnny Depp), a playwright who meets a widowed mother (Kate Winslet) and her four sons in Kensington Gardens in 1904. Barrie becomes a surrogate father figure to the boys, and their imaginative play inspires him to write Peter Pan.

**FINDING
NEVERLAND**

Coffee & tea provided | Free event

HYDEN TENNIS CLUB

MEN'S OPEN DOUBLES TOURNAMENT 2025

WEDNESDAY FEBRUARY 19TH

EARLIEST START 10AM

ENTRY \$30/PERSON

\$10 OF EACH ENTRY DONATED
TO REGIONAL MEN'S HEALTH.
MORNING TEA, LUNCH &
AFTERNOON TEA INCLUDED.

ENTRIES TO KINGSLEY BROWN 0427805128
BY SUNDAY 16TH FEBRUARY 5PM

M^cINTOSH & SON



Kulin Arts AGM Friday 21st 2025 10.30am

@Kulin Community Arts Centre All welcome

“P”

Poppy
Patterns
Purple
Pink
Pebbles
Pastels
Pumpkin
Pearl
Panda


Parrot
Puzzle
People
Penguin
Paradox
Parachute
Pencil
Pear

Art/Craft/ Photography Exhibition

12th–16th March
2025

Any medium (2D or 3D)
No bigger than 1m X 1m

Online entry form:
www.jotform.com/erinbailey/p-exhibition
For more information contact:
Val Whiting 0429 685 131
Erin Bailey 0429 809 013
arts@kulin.com.au



Kids Creative Arts

Starting 12th Feb

Kulin Arts will be holding weekly
Creative Arts sessions for kids

Wednesdays 2.45–4.15pm
Kulin Community Arts Centre
\$5 per session
All ages welcome



For more information or to book your child in,
please contact Erin Bailey 0429 809 013
arts@kulin.com.au

‘MY GARDEN’ COMPETITION



2024

BEST RURAL GARDEN

Robbie Bowey



‘MY GARDEN’ COMPETITION



2024

BEST TOWN GARDEN

Wendy Gangell



‘MY GARDEN’ COMPETITION



2024

BEST VEGETABLE GARDEN

Daniel Giles



THROWBACK THURSDAY

ELLSON STREET UNIT OPENING



ZUCCHINI & SWEET POTATO FRITTERS & ANGEL FOOD CAKE

Zucchini & Sweet Potato Fritters

Ingredients

Garlic Herb Yoghurt Sauce

- ½ cup plain Greek or regular yoghurt (or sour cream)
- 1 tbsp chopped fresh parsley
- 1 tbsp chopped fresh mint
- 1 tbsp fresh lemon juice
- 1 tbsp olive oil
- 1 tsp honey
- ¼ tsp garlic powder
- Salt and black pepper

Fritters

- 2 cups shredded zucchini (240g)
- 1 cup shredded sweet potato
- 1/3 cup finely chopped yellow onion
- 1 ½ tsp salt
- 2 large eggs
- 2 garlic cloves, minced
- 2 tbsp chopped fresh parsley
- 2 tbsp chopped fresh mint
- 1/3 cup fine cornmeal
- 1 tbsp cornstarch
- 1/3 cup olive oil

Method

Step 1

Make the yoghurt sauce by whisking all of the yoghurt sauce ingredients together except for the salt and pepper. Taste, then add salt/pepper to your taste. Cover and refrigerate until ready to serve, or up to 3 days.

Step 2

Line a large bowl with paper towels. Place the shredded zucchini, sweet

potato, and onion inside. Add 1 teaspoon salt, and gently mix together. Top with another paper towel and press down so the paper towels begin absorbing some liquid. Lift everything up using the bottom paper towel and, over the sink, wring/squeeze out as much liquid as you can. The goal is to remove as much moisture as possible.

Step 3

In a large bowl, whisk the eggs, garlic, parsley, mint, remaining ½ tsp salt, and pepper together until combined. Fold in the vegetables, and then mix in the cornmeal and cornstarch until everything is combined.

Step 4

Heat the oil in a large skillet over medium-high heat. Once hot, scoop up around 2 tbsp of the zucchini mixture. There may be liquid pooling in the bottom of the bowl, so make sure you use a fork so the excess liquid isn't in your fritter. Place the mixture onto the hot skillet and flatten with a spatula. Repeat with a few more, making sure not to overcrowd the skillet. Cook until golden brown, about 3 minutes on each side. Transfer to a paper towel lined plate until finished.

Step 5

Serve warm fritters with yoghurt sauce.

Angel Food Cake

Ingredients

- 1 ¼ cup egg whites
- 1 ½ cup sugar
- 1 cup cake flour

- 1 ¼ tsp cream of tartar
- 1 tsp vanilla extract
- ¼ tsp almond extract
- ¼ tsp salt
- Optional: whipped cream and fresh berries

Method

Step 1

Place egg whites in a large bowl; let stand at room temperature 30 minutes. Sift ½ cup sugar and flour together twice; set aside.

Step 2

Place oven rack in the lowest position. Preheat oven to 350. Add cream of tartar, extracts and salt to egg whites; beat on medium speed until soft peaks form. Gradually add remaining sugar, about 2 tbsp at a time, beating on high until stiff peaks form. Gradually fold in flour mixture, about ½ cup at a time.

Step 3

Gently spoon into an ungreased 10-in. tube pan. Cut through butter with a knife to remove air pockets. Bake until lightly browned and the entire top appears dry, 35-40 minutes. Immediately invert pan; cool completely, about 1 hour.

Step 4

Run a knife around side and center tube of pan. Remove cake to a serving plate. If desired, serve with whipped cream and fresh berries.



Professional, impressive, great hospitality, tremendous venue, great food and great facilities are a few of the superlatives that were used by our patrons to describe the Bush Race weekend.

The effort the Kulin Community generates to compile and effect the weekend never ceases to amaze our patrons, surrounding towns and probably ourselves.

The Dyson Jones Art Show was an excellent curtain raiser to commence what can only be seen as a tremendously successful Kulin Weekend.

The weather for race day was perfect, considering the unpredictable inclement weather that we experienced prior to and after race day.

The Bush Races is achieving all that was intended, to raise the profile of Kulin, attract visitors to the area and

raise funds for community projects.

It is an extremely gratifying community achievement, and I would like to think that we would wish this to continue and improve. Every person with an interest in our future has expertise and ideas that will ensure the continuation of this event and make it one of the greatest functions in the Great Southern. I hope I'm selling it short by limiting it to the Great Southern.

Although we still have accounts to come in hand, it is envisaged that we would expect a net income from this years festivities to be around \$50,000. This will allow the Bush Race committee to transfer approx. \$50,000 to CKC and retain \$25,000 to fund next years Race weekend.

Serious thought needs to be given to the expenditure of these finances on special projects that will benefit the Kulin Community. Although these

thoughts will not be incumbent on the Kulin Bush Race committee they will be appreciated by the Cultivating Kulin Committee. The more ideas that are forthcoming the better. Not all ideas will get a berth in the first round of funding but hopefully this figure of around \$50,000 or more will be forthcoming each year.

There were some excellent individual efforts that contributed to the Kulin Bush Races weekend, but we aren't going to focus on that. The focus is on the united communities proud approach to providing a quality event that our patrons talk about for weeks to come.

The next Bush Race meeting will be held at 7pm on Tuesday 10 November at the Recreation Centre prior to the CKC Annual General meeting.

Graeme Robertson

VOL. 5 NO. 6 JULY 1998 - GUEST EDITORIAL - KULIN CITY

Since my return to Kulin to pursue a career in farming, having completed a Business Degree majoring in Agriculture some six years ago now, I have now seen many changes. The effort that has been put in by many community members has seen things like the Bush Races, the Cultivator and the Retirement Village achieve all they set out to do. The image of Kulin has been lifted and hopefully people feel proud to be part of this active community.

Having been elected to the Sport and Recreation Council, I decided to go along to the public meeting on June 17th and listen to different people's views. This meeting was held to discuss the Shire's intentions

in regard to the redevelopment of the existing Recreation Centre and the refurbishment of the old Memorial Hall.

What I found most interesting was the lack of young people present (two under the age of thirty), the very people the decisions to be made will affect the most. It seems to me that Kulin is at the crossroads at present. Much has been done to get Kulin to the position it is at now and it would be great to see this effort continued to ensure our future prosperity.

I would like to see more young people (5-30years) become involved in the community, whether it be at a committee level or on a volunteer

basis for one of the many clubs or organisations in Kulin. When an older member of the community asks you to become capable of doing the task.

If you want good facilities to enable the development of good sporting skills and the associated social atmosphere, then it is important that you become involved to help with the planning of any proposed development. In planning any future development, we need to have as many young people involved as possible, because it will be you and your family using these facilities in the future.

Brendon Savage



Personality of the Week

Zina Poletti



Born: 12 February 1971
Work: Postal Manager
Pets: 2 dogs, Limo | Dachshund, Paisley | Cavoodle
Favourite Sports: Netball and Cricket
Favourite Singers: Amy Shark, Pink, Hilltop Hoods
Favourite Movies: Notebook, Dirty Dancing, Mamma Mia
Favourite Food: Tacos
Favourite Animals: Dogs and Horses
Favourite Pastimes: Going out for lunch

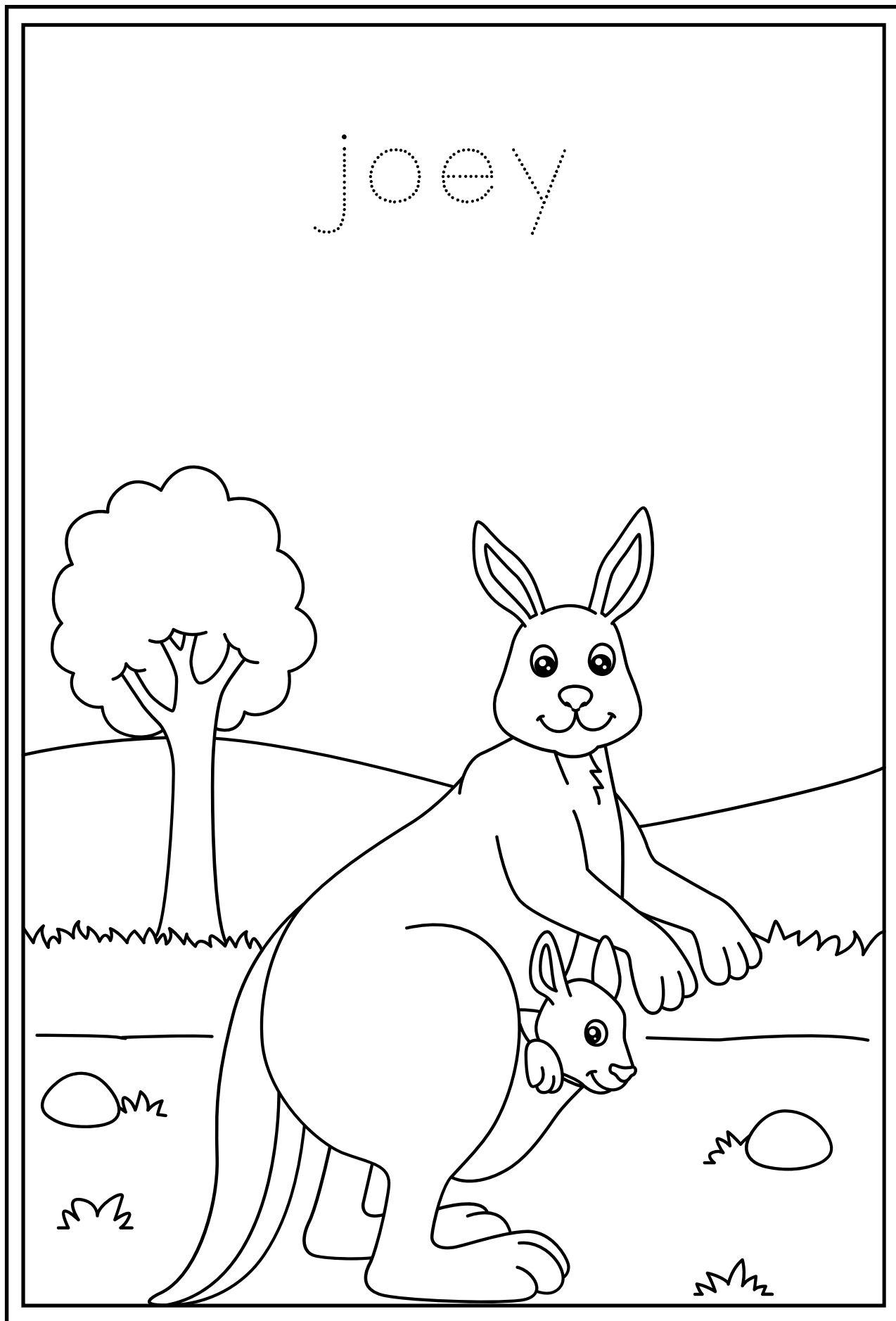
Personality of the Week

Ethan Wade



Born: 12 August 2007
Work: Narrogin Ag
Pets: 1 dog and 2 cats, Luna | Disney | Tripp
Favourite Sports: Football
Favourite Singers: Chris Stapleton and Drake
Favourite TV Shows: Hawaii 50
Favourite Food: Pizza, Butter chicken
Favourite Animals: Dogs
Favourite Pastimes: Motorbike riding

joeey



Dot to Dot

Follow the numbers to connect each dot.



SNAKES

If you see a snake, please keep your distance, do not try to touch it or try to contain it.

Snakes are very common, particularly in summer and will regularly be seen around houses and yards. They are usually passing through and will be gone within a few hours. Keeping your lawn short and yard free of debris will reduce the likelihood of snakes in your yard.

If you stay well away from the snake it presents no immediate danger.

If You Have A Snake In Your House
If you find a snake in your house, please make sure all people, children and pets are moved into other rooms and kept away until the situation is resolved. If you can safely do so, isolate the snake in the room you found it by closing the doors to the room and putting towels along the bottom of the doors to the room and putting towels along the bottom of the doors.

How Do I Tell If a Snake Is Dangerous Or Not?

There is no hard and fast rule to distinguish a dangerous snake from a harmless one. For the untrained observer in particular, it can often be difficult to make a positive identification of different types of snakes. The general rule is always to be cautious and avoid coming into contact with any snake.

Different types of snakes do exhibit certain distinguishing features and behaviour that can be used to tell them apart. If you live in or are visiting an area where snakes are common, it is generally a good idea to become familiar with the characteristics of the different snakes you may encounter. This will help you become more aware of the common snakes you might expect to see and allow you to react appropriately if you do encounter them.

How Do I Tell The Difference

Between A Snake And A Legless Lizard?

Snakes are distinguished from lizards by the following combination of characteristics:

- No limbs (some lizards also lack limbs or have reduced limbs).
- No ear-opening (some lizards also don't have an obvious ear opening).
- Long, slender, deeply forked tongue, a characteristic shared with the strongly limbed monitor lizards (goannas), while legless lizards have a broad, flat tongue.
- Tail length less than one-third of body length
- Eye is covered by a transparent scale, eyes unable to blink (geckoes, flap footed lizards and some skinks share this characteristic).
- Wide ventral scales (scales on underbelly), much wider than adjacent body scales (with the exception of 'wormlike' blind snakes and file snakes).

Keeping Snakes Away From Your Home

What Attracts Snakes Into The Yard Or House?

Snakes are often attracted to yards and houses, when food and shelter are unknowingly provided by the human inhabitants. Brown snakes and taipans eat rodents and are attracted to garden or farm sheds to hunt rats and mice. Pythons regularly enter chicken pens and aviaries to prey on the occupants. They are also found in roof cavities hunted for rats and possums. Brown tree snakes are specialists at invading aviaries, often becoming trapped inside after they have eaten a bird. These snakes can also be found at night hunting for geckos around windowsills in the home. Common tree snakes actively hunt frogs during

the day and are often seen around the house and garden where frogs occur.

How Can I Keep Snakes Out Of My Yard?

You can take measures to reduce the attractiveness of your yard or house to snakes. If you have a rock wall or other structure that has the potential to house frogs and rats, and in turn attract snakes, discourage these animals by blocking holes. Avoid creating habitat for snakes by keeping a tidy, well-maintained yard and shed. Actively discourage rats and mice, and snake-proof your aviaries and poultry pens.

How Do I Snake-Proof My House?

Ensure that the yard is tidy with shrubs and gardens kept away from the house. Snakes will shelter in houses, under shrubs and in timber stacks to avoid the hottest parts of the day. It is also important to ensure that food scraps are disposed of properly to discourage rats and mice as snakes are attracted to places where they can obtain food. Bird owners should also discourage rodents by ensuring that aviaries are kept clean and hygienic and that the mesh is small enough to stop snakes entering.

Blocking off as many potential access points as possible can significantly reduce the chances of snakes entering your house. Install screens on doors and windows. Block any holes around the house including those between the roof and ceiling. Extra care should be taken during summer when the snakes are most active. In areas that experience flooding, snakes will move to higher ground during a flood. Take extra precautions at these times.

Snake Encounters

I Have A Snake In My House, What Should I Do?

It is important that you never try to kill the snake. It places you at a higher risk of being bitten if you force the snake to defend itself.



WORLD CANCER DAY (4 FEBRUARY)

World Cancer Day is an international day observed every 4th of February to raise awareness about cancer, encourage its prevention, and mobilize action to address the global cancer epidemic.

Each year, hundred of activities and event take place around the world, gathering communities, organisations and individuals in schools, business, hospitals, marketplaces, parks, community halls, places of worship – in the streets and online – acting as a powerful reminder that we all have a role to play in reducing the global impact of cancer.

Cancer is more than just a medical diagnosis. It's a deeply personal matter. Behind every diagnosis lies a unique human story – stories of grief, pain, healing, resilience, love and more.

Cancer is a disease that occurs when changes in a group of normal cells within the body lead to uncontrolled, abnormal growth forming a lump called a tumour. If left untreated, tumours can grow and spread into the surrounding normal tissue or to other parts of the body via the bloodstream and lymphatic systems. This can affect the digestive, nervous, and circulatory systems or release hormones that may affect body function.

Types of Tumours

Benign Tumours:

Non-cancerous and rarely life-threatening. They grow slowly and do not spread to other parts of the body.

Malignant Tumours:

Cancerous grow faster than benign tumours and can spread and destroy neighboring tissues. They can metastasis, forming secondary tumours.

Precancerous Conditions:

Abnormal cells that may develop into cancer.

Types of Cancer

Carcinoma: Arises

from epithelial cells. Common types

are breast, prostate, lung, and colon cancer.

Sarcoma:

Affects bone or soft tissue. Common types are leiomyosarcoma. Liposarcoma and osteosarcoma.

Lymphoma and Myeloma:

Begins in immune system cells. Includes lymphatic system cancers and multiple myeloma.

Leukaemia:

Affects white blood cells and bone marrow.

Brain and Spinal Cord Cancers:

Known as central nervous system cancers.

What Causes Cancer?

Cancer can be caused by a combination of factors. Some are modifiable, and reducing these risks can prevent 40% of cancer cases.

Modifiable Risk Factors

Being Overweight or Obese:

Linked to an increased risk of 12 types of cancer, including bowel and pancreatic cancer.

Diet and Nutrition:

High intake of red meats, processed meats, and salted foods and low intake of fruits and vegetables, impact cancer risks.

Tobacco Use:

Contains carcinogenic agents responsible for 22% of cancer deaths.

Ionizing Radiation:

Includes radon, x-rays, gamma rays, and ultraviolet radiation.

Workplace Hazards: Exposure to substances like asbestos increases cancer risks.

Infection:

Viruses like HPV and Hepatitis B and C can cause cancer.

Non-modifiable Risk Factors

Age:

Cancer risk increases with age.

Carcinogens:

Substances that alter cell behaviour.

Genetics:

Inherited genetic predisposition increases cancer risk.

Immune System:

Weakened immune systems increase cancer risk.

What Are Signs And Symptoms Of Cancer?

With so many different types of cancers, the symptoms vary and depend on where the disease is located. However, there are some key signs and symptoms to look out for, including:

Unusual Lumps or Swelling

Cancerous lumps are often painless and may increase in size as the cancer progresses.

Coughing, Breathlessness or Difficulty Swallowing

Be aware of persistent coughing episodes, breathlessness or difficulty swallowing

Unexpected Bleeding

Includes bleeding from the vagina, anal passage, or blood found in stools, in urine or when coughing.

Fatigue

Which shows itself as extreme tiredness and severe lack of energy. If fatigue is due to cancer, individuals normally also have other symptoms

New Mole or Changes to a Mole

Look for changes in size, shape, or colour and if it becomes crusty or bleeds or oozes

Unusual Breast Changes

Look for changes in size, shape or feel, skin changes and pain.

Most of the signs and symptoms mentioned are likely due to be something less serious than cancer, but early detection is crucial if it is cancer.



Anxiety Coach

**A FREE 3-session program for parents and carers
of children 3 - 8 years**

This free interactive three-part program will provide parents with a greater understanding on why children experience heightened anxiety and the role they can play in managing it. The program supports parents to:

- Have a greater understanding of the brain and how anxiety originates.
- Practical strategies to help build resilience in children.
- How to identify anxiety & counter its progress.
- Simple techniques to help children manage worries.

No cost. Bookings essential.
Light refreshments provided.

To book: Contact Hannah Franz

T: 0437 858 079 | E: hfranz@amityhealth.com.au

When: Weds 9 - 11am
Starting 26 March 2025

(Runs for 3 weeks)

**Where: East Narrogin PS,
Community Centre,
Butler St entrance**

Supported by:



Wanted

24 or 28 run combine or
cultitrash with small
seeds box in working
order

Phone Grant on
0427 801 329



Government of Western Australia
WA Country Health Service

Quit smoking services in the Wheatbelt

Smoke Free Me

Smoke Free Me is a free program run by WA Country Health Service. It offers tailored support to help you gain control of your smoking. Phone: 08 9690 1720
Email: wheatbelt.phu@health.wa.gov.au

VAPE FREE ME
SMOKE FREE ME



Wheatbelt Aboriginal
Health Service

No More Ngamari

No More Ngamari is a culturally appropriate program run by the Wheatbelt Aboriginal Health Service. It offers 12 weeks of free support, advice and nicotine replacement therapy. Phone: 08 9690 2888

Quitline

Quitline is a confidential support service. For the usual cost of a call, a trained advisor (including Aboriginal advisors) can help you to plan and develop strategies to quit smoking.

Phone: 13 78 48 or text 0477 765 007 to receive a free call back.



HOLYOAKE

Holyoake

Wheatbelt Community Drug Service Team
Holyoake offers quit smoking support to people who are also affected by alcohol and other drugs.
Phone: 08 9621 1055

General Practitioner

You can book in with your GP to talk about quitting.



HEALTHY CHOICES • QUIT • RESIST • DON'T SMOKE

**\$400
Waterwise
Toilet
Rebate**

T&Cs apply

WATER
CORPORATION

Think climate change
Be waterwise

Does your home have a single flush toilet? Water Corporation is currently offering customers in regional WA a \$400 rebate to flush away single flush toilets.

The type of toilet you have can make a big difference in water savings. Old single flush toilets can use as much as 12 litres every flush compared to the 3-4.5 litres used by a WELS 4 star rated dual flush toilet.

To find out more, visit

www.watercorporation.com.au/toiletrebate

T&Cs apply.



TICKETS ON SALE FEBRUARY 1ST

SAVE THE DATE

Gourmet in
the Garden

FRIDAY 21ST OF MARCH 2025
AT THE
KONDININ COMMUNITY GARDEN

HOSTED BY
WEST AUSTRALIAN GOOD FOOD GUIDE CHEF OF
THE YEAR 2019
CHEF / OWNER @ YOUNG GEORGE BAR &
KITCHEN & ETHOS DELI & DINING ROOM
MELISSA PALINKAS



SHIRE OF
KONDININ



Key Civil
Construction & Maintenance

KONDININ

TRIATHLON

SATURDAY 22ND FEBRUARY 2025
START 8:00 AM @KONDININ AQUATIC CENTRE



\$20 PER ADULT

OPEN SHORT COURSE
SWIM - 250M
BIKE - 10KM
RUN - 2.5KM

OPEN LONG COURSE
SWIM - 750M
BIKE - 20KM
RUN - 5KM

\$5 PER CHILD

JUNIOR UNDER 12
SWIM - 100M
BIKE - 2.5KM
RUN - 1KM

JUNIOR 12 TO 16
SWIM - 200M
BIKE - 5KM
RUN - 2KM

REGISTER NOW FOR INDIVIDUALS AND TEAMS

ALL LOCAL SPORTING CLUBS ARE ENCOURAGED TO ENTER A TEAM AND COMPETE FOR THE CHANCE TO WIN THE TROPHY AND CLAIM VICTORY!

REGISTRATION FORMS CAN BE COLLECTED AT THE SHIRE OFFICE IN KONDININ/HYDEN OR VIA WWW.KONDININ.WA.GOV.AU



AGRISKILLS ROUNDTABLE

SHAPING CAREERS, GROWING OPPORTUNITIES

TUESDAY, 18 FEBRUARY 2025

9.30AM FOR 10.00AM – 2.00PM

FREE EVENT INC LUNCH

MUSESK INSTITUTE

1 Muresk Rd, Northam

Key presenters are:

**Brad Armstrong, Manager Workforce
Capability, DPIRD
WA Primary Industry Workforce
Development Strategy**

**Andrew Horgan, Stakeholder
Engagement Manager, Skills Insight,
Agriculture Trade Apprenticeship**

**Ros Hegarty, Portfolio
Manager, Central Regional TAFE
Opportunities at CRTAFE**

Join us on a journey to help shape the future of agriculture careers!

This roundtable event hosted by the Food Fibre & Timber Industries Training Council of WA Inc in partnership with Central Regional TAFE is your opportunity to:

- ❖ Influence the future of agricultural education and workforce development
- ❖ Network with industry leaders, educators, and policy makers
- ❖ Contribute to strategies that grow career opportunities in agriculture.



RSVP by: Friday, 7 February 2025

Email: diane@fftitc.com.au

(please indicate dietary requirements)

Phone: 0419 292 404



THE ROOF & WALL DOCTOR *Is Back In Town!!*

Like to have your roof replaced with new Long lengths of Zincalume or Colorbond? How about new gutters & downpipes, Insulation or a Skylight?

WE REMOVE & DISPOSE OF OLD TILES, IRON & TIN

WE SUPPLY & FIT NEW:-

- ✓ Zincalume & Colorbond
- ✓ Insulation
- ✓ Tuckpointing & Crack Stitching

ALL RE-ROOFING WORKS IN WA, IN EXCESS OF \$20,000 (inc GST), CAN ONLY BE CARRIED OUT BY A LICENCED & REGISTERED BUILDING COMPANY

**HERITAGE BUILDINGS RESTORED
RESTORATION OF FRETTING BRICK & STONE WALLS**

All quotes carried out on-site, by the Doc himself. We service all country areas. Get your free quote now, while we are in your area.

THE ROOF & WALL DOCTOR

16 Essex Street FREMANTLE W A 6160

Phone:- 9430 6553

FULLY GUARANTEED & FULLY INSURED

Registered with The Builders Registration Board #13172



**OWNED & OPERATED BY
THE SAME FAMILY
OWNERS SINCE 1994**



Website www.roofandwalldoc.com.au

Email:- info@roofandwalldoc.com.au

As Seen on GWN & Channel 7 "Home in WA"



EXPRESSION OF INTEREST - FREE RABBIT BAITS



The EWBG are calling for EOI's to hold bait mixing days in February for the landholders in the Shire's of Kondinin, Kulin, Lake Grace, Mt Marshall, Merredin, Mukinbudin, Narembeen, Nungarin, Trayning, Westonia & Yilgarn.

EWBG WILL PROVIDE:

- ✓ Assistance with and pay the cost of obtaining a Restricted Chemical Product (RCP) Permit.
- ✓ The supply of poison one shot 1080 oats that will be mixed with the landholders oats (you supply) for the landholders to trail out on your property.

**REGISTER EOI
NOW**



0455 724 848



admin@ewbg.com.au



www.ewbg.com.au

GENERAL INFORMATION

SHIRE CONTACTS

FRC- 9880 1000
CRC- 9880 1204
Caravan Park-
0439 469 850
Pool- 9880 1222
Depot- 9880 1218
KCCC- 9880 1636

JUSTICES OF THE PEACE

MT Lucchesi 9880 4050
JM McInnes 9880 1360
R Noble 98801383
BW Sloggett 0427081925

MEDICAL CENTRE

Kulin- 9880 1315
Kondinin- 9889 1753
KN Hospital- 9894 1222

Kulin Nursing Station:
Tues, Wed & Fri
8:30 - 12:30

EMERGENCY CONTACTS

Emergency centre-
9880 1079
SES - 13 25 00
Western Power- 13 13 53
Water Auth.- 13 13 75
Kulin Water Depot -
9880 1356

POLICE CONTACTS

Crime Stoppers-
1800 333 000

Kulin Police Station is
staffed by two officers who
are available to respond to
incidents 24/7. Your local
police can be contacted as
follows:

Emergency: 000
Non-emergency: 131 444
KU Station - 9861 5800

TIP SHOP OPENING DAYS

10am-3pm
Sunday | Monday | Thursday

REPORTING MINOR ISSUES

The Shire of Kulin uses
Snap Send Solve, simply
download the app and use
your smart phone to report
a variety of issues directly
to the Shire.

LOCAL CHURCHES

Uniting Church
1st & 3rd Sunday of each
month, 10:30am

Catholic Church
Fr Truc Nguyen
1st, 3rd, 4th, 5th, 8am

Anglican Church
By request
K. Wilson 0429 801 228
Bunbury office- 9721 2100

KULIN MOTOR MUSEUM

Wednesday 10am-12:30pm
Saturday 10am-2pm
C. King 9880 1058
B. Colbourne 0429804615
J.Munro 0427 386 849

KULIN LIONS CLUB

Kulin Lions Club collect
old glasses, hearing aids
and stamps. Please feel free
to drop off any of these
items at the Kulin Post
Office. Push bikes and
batteries can be dropped
off at Haydn's shed.
H McInnes 0429 801 215
T Barndon 0428 939 189
R Doust 0499 802 054

CONTAINERS FOR CHANGE

All Good Refund Depot
come to Kulin on the last
Wednesday of every
month. They pick up
returns from behind the
Memorial Hall at midday.
Contact Belle at the Shire
for more info.

KCCC ID
C10351204

ARTS CENTRE ID
C10333381