

THE KULIN UPDATE

12 December 2024

8 SENIORS CHRISTMAS LUNCHEON

The seniors enjoyed a delicious Christmas lunch.

10 KULIN AQUATIC CENTRE

To see Christmas closure please see page 10 and 11.

16 KULIN COMMUNITY HUB

"Thank you" night and New Years Eve at the Kulin Community Hub this December!

YEAR 10 GRADUATES



Kailey Jenks | Most Improved Award 2024, Cambodian Humanitarian Tour 2024

Evalyn Buttigig | Vice President Student Council, Cambodian Humanitarian Tour 2024

Aliya Hemi | Secondary Visual Arts Award, Art Acquisition Award 2024

Shauna Meehan | Ampol Best Allrounder Award 2024, School DUX 2024, Cambodian Humanitarian Tour 2024

Bridie Northey | Faction Leader 2024, Secondary Citizenship Award 2024

Amelia Spurr | President Student Council 2024, Yr 9/10 STRIVE Award, Country Week MC 2024, Cambodian Humanitarian Tour 2023



Mon - Fri 8:30 am - 4:30 pm
38 Johnston Street, Kulin WA 6365
(08) 9880 1204
crccounter@kulin.wa.gov.au
www.kulin.wa.gov.au/crc-home



How to receive the Kulin Update via email?

Call or email us and let us know your name and email address so we can add you to the distribution list.

Alternatively, visit

www.kulin.wa.gov.au/#newsletterscroll

How to advertise in the Kulin Update?

Complete the booking form found here -
www.kulin.wa.gov.au/council/news/community-newsletter.aspx and send your advert and completed booking form to crccounter@kulin.wa.gov.au

When are the deadlines?

All articles and booking forms are to be sent NO LATER than Tuesday, 4pm prior to the publication date.

What are the advertising costs?

1/4 page b/w - \$20
1/2 page b/w - \$25
1/2 page colour - \$25
Full page b/w - \$40
Full page colour - \$80
Front/ back - \$100

Members receive 20% off advertising costs, please contact
crccounter@kulin.wa.gov.au for more information.

Accepted document formats:

- PDF
- JPEG



Achieved something?

We would love to share any community news or achievements in the newsletter, send through the information to rcmgr@kulin.wa.gov.au

HAPPY BIRTHDAY!

December

12th	Tamara Davis
13th	Eli McAdam
15th	Selina Turner, Matt Miles, Brad Smoker, Kaitlyn Bilney
16th	Trish Mahe
17th	Zac Argent, Ronan Sullivan
18th	Grace Murphy
20th	Dean Hope, Darren Thomas, Wyatt McInnes, Max McInnes
21st	Paul McInnes, Chris Wade
22nd	Greg Tyley
23rd	Bryn Davies, Belle Brandis
24th	Alan Bowey
25th	Geoff Hodgson, Peter Mullan, Dot Cook
26th	Pat Eyres, Jack Jenks
27th	Kareena Waters, Will Mullan
29th	Doug Ellis

January

1st	Tanya Taylor
3rd	Peter Roads, Jack August
6th	Shane Grimsey, Molly McInnes
7th	Shania Slater
8th	Elise Mullan
9th	Reece Scadding, Chloe Sullivan
10th	Pam McInnes
12th	Shirley Wilson, Meggs Gibson
13th	Garry Whitehead
14th	Kendall Spurgeon
15th	Jock Carruthers, Jake O'Brien, Nadia Bull
17th	Chloe Argent, Caleb Siviour
20th	Tracey Noble
23rd	Ryan Brandis
24th	Brady Argent
26th	Maggie Murphy
27th	Shane Tyson, Kristy Ellis
28th	John Spark
29th	Rob Doust

12. ➡ DECEMBER ➡ 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 Junior Cricket Bowls Mixed Day	02	03 Dr Chukwuneke @ Kulin Kulin Walking Group Seniors Christmas Lunch Yogalates	04 Social Tennis	05 Playgroup KDHS Graduation Dinner	06 Dr Chukwuneke @ Kulin Junior Basketball Grand Final	07 Bowls Pennants Men
08 Bowls Rotating 4s	09	10 Dr Chukwuneke @ Kulin Seniors Movie Day Kulin Walking Group Yogalates	11 Social Tennis KDHS Presentation Night	12 Playgroup Last day of Term 4 10th KULIN UPDATE	13 Dr Chukwuneke @ Kulin Community Christmas Party	14
15 Junior Cricket Bowls Pairs	16	17 Dr Chukwuneke @ Kulin Kulin Walking Group Yogalates	18 Council Meeting Social Tennis	19 Playgroup KCCC Closed	20 Dr Chukwuneke @ Kulin KCCC Closed	21 Bowls Pennants
22 Bowls Social	23 KCCC Closed	24 No Doctor FRC Closed KCCC Closed Kulin Shire Closed from 2pm	25 Christmas Day FRC Closed KCCC Closed Kulin Shire Closed Kulin Hardware Closed Gangells Closed Bendigo Bank Closed	26 Boxing Day FRC Closed Transfer Station Closed KCCC Closed Kulin Shire Closed Kulin Hardware Closed Gangells Closed Bendigo Bank Closed	27 No Doctor FRC Closed KCCC Closed Kulin Shire Closed Bendigo Bank Closed	28
29 Gangells Closed	30 FRC Closed KCCC Closed Kulin Shire Closed Bendigo Bank Closed	31 FRC Closed KCCC Closed Kulin Shire Closed No Doctor Bendigo Bank Closed	01 New Years Day FRC Closed KCCC Closed Kulin Shire Closed Kulin Hardware Closed Gangells Closed Bendigo Bank Closed	02 FRC Closed KCCC Closed Kulin Shire Closed	03 No Doctor FRC Closed KCCC Closed Kulin Shire Closed	04

December has been a busy month for the CRC with many events and competitions being held. Thank you to everyone who attends and contributes. It is very rewarding when we have wonderful community support.

The Seniors Christmas Lunch was held on 3rd December. This year was a big event with 48 community members enjoying a beautiful meal by Amy (Acres of Taste) and wonderful Christmas carols sung by the Kulin District High School Kindy, Pre-primary, Years 1 & 2's. A lot of planning goes into events to make them run smoothly so I offer a big thankyou to Stella, Iria, Aitor and James for setting up, serving and cleaning up for the day, Amy for the wonderful food, the teachers at KDHS for getting the children to the FRC to entertain everyone and Cr. Robbie

Bowey for welcoming everyone and giving a rundown of Council projects. The Community Christmas Party will be on Friday 13th December at the Freebairn Recreation Centre. Food vans, inflatables, Father Christmas, live music and Christmas Markets will make for a great evening. We look forward to celebrating with the community.

One to mark in the calendar for January – Australia Day morning tea. We will be celebrating Australia Day with Citizen of the Year awards. More information to come in January. The Shire Office/CRC will be closing at 2pm on Tuesday 24th December and will reopen on Monday 6th January. If the conditions arise that a Harvest and Vehicle Movement Ban is required, the Shire has processes in place to ensure this will happen. Please note that there is an automatic

Harvest and Vehicle Movement Ban imposed for Christmas Day (25th December 2024) and New Years Day (1st January 2025).

As this is the last edition of the Kulin Update for 2024 I would like to thank everyone who supports us by providing articles, photographs, advertising and reading it! This year Stella and Belle have done a great job in ensuring there are plenty of articles to read, information to keep you updated on what's on in Kulin and opportunities to celebrate great things happening in our region.

I take this opportunity to wish everyone a very Merry Christmas and Happy New Year.

Taryn Scadding
Executive Manager of Community Services



EMPLOYMENT OPPORTUNITY

COMMUNITY RESOURCE CENTRE TRAINEE

The Community Resource Centre Trainee position encompasses both on the job training and completion of a relevant Certificate II or III TAFE Traineeship Course.

You will:

- Provide assistance, under supervision, to officers and the public in the performance of a variety of duties carried out at the Kulin Community Resource Centre.
- Provide efficient customer service to visitors and local clients.

The ideal candidate will be an enthusiastic, positive, self-motivated person, with a commitment to complete their traineeship studies.

The position is a fixed term contract for 12 months. The package includes superannuation, subsidised Council housing and other benefits.

The position will begin in February/March 2025.

FULL POSITION DESCRIPTION

www.kulin.wa.gov.au/council/news/employment-opportunities


MORE INFORMATION:

Taryn Scadding
emcs@kulin.wa.gov.au

APPLICATION DEADLINE:

January 17th, 2025





Kulin Shire Council

Annual Meeting Dates 2025

Public Notice

2025 Notice of Meeting

Notice is hereby given that the 2025 Ordinary Council Meetings of the Shire of Kulin will be held on the following **Wednesdays**, commencing at 4:00pm

19 February

19 March

16 April

21 May

18 June

23 July

20 August

17 September

15 October

19 November

17 December

Meetings are held at the Shire of Kulin Council Chambers, 38 Johnston Street Kulin. Copies of agendas and minutes can be accessed on the Shire's website at www.kulin.wa.gov.au





Shire of Kulin Grader Operator

Applications are invited for the position of a full time Grader Operator with the Shire of Kulin.

The successful applicant will be reporting to the Executive Manager of Works and will need to hold a minimum HR class license with a HC or MC held in high regard and carry out day to day duties to ensure works are completed in a safe and timely manner. Applicants will be required to operate councils' plant and machinery, with the main role being the operation of a Cat 140 Road Grader.

Conditions of employment are in accordance with the Local Government Industry Award 2020, Industrial Agreement.

The successful applicant will be offered an attractive remuneration (details in application package), based on an 84-hour fortnight spread across nine days and includes an RDO and housing allowance. There is the potential for higher earnings should the applicant be willing to complete further hours of overtime. Subject to availability at the time of the offer, subsidised housing may also be available to the successful candidate.

Kulin is located three hours south east of Perth, has a district population of 700 and is well serviced in terms of health care and schooling (to year 10). It is a vibrant, active community with amazing recreation facilities.

To obtain the application package visit Council's website www.kulin.wa.gov.au

Further enquires in relation to the position can be directed to the Executive Manager of Works Judd Hobson – email works@kulin.wa.gov.au or mobile 0427 801 241

Applications outlining employment history and including the names of two recent referees must be received by **4:30pm on Wednesday 18 December 2024** and should be addressed to the CEO and sent via email to ceo@kulin.wa.gov.au

Alan Leeson
CEO
PO Box 125
KULIN WA 6365
ceo@kulin.wa.gov.au



EMPLOYMENT OPPORTUNITY

CASUAL PLANT OPERATOR

Casual Plant Operator required for approximately 2 months.
Starting 13th January.



REQUIREMENTS:

- Must hold a minimum HR License (HC MC desirable)
- Construction card (White card)
- Pass a medical/drug screen
- Must have own accommodation

MORE INFORMATION

Judd Hobson
works@kulin.wa.gov.au

Kulin Transfer Station

The Kulin Transfer Station is located on Truebody street approximately 2km from the Kulin Post Office.

The Station is open Sundays,
Mondays & Thursdays
from 10am – 3pm.

Driving Assessor

Kulin has one assessment day a month. Call BENDIGO BANK KULIN for bookings or enquiries
9880 1422

DIFIBRILLATOR LOCATIONS

KULIN

Kulin District High School
Kulin Caravan Park
Public Toilets (Johnston St)
Aquatic Centre
Freebairn Recreation Centre
Kulin IGA
Butler's Garage & Museum
Kulin Memorial Hall

DUDININ

Dudinin Tennis Club

PINGARING

Public Toilets
Pingaring AgSolutions
Pingaring Golf Club

SENIORS CHRISTMAS LUNCHEON

Our annual Seniors Christmas Luncheon took place on the 3rd of December. Our very well dressed seniors arrived at 11am, this was followed by a beautiful performance from the very talented KDHS kindy/pp + 1/2 students at 11:30am. After a successful Winter Wonderland theme of 2023, this year we kept it traditional. The FRC was decorated accordingly, much thanks to Aitor and Iria! I just want to take this moment to thank these guys, without them this event wouldn't be possible. From

moving tables to tying A LOT of ribbons, to bartending, you guys are amazing!

The seniors enjoyed a delicious Christmas lunch of turkey with roast potato, roast baby carrot and Christmas slaw. Followed by pavlova, espresso cheesecake and mango passionfruit cheesecake. This was all possible thanks to Amy at Acres of Taste. Thank you, it was extremely yum!

A few mentions go to Taryn Scadding, Caroline Carrie, James McInnes and the Shire office. Thank you to Taryn for helping organise and run this event, James for coming down to set up and help throughout the day.

We hope you all enjoyed this event, have a safe and merry Christmas!

Stella Wade
CRC Trainee



SENIOR CHRISTMAS LUNCHEON



KULIN AQUATIC CENTRE

CHRISTMAS CLOSURE

21.12	POOL 11AM - 6PM SLIDE 1 - 5PM
22.12	POOL 11AM - 6PM SLIDE 1 - 5PM
23.12	POOL ONLY 12PM - 6PM
24.12	CLOSED
25.12	CLOSED
26.12	CLOSED
27.12	POOL 12PM - 6.30PM SLIDE 1 - 5PM
28.12	POOL 11AM - 6PM SLIDE 1 - 5PM
29.24	POOL 11AM - 6PM SLIDE 1 - 5PM
30.24	CLOSED



KULIN AQUATIC CENTRE

CHRISTMAS CLOSURE

31.12	POOL 12PM - 6.30PM
01.01	POOL 12PM - 6.30PM SLIDE 1 - 5PM
02.01	POOL 12PM - 6.30PM SLIDE 1 - 5PM
03.01	POOL 12PM - 6.30PM SLIDE 1 - 5PM
04.01	POOL 11AM - 6PM SLIDE 1 - 5PM
05.01	POOL 11AM - 6PM SLIDE 1 - 5PM
06.01	CLOSED
07.01	NORMAL HOURS RESUME FROM THIS DATE

COMMUNITY NOTICES

THE KULIN UPDATE

— KULIN COMMUNITY RESOURCE CENTRE

ADVERTISEMENT BOOKING FORM 2025

Company/Organisation Name:

Address:

Email:

Contact Name:

Contact Number:

Title of Advert:

2025 Publication Information

Please cross next to your preferred publication dates

January	<input type="checkbox"/>	30th <input type="checkbox"/>	<input type="checkbox"/>
February	13th <input type="checkbox"/>	27th <input type="checkbox"/>	<input type="checkbox"/>
March	13th <input type="checkbox"/>	27th <input type="checkbox"/>	<input type="checkbox"/>
April	10th <input type="checkbox"/>	24th <input type="checkbox"/>	<input type="checkbox"/>
May	8th <input type="checkbox"/>	22nd <input type="checkbox"/>	<input type="checkbox"/>
June	5th <input type="checkbox"/>	19th <input type="checkbox"/>	<input type="checkbox"/>
July	3rd <input type="checkbox"/>	17th <input type="checkbox"/>	31st <input type="checkbox"/>
August	14th <input type="checkbox"/>	28th <input type="checkbox"/>	<input type="checkbox"/>
September	11th <input type="checkbox"/>	25th <input type="checkbox"/>	<input type="checkbox"/>
October	9th <input type="checkbox"/>	23rd <input type="checkbox"/>	<input type="checkbox"/>
November	6th <input type="checkbox"/>	20th <input type="checkbox"/>	<input type="checkbox"/>
December	4th <input type="checkbox"/>	18th <input type="checkbox"/>	<input type="checkbox"/>

Submission Deadline:

4pm, Tuesday prior to publication

Sent to crccounter@kulin.wa.gov.au Send your advertisement in **PDF** or **PNG ONLY**.

DISCLAIMER:

The views expressed in the publications are not necessarily those of the editors who produce it. We reserve the right not to print articles deemed inappropriate.

Applicant Information:

We are not responsible for editing **ANY** articles or adverts sent in. The size of the advert you send will be the size you are charged for. How you send your advert is how it will be advertised, it is your responsibility to ensure the quality of your inclusion.

Advert size/cost

Please cross in boxes below. Not all electronic copies are in colour, only printed editions will be in b/w.

Quarter page b/w	<input type="checkbox"/>	\$20.00
Half page b/w	<input type="checkbox"/>	\$25.00
Half page colour	<input type="checkbox"/>	\$50.00
Full page b/w	<input type="checkbox"/>	\$40.00
Full page colour	<input type="checkbox"/>	\$80.00
Front or back page colour	<input type="checkbox"/>	\$100.00

Discounts are available

20% discounts for CRC member.
5% discount for publishing an advert for 0-6 months.
10% discount for publishing an advert for 6-12 months.

More Information

9880 1204 / crccounter@kulin.wa.gov.au
www.kulin.wa.gov.au



Kulin Childcare Centre



With the end of year fast approaching we have been busy at Kulin Childcare Centre completing our art activities to take home to our families.

Sand art, painting and gluing, such a mix of craft activities yet they all support our learning goal for end of year, fine motor & hand strength. These skills have been our focus as our 'big kids' get ready to head off to school in 2025.



During December we have spent time telling Christmas stories and talking about how families celebrate the holidays. This special connection and conversation over weeks support children to understand that holidays are celebrated throughout our community in many different ways. This is a great example of how our educators support children to understand their own identity and community.



As the year comes to a close, we would like to shine a light on our Educators at Kulin Childcare Centre. Working in early childhood is a very special place. Our Educators work not only to be fun, provide learning and scaffold play but most importantly work to form secure trusting relationships with each child. When children feel secure in an early learning environment they will flourish, learn more, build their own relationships and play (learn) happily. We are so very lucky to have an amazing bunch of educators within our service who come together and provide the children with such great care. Thank you very much Sue, Elspeth, Natalie, Jocelyn, Cameron, Vickie, Carla, Evelyn, & Kailey.

Thank you also to the extended team at Kulin CCC – Brenton keeping our building clean and the Shire of Kulin works crew for maintaining our beautiful outdoor spaces and maintaining our facilities. It is a big team effort and everyone's contribution is greatly appreciated.

Merry Christmas and Happy New Year from the Kulin CCC family.



Christmas Closure

PLEASE BE ADVISED OF THE FOLLOWING CLOSURES

THE KULIN SHIRE OFFICE
CLOSING 2PM 24/12/2024
RE-OPEN 6/01/2025

FREEBAIRN RECREATION CENTRE
OPEN 23/12/2024
CLOSING 24/12/2024 - 3/01/2025

KULIN CHILD CARE CENTRE
CLOSING 19/12/2024 - 14/01/2025



TO ALL COMMUNITY MEMBERS

To ensure our Community Christmas Party is inclusive and accessible for all community members Father Christmas will not be handing out gifts this year.

Don't worry! We will still be getting a special visit from him and a bag of lollies to go with! There will also be photo opportunities for half an hour before Santa leaves!



Community Christmas Party

13 December 2024

4:30

Freebairn Recreation Centre

FACE PAINTING | FOOD
TRUCKS | LIVE MUSIC | KIDS
ENTERTAINMENT | BAR OPEN
| MARKETS

JOIN US TO CELEBRATE AND
RECOGNISE ALL THE AMAZING
EFFORTS MADE BY OUR
COMMUNITY.

AND OF COURSE WE CAN'T
WAIT FOR OUR VERY SPECIAL
VISIT FROM SANTA CLAUS!!

GF FOOD
OPTIONS!

9880 1201
kulincommunityhub@yahoo.com



KULIN COMMUNITY HUB

"THANK YOU" NIGHT

FRIDAY 20TH DECEMBER

The Hub appreciates our customer's support!

All meals \$25.00

Kitchen opens at 6pm
{last orders 8:30pm}



We would love you to join us!



NEW YEARS EVE

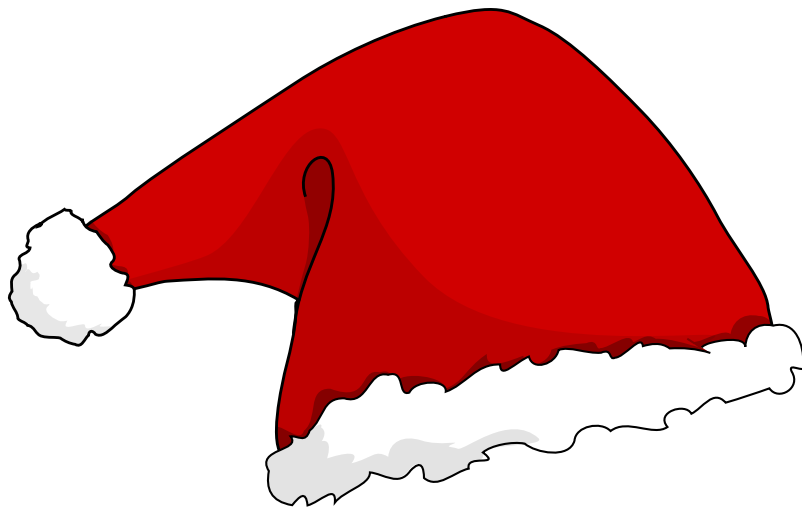
KULIN COMMUNITY HUB

Join us for a casual meal in a relaxed atmosphere. You are welcome to book a table in advance.

Have a wonderful Christmas
and we hope to see you,
“seeing in” 2025!

9880 1201 | kulincommunityhub@yahoo.com





CHRISTMAS Colouring Competition

Winners will be drawn at the Kulin Community Christmas Party on December 13th, so be sure to return it to the crc or the school office by wednesday the 11th!!

A prize for each age group winner:

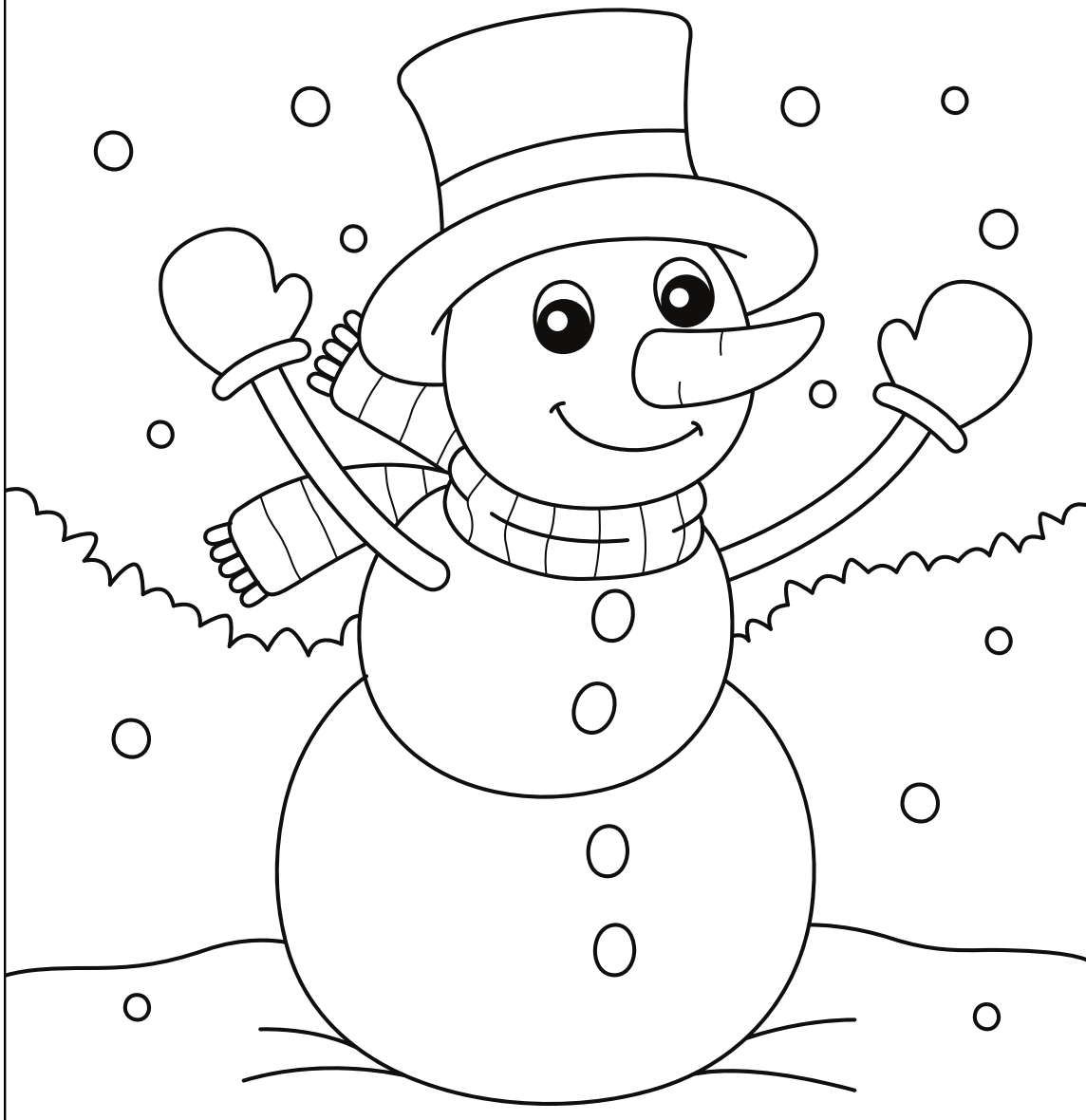
4-7 year olds
8-11 year olds
12-16 year olds



AGE 4-7

RETURN TO KULIN SHIRE OFFICE

MERRY CHRISTMAS



AGE 8-11

RETURN TO KULIN SHIRE OFFICE

MERRY CHRISTMAS



AGE 12-16

RETURN TO KULIN SHIRE OFFICE

MERRY CHRISTMAS





JOIN US FOR 2 HOURS OF FUN

CHRISTMAS CRAFTS

MONDAY 16TH DEC 1-3 PM
TUESDAY 17TH DEC 10-12PM

\$25

BOOKINGS ESSENTIAL



**Kulin
Community
Arts Centre**

High Street - opposite Tin Horse Automotive

FOR BOOKINGS OR MORE INFORMATION
CONTACT ERIN BAILEY 0429809013



KULIN CHRISTMAS MARKETS

Friday 13th Dec
4.30-7.30pm

Freebairn Recreation Centre



The Place for Unique Handmade Gifts

Glass Jewellery,

Suncatchers, Magnets

Children's and Ladies

Accessories

Embroidery

Knitting

Macrame

Cards

Crocheting

Soaps

Sewn Crafts



NARROGIN
SPORTSPOWER
YOUR LOCAL EXPERTS

FOR A STALL APPLICATION CONTACT

ERIN BAILEY 0429809013

OR GO TO

[HTTPS://JOTFORM.COM/](https://jotform.com/)

[ERINBAILEY/2024XMASMARKETS](https://jotform.com/ERINBAILEY/2024XMASMARKETS)

THROWBACK THURSDAY

HISTORIC PHOTOS



SPICED GINGERBREAD LOAF & SMOKED SALMON WREATH

Spiced Gingerbread Loaf

Ingredients

- 2 cups all-purpose flour
- 1 tsp baking soda
- 1 ½ tsp ground ginger
- 1 ½ tsp ground cinnamon
- ¼ tsp ground cloves
- ¼ tsp salt
- 1/8 tsp fresh ground pepper
- 2/3 cup unsulphered or dark molasses
- ¾ cup hot water
- ½ cup unsalted butter, room temperature
- 1/3 cup brown sugar
- 1 large egg
- 1 tsp vanilla extract

Orange Icing

- 1 cup confectioner's sugar, sifted
- 2-3 tbsp orange juice

Method

Step 1

Adjust the oven rack to the lower third position and preheat oven to 177C.

Step 2

In a medium bowl, whisk the flour, baking soda, ginger, cinnamon, cloves, salt and pepper together until combined. Set aside. In a separate bowl or dish, whisk the molasses and hot water together.

Step 3

In a large bowl using a handheld or stand mixer fitted with a paddle attachment, beat the butter on high speed until smooth and creamy, about 1 minute. Add the brown sugar and beat on high speed for 1 minute until creamed together fairly well. Scrape down the sides and up the bottom of the bowl with a silicone spatula as needed. On medium-high speed, beat in the egg and vanilla extract until combined. Scrape down the sides and up the bottom as needed. With the mixer on low speed, add the dry ingredients in three additions alternating with the hot water/molasses and mixing each addition just until incorporated. Avoid overmixing. Batter will be thin. Whisk out any big lumps.

Step 4

Pour batter into prepared pan. Bake for around 50-60 minutes or until the gingerbread loaf is baked through. All ovens are different, and your loaf could take a little more or less time. To test for doneness, insert a toothpick into the center of the gingerbread loaf. If it comes out clean with only a couple moist crumbs, it is done. Allow to cool completely in the pan set on a wire rack before removing from pan.

Step 5

Make the icing. Whisk the confectioner's sugar and orange juice together. Drizzle over cooled loaf.

Smoked Salmon Wreath

Ingredients

- 1x Bakers Delight White Breadstick
- 100g packet of Smoked Salmon
- 2 Cos Lettuce
- 1 Cucumber
- 2 Lemons
- 5 Radishes
- 200g Brie
- 100g Cornichons
- ¼ cup Capers
- Fresh Dill to garnish

Method

Step 1

Prep your ingredients; finely slice the radishes and lemons, slice the brie, hale the cornichons and create thin strips of cucumber with a peeler.

Step 2

On a large round plate, assemble your wreath with layers of lettuce, cucumber, salmon, lemon and brie. Garnish with pieces of radish, cornichons, capers and fresh dill.

Step 3

Serve with slices of fresh Bakers Delight White Breadstick.





Government of Western Australia
North Metropolitan Health Service



Women 40 years or over,
have a **FREE** breast screening
mammogram every two years.
Once is not enough.



BreastScreen WA's mobile service will be at:

Kulin

Freebairn Rec Centre, Lake Grace Road

03/01/2025 - 08/01/2025

Dates may be subject to change

For an appointment
book **online** or phone **13 20 50**



www.breastscreen.health.wa.gov.au



Government of Western Australia
North Metropolitan Health Service



Media Statement

North Metropolitan Health Service, Nedlands, WA 6009
Telephone (08) 6457 7300
nmhs.media@health.wa.gov.au

25 November 2024

Free mammograms for women in Kulin

BreastScreen WA's **FREE** screening mammogram service is coming to Kulin

from **03/01/2025 - 08/01/2025**

and the mobile clinic will be located at:

Freebairn Rec Centre, Lake Grace Road

Women 40 years and over with no symptoms are eligible for a FREE screening mammogram.

Breast cancer is the most common life threatening cancer for women and 1 in 7 women in Australia will develop breast cancer in their lifetime.

Having a screening mammogram (breast x-ray) every two years significantly increases the chance of a woman surviving breast cancer and reduces the amount of treatment required. More than 75 per cent of breast cancers occur in women over the age of 50. Research shows that screening is most effective for this age group.

BreastScreen WA's Medical Director Dr Elizabeth Wylie, said screening mammography was the most effective method for early detection of breast cancer.

"Screening every two years is vitally important to increase the chance of a breast cancer being detected when it is too small to feel or be noticed", she said. "Finding a cancer at this early stage often means that the breast cancer is small and more treatable".

"A free screening mammogram is one of the best things that women can do to look after their health. Breast screening saves lives and only takes 20 minutes".

Screening mammograms may detect 70 to 90 per cent of breast cancers.

Any woman with a persistent change in a breast should contact her doctor immediately.

Dates may be subject to change. If visit dates are not suitable participants are welcome to book at the clinic in a different town or at any of our [permanent clinics](#). For more information please visit BreastScreen WA's website www.breastscreen.health.wa.gov.au.

To make your free screening mammogram appointment – book online
www.breastscreen.health.wa.gov.au or call 13 20 50.

Early detection is your best protection.

ENDS

Media contact: Media Coordinator **North Metropolitan Health Service** T: (08) 6457 7300
E: nmhs.media@health.wa.gov.au.

www.breastscreen.health.wa.gov.au

R1/1

Dr Wylie is available for interview.

ADULT SUPPORT SERVICES

DO YOU OR SOMEONE YOU CARE ABOUT NEED SOMEONE TO TALK TO?



PHONE-BASED SUPPORT FOR MENTAL HEALTH:

LIFELINE - 13 11 14

BEYOND BLUE - 1300 224 636

HERE FOR YOU - 1800 437 348

SUICIDE CALLBACK SERVICE - 1300 659 467

1800RESPECT - 1800 737 732 (Family & Domestic Violence)

RURAL LINK - 1800 552 002

MENSLINE - 1300 789 978

13YARN - 13 92 76

PHONE-BASED SUPPORT FOR ALCOHOL & DRUG USE:

ALCOHOL & DRUG (AOD) SUPPORT LINE - 1800 198 024

(AOD) PARENT & FAMILY SUPPORT LINE - 1800 653 203

METH HELPLINE - 1800 874 878

GAMBLING HELP ONLINE - 1800 858 858

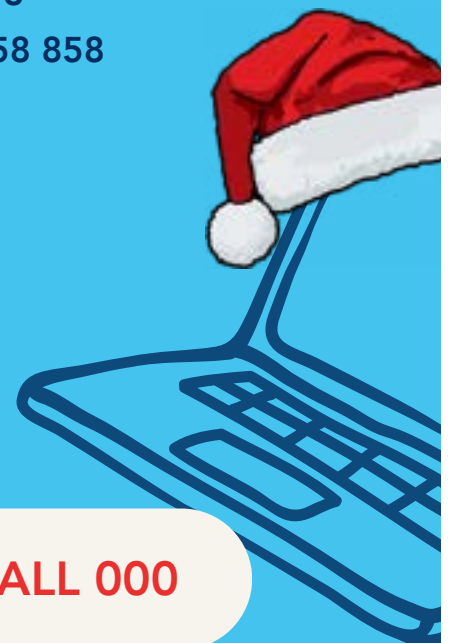
WEB-BASED SUPPORT:

LIFELINE - www.lifeline.org.au

BEYOND BLUE - www.beyondblue.org.au

MENSLINE - www.mensline.org.au

1800RESPECT - www.1800respect.org.au



IN CASE OF AN EMERGENCY CALL 000



Youth Support Services

Do you or someone you care about need someone to talk to?



Phone-based support:



Lifeline - 13 11 14

Beyond Blue - 1300 224 636

QLife - 1800 184 527

Kids Helpline - 1800 551 800

headspace - 1800 650 890

1800respect - 1800 737 732

13YARN - 13 92 76

Web-based support:



Beyond Blue - youthbeyondblue.com

Kids Helpline - kidshelpline.com.au

ehedspace - ehedspace.org.au

mindspot - mindspot.org.au

reachout - au.reachout.com

MOST - most.org.au

QLife - qlife.org.au





Department of Energy, Mines,
Industry Regulation and Safety



REGIONAL COLUMN

www.demirs.wa.gov.au www.wa.gov.au

5 December 2024

With Senior Regional Officer for Great Southern, Chadd Williams

Think before you give – a festive warning

West Aussies are a generous bunch of people, and the festive season often inspires acts of kindness. For some people this means donating food for Christmas hampers, and for others it means opening their wallets to donate to a charity close to their heart.

Sadly, there is a need for vigilance, even during the most joyous time of year. There are unscrupulous people who are out to take advantage of the good will of others.

So how can we ensure our donations are reaching those in need, rather than lining the pockets of scammers?

Scammers may pose as a real charity and target victims via unsolicited emails, text messages and social media posts. The best advice is to 'practice the pause' and don't click on any links. Instead opt for safer methods of donating, such as finding the charity's official website through a search engine or the charity register.

While it is important to identify legitimate collectors for your chosen charity, it is also worth considering if there are additional costs that may be associated with donating via online platforms or collection agencies.

Third-party collectors usually receive a fee for every donation they secure. Online fundraising platforms may also charge a fee for their services, which in some cases can significantly impact on the value of your donation.

Whether you're approached at your doorstep, in a shopping centre, or over the phone, ask the collector if they are from the licensed charity itself and will they receive your donation in full.

Another benefit of dealing directly with your chosen charity, rather than through third-party collectors, is you avoid exposing your personal or financial details to an additional source.

Protecting your information as much as possible during this time of frequent data breaches will go a long way to stop it falling into the wrong hands.

Consumer Protection encourages people to continue to donate where they can as charitable giving is an important and beneficial part of Christmas.

To verify the legitimacy of a charity or not-for-profit organisation, check if they're licensed on <https://www.consumerprotection.wa.gov.au/list-licensed-charities>.

If you think you may have been scammed by a fake charity, there's no shame in reporting it to us via scamnet.wa.gov.au or call 1300 30 40 54, email consumer@demirs.wa.gov.au.



Kaylor Andrews

Regional Education Officer – Wheatbelt
Cancer Council Western Australia
Kaylor.Andrews@cancerwa.asn.au

Spotlight on lung cancer – know the symptoms

Cancer Council WA is using November's Lung Cancer Awareness Month to remind people in the Wheatbelt region of the symptoms of lung cancer and what to do if they notice any unusual changes to their bodies.

In the Wheatbelt in 2019, 57 people were diagnosed with lung cancer and 27 people lost their lives to it.

Symptoms to look out for include:

- Coughing or spitting up blood (once or more)
- Or, for more than four weeks:
- A new cough or change to your usual cough
 - A lot of chest infections
 - Finding it hard to breathe
 - Losing weight without trying
 - Not feeling hungry
 - Pain in your chest and/or shoulder
 - Feeling tired or lacking energy
 - Changes to your voice, such as hoarseness or croaky voice

If you have had any of these symptoms, tell your doctor, clinic nurse or Aboriginal health worker as soon as possible. It doesn't mean you've got cancer – often, it turns out to be something less serious. The benefit to finding cancer early is that you can be around longer to do the things you love doing with the people you love, such as caravanning, holidaying, camping, seeing your children get married, or spending more time with your grandchildren.



Let's Ditch Sugary Drinks & Drink Healthier!



We are bombarded with huge amounts of sugary drink marketing every day. What these companies don't advertise is the serious damage that having sugary drinks regularly can do to our health.

Too many sugary drinks can cause cavities and contribute to weight gain, increasing the risk of heart disease, type 2 diabetes, fatty liver disease and at least 13 different types of cancer.

Our latest sugary drinks media campaign runs from mid October to 21 December 2024, across TV media, online and social media, including Facebook, Instagram, TikTok, and YouTube.

Want to drink healthier, but not sure where to start? Check our website for some low-sugar drink ideas:

<https://livelighter.com.au/recipe/filter/2?CsvKeywords=Drink%20>

Cancer Information and Support

For more information about cancer symptoms, visit: www.findcancerearly.com.au or call the Cancer Council Information and Support Line on **13 11 20**.

The Find Cancer Early campaign is an initiative of Cancer Council WA & is funded by Department of Health WA.

KIDS CORNER



CHRISTMAS MOVIES TO WATCH THESE HOLIDAYS!



Name:

Class:



CHRISTMAS

wordsearch



C	O	P	V	C	O	R	N	F	L	E	P
A	R	I	S	N	Y	E	K	R	U	T	R
L	B	E	L	L	U	M	P	I	E	G	E
H	A	G	I	T	E	H	G	I	E	N	S
T	G	R	A	N	A	I	T	C	M	I	E
A	S	I	U	P	D	U	G	O	P	K	N
E	T	H	R	C	O	E	N	H	F	C	T
R	O	A	B	O	R	I	E	S	C	O	Y
W	T	T	R	G	A	T	H	R	R	T	A
S	N	O	W	F	L	A	K	E	Y	S	M

SNOWFLAKE
STAR
PRESENT

SLEIGH
REINDEER
WREATH

BELL
STOCKING
ELF

HANDY HINTS

HOLIDAY SEASON

Though it's claimed of the holiday season that 'tis the season to be jolly' it can in fact be quite the opposite for many. This time of year, can be fraught with tension, anticipatory anxiety, and conflict and if that's the common experience for you, these handy hints might help you navigate the days a little more easily.

Know Your Triggers

Not putting yourself in harmful way is important, so if you can identify what kinds of things trigger difficult feelings for you, it will be easier to prevent or avoid them when there's a lot of people around. Think back to previous social gatherings and reflect on people, conversations, or behaviors that were problematic. Think about different ways you can manage interactions or respond in situations or ask someone to buddy up with you to act as a buffer and deflect any potential issues. Ask your host to seat you away from those you find difficult and know that the moment the boozy banter begins – it's time to make a quiet exit.

Define Your Own Boundaries

Everyone 'celebrates' the season differently, but 'everyone' doesn't have to be part of 'everything'. If you feel pressured by expectations you know others have of you, talk it through with someone in the family or group who can help. Identifying which part of the celebrations are the most important will help you to be there just for the parts that matter and

protect you from lengthy exposure to situations or people that may be challenging for you. You can also set others' expectations in advance by letting them know what time you will arrive and leave ahead of the event. This eliminates that stressful zone where you want to leave but can't work out how to execute it and end up lingering for longer than you wanted to.

Make Healthy Choices

There is some toxicity in the message that's reinforced every year of 'oh but it's Christmas'. It makes us things we shouldn't, and drink more than we planned. It can also make us feel really bad the next day! If you have experienced significant health challenges of any kind, your brain chemistry can be extra sensitive to overstimulation and toxins. Sugar highs can make us act a little crazier than usual, as can too many drinks in the sun. Before you know it, something regretful is said, someone takes offence where none was meant, and people are cracking out popcorn to watch the annual family screaming match. Knowing your triggers where eating and drinking are concerned can be really helpful. Being clear on what foods or choices could create problems will help you enjoy the festivities and come through relatively unscathed on the other side. Remembering to drink plenty of water throughout is stellar advice for all of us.

Arrive With Love and Generosity In Your Heart

This may seem a little esoteric but arriving with the right mindset can transform the experience you'll have. We all have that cranky uncle who arrives in a mood, is combative all day, and ends up in a fight with his estranged sister 2 hours in, spoiling the day for everyone. Let's not be either of those people! Take some time out before an event to rest a little, even meditate and focus on your mind on the things you love about what you're about to be a part of. Reflect on how far you've come in recent times, or on what you've achieved. Think about how lucky you are to have the support you've had from those around you and try to remember that everyone is going through things in their own way. If you can't find any positives like these, or even a glimpse of a silver lining, you can just not go! Self-care is important and there will be other times to try again if this year just won't work. Go to the movies, plan a day at the beach with a book, or find an opportunity to help others who don't have the luxury of choice at this time of year.

If you are experiencing any of the feelings or symptoms mentioned in this article, support is available. The number for Lifeline is 13 11 14 and more information about mental health is available at Beyond Blue. If you are a veteran, know a veteran or are the family member of a veteran who is going through difficulties, you can contact the Australian Government's Department of Veterans' Affairs for assistance.



UGLY SWEATER DAY (DECEMBER 15)

Ugly Sweater Day

Every third Friday of December, people all over the nation trade their casual garments for something more festive for Ugly Sweater Day. Whether you find a hidden gem to wear, or you make your own, one thing for sure – this holiday will certainly have you laughing all day long!

History Of National Ugly Christmas Sweater Day

When the ‘Jingle Bell Sweater’ trend began in the 1950s, it was one of the ways that the Christmas and winter holiday season started becoming commercialized in the US and other Western countries.

Complete with fancy designs, the ugly sweater was often worn during these days by television personalities. Val Doonican and Andy Williams were some of the people who brought festively decorated sweater designs into popularity, but they quickly slipped away again.

It took a few decades until the sweaters made another surge and, in the 1980s the ugly sweater became a bit of an iconic statement when worn by television and film fictional characters such as Bill Huxtable (from *The Cosby Show*) and Clark Griswold (from *National Lampoon's Christmas Vacation*).

Fading back into obscurity again in the 1990s, it wasn't until 2001 when *Bridget Jones' Diary* was released that things got even more interesting for ugly sweaters.

Mark Darcy, the character played by Colin Firth in the film, sported a ridiculous reindeer ugly sweater (called a “jumper” in the British Flick) and that just may have been responsible for reviving the trend in the early 2000s.

Whatever the reason, ugly sweaters came back around and have been more popular than ever.

How To Celebrate National Ugly Christmas Sweater Day

So, for those who want to celebrate National Ugly Christmas Sweater Day, dig into that wardrobe and organize a day among friends and co-workers to assault the eyes of everyone around with the garish and uncomfortable designs of Christmas Sweaters!

Wear An Ugly Christmas Sweater

Of course, the business of the day is all about wearing the ugliest possible sweater or jumper possible on Ugly Christmas Sweater Day.

Grab one out of grandpa's closet, find it in the bottom of a trunk of old clothes or borrow one from a friend.

Wherever it comes from, wearing an ugly holiday sweater is the most important part of celebrating this day. And don't forget to remind friends and coworkers in advance so that they can celebrate the day too!

Make Ugly Christmas Sweater Day Cookies

Sugar cookies are delicious and fun to decorate, especially when you can secure a cookie cutter in the shape of a sweater.

Just whip up a batch of sugar cookie dough, cut them out, bake them and then let them cool. Use some store bought frosting or make some at home and make a variety of colours.

The most fun part about it is that they can be decorated in all sorts of silly and ridiculous ways in honour of Ugly Christmas Sweater Day!

Decorate A Custom Ugly Christmas Sweater

One of the best ways to enjoy Ugly Christmas Sweater Day and to win an Ugly Christmas Sweater Day Contest is by making sure there are no other sweaters in the world exactly like yours!

Pick out a marginally ugly sweater and then make it even uglier by adding tacky, hideous and horrid items to it.

Choose an Ugly Christmas Sweater Day theme like one of these:

Tinseltown:

One of the most fun and glitzy ways to decorate an ugly sweater is to cover it in shiny tinsel, whether glued or sewn on. Just for fun, add a giant red stocking to the back.

Christmas Tree Theme:

Choose a green sweater for a base and then decorate it with all sorts of old Christmas baubles and ornaments.

Starbucks Holiday Coffee Cups:

Make a splash in coffee décor by cutting a few takeaway Starbucks holiday themed cups (complete with lids) in half and glueing them all over an old sweater.

Ugly Mitten Sweater:

Wintertime is the perfect time for Ugly Christmas Sweater Day! Make the most of it by using mismatched pairs of old gloves and sewing them onto a sweater or sweatshirt. Then add different items coming out of them, like flowers or small stuffed animals.

Buy a New (or Old!) Ugly Sweater

Some people spend the entire calendar year pounding the pavement of the thrift stores and yard sales to find the absolutely perfect ugly sweater to wear in celebration.

But for those who aren't invested as early in the year, it's still possible to get a variety of different options in the weeks leading up to Ugly Christmas Sweater Day.

Check out holiday deals as they come up before Christmas, or look into sellers who might be offering options to purchase ugly sweaters in their online shops.

SENIOR MOVIES 2025

February

FINDING NEVERLAND

March

3 MEN AND A BABY

April

PHILOMENA

May

YESTERDAY

June

STEEL MAGNOLIAS

July

CHITTY CHITTY BANG BANG

August

THE ADVENTURES OF ROBIN HOOD

September

OUR SOULS AT NIGHT

October

STILL MINE

November

LIKE FATHER

December

CHRISTMAS WITH THE KRANKS

DATES WILL BE AVAILABLE IN THE NEW YEAR

KULIN RE-USE WATER SUPPLY

STARTING ON THE 1ST OF NOVEMBER 2024

The Shire of Kulin wishes to advise that the town re-use water supply to the oval will recommence the week beginning 1st November 2024. This water will be applied between the hours of 10:00pm and 3:00am so will have no impact on normal oval use.

9880 1204

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

1

Ask someone who has experienced loss this year how they'd like to acknowledge it over the holidays.

2

Organise a Kris Kringle featuring handmade gifts or acts of kindness.

3

Extend an invitation to someone who will be alone this Christmas.

4

Organise a picnic to bring people together and connect.

5

Team up with friends to volunteer at a local organisation.

6

Check in with a colleague before they go on break.

7

Think about who in your world might be finding this time difficult and ask them, 'Are you OK?'

8

Have a virtual catch up with someone you can't see in person.

9

Drop off a meal for a friend or family member.

10

Suggest a 'walk and talk' with someone you know who usually finds the holidays tough.

11

Remind your friends that helplines, such as Lifeline (13 11 14), are operating 24/7 over the holidays.

12

Send a text to let someone know you're thinking of them.

13

Check in with a friend who's been struggling to see how they're tracking.

14

Ask a friend who's working over the holiday period how you can support them.

15

Suggest a device break and head outdoors with a friend for some fresh air.

16

Grab a cuppa and have a chat with someone you know who has had a tough year.

Calendar of connection

1

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Find more connection tips at ruok.org.au

'Tis the season to be asking

RUOK?

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Christmas / New Year Trading Hours

MONDAY 23rd December – 7:30am – 5:30pm

TUESDAY 24th December – 7:30am – 3:00pm

WEDNESDAY 25th December – CLOSED

THURSDAY 26th December – CLOSED

FRIDAY 27th December – ON CALL

SATURDAY 28th December – ON CALL

SUNDAY 29th December – CLOSED

MONDAY 30th December – 8:00am – 5:00pm

TUESDAY 31st December – 8:00am – 3:00pm

WEDNESDAY 1st January – CLOSED

THURSDAY 2nd January – 8:00am – 5:00pm

FRIDAY 3rd January – 8:00am – 5:00pm

SATURDAY 4th January – ON CALL

January Hours

During January we are reducing to shorter hours:

8:00am – 5:00pm

Saturdays the office is closed but we are on call for any urgent items or freight collections.

Please call

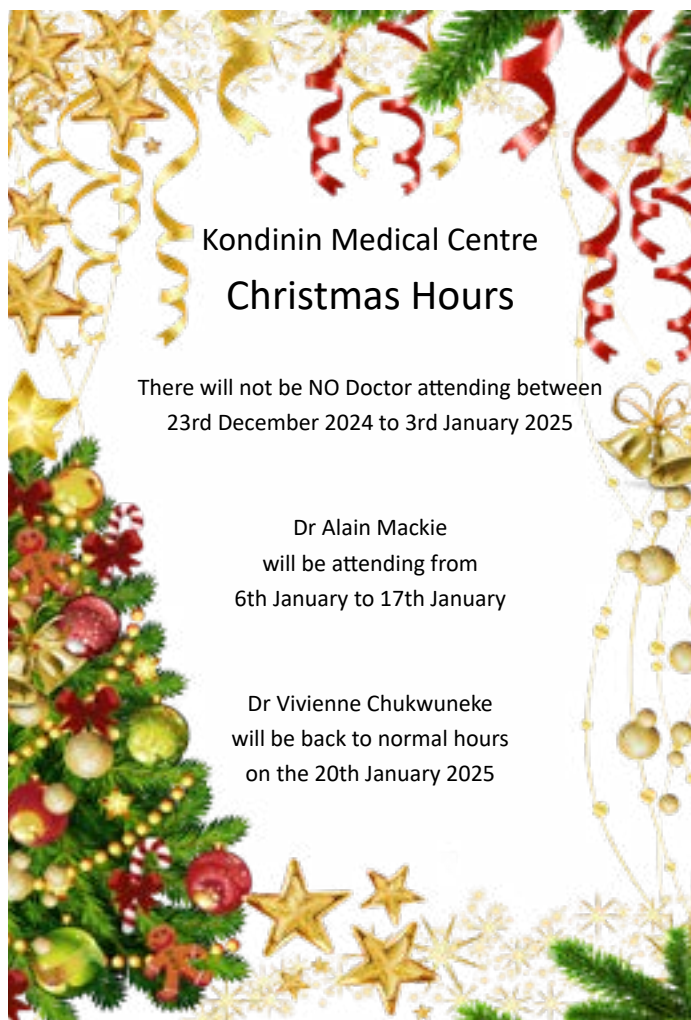
Mike Robins: 0429 465 278

Troy Gangell: 0429 942 643

Fiona Jasper: 0414 589 747

We will resume normal business hours from

3rd February 2025



Transfer Station Closure

The transfer station hours over the Christmas break and through January will remain as normal except it will be closed on Boxing Day

RWM AUTO ELECTRICS

0427 574 629
MRB11644

- Lightforce Products
- Dealer for Central Wheatbelt Imports
- Solsteer (GreenStar conversion solution)
- Crop Dividers
- All your Auto Electrical needs



Lorna's Tidy Bookkeeping

Mobile Bookkeeping and Payroll Services

Setup/tidy up/ongoing.

15 Years Experience – Sole
Traders/Companies

Mobile: 0437 990 339

Email: lorna@tidybookkeeping.com.au

BAS Registered



Central Agcare Inc.
PO Box 6
Corrigin WA 6375
Ph: 08 9063 2037
Fax: 08 9063 2319
E: ceagcare@bigpond.com

Counsellor

Permanent Part-Time Position Available

Central Agcare is a Not for Profit, community based organisation based in Corrigin, Western Australia.

Central Agcare Inc. has a Permanent Part-time position for 32 hours per week for a Mobile Family Counsellor to service the Central South Region of the Wheatbelt of Western Australia.

Qualifications: A Registered Psychologist or possess a Degree or Diploma in Counselling.

Salary Package: According to qualifications and experience, under the SACS award. A vehicle is supplied for official duties. Salary Sacrifice is available and subsidised rental accommodation if required.

Duties: The appointee will be involved in face to face and phone counselling sessions involving families and individuals in regard to their personal, family and relationship needs and the stress associated with rural situations. Servicing the areas of Corrigin, Bruce Rock, Narembeen, Kondinin, Kulin, Pingelly, Hyden, Brookton, Quairading & Wickepin.

For further details, please contact Chairperson, Janeane Mason, on 0417 095 804.

Applications in writing with personal details, resume and names of 2 x professional referees by Friday, 13th December 2024 to **Janeane Mason, Chairperson, Central Agcare Inc, PO Box 6, CORRIGIN WA 6375** or email ceagcare@bigpond.com



Sensor Solutions

New to Kulin

Provide Sensors and Control Products

Control System and IIOT Design

PLC and HMI Programming

Vehicle Automation Systems

CAN bus J1939, ISOBUS

Telemetry

Data Logging

Electronic Troubleshooting

Contact Bruce Finlay

Mobile: 0407990300

Email: bruce@sensorsolutions.com.au



Working within the Shires of Brookton, Bruce Rock, Corrigin, Kondinin, Kulin, Narembeen, Pingelly, Quairading and Wickepin.

For more info go to:
www.sensorsolutions.com.au

A festive poster for the Kondinin Christmas Twilight Markets. The background is a vibrant red. At the top, a string of warm white lights is adorned with yellow, white, and green Christmas ornaments. The title 'KONDININ CHRISTMAS TWILIGHT MARKETS' is written in large, white, serif capital letters. Below the title, a green banner with white text reads 'THURSDAY 12TH OF DECEMBER 2024'. Underneath the banner, the location 'AT THE KONDININ COMMUNITY GARDEN' and the time '5:30 PM - 8:30 PM' are listed in white serif font. A decorative green holly leaf and white bow ornament separates the time from the list of activities. The activities are listed in white serif font: 'MOROCCAN FOOD STATION', 'DONUT VAN - P&C SAUSAGE SIZZLE', 'HAIR BRAIDING - FACE PAINTING - TOWELS', 'GIFT WARE - CANDLES AND SOAPS - HONEY', 'ARTS AND CRAFT - JAMS AND PICKLES - CARDS', 'JEWELLERY - HARDWARE - THERMOMIX', 'PLANTS AND FLOWER ARRANGEMENTS', 'METAL WORK - WOOD WORK', and 'AND MUCH MORE'. A green banner with white text at the bottom of the list reads 'LIVE MUSIC BY JAYMIE AND PETE TURNER'. Below this, 'BYO ALCOHOL' is written in white serif font. At the very bottom, a white banner contains the text 'FOR MORE INFORMATION PLEASE EMAIL KNCDO@KONDININ.WA.GOV.AU' in black sans-serif font. The banner is flanked by two stylized illustrations of red-roofed houses with snow on their roofs and green garlands. The entire poster is framed by a thin white border.

**KONDININ
CHRISTMAS
TWILIGHT MARKETS**

THURSDAY 12TH OF DECEMBER 2024

**AT THE KONDININ COMMUNITY GARDEN
5:30 PM - 8:30 PM**

**MOROCCAN FOOD STATION
DONUT VAN - P&C SAUSAGE SIZZLE
HAIR BRAIDING - FACE PAINTING - TOWELS
GIFT WARE - CANDLES AND SOAPS - HONEY
ARTS AND CRAFT - JAMS AND PICKLES - CARDS
JEWELLERY - HARDWARE - THERMOMIX
PLANTS AND FLOWER ARRANGEMENTS
METAL WORK - WOOD WORK
AND MUCH MORE**

**LIVE MUSIC BY
JAYMIE AND PETE TURNER**

BYO ALCOHOL

**FOR MORE INFORMATION
PLEASE EMAIL
KNCDO@KONDININ.WA.GOV.AU**



CHRISTMAS & NEW YEAR TRADING HOURS

Mon 23 December	8.00am - 5.00pm
Tue 24 December	8.00am - 5.00pm
Wed 25 December	CLOSED
Thu 26 December	CLOSED
Fri 27 December	8.00am - 5.00pm
Sat 28 December	8.00am - 11.30am
Sun 29 December	CLOSED
Mon 30 December	8.00am - 5.00pm
Tue 31 December	8.00am - 5.00pm
Wed 1 January	CLOSED
Thu 2 January	8.00am - 5.00pm
Fri 3 January	8.00am - 5.00pm

MIGHTY HELPFUL MITRE 10

Christmas trading hours

Tuesday 24 December	9.30am to 4pm
Wednesday 25 December	Closed
Thursday 26 December	Closed
Friday 27 December	Closed
Saturday 28 December	Closed
Sunday 29 December	Closed
Monday 30 December	Closed
Tuesday 31 December	Closed
Wednesday 1 January	Closed
Thursday 2 January	9.30am to 4pm

bendigobank.com.au



Bendigo Bank

CONTRACT STUBBLE CRUNCHING

FOR CANOLA STUBBLE MANAGEMENT

- CONTRACT STUBBLE CRUNCHING \$30/HA + GST
- CONTRACT ONLY - OUR TRACTOR, OUR LABOUR, OUR DIESEL - STRICTLY NO DRY HIRE
- KNOCK YOUR CANOLA STUBBLE OVER TO PRESERVE KNIFE POINT FURROW MOISTURE

THIS IS A 60' / 18M IMPLEMENT WITH WORKING SPEEDS UP TO 20KPH.
PLEASE MAKE SURE YOUR PADDOCKS ARE SUITABLE FOR A BIG BROADACRE IMPLEMENT

WE STILL HAVE ROOM FOR SOME MORE HECTARES
DOES ANYONE WANT AN EARLY START FROM MID-DECEMBER?

PHONE MICK ADAMS 0427 646 105
mick_alex@outlook.com


TAKING BOOKINGS NOW DO NOT RING IN JANUARY / FEBRUARY / MARCH AND PUT YOU AND US UNDER PRESSURE!

Share in the merry

From silent nights to loud Christmas lunches, may your festive season be a special one.

During the festive season our branch will close on Tuesday 24 December 2024, and reopen Thursday 2nd January 2025.

From the **Community Bank Kulin** team.

 Community Bank · Kulin 08 9880 1422



Bendigo and Adelaide Bank Limited ABN 11 068 049 178, AFSL/Australian Credit Licence 237879 A1419239 OUT_41825117, 21/11/2024



*Wishing everyone a
Merry Christmas
and a
successful 2025*



PETER RUNDLE MLA
MEMBER FOR ROE

DEPUTY LEADER OF THE NATIONALS WA

NARROGIN
 08 9881 1225
 83 Federal Street
 peter.rundle@mp.wa.gov.au

ESPERANCE
 08 9071 6555
 107 Dempster Street
 @PeterRundleRoe





EASTERN WHEATBELT
BIOSECURITY GROUP

EXPRESSION OF INTEREST - FREE RABBIT BAIT



The EWBG are calling for EOI's to hold bait mixing days in February for the landholders in the Shire's of Kondinin, Kulin, Lake Grace, Mt Marshall, Merredin, Mukinbudin, Narembeen, Nungarin, Trayning, Westonia & Yilgarn.

EWBG WILL PROVIDE:

- ✓ Assistance with and pay the cost of obtaining a Restricted Chemical Product (RCP) Permit.
- ✓ The supply of poison one shot 1080 oats that will be mixed with the landholders oats (you supply) for the landholders to trail out on your property.

REGISTER EOI
NOW



0455 724 848



admin@ewbg.com.au



www.ewbg.com.au

SHIRE CONTACTS

FRC- 9880 1000
CRC- 9880 1204
Caravan Park-
0439 469 850
Pool- 9880 1222
Depot- 9880 1218
KCCC- 9880 1636

JUSTICES OF THE PEACE

MT Lucchesi 9880 4050
JM McInnes 9880 1360
R Noble 98801383
BW Sloggett 0427081925

MEDICAL CENTRE

Kulin- 9880 1315
Kondinin- 9889 1753
KN Hospital- 9894 1222

Nursing hours KU:
Tues & Wed 8:30 - 2:30
CHSP Co-ordinator
Thurs & Fri

EMERGENCY CONTACTS

Emergency centre-
9880 1079
SES - 13 25 00
Western Power- 13 13 53
Water Auth.- 13 13 75
Kulin Water Depot -
9880 1356

POLICE CONTACTS

Crime Stoppers-
1800 333 000

Kulin Police Station is
staffed by two officers who
are available to respond to
incidents 24/7. Your local
police can be contacted as
follows:

Emergency: 000
Non-emergency: 131 444
KU Station - 9861 5800

TIP SHOP OPENING DAYS

10am-3pm
Sunday | Monday | Thursday

REPORTING MINOR ISSUES

The Shire of Kulin uses
Snap Send Solve, simply
download the app and use
your smart phone to report
a variety of issues directly
to the Shire.

LOCAL CHURCHES

Uniting Church
1st & 3rd Sunday of each
month, 10:30am

Catholic Church
Fr Truc Nguyen
1st, 3rd, 4th, 5th, 8am

Anglican Church
By request
K. Wilson 0429 801 228
Bunbury office- 9721 2100

KULIN MOTOR MUSEUM

Wednesday 10am-12:30pm
Saturday 10am-2pm
C. King 9880 1058
B. Colbourne 0429804615
J.Munro 0427 386 849

KULIN LIONS CLUB

Kulin Lions Club collect
old glasses, hearing aids
and stamps. Please feel free
to drop off any of these
items at the Kulin Post
Office. Push bikes and
batteries can be dropped
off at Haydn's shed.
H McInnes 0429 801 215
T Barndon 0428 939 189
R Doust 0499 802 054

CONTAINERS FOR CHANGE

All Good Refund Depot
come to Kulin on the last
Wednesday of every
month. They pick up
returns from behind the
Memorial Hall at midday.
Contact Belle at the Shire
for more info.

KCCC ID
C10351204

ARTS CENTRE ID
C10333381



Last Update Notice

Thank you to all our
readers and
advertisers in 2024.

As this is our last
edition for the year we
wish you a very Merry
Christmas and New
Year.

