# THE KULIN UPDATE

25 July 2024

10 KULIN IS 4G READY 12 WRITING COMP

25 SENIORS MORNING

Telstra will soon be closing the 3G network.

Read our winners entries on page 12.

You are invited!



#### CONTENT CORNER



Mon - Fri 8:30 am - 4:30 pm 38 Johnston Street, Kulin WA 6365 (08) 9880 1204 crccounter@kulin.wa.gov.au www.kulin.wa.gov.au/crc-home



#### How to receive the Kulin Update via email?

Call or email us and let us know your name and email address so we can add you to the distribution list.

Alternatively, visit

www.kulin.wa.gov.au/#newsletterscroll

#### How to advertise in the Kulin Update?

Complete the booking form found here www.kulin.wa.gov.au/council/news/communitynewsletter.aspx and send your advert and completed booking form to crccounter@kulin.wa.gov.au

#### When are the deadlines?

All articles and booking forms are to be sent NO LATER than Tuesday, 4pm prior to the publication date.

#### What are the advertising costs?

1/4 page b/w - \$20 1/2 page b/w - \$25 1/2 page colour - \$25 Full page b/w - \$40 Full page colour - \$80 Front/ back - \$100

Members receive 20% off advertising costs, please contact

crccounter@kulin.wa.gov.au for more information.

Accepted document formats:
• PDF • IPEG



#### Achieved something?

We would love to share any community news or achievements in the newsletter, send through the information to rcmgr@kulin.wa.gov.au

## DEADLINES TO SUBMIT CONTENT FOR THE KULIN UPDATE

6th	August	2024
20th	August	2024
3rd	September	2024
17th	September	2024
1st	October	2024
15th	October	2024
29th	October	2024

#### **HAPPY BIRTHDAY!**

#### July

25th Anne Lewis

26th Shirley Ledwith, David Lewis,

Alecia Varone

27th Kaye Tyson

28th Sean Scadding, Ashton Scadding

29th Jamie Ledwith30th Charlie Poletti

#### August

1st Kim Brandis

2nd Elizabeth Bailey

3rd Polly Robins

4th Katheryn Wilson,

Jenny Bartlett

6th Riley Noble, Edwina Bradford

7th Nannette Wilson

#### **DATES AND UPCOMING EVENTS**

#### **August**

13th Seniors Movie Day

17th Clayton Cup

21st Council Meeting

07.



JULY



 $\bigcirc$  2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	01	02 Dr Chukwuneke @ Kulin K Kulin Walking Group 9am 1 Yogalates 10am 44th Australian Infantry Battalion Memorial	03	04	05 Dr Chukwuneke @ Kulin	06 sports Winter sports at Kulin
07	08	09 Dr Chukwuneke away Kulin Walking Group 9am Yogalates 10am William Bradford funeral service	10 Kulin Blokes Night	11 THE KULIN UPDATE	12 Dr Chukwuneke away	13 www.Winter sports BYE
14	15	16 Dr Chukwuneke @ Kulin Kulin Walking Group 9am Yogalates 10am	17	18	19 Dr Chukwuneke @ Kulin	20 sports Winter spots BYE
21	22	23 Dr Chukwuneke @ Kulin Kulin Walking Group 9am Yogalates 10am	Council Meeting	25 THE KULIN UPDATE	26 Dr Chukwuneke @ Kulin	27 Winter sports at Kulin
28	29	30 Dr Chukwuneke @ Kulin Kulin Walking Group 9am Yogalates 10am	31	01	02 Dr Chukwuneke @ Kulin	03 Winter sports at Southern ' Cross

08.



⇒ AUGUST ⇒ 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30 Dr Chukwuneke @ Kulin Kulin Walking Group Yogalates	31	01	02 Dr Chulwuneke @ Kulin	03 Winter sports @ Southern X
04	05	06 Dr Chukwuneke @ Kulin Kulin Walking Group Yogalates	07	O8 THE KULIN UPDATE	02 → Dr Chukwuneke @ Kulin	10 Sports Winter sports @ Merredin
11	12	13 Dr Chukwuneke @ Kulin Kulin Walking Group Tyogalates Seniors Movie Day	14	15	16 ◆Dr Chukwuneke @ Kulin	17 Clayton Cup Winter sports @ TBD
18	19	20 Dr Chukwuneke @ Kulin Kulin Walking Group Yogalates	Council Meeting	22 THE KULIN UPDATE	23 Dr Chukwuneke @ Kulin	24
25	26	27 Dr Chukwuneke @ Kulin Kulin Walking Group Yogalates	28	29	30 ◆ Dr Chukwuneke @ Kulin ™ Experience Arts Day	31

Hello everyone and welcome to the last Update for July.

Our writing competition winners have been announced below, congratulations to everyone. A huge thank you to Peta West for being the judge for this competition, a lot of amazing work was entered, as we had great numbers of entrants, and all the winners were highly deserving. All entries were anonymous while they were being marked, so we can assure there was no bias! Over the next few editions of the Update, we will include the winners' work for your reading.

All of the entries can be viewed at the CRC so if you have some time to spare come to the CRC and read all the fantastic entries.

The Shire of Kulin is participating in a study with the Wheatbelt Development Commission to analyse housing demand for workers in the ROEROC area (Shires of Kulin, Corrigin, Kondinin and Narembeen).

To date, Kulin has had very few people respond to the survey and we would like these numbers to grow. The survey will help us understand housing needs and find solutions for our community. We really encourage all our businesses to take the time to do the survey, which will give us meaningful information to get the most out of the project. The survey will close on 31 July 2024. Paper copies are available at the Shire of Kulin.

#### https://www.surveymonkey.com/r/XZSCMBQ

I will take the opportunity to wish Belle Brandis all the best in her new job in Karratha. Belle has been with the CRC/Shire for the past couple of years and has done lots of work with the community running events, engaging with our senior's community and lots of work with our social media. We thank Belle for her contributions to our community.

This weekend is the final home game for all sports in Kulin. It will be a busy day at the Freebairn Recreation Centre with Vipers hosting the hockey semi finals and netball and football playing Bruce Rock. Get along and support all your teams in what will be a great day of competition.

Council adopted the 2024-25 Budget at its Ordinary Council Meeting on Wednesday 24th July 2024. The budget continues to deliver on strategies adopted by the Council and maintains a high level of service across all programs while ensuring increased focus on roads and associated infrastructure as well as on renewing all assets at sustainable levels.

### writing competition winners

#### **Short story**

- 1. Molly Sellars [Flower Holder] 15-24
- 2. Sky McNaughton [Vanishing] 10-15
- 3. Harper Grant [The Old Abandoned Castle] Under 10
- 4. Tasmin Noble [Pop and I] 15-24
- 5. Marc Christoffersen [One Last Spell] 25+
- 6. Florence Schneider [The Letter] 25+

#### **Poetry**

- 1. Frances Kilpatrick [The Seeds of Memory] 25+
- 2. Aureen Miller [Butterflies] 25+
- 3. Belle Brandis [Ultraviolence] 15-24

#### Other

1. Frances Kilpatrick [review of 'And Some Found Graves'] 25+





# WE WANT YOUR INPUT! WORKFORCE HOUSING NEEDS SURVEY

The Shire of Kulin is participating in a study with the Wheatbelt Development Commission to analyse housing demand for workers in the ROEROC area (Shires of Kulin, Corrigin, Kondinin and Narembeen)

The study seeks to understand housing stock needs currently and into the future. To help understand housing needs, we would like input from the business community, farming enterprise, workers and other interested community members.

Please help us find better housing solutions for workers in the Wheatbelt by clicking the link below and answering a few quick questions. Survey will close on 31 July 2024.

https://www.surveymonkey.com/r/XZSCMBQ

Paper copies are available from the Shire of Kulin.



Your participation will assist the Shire in developing advocacy and strategies for accommodation into the future.

## INDUSTRY AND BUSINESS COMMUNITY WORKFORCE INVESTIGATION NEEDS SURVEY

SHIRES OF NAREMBEEN, KULIN, KONDININ AND CORRIGIN

1	Which local government area is your business						
	located in?						
2	Name of business/ farming enterprise?						
3	How many workers do you employ?						
4	Is there a gap / shortage in your workforce?	Yes No					
5	If yes, how many additional workers do you need?						
6	Where do your workers live?	On the farm					
		Locally in tov		1			
		Elsewhere –	arive in c	irive out			
7	Does your business supply housing /	Yes					
	accommodation for your workers?	No					
8	If your business / farm supplies worker housing,		1 Dwelling	2 Dwellings	3 Dwellings	4 Dwellings or more	Room only
	please indicate the number and type of	On Farm	O	2 Dwettings	3 Dweitings		Nooin only
	accommodation	Owned		0			0
		Property in Town	0	0	0	0	0
		Rental Property in	0	$\circ$	$\circ$	$\circ$	$\circ$
		Town					
		Other (please	specify)				
9	Generally, do you consider that the type of the			commodation	Busine	ess owned acco	ommodation
9	Generally, do you consider that the type of the housing stock you provide meets your employees needs?			commodation	Busine	ess owned acco	ommodation
9	housing stock you provide meets your	Other (please		commodation	Busine	ess owned acco	ommodation
9	housing stock you provide meets your	Other (please	Rental ad	O please com		0	
	housing stock you provide meets your employees needs?	Other (please  Satisfied  Dissatisfied  If the answer is a needed to meet	Rental ad	O please com		0	
9	housing stock you provide meets your	Other (please  Satisfied  Dissatisfied  If the answer is a needed to meet  Room only  1 bed, 1 bath  2 bed, 1 bath  3 bed, 1 bath  3 bed, 2 bath  4 bed, 2 bath	Rental ac	O please com		0	
10	housing stock you provide meets your employees needs?  Which type of dwelling would most typically suit your needs?	Other (please  Satisfied  Dissatisfied  If the answer is a needed to meet  Room only  1 bed, 1 bath 2 bed, 1 bath 3 bed, 1 bath 3 bed, 2 bath	Rental ac	O please com		0	
	housing stock you provide meets your employees needs?  Which type of dwelling would most typically suit	Other (please  Satisfied  Dissatisfied  If the answer is a needed to meet  Room only  1 bed, 1 bath  2 bed, 1 bath  3 bed, 1 bath  3 bed, 2 bath  4 bed, 2 bath	Rental ac	O please com		0	
10	housing stock you provide meets your employees needs?  Which type of dwelling would most typically suit your needs?  What are the housing needs or gaps for your employees?  Would you consider investing in additional	Other (please  Satisfied  Dissatisfied  If the answer is a needed to meet  Room only  1 bed, 1 bath  2 bed, 1 bath  3 bed, 1 bath  3 bed, 2 bath  4 bed, 2 bath	Rental ac	O please com		0	
10	housing stock you provide meets your employees needs?  Which type of dwelling would most typically suit your needs?  What are the housing needs or gaps for your employees?	Satisfied Dissatisfied If the answer is a needed to meet  Room only 1 bed, 1 bath 2 bed, 1 bath 3 bed, 1 bath 3 bed, 2 bath 4 bed, 2 bath Other (specif	Rental ac	O please com		0	
10	housing stock you provide meets your employees needs?  Which type of dwelling would most typically suit your needs?  What are the housing needs or gaps for your employees?  Would you consider investing in additional	Satisfied Dissatisfied If the answer is needed to meet  Room only 1 bed, 1 bath 2 bed, 1 bath 3 bed, 1 bath 3 bed, 2 bath 4 bed, 2 bath Other (specif	Rental ac	please com g needs		0	
10 11 12	housing stock you provide meets your employees needs?  Which type of dwelling would most typically suit your needs?  What are the housing needs or gaps for your employees?  Would you consider investing in additional housing for your employees?	Satisfied Dissatisfied If the answer is a needed to meet  Room only 1 bed, 1 bath 2 bed, 1 bath 3 bed, 2 bath 4 bed, 2 bath 4 bed, 2 bath Other (specif	dissatisfied the housin	please com g needs		0	
10	housing stock you provide meets your employees needs?  Which type of dwelling would most typically suit your needs?  What are the housing needs or gaps for your employees?  Would you consider investing in additional housing for your employees?  What would enable you to purchase or build	Satisfied Dissatisfied If the answer is a needed to meet  Room only 1 bed, 1 bath 2 bed, 1 bath 3 bed, 2 bath 4 bed, 2 bath 4 bed, 2 bath Other (specif	dissatisfied the housin	please com g needs		0	
10 11 12	housing stock you provide meets your employees needs?  Which type of dwelling would most typically suit your needs?  What are the housing needs or gaps for your employees?  Would you consider investing in additional housing for your employees?	Satisfied Dissatisfied If the answer is a needed to meet  Room only 1 bed, 1 bath 2 bed, 1 bath 3 bed, 2 bath 4 bed, 2 bath 4 bed, 2 bath Other (specif	dissatisfied the housin	please com g needs		0	

Please return to the Kulin CRC when completed

#### FREEBAIRN RECREATION CENTRE

#### **Upcoming Events**

- One day sports VS Bruce Rock (27th July)
- Hockey Semi-finals (27th July)
- Junior Football Windup (2nd August)





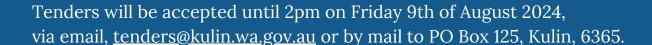


## FOR SALE BY PUBLIC TENDER



# Outright Purchase

- Ford Everest Sport V6 Diesel (Year Sept 2023)
- White
- 35,000 KMS
- Vin/Chassi number MNARXXMAWRPJ64273
- Registered until July 2025



Tenders should be marked 'Tender Ford Everest Sport'

The highest or any tender will not necessarily be accepted.

To inspect vehicle contact Judd Hobson [0427 801 241].



### FOR SALE BY PUBLIC TENDER



## Outright Purchase

- Toyota Prado GXL (Year 2021)
- White
- 102,000 KMS
- Vin/Chassi number JTEBR3FJXOK220469
- Registered until July 2025



Tenders will be accepted until 2pm on Friday 9th of August 2024, via email <a href="mailto:tenders@kulin.wa.gov.au">tenders@kulin.wa.gov.au</a> or by mail to PO Box 125, Kulin, 6365.

Tenders should be marked 'Tender Toyota Prado GXL'.

The highest or any tender will not necessarily be accepted.

To inspect vehicle contact Judd Hobson [0427 801 241].





#### Kulin is Telstra 4G ready

Telstra will soon be closing the 3G network. In the lead up to this, Telstra is upgrading the mobile network in areas that only have Telstra 3G coverage to ensure the same or better 4G coverage is available. The extra speed and capacity that 4G brings will continue to have Telstra mobile coverage after the 31st of August.

#### What You Need To Do

Locally there are still a small number of 3G-only mobile devices accessing the network that will need to be replaced or upgraded before the above date if they wish to remain connected.

Note that such devices may not be limited to phones and may also include 3G only Telstra Cel-Fi GO Repeaters, 3G only Telstra Mobile Smart Antennas, and Internet-of-Things or Machine-to-Machine devices such as EFTPOS, telemetry and medical devices.

The easiest way to check if mobile phones will be impacted is to use Telstra's free 3G SMS Checker. The SMS checker tests the service number you are texting from. If customers simply text the number '3' to 3498, Telstra will text you back telling you if you need to take any action.

Customers can also visit the website at at <a href="https://www.telstra.com.au/support/mobiles-devices/3g-closure">https://www.telstra.com.au/support/mobiles-devices/3g-closure</a> for more information and support on device compatibility.

There will be no loss of 3G coverage prior to 31st August 2024





#### **Shire of Kulin**

#### **Notice of Annual Meeting of Bush Fire Brigades**

The Annual Meeting of Bush Fire Brigades is scheduled for **4pm Tuesday 30 July 2024** at the Pingaring Golf Club. *All welcome* 

#### **KULIN COMMUNITY HUB**

Thank you to all who supported our recent 'Christmas in July' and congratulations to Deb and her kitchen crew for an amazing selection of food.

Looking forward to the next dining experience!

Wendy Gangell





#### WRITING COMPETITION

I do not know for how long that girl had stood there in awe of my lady. But a teacher came running into the room in a frantic haste. The teacher searched the room, Gaze flickering around until she was the girl sitting in the middle, gaze still fixed on my master's lover. She sighed in relief. Her body relaxed and her features calmed as she walked towards the little girl and called out her name. The girl did not heard her. It was on the third call of her name that she turned around. The teacher spoke to the little girl and with much reluctance, she stood. She glanced back longingly looking at my lady's figure and walked alongside her teacher towards the group waiting. My own flesh tore slightly by the thought that I would never see that girl again. For her soul had once again touched my lady's buried heart. I had known that no other would look at her like that for eons to come. I pleaded with the stars that night, that by some miracle, this little girl would gaze at my master's lover with the same adoration he had shown her.

#### SHE WAS SPECIAL.

By such fate or maybe it was that the stars heard my pleas. As the night turned to light and more people visited on the winter's solstice. I stared when in walked the same little girl, yet today instead, she did a wide sweep of all other pieces within the room. By the stars above or by fate, she stopped in front of me. through some divine right gifted to me, that would put Zeus to shame, I could speak to the minds of a pure soul. But of course, with any curse only once in each lifetime could I use this great offering. I knew that now would be the time. I looked right into the little girl's soul, hers encapsulated by my power. A surge of my love for my master's lover and the very pain from her I had to endure for eons, I passed to her. She blinked almost too slowly. I feared she would pass out, but she hardly stumbled. With one final glance my way, she turned and gazed with a newfound defiance towards my lady. A women appeared and as she glanced at me, I saw that she was the spitting image of the little girl. She whispered to her mother and the woman glanced at my lady and then looked at her daughter with reassurance. The daughter's face broke into a hopeful grin.

As season changed and the days grew longer, my master's lover was covered with white Cloths. Her presence calm, as it she could sense what was about to come. The sweet relief for me only came when she had finally left the room. Her gaze lingered on me for a time. With her whole heart, I saw she was grateful. And I for her, for I would not have known such emotion without her. And I hope that one day I would be returned to my rightful spot, on a table forever holding the flowers for his immortal lover. But for now, I can wait. Wait, for I had done more than my master could hope for. It was worth the passage of time, for my lady was going home.

Home to her sisters, home to her lover.

AND AS MY EYES BEGAN TO CLOSE AND THE CRACKS UPON MY SKIN BEGIN TO GROW. MY DESIGN FADING SLOWLY, MY FLESH TURNING TO MARBLE. MY ONLY HOPE WAS THAT ONE DAY MY REMAINS MAY FIND THEMSELVES SCATTERED BETWEEN THE STARS.

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HOME TO HER SISTERS, HOME TO HER LOVER.

AND AS MY EYES BEGAN TO CLOSE AND THE CRACKS UPON MY SKIN BEGIN TO GROW. MY DESIGN FADING SLOWLY, MY FLESH TURNING TO MARBLE. MY ONLY HOPE WAS THAT ONE DAY MY REMAINS MAY FIND THEMSELVES SCATTERED BETWEEN THE STARS.

# Garden Of Life - The Seeds Of Memory

#### By Frances Kilpatrick

Our lives are like a garden gone wild A jungle of flowers and weeds Sadness tangled with beauty



And underneath spread the roots

Of the biggest trees and smallest grasses

If one day the garden is cleared
All visible trace removed.....
Yet the roots may remain and seeds sprout

So it is, with our us and our memories People may be gone from our lives But their influence stays fertile within us

> Hurt must be weeded out To let wise love grow tall In our garden of memories

And the seeds within others

Carry sparks from ancestors and friends

Who have blessed their lives



#### WRITING COMPETITION

# Ultraviolence by Belle Brandis

When the touch of dawn shatters the glimmering night and the thundering ocean nestles into the sand the golden hue lights matches across each twinkling eye day is welcomed with an open hand

all the pretty stars shine for you yet on you his favourite colour's blue without the sun what ever would the moon do

I notice the way your smile lights up the room the way you bite your cheek so as not to cry your propensity to look away from doom moments fleeting, yet feelings underlie

they say that if a tree falls in the forest and nobody is to hear it does not really make a noise, useless unless someone is near

so does this feel true to you when your eyes are hazel but covered in maroon when your friends become so few and he no longer stops to swoon

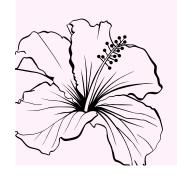
I see that your dreams are unspoken
And so many pinkie promises are broken
Does he care he's being mean
So many truths unseen

When your every mood depends on his words
And nobody seems to understand how bad it hurts
And as he holds you tight, you've still never felt more alone
How much longer will you bow at his throne

for each gentle touch of sunlight cascading into each moment each unnoticed glimpse so fleeting each words hidden meaning so potent

in the quiet is where we learn the little things, the hidden pain perhaps she will gain the strength to break from her lover's reign

when you let go, that is when you will grow.







#### **Kulin Police News**

21 Johnston Street, Kulin WA 6365 Phone: 98615800



Staff: Sergeant Andy Dunn, Senior Constable Barry Osborne (Uncle Baz)



\_ July / 24

#### TIME IS RUNNING OUT

The Voluntary Firearm Buyback Scheme commenced, 21 February 2024.

All Western Australian firearms licence holders are eligible to participate in the 2024 Voluntary Firearm Buyback Scheme and receive compensation for surrendered firearm(s).

In order to be eligible for a buyback scheme payment, Firearm Licence Holders must surrender the firearm(s) to a WA Police Station, before 31 August 2024.

Don't miss out on turning your old or unwanted firearms into cash.

#### **General Information.**

Now that the crops are poking their heads up and the land takes on a whole new look, be on the look out for the tourists stopping road side to check out the Canola and alike. It's a great time of year and many city folk head out for a look around with little thought about agricultural implements, heavy trucks or other road users as their focus is drawn elsewhere. And, it's not just the people who live in WA but also overseas, many of who come from countries where they drive on the opposite side of the road or don't even speak English...! It's just something to think about.

#### **Traffic Law**

Here's something you may not know...

Radar detectors are illegal in WA...here's the penalties if caught with one:

- Drive while vehicle fitted with radar detector. \$1200 and 7 demerits

- Drive while radar detector is within or on vehicle. \$1200 and 7 demerits

- Drive while heavy vehicle fitted with radar detector. \$1500 and 7 demerits

- Drive while radar detector is within or on heavy vehicle. \$1500 and 7 demerits

NOTE, it doesn't matter if it's in use or not, just having one in or on your vehicle is illegal.

Stay safe...

Andy and Baz

"All it takes for crime to flourish is for good people to do nothing" CRIME STOPPERS 1800 333 000 OR IN AN EMERGENCY DIAL '000'

TWITTER @KulinPol (Not for reporting incidents)

FB Great Southern District - WA Police Force (Not for reporting incidents)

#### COUNTRY WOMEN'S ASSOCIATION OF WESTERN AUSTRALIA INC

State Conference 2024

The 2024 State Conference celebrated 100 years of CWA in Westen Australia. The inaugural meeting was on the 6th July 1924 in the small town of Nungarin, and has since grown to nearly 2000 women in 123 branches across the State including a "Web" branch. And no, despite some widely spread misinformation men can only be admitted as Associate Members, as can anyone under the age of 18 years. Kulin Branch has two young women as Associate Members.

The newly elected State President is Felicity Edwards, who was previously a State Treasurer. Felicity's address to the Conference covered aspects of Effective Communication, Leadership Development, Financial Stability of the Organization, Member Experience, and Values; all with a view to leading CWA of WA into the next 100 years as a group that supports and advocates for all Regional and Rural women.

Her Majesty greeted the MC Famous Sharon at the Fancy Dress Conference Dinner. Sharon Barndon and Jan Colbourne represented Kulin Branch at the State Conference.

The Kulin Museum and Mens Shed, and the Kulin Branch of CWA both donated to the fund to erect a Memorial for Members of the 44th Infantry Battalion who enlisted from Western Australia in the Second World War.

Jan Colbourne







#### THROWBACK THURSDAY

#### LADIES LONG TABLE LUNCH 2012



#### WHITE CHOCOLATE FUDGE CAKE & BERRY NUTELLA HAND PIE

White Chocolate Fudge Cake

#### Ingredients

- 300g butter, softened
- 150g white chocolate, chopped
- 1/2 tsp vanilla extract
- 5 eggs
- 150g golden caster sugar
- 150g light soft brown sugar
- 300g self-raising flour
- 1/2tsp baking powder

#### White Chocolate Frosting

- 5 tbsp plain flour
- 250ml whole milk
- 150g white chocolate, chopped
- 1 tsp vanilla extract
- 225g butter, softened
- 200g golden caster sugar

#### Method

#### Step 1

Heat the oven to 180C. Butter and line 3 x 20cm sponge tins. Melt the butter and chocolate carefully together, then pour into the bowl of a mixer and cool for 10 minutes. Don't worry if it separates when it cold.

#### Step 2

Beat the butter and chocolate mixture for a couple of minutes and then beat in the eggs one by one, alternating them with batches of sugar. Add the vanilla, then flour and baking powder and beat on low to make a smooth batter. Divide the mixture or until the edges come away from the sides of the tin and a skewer comes out clean. Be careful not to overcook the cake or it will go very brown as there is a lot of sugar in it. Cool in the tin for 10 minutes, then transfer to a wire rack.

#### Step 3

To make the frosting, whisk the flour into the milk over medium heat and whisk until the mixture thickens. Stir the chocolate and vanilla and cool. Beat the butter and sugar together until they're light and fluffy, then beat in the chocolate mix until you have a light, fluffy mixture. Layer the cakes up with some of the frosting and then frost outside. Decorate by grating some more white chocolate.

#### Berry Nutella Hand Pies

#### Ingredients

- 150g plain flour
- 2 tbsp icing sugar
- 30g cocoa powder
- 125g unsalted butter, chopped
- 1 1/2 tbsp iced water
- 35g cream cheese, cut
- 1 tbso Nutella
- 125g fresh raspberries
- 1 egg yolk, lightly whisked
- 2 tbsp sugar
- Roasted hazelnuts, crushed

#### Method

#### Step 1

process flour, icing sugar, cocoa and butter in a food processor until the mixture resembles fine breadcrumbs. Add water and process until dough just comes together. Divide dough in half. Shape into 2 discs, wrap in plastic wrap and place in fridge for 15 minutes.

#### Step 2

Preheat oven to 180C. Grease 2 baking trays and line with baking paper. Lightly dust a sheet of baking paper with cocoa. Roll out 1 portion of dough until 3mm thick. Use an 8cm heart-shaped cutter to cut out 8cm hearts. Repeat with remaining dough, re-rolling scraps if needed. Place the dough in the fridge if it gets too soft.

#### Step 3

Place a cube of cream cheese. 1/2 tsp Nutella and 1-2 raspberries in the middle of each heart, squashing slightly. Brush edges with egg yolk. Cover remaining pastry hearts, pressing edges with a fork to seal. Place the pies on the prepared trays.

#### Step 4

Brush the pies with egg yolk and sprinkle with sugar. Bake for 20 minutes or until pastry is cooked. Set aside to cool slightly. Drizzle with extra warmed Nutella and sprinkle with crushed hazelnuts to serve.





#### Self-Created Wordsearch

Topic: Name: Date:													
Enter your key words into the template below horizontally, vertically, or diagonally. Then, fill in the rest of the boxes with random letters. Have a classmate complete your wordsearch!													
<u>List of key words</u>													

# CELEBRITIES WORD SEARCH

C S Т S E Т D Т н J O. O. Ε A Т A J В N Т O Р N X Ε U В Е D O G Е н G N K R Ε K. Е Z G F K, В O Т Υ Y М Q Z A. E N S М E J Υ D Ε Р T O н N N N N Z N X Q S Ν В D Ε В Е E Е 0 o Q S S T C S В E 0 N Н O Т Е N. Ĵ 0 D Т Т R Z Е Ν Н В L O R D Z А O Е K C W М W C J Т O C V W M Q K E R C L E В ı W Н н K G Υ R S C S E н D D K Ν W G C Q R R U Е U S S U Т М Е E Р N 0 D R D Е н P Т C Z R S S Е Е J K S D Υ Т S O. U V G C Ε 0 Ν A E Т M O. G Ν R Е М A N Ν В Ν м R P Н N K L A D R O N 0 S R R н E Z N O. G Е L N. A O G

#### WORD LIST

ANGELINA JOLIE
ANNE HATHAWAY
ARNOLD SCHWARZENEGGER
BRAD PITT
BRADLEY COOPER
CAMERON DIAZ
CLINT EASTWOOD
EMMA WATSON
GEORGE CLOONEY

HALLE BERRY
HARRISON FORD
HUGH JACKMAN
JACKIE CHAN
JESSICA ALBA
JOHNNY DEPP
JULIA ROBERTS
KATE WINSLET
KEANU REEVES

KEIRA KNIGHTLEY LEONARDO DICAPRIO MORGAN FREEMAN NATALIE PORTMAN SCARLETT JOHANSSON TOM CRUISE TOM HANKS



#### TIDY HOME

#### Block Out The Time You Need On Your Calendar

Plotting your organizing efforts on a daily planner could be just the motivation you need to hold yourself accountable. Just make sure you're being realistic about the amount of time you need, especially if it's a big project.

#### Tackle One Space At A Time

There's no denying that organization can be a stressful activity for a lot of people. Experts suggest starting small and tackling one space of your house at a time to make it less of a daunting task. "Walk around your home and assess the space that is the most unproductive."

#### Make A Prioritized To-Do List

One of the best ways to maximize your time? Consider making a to-do list of the top five things you want to get done that day.

#### **Use The Focus15 Method**

If you're still struggling to find time to clear your space. Basically, you set a timer for 15 minutes and focus on

doing one task in that timeframe.

#### **Take Inventory**

Now its time for a process professional organizers call 'editing' or taking inventory. Once you've decided on a space, pull everything out of it and start sifting through to see what you want to keep and what you want to get rid of.

#### **Learn To Make Quick Decisions**

Its easy to fall into the habit of hoarding things you think you may need or use one day, even if you don't necessarily care for these items, so be brutally honest with yourself about what to keep and what to toss.

#### **Set Limits**

Also keep in mind that everything you keep will need a home. For categories that can unwieldy quickly, like memorabilia or craft supplies, assign them to a single shelf or bin, then let the designated area's size dictate how much you keep.

#### **Sort Like Things with Like Things**

One of the things that can make a

huge difference in how you organize your space is putting similar things together. Once you've pulled out what you don't need to either throw away or donate, the next step is to group the things in your pared-down collection together based on use or occasion.

#### Don't Buy Containers Until You've Purged

A word or warning: Do not buy new bins and boxes before you've taken inventory so you can assess what you truly need. The worst thing you can do when decluttering is to buy bins that will ultimately go unused. "When people want to get organized, the first thing they usually do is run out and buy storage supplies."

#### **Store Things Where You Use Them**

So how do you figure out the best home for your things. If something gets used in the living room but gets stored in the bedroom, you're never going to put it away. While you may not think you have the space to store a certain item where you use it, finding a more convenient home can help reduce the clutter in your house because you increase the likelihood that it gets put away.





#### WORLD LUNG CANCER DAY

World Lung Cancer Day is observed on August 1 each year. In a move to beat back occurrences of lung cancer, people around the world observe this very special day. The mission for this day is simple - raise as much awareness of lung cancer as you can, while encouraging people to screen themselves for this disease. As for why this day is so important, according to the World Health Organization, this cancer is so prevalent in the world that yearly, more people die from lung cancer than from colon, breast and liver cancers combined. We're not sure who the organizers of this day are, but we are certain they aimed to encourage everyone towards better outcomes and recover from this disease.

#### **History Of World Lung Cancer Day**

First described by doctors in the early 19th century, lung cancer was an extremely rare disease for a very long time. Some 150 years ago, people had only heard of this disease, and studies showed less than 1% to 2% of the population was afflicted with it. Cut to the next century, and the scenario changed completely. While still rare in the early part of the 20th century, by the end, it became the leading cause of male cancer-related deaths in more than 25 countries.

No one knew how this happened and what caused this dramatic rise. A scientifically significant handbook written in the 1930s. The Springer Handbook of Special Pathology postulated that this rise could be a direct result of the increasingly polluted air, greater frequency of traffic, and even an increased exposure to gasses during World War 1. But this handbook, like many others, could not explain why lung cancer also rose in countries without any of the above factors. Smoking was also suspected to be a factor, but no particular importance was given to studying this theory. It was only

when studies conducted in the 1940s and 50s showed hard evidence linking lung cancer to smoking that people realized the ill effects of nicotine and tobacco.

As smoking was now a recognized cause of lung cancer, many people globally did their best to quit this habit, and this widespread movement saw a gradual decline in lung cancer incidence, at least in males. Unfortunately for the world, lung cancer does not have only one cause. Long-term exposure to all carcinogenic materials, among them radon gas, uranium and asbestos plays a role in lung cancer development too. By the 21st century, lung cancerrelated ailment was common and quickly displaced away forms of cancer on the mortality charts. With this upward trend came an increased awareness of lung cancers and their causes. Days and events like these are a major factor contributing to lung cancer research and awareness activities.

#### How To Observe World Lung Cancer Day

#### 1. Adopt Healthy Habits

Avoid smoking, plant more trees around you, get air-purifying houseplants, and help others quit using tobacco products too. Do what you can to make the environment a lung-friendly one, for both you and your loved ones.

#### 2. Push Lung Cancer Screening

Know anyone with symptoms of lung cancer? Encourage them to screen for lung cancer, as recommended by experts. Lead by example and make a screening appointment for yourself too.

#### 3. Join The Fight Against Lung Cancer

Check out what local cancer clinics and medical institutions have in store for this day. Contribute your way by sharing your knowledge of this day and its cause.

#### **Important Facts**

1. Screening is a major deterrent According to certain bodies of cancer research, if around eight million Americans at a higher risk of lung cancer got themselves screened, the US would be able to save almost 25,000 lives.

#### 2. Very High Smoking Rates After WWII

This was partly because the tobacco industry claimed tobacco was completely harmless, and physicians would appear in television advertisements to advocate smoking.

#### 3. Who Should Be Screened

According to the American Cancer Society, this list must include all current and former smokers, people over 55 and those with known exposure to toxic carcinogens.

#### 4. The Worlds Largest Lung Cancer Conference

100 countries send more than 7,000 delegates to the World Conference on Lung Cancer to discuss the latest developments in all cancers related to the chest area, including lung cancers and tracheal (windpipe) cancers.

#### 5. A Silver Lining In The U.S.

The American Cancer Society reports mortality rates have steadily been declining over the years, mainly due to advances in lung cancers treatments and growing awareness among the American public of the ill effects of smoking.

#### SENIORS MOVIE DAY

# GOING IN STYLE

TUESDAY | 13 AUGUST | 11:00AM - 12:30PM



Michael Caine, Morgan Freeman, and Alan Arkin are Going in Style in this lighthearted slapstick comedy. When they lose their pensions three retirees decide to get back at their former employer by robbing their bank. The performances are alright, but nobody's exactly at their best.

FREE EVENT | TEA AND COFFEE PROVIDED | KULIN SHIRE CHAMBERS







# Kulin golf club Presents CLAYTON CUP 2024



# Saturday August 17TH ....Tee Off 11 am Morning tea at 10.15 am--Men and Ladies welcome Clayton Cup & combined Stableford

Sausage sizzle lunch & dinner included-\$30.00 person

# Entries to JAMES WILSON 0447812663 By wed 14th Aug (late entries accepted)

\*\*afternoon tea plate and a savoury plate from Kulin members would be appreciated\*\*

Kulin Tennis Club Annual General Meeting

Friday 26 July 2024 at 6PM

Exciting things are happening with the new courts so looking forward to a great season ahead!

All members and prospective players welcome!

# Events at YOUR Community Arts Centre







#### HOLYOAKE

## WHEATBELT MEN,

you are invited to participate in a consultation (individually or in a group) to develop 'calls to action' for the 4ME & MEN EVERYWHERE localised male campaign.

We are seeking input to develop 'calls to action' that promote healthy, positive and help seeking behaviours.

MON 15th July -FRI 16th August

WED 28th August - WED 5th September

- CONSULTATIONS WILL RUN OVER A PERIOD OF 4 WEEKS AND CAN BE VIA MS TEAMS, OVER THE PHONE OR VIA EMAIL.
- SHORTLISTED 'CALLS TO ACTION' WILL BE CONCEPT TESTED AT THE DOWERIN & NEWDEGATE FIELD DAYS.

#### **4ME & MEN EVERYWHERE.**

If you are interested in participating in the consultations, please contact Jo Drayton (JDrayton@holyoake.org.au).

Males involved in the consultation will be given a 4ME & MEN EVERYWHERE merch pack.







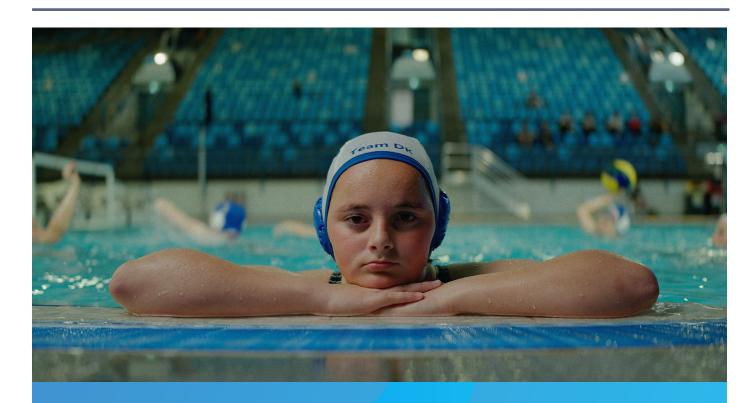












# THERE'S NO PLACE FOR POOR SIDELINE BEHAVIOUR. LET US PLAY.

We all love our sport. Our game means so much to us. Supporters influence the culture of a sports club and bring so much passion to game day.

Let's support in a respectful way.

The game is worse off with slurs, abuse and menacing on the sidelines.

Support your side, respect the other and love the game.









# Reach your full potential with Lumen Wheatbelt Study Hubs

Discover and utilise a learning environment in the Wheatbelt, tailored to regional students!

#### What we offer

- Free access to the study hub and associated tools;
- Experienced staff to help kick off your educational journey;
- An environment that will allow you to focus and reach your educational goals, free from distraction;
- Opportunities to connect and build relationships with fellow students who are on the same path.

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#### FREE FABRIC

Do you have fabric that you no longer require?

The school will happily accept donations of cotton, polyester, poplin, canvas or drill fabric for the students to make bags, aprons and cushions with. If you have any large pieces of fabric (1m² or larger) that you are happy to part with, please drop off to the front office at school.

Thank you, Rynelle Smoker Home Economics Teacher

#### **ADVERTS**



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Mobile: 0407990300

Email: bruce@sensorsolutions.com.au

For more info go to: www.sensorsolutions.com.au



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#### SHIRE CONTACTS

#### JUSTICES OF THE PEACE

MT Lucchesi 9880 4050 JM McInnes 9880 1360 R Noble 98801383 BW Sloggett 0427081925

#### MEDICAL CENTRE

Kulin- 9880 1315 Kondinin- 9889 1753 KN Hospital- 9894 1222

Nursing hours KU: Tues & Wed 8:30 - 2:30 CHSP Co-ordinator Thurs & Fri

#### EMERGENCY CONTACTS

Emergency centre-9880 1079 SES - 13 25 00 Western Power- 13 13 53 Water Auth.- 13 13 75 Kulin Water Depot -9880 1356

#### POLICE CONTACTS

Crime Stoppers-1800 333 000

Kulin Police Station is staffed by two officers who are available to respond to incidents 24/7. Your local police can be contacted as follows:

Emergency: 000 Non-emergency: 131 444 KU Station - 9861 5800

#### REPORTING MINOR ISSUES

The Shire of Kulin uses
Snap Send Solve, simply
download the app and use
your smart phone to report
a variety of issues directly
to the Shire.

#### LOCAL CHURCHES

Uniting Church 1st & 3rd Sunday of each month, 10:30am

Catholic Church Fr Truc Nguyen 1st, 3rd, 4th, 5th, 8am

Anglican Church
By request
K. Wilson 0429 801 228
Bunbury office- 9721 2100

#### KULIN MOTOR MUSEUM

Wednesday 10am-12:30pm Saturday 10am-2pm C. King 9880 1058 B. Colbourne 0429804615

#### KULIN LIONS CLUB

Kulin Lions Club collect old glasses, hearing aids and stamps. Please feel free to drop off any of these items at the Kulin Post Office. Push bikes and batteries can be dropped off at Haydn's shed. H McInnes 0429 801 215 T Barndon 0428 939 189 R Doust 0499 802 054

#### CONTAINERS FOR CHANGE

All Good Refund Depot come to Kulin on the last Wednesday of every month. They pick up returns from behind the Memorial Hall at midday. Contact Belle at the Shire for more info.

> KCCC ID C10351204

ARTS CENTRE ID C10333381

# feedbick,

Probably the best RV rest area we have visited in WA

What a lovely site, level ground surrounded by shrubs and trees, just off the road but private and plenty of room. The whole area and ablutions are spotless. A huge thank you to the Council. A job very well done.

Lovely free camp right in the middle of town. Fantastic facilities with both toilets and shower (very clean). Publunch across the road was awesome

What a great caravan park. All slabs, so if its raining, no mess!! All inclusive, private bathrooms. Great camp kitchen and barbeque area. Pool a short walk with an amazing slide! Highly recommend if you need an overnighter.

Absolutely fantastic little campground. All slab sites, some drive through. Showers/bathrooms are great. Short walk to town and to IGA which has everything you need. You pay what you think. Such a lovely little town. Check out the Tin Horse Highway - it's really great. This town really wants people to come and offers so much. Thank you Kulin!