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# THE KULIN UPDATE

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18 April 2024

## 5 COMMUNITY HUB

See what the Community Hub have been up to and join them for ANZAC Day.

## 11 AOOB

2024 AOOB funding round is now open. Get your submission in. Full details on page 11

## 13 CWA

CWA Kulin thanks the community for their support to restore the CWA building.

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## CONGRATULATIONS TO KULIN'S NEWEST CITIZEN





Mon - Fri 8:30 am - 4:30 pm  
38 Johnston Street, Kulin WA 6365  
(08) 9880 1204  
crccounter@kulin.wa.gov.au  
www.kulin.wa.gov.au/crc-home



### How to receive the Kulin Update via email?

Call or email us and let us know your name and email address so we can add you to the distribution list.

Alternatively, visit

[www.kulin.wa.gov.au/#newsletterscroll](http://www.kulin.wa.gov.au/#newsletterscroll)

### How to advertise in the Kulin Update?

Complete the booking form found here - [www.kulin.wa.gov.au/council/news/community-newsletter.aspx](http://www.kulin.wa.gov.au/council/news/community-newsletter.aspx) and send your advert and completed booking form to [crccounter@kulin.wa.gov.au](mailto:crccounter@kulin.wa.gov.au)

### When are the deadlines?

All articles and booking forms are to be sent NO LATER than Tuesday, 4pm prior to the publication date.

### What are the advertising costs?

- 1/4 page b/w - \$20
- 1/2 page b/w - \$25
- 1/2 page colour - \$25
- Full page b/w - \$40
- Full page colour - \$80
- Front/ back - \$100

Members receive 20% off advertising costs, please contact [crccounter@kulin.wa.gov.au](mailto:crccounter@kulin.wa.gov.au) for more information.

Accepted document formats:

- PDF
- JPEG



### Achieved something?

We would love to share any community news or achievements in the newsletter, send through the information to [rcmgr@kulin.wa.gov.au](mailto:rcmgr@kulin.wa.gov.au)

## DEADLINES TO SUBMIT CONTENT FOR THE KULIN UPDATE

- 30th April 2024
- 14th May 2024
- 28th May 2024
- 11th June 2024
- 25th June 2024
- 9th July 2024

## HAPPY BIRTHDAY!

### April

Date	Name
19th	William Thompson
20th	Julie Dall
22nd	Maddie Tyson
26th	Johnny Spencer
28th	Matthew Sullivan
30th	Kaitlin Tyson

### May

1st	Nicole Thompson, Luke Thomas, Cassi-Dee Lewis
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## DATES AND UPCOMING EVENTS

### Month

Date	Name
23rd	Seniors' Movie
24th	Seniors' Morning Tea
25th	ANZAC Day
28th	Golf Club Opening Day

### MAY

3rd	Flu Vax Clinic
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# COMMUNITY CALENDAR

## 2024 APRIL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
01 Rubbish Collection	02 Recycling Collection	03	04 KULIN UPDATE, Volunteer Thursday @ Hub	05 Kulin Bowling Club Mens Open Day	06 Kulin Golf Club Busy Bee	07 Kulin Bowling Club Closing Day
08 Rubbish Collection	09 CWA 100th Year Celebration	10	11 Winter Sports season opener @ FRC, Volunteer Thursday @ Hub	12 Winter Sports round 1 @ Merredin	13	14
15 Rubbish Collection	16 Recycling Collection	17 Council Meeting	18 KULIN UPDATE, Volunteer Thursday @ Hub	19 Winter Sports round 2 @ Narembreen	20	21
22 Rubbish Collection	23 Seniors' Movie CKC AGM 4.00pm	24 Seniors' Morning Tea	25 ANZAC Day, Medical Centre closed, Volunteer Thursday @ Hub	26 Medical Centre closed	27	28 Kulin Golf Club Opening Day
29 Rubbish Collection	30 Recycling Collection	01 Medical Centre closed	02 KULIN UPDATE, Medical Centre Closed, Volunteer Thursday @ Hub	03 Kulin Flu Vax Clinic	04 Winter Sports round 4 @ Kondinin	05

It is hard to believe that this is our last edition of The Kulin Update for April. The year is certainly flying along and with that comes the start of winter sport. All teams had their first round of games last weekend. Football and netball headed to Merredin to take on Nukarni, hockey had the day out in Corrigin and the D Grade football headed to Corrigin to take on the Tigers on Friday night under lights. Football and netball are away this weekend in Narembeen and hockey is in Kondinin versus Souths. If you haven't been able to get to sport out of town, make sure you save the date for the first home game of the season – Saturday 27th April at the Freebairn Recreation Centre. Will be a great day with all three sports at home. Get to the FRC and support our clubs.

We have a few events in the next week. Tuesday - Seniors' Movie Day, Wednesday - Seniors'

Morning Tea, and Thursday - ANZAC day.

The ANZAC Day service will begin at 9am at the Kulin War Memorial. Morning tea will then be served at the Kulin CWA at the conclusion of the service. You can then head to the Kulin Community Hub from 12pm and enjoy lunch and/or dinner and drinks with family and friends.

School is back this week and the KDHS Leadership Camp has the school student leaders accompanied by staff and volunteers heading to Busselton. We are sure they will gain some wonderful leadership skills and experiences. This is also a timely reminder to watch your speed in the school zone. 40km from 7.30am - 9.00am and 2.30pm - 4.00pm weekdays. Also keep an eye out for our children who will be walking to sport training and crossing our busy roads.

Neil Saunders undertook his Australian Citizenship pledge in a ceremony at the Shire of Kulin on Wednesday 17th April. The ceremony was presided by President Grant Robins and family, friends and Shire Councilors witnessed the event. Congratulations Neil on your Australian citizenship.

The Shire footpaths project has been completed on Price, Gordon and Bull Street. Each year we continue to upgrade our footpaths in line with budget considerations. Planning for the 24/25 footpath program is well under way.

It is also the time of year when the Shire of Kulin budget preparations are getting into full swing. Community groups and the public are invited to submit budget requests for the 2024/25 budget. Please have your submission to Fiona Murphy by 26 April 2024.

## medical centre



Please be advised that the Medical Centre will be CLOSED on the following days due to public holiday and training:

- Thursday April 25th
- Friday April 26th
- Wednesday 1st May
- Thursday 2nd May

### FLU VACCINATION CLINIC

Kondinin - Monday April 22nd

Kulin - Friday May 3rd

Hyden - Thursday May 9th

Please note that during the vaccination clinic days the morning has been booked off for flu vaccines only. General appointments are available for the afternoon.



**Kondinin - 9889 1753**

**Kulin - 9880 1315**

**Hyden - 0428 082 746**



**HotDoc**

[hotdoc.com.au](https://hotdoc.com.au)

[medical@kondinin.wa.gov.au](mailto:medical@kondinin.wa.gov.au)

Thank you to the volunteers who have been joining the Hub team to get involved with 'Volunteer Thursdays'. Volunteer Thursday is not just about serving behind the bar - you can get involved in other aspects too – gardening, cleaning the silverware, sorting and stacking - and many other aspects. It is a great chance to have a chat, cuppa and catch up with community members too. If you are not sure how you can get involved, reach out to a Hub member or come along and have a chat. We would love to see you



## COMMUNITY HUB



**Open ANZAC Day  
Thursday 25 April 2024**

Kulin Community Hub is open from 12pm. This is also our 'Volunteer Thursday' so come along to your local and be served by a local!

Lunch and dinner available, or just come in and enjoy the beer garden for a few quiet afternoon drinks.



# THROWBACK

Thank you to Harold Proud who has kindly given the CRC an abundance of historical information, articles, photos and items that tell the story of Kulin and surrounds. Enjoy the below writings by Murray Pegrum from Kondinin as he explains how it was playing football in the early to mid 1900's.

## The Way it Was... (with Football)

Now when I watch our smart, fit, young footballers with their neatly tailored shorts run onto the footy ground I sometimes think back to how it used to be in the forties and the fifties.

Straight after the Second World War with clothes rationing the only shorts available were ex-army khaki bombay bloomers. Consequently we must have looked a motley crew for a while. We always had team football jumpers though. In those days, these were white with red numbers and edging. Socks were red with white roll overs. Gradually Ezifit white and black shorts became available and we began to look like a footy team. What a different style of play it was, man on man and you only roamed over a thirty yard circle not like today where players play all over the ground. Coaching was nowhere near as intense. One coach's direction only seemed to be to watch that snoozer over there. That didn't mean he was asleep, it was just his description of any member of the opposition!

The original footy ground was where our magnificent grass oval is today but nowhere near the same surface. Our changerooms were in the showground pavilion which stood where the shire depot is today. To start the game we all wandered individually onto the ground to get ready. At quarter time we changed straight over. At half time we all climbed onto various trucks and utilities and journeyed to the pavilion for a cup of tea and plate of eats similar to that enjoyed by spectators today, then leisurely back to get on with the game. Three quarter time was the highlight - no pep talk, but a bottle of sweet sherry passed around mouth to mouth and maybe half an orange. This bottle of sherry was always provided by Len Stubbs or the local publican. Sometimes I would love to see what sort of a lift this would give the young guys of today. Once the game was over we straggled off back to the pavilion to change and then on home. There was only a mad hour session from 5.00 - 6.00 pm in those days so not a lot of time to celebrate or commiserate. Later on, hotels were open till 9.00 pm and I dare say we would have matched the young blokes of today in that department. We never trained, nobody ever seemed to get injured, only one reserve and if you were it, hardly worth attending the game although nineteenth man was usually expected to run the boundary. Nobody ever came off before three quarter time. Something more to be said for a bottle of steam at that point of time.

We travelled to the away games on the back of an open truck usually provided by Len Stubbs or Doug MacGregor. A line of bags of oats down the centre to sit on and stock sides to keep us from falling off. It was only the staunchest of supporters that rode with us. Not too bad on the way over but oh so-o-o cold on the way home in the dark. One day it was raining for our trip to Bullaring so Len enclosed his truck with a tarpaulin. Latterly this has proven quite an effective way to dispose of cull sheep so it was no wonder we emerged at Bullaring rather green around the gills and decidedly unwell. There were changerooms at the Corrigin, Kondinin, Karlgarin and Kulin showground pavilions but at Bullaring we wandered off into the bush at the western end of the oval to a large fallen jam tree where we changed and left our clothes. At Bilbarin there was no bush just a large fallen salmon gum tree we changed behind.

2.

To drive past now, it's hard to envisage a footy oval there at all although it was the site of one of our most insidious defeats. Bilbarin were the easybeats but unbeknown to us the Bilbarin goal umpire had taken a hundred to one bet on Bilbarin with the local Corrigin bookmaker. At our last scoring kick of the day the pantomime commenced. The goal umpire tripped, rolled to the ground, sprang to his feet and signalled a point - not even over the post but fair through the middle! Instead of winning by four points we were one point down. From then on Bilbarin became known as the 100-1 shots!

There were no turf ovals in those days, just bare ground. Karlgarin was perhaps the worst being covered with a coarse type of white grit, so everybody had skinned knees. The Corrigin oval was where Farmpower is now and northwards to the retirement complex so the old ground ran decidedly up and down with the western end quite often underwater. In 1950 we moved our footy oval from the existing site into the bush east of the railway line. We cleared the big trees virtually by hand digging around the bases, severing the roots, hoisting a cable as high as possible up the trunk and pulling them over with Keith Growden Senior's Oliver tractor and Rex Growden Senior's Massey Harris tractor. The trees were heaped and burnt. Later we carted sand to cover the oval to reduce the red mud but it was a bit like playing football on the beach for a while. It was a good ground sheltered from the wind. We won our share of grand finals and some players would suggest that as we were in the grand final, perhaps we should have a bit of training. So the afternoon before, we would gather and have a bit of a kick to kick. Now when I peer into the gloom and amongst the rising mist and the night time dew and hear the young blokes encouraging each other and running about I am quite glad I was born in 1930.

Although in my era a players' tea was what mum gave you when you got home, we enjoyed our footy. It has been gratifying to see the fierce desire in each generation as it comes along to play for the Kondinin Bulldogs and keep our town well to the forefront in whichever association we have played in. As far as I can recall I think the young blokes of today are equally as good as we were!

Murray Pegrum



## Kondinin Premiership Team of 1949.

Back L - R

Clive Elliott (Kon. Headmaster, Coach)  
Stan Giese, Frank Graham, Edgar  
Milburn, Brian Graham, Rex Growden,  
Rob Wilkins, Laurie Pegrum.

Mid. Row

Bill Young, Bruce West,  
Col. Lawrance, Don Penny,  
Cliff de Gruchy.

Seated

Ray Rickard, Murray Pegrum,  
Gavin Munro, Doug McGregor,  
Max Growden.

(On the oval where the turf  
oval is today).

## CULTIVATING KULIN COMMITTEE

# Annual General Meeting

23rd April 2024

4 PM

Kulin Community Hub

Enquires and apologies to Taryn

emcs@kulin.wa.gov.au 0429 630 842

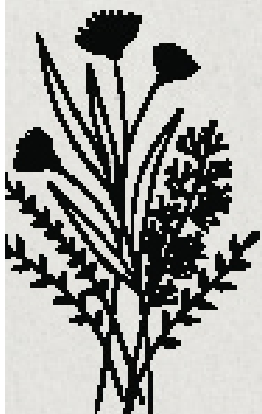
### Agenda

Present & Apologies  
Approval of Membership Applications  
Minutes of previous meeting  
Business Arising from previous minutes  
Executive Committee Reports  
    President's Report  
    Treasurer's Report - Financial Statement  
Election of Executive Members  
    Terms expiring – Brad Smoker, Carly Williams, Nicole Thompson  
Nominations/re-nomination of positions  
Nominations of Management and Committee Positions  
Appointment of Auditor  
Meeting Close

A General Meeting will follow the AGM



*you're  
invited*



All are welcome to our

## SENIORS' MORNING TEA

Wednesday 24th April 2024

10:30am // Kulin CRC

38 Johnston St







## council budget considerations

Budget submissions are invited from the public and community groups for Council's 2024/2025 budget.

Requests can be emailed to Fiona Murphy at [emfs@kulin.wa.gov.au](mailto:emfs@kulin.wa.gov.au) by 26 April 2024.

## **Kulin ANZAC Day Service**

**25th April 2024**

**9:00am**

### **Kulin War Memorial**

Morning tea will be available at Kulin CWA

All welcome



# SPORT AND RECREATION NEWS

## End of another season at the Aquatic Centre

Well it's that time of the year when we close the gates again for the season. It's been a bigger season this year compared to the past four with a lot more coverage on social media and the word is out there now. Lots of followers on Facebook which has just gone through the roof. Over 13,000 people through the gate this season which is awesome for Kulin. Visitors from all Australia coming and spending time in town.

Firstly I would like to say a huge thank you to all those that worked with me during the season, whether that was on the slide or front gate/kiosk through and cleaning or getting the lawns looking smicko. The comments from patrons who have visited throughout the season is a credit to you all. Your friendly and helpful nature along with the pride of doing your job is commented on regularly. We get regular feedback about how clean and tidy everything is, not only at the pool but around town. Hats off to you all and thank you.

We have held the Dumbleyung and

surrounding towns swimming carnival here for the second time and again was a huge hit with the slide being turned on for when they finish. Acres of Taste provided the lunches and quite a few hung around down here and there was a number that ventured up to the pub for a quiet one or two after the days' event. It is great for our town to host these events. They are planning on doing this again next year so will be great for the town again.

The Swim to Rotto has been well supported this season and some big tallies at the end of this season. I have been running this program down here for the last 5 seasons and basically recording everyone's laps for the day or season. My aim is to swim as a town around Australia and we are well on our way. This season alone we have swum a total of 43,541 laps which is a huge effort so well done all. This works out to 1,088km if my math is correct. With this season's total laps swum, plus the last 4 seasons, we have made it from Kulin around the coast up to 60km shy of Darwin. WOOOHOOO! That's the hard bit done - swimming up hill - so next season we keep heading in same direction and see where we end up.

Those that made Rotto are as follow:

- Travis 3,776 laps - 94km
- Craig 3,306 laps - 83km
- Grantly 3,024 laps - 76km
- Troy 2,903 laps - 73km
- Elizabeth 2,474 laps - 62km
- Clint 2,392 laps - 60km
- Jackie 2,230 laps - 56km
- Me 2,076 laps - 52km
- Annie 1,930 laps - 48km
- Renae 1,454 laps - 36km
- Zoe 1,412 laps - 35km
- Tom 1,410 laps - 35km
- Rachel 1,258 laps - 31km
- Jake 1,060 laps - 26km
- Foops 999 (or was it 1000??) laps - 25km
- Jennie 860 laps - 21km
- Lauren 800 laps - 20km
- Chandler 798 laps - 20km

Well done to these swimmers and to everyone who has taken part this season. Hope to see you all back here next season to do it all again.

Thanks again for the season and will see you all back here in November 2024.

Cheers, Jones

Mark Gilbard  
Kulin Aquatic Centre Manager

## KULIN GOLF CLUB 2024

Its almost time to get those sticks out and head down to the course for another Season. Our Golf Committee have met and are sorting the course, the fixtures and important Days on our calendar as I write.

Things you need to know :

- First busy bee is scheduled for Sat April 6th - 8.30 start- take away storm damaged trees and do the greens,
- Opening Day will be Sunday April 28th- 11.30 at Freebairn Centre for a 12 noon hit off- men and ladies all welcome,
- Ladies Nine Hole Golf starts Wed April 1st- Freebairn Centre 10.00pm - bring a friend or new player- beginners welcome
- Nona Wilson Ladies Open Day- June 27th
- Closing Day- September 15th

We hope you can join us on the **28th April** to start our season- we can find some sticks if you wish to just have a hit and see how you go before committing- contact us if you need any other information.

President Charlie Spurgeon 0448 809 086  
Mens Captain James Wilson 0447 812 663  
Ladies Captain Helen King 0437 809 027

Hope to see lots of new faces this year

Wendy Gangell (Hon Sec/Treasurer ) 0429 805 224



## Kulin AOOB 2024 Funding Round

After a very successful rally in September of 2023, we are calling on expressions of interest for Sponsorship in our Local Community.

Process to apply:

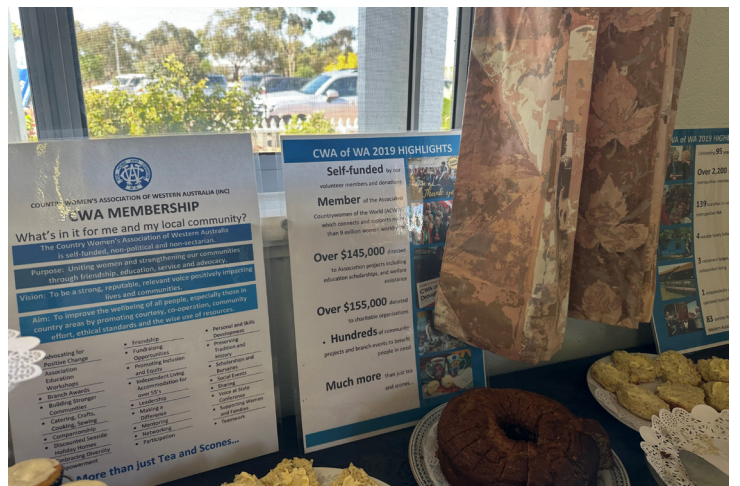
1. Write a letter regarding what your funding will be used for and how much the project is going to cost.
2. Supply your ABN & postal address
3. Email you letter to [aobkulin@outlook.com](mailto:aobkulin@outlook.com) by 02/05/2024

We thank all of our members, volunteers and everyone who attended the Rally to make this possible.

If you are interested in finding out more about our group please reach out via our fb page or email.

President Kulin Branch: Kim Brandis  
M: 0427 020 574

Treasurer/Secretary: Jocelyn Brandis  
PO Box 70 Kulin WA 6365  
[aobkulin@outlook.com](mailto:aobkulin@outlook.com)





## KULIN CWA BRANCH

Kulin CWA held a 'thank you' morning tea for all the people and organisations who have assisted the branch to complete the restoration of our rooms. This included painting, air-conditioning, drainage, landscaping, the front fence, restoring the CWA sign on the building and many other tasks. A large and happy gathering enjoyed a sumptuous morning tea. This is CWA in WA's 100th year and for Kulin our 95th anniversary. It is 87 years in May since the foundation stone of the rooms was laid. We are proud to have been of service to the women of the district and to the community of Kulin and will continue to do so. The next service will be to provide morning tea after the ANZAC service on 25th April.

## KULIN MUSEUM AND MENS SHED

The members recently attended a mental health first aid workshop held over two days at the Kulin Museum. Topics included depression, anxiety, psychosis, grief and suicide, including how our thought patterns affect both mood / mental health and behaviour. Members were given information on what to watch for and how to support each other and family and friends.

### Mental Health First Aid Action Plan

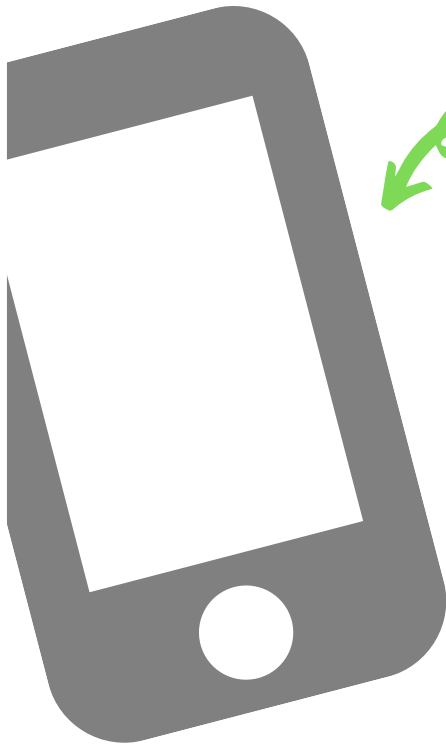
- Approach, assess, assist with any crisis
- Listen and communicate non-judgementally
- Give support and information
- Encourage person to get appropriate help
- Encourage other supports- family/ friends

The workshops were facilitated by counsellors from Central Agcare and Wheatbelt Counselling Services which are local and free counselling services funded by the State Government to support rural people.



# YOUTH SUPPORT SERVICES

DO YOU OR SOMEONE YOU CARE ABOUT NEED SOMEONE TO TALK TO?



## PHONE-BASED SUPPORT:

LIFELINE 13 11 14

BEYOND BLUE 1300 224 636

QLIFE 1800 184 527

KIDS HELPLINE 1800 551 800

HEADSPACE 1800 650 890

1800RESPECT 1800 737 732

13YARN - 13 92 76

## WEB-BASED SUPPORT:



BEYOND BLUE - [HTTP://WWW.YOUTHBYONDBLUE.COM](http://www.youthbeyondblue.com)

KIDS HELPLINE - [HTTPS://KIDSHELPLINE.COM.AU](https://kidshelpline.com.au)

EHEADSPACE - [HTTPS://EHEADSPACE.ORG.AU](https://eheadspace.org.au)

MINDSPOT - [HTTP://WWW.MINDSPOT.ORG.AU](http://www.mindspot.org.au)

REACHOUT - [HTTP://AU.REACHOUT.COM](http://au.reachout.com)

QLIFE - [HTTPS://QLIFE.ORG.AU](https://qlife.org.au)



## Kulin Childcare Centre



The school holidays at KCCC have been busy with child driven play and learning. The older children who have been in over the holidays have done a great job at including our younger children and providing new ideas for play.

We used our bamboo water pipes to create a path to move water, this was a great opportunity for the children to use teamwork and practice communication, as it took so many hands to make sure the path stayed secure for the water. The children moved this into the sand pit to create a bridge and lake landscape.



We recently completed a native flora mat time session discussing Casuarina and eucalyptus torquata pollination and flowering process (wind vs animals). We supported and followed this learning into the outside play by including the flora in a painting activity for children outside. This was the last day of our animals theme before we moved into Oceans.



We began our ocean theme in the second week of the school holidays. It has been lovely to hear what knowledge children already have about the ocean and supporting them to share this with their peers. We have been learning new ocean theme songs including 'Slippery Fish' and 'The Goldfish'. Pictured to the left is Cameron, our new Educator helping children add to our fish tank drawing activity. Cameron has recently moved to town and was previously working in After School Care in Perth.



Natalie's small world play ocean activity in the sand pit has been very popular with the children. Small world play provides a great opportunity for children to expand on their language and communication skills, its also a good start for younger children to begin playing together instead of alongside each other.

Shelbi has been building large tunnels for our children to explore which supports the play schema of transporting, this is a great example of following child directed play themes (water pipe play).

Thank you from KCCC to our families and community for supporting our centre. A special thank you to the community member who donated some brassica seedlings for our veggie garden.



## After A Road Crash: Supporting Yourself and Others



**Date:** Thursday, 30 May 2024

**Time:** 9:00am – 12:00pm

**Location:** Freebairn Recreation Centre, Kulin

**RSVP:** Belle Brandis, [rcmgr@kulin.wa.gov.au](mailto:rcmgr@kulin.wa.gov.au) / (08) 9880 1204

Each year in Western Australia, thousands of people are impacted by road trauma. Responding or first on scene at a car crash, losing family and friends, dealing with injuries, caring for those injured, causing a crash or witnessing a serious crash, can have a devastating and enduring impact.

Road Trauma Support WA will be delivering a free, three-hour workshop for community members who may be exposed to road trauma as part of their work and/or personal life, who would like to know how they can support themselves and others impacted by grief, loss, and trauma.

The information session will help you get better informed on:

- The impact of road trauma in WA.
- Common reactions experienced after a crash.
- Understand the impact of grief, loss, and trauma.
- Respond appropriately to those impacted by grief, loss, and trauma.
- Self-care strategies to reduce the impact.
- Find out where and how to access support for yourself and others.

For more information about the Road Trauma Support Service WA please visit the website at [www.rtswa.org.au](http://www.rtswa.org.au).

If you have any queries, please contact the Injury Matters team at [admin@rtswa.org.au](mailto:admin@rtswa.org.au).

 1300 004 814 (free call)

 [www.rtswa.org.au](http://www.rtswa.org.au)

 Road Trauma Support WA



The Road Trauma Support Service WA is provided by Injury Matters and funded by the Road Trauma Trust Account with contract management through the Road Safety Commission WA.





## Send us a SMS to check your phone will work after we close 3G

Our 3G network is scheduled to close on 30 June 2024, so time is running out to upgrade your device to ensure you can still use it after the network shuts down.

If the 3G shutdown impacts you, you will likely have already heard from us - but we've also developed an easy to use SMS tool to check if your phone needs an upgrade.

If you text '3' to 3498, we'll text you back telling you if you need to take action.

### Why are we doing this?

Once the network shuts down, these services will no longer be useable, unless you upgrade to a compatible device.

Since we announced the closure of our 3G network almost five years ago, we have seen a significant decline in 3G usage across our national network.

In fact, 3G accounts for just 1% of our total network traffic, however we want to make sure everyone is prepared and has an easy way to check the compatibility of their device.

### How do I check?

If you're a Telstra customer, or if you have a device that uses Telstra's mobile network, you can find out if your mobile phone is impacted by **texting '3' to 3498**.

An easy way to remember this – the number corresponds to '3G XT' on your phone's on-screen dialing keypad!

We'll respond to let you know the status of the device you're messaging from, and whether you need to take any action.

If your phone is good to go, you'll get this message in response:



## Information Circular



ABN: 50 860 676 021

Main Roads WA Heavy Vehicle Services wishes to advise industry and partners that we have a current enforcement focus on unlawful road train movements in the lower Wheatbelt region, specifically in the Shire of Kulin and Shire of Dumbleyung.

Presently, Main Roads WA limits the length & mass of heavy vehicle combinations in these Shires to a maximum of 30m.

Unlawful road train movements present a major risk to the safety of other road users, due to their potential to encroach into oncoming traffic lanes, cut across intersections, or encroach pedestrian footpaths or cycle lanes. The heavier road trains also have the potential to stall or lose traction on steep gradients. In addition to public safety concerns, these unlawful movements can have a harmful impact on Western Australia's valuable road infrastructure, through the increased wear and damage they have the potential to cause.

### What Does a Road Train Look Like?

Road train combinations come in various configurations and lengths. Within the lower Wheatbelt region, road trains up to 30 metres in length are approved (as illustrated below). Longer road trains (also illustrated below) are not permitted to operate in the Shire if they exceed 30m in length. Any suspected breach of this rule should be reported to either Main Roads Heavy Vehicle Services or Western Australia Police Force.

Approved Combinations (with Permit or Order)	
27.5 metre B-double	
27.5 metre A-double	
30 metre PBS A-double	
Non-Approved Combinations (illegal)	
36.5 metre A-double	
36.5 metre B-Triple	
36.5 metre AB-Triple	
36.5 metre BA-Triple	

## Chain of Responsibility

Chain of Responsibility legislation recognises that actions on the road are not solely directed to the driver but can often be influenced by various other 'off-road' parties within the supply chain. Under the current WA legislation, this supply chain may include Employers, Consignors, Packers, Loaders, Driver, Co-driver, Responsible person (Vehicle Owner) and Consignees. All parties have a responsibility to maintain safety on our roads; every vehicle must comply with the relevant mass, dimension, and load restraint requirements prior to leaving their point of departure.

Every party within the supply chain has a responsibility to exercise vigilance around road safety and ensure their actions (or inactions) do not contribute to another party committing an offence. On-road safety requires everyone to behave in a way that makes sure only safe vehicles with safe drivers and safe loads are on the road. This is a shared responsibility that only works effectively if every party plays their role.

If you use road transport as part of your business, you have a legal obligation under the legislation not to induce or encourage any breach of the road transport law. Heavy penalties and other serious sanctions may be imposed on any party caught doing the wrong thing.

## How Can You Ensure Other People Do the Right Thing?

Despite best efforts, mistakes can still happen, everybody has a responsibility to recognise them when they do. Parties in the supply chain may remain ignorant of their responsibilities or even deliberately break the law. You cannot always control other people's actions. You should however do everything within your power to positively influence and enhance the safety and wellbeing of other road users and ensure you are not encouraging unsafe behaviours.


That's why it is vitally important that you speak up if you see an illegal road train movement on the road network. You may choose to remain anonymous.

Main Roads Heavy Vehicle Services can be contacted on 138 486 or WA Police on 131 444.

---

Please do not hesitate to reach out if you have any further questions.

Warm Regards,



John Pintabona

Manager, Heavy Vehicle Transport Compliance

Main Roads Heavy Vehicle Services

PO Box 374, Welshpool DC WA 6986

Tel: 138 486



Department of **Energy, Mines,  
Industry Regulation and Safety**



## REGIONAL COLUMN

[www.dmirs.wa.gov.au](http://www.dmirs.wa.gov.au) [www.wa.gov.au](http://www.wa.gov.au)

11 April 2024

### With Senior Regional Officer for the Great Southern Cheryle Dennis

#### Stop the interruptions - take back your phone from telemarketers and spam

Unwanted calls and spam SMS can be a source of frustration. Whether it's persistent telemarketers interrupting your dinner or irrelevant promotional texts flooding your phone, there are ways to put a stop to them.

You may have forgotten about the Do Not Call register, which is a free service run by the Australian Communications and Media Authority (ACMA). You can register your home, personal mobile or fax number online via [donotcall.gov.au](http://donotcall.gov.au) or call 1300 792 958. The good news is you only need to register once.

Telemarketers then have 30 days to stop contact. The *Do Not Call Register* legislation applies not only to Australian telemarketers but also businesses within Australia that use overseas-based telemarketers and businesses based overseas making calls to Australian numbers.

The register works by requiring telemarketers to submit a list of phone numbers they wish to call to the Register Operator. The Register identifies any numbers that are not permitted to be called and they are removed from calling lists.

Keep in mind research or survey related calls are not telemarketing, so you may still receive these, as well as calls from registered political parties, politicians, government agencies, election candidates, registered charities or educational institutions where you are or were a student. These are all exempt. However, there are still rules to be followed.

Telemarketers can only call between 9am-8pm Monday-Friday and 9am-5pm on Saturdays and never on Sundays. Researchers can call 9am-8.30pm Monday-Friday and 9am-5pm on Saturday and Sundays. Neither can call on a national public holiday.

The caller must tell you their name, the name of their employer and why they are calling and their caller ID must not be blocked. They also must end the call if you ask them to.

Unfortunately scam calls won't stop after registration. A legitimate caller should not mind if you want to verify their identity. You should never give an unsolicited caller any personal or financial information, including credit card details, or access to your computer.

Receiving an SMS about a sale from your favourite clothing store is helpful but when do 'helpful' texts turn into unwanted spam?



Department of **Energy, Mines,  
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Marketing texts must also follow rules set out by ACMA. The business needs to have your consent, for example you ticked 'subscribe' on a form or entered a competition, include contact details and offer a way for you to unsubscribe or opt-out.

After you unsubscribe or opt-out the business must generally stop sending marketing texts within five days.

You can report spam messages to ACMA by forwarding the message to their dedicated SMS line – 0429 999 888, or you can report it online via ACMA's spam complaint form. Also consider blocking the number on your phone. ACMA does take action and most recently issued penalties of over \$3.7 million to Luxottica (Sunglass Hut, Oakley, OPSM), Uber Australia, Kmart Australia and Ticketek for breaches of spam rules.

And just like with unsolicited calls, you may still receive text messages during elections or from registered charities and other Government bodies.

More information about rules regarding telemarketers and spam texts can be found at [acma.gov.au](https://acma.gov.au).

## SPOTTING SCAMS

With scammers continually developing new ways to catch people out, we need to increase our vigilance in checking for those little clues that can alert us that something is a scam.

Scams cost Australian consumers, businesses, and the economy hundreds of millions of dollars each year and cause serious emotional harm to victims and their families.

### THE HOT DEAL

If it seems too good to be true, then it is. Scammers may use a "hot deal" to entice you.

### THE URGENT THREAT

A scammer may use a threat to coerce you into handing over personal information and money. Remember to stay in control of the situation and verify details yourself. Threats can come in the form of a threat of legal action, a 'help me' email, Windows/Microsoft/Apple/phone provider/NBN support scam, Ransomware, an online romancer

### PHISHING FOR YOUR DETAILS

With just enough of your personal details scammers can shop with your cards, borrow money in your name and infiltrate (hack) your accounts by guessing passwords or answers to the security questions you chose when you set them up. Be careful with your personal information.

### PROTECT WHAT YOU BELIEVE

- Maintain a healthy scepticism.
- Stay in control and always verify information, advice and contact details independently.

For more information visit <https://www.commerce.wa.gov.au/publications/scam-spotting-types-scams-and-how-protect-yourself>



**Kaylor Andrews**  
Wheatbelt Regional Education Officer  
Cancer Council Western Australia  
[Kaylor.Andrews@cancerwa.asn.au](mailto:Kaylor.Andrews@cancerwa.asn.au)

## Find Cancer Early: Tips when visiting your doctor about a possible symptom!

As we get older, many of us don't often think too much about a change to our body. This can result in us expecting and accepting changes over time as being normal.

But it is important to not be tempted to put something unusual down to 'getting older' before you've told your doctor, clinic nurse or Aboriginal health worker. Always have a chat and let them know what you've noticed, even if you're not concerned by it. Chances are it is nothing to worry about, but it's better to be on the safe side.

When you decide to make an appointment, lots of different questions and concerns can pass through your mind, such as:

- The doctor is always too busy.
- It's too hard to get an appointment.
- When I get to my appointment my mind goes blank.
- What could happen when I see the doctor or health worker?
- I don't have a doctor.
- I feel embarrassed or shame.

### Tips when you are visiting your doctor/health professional

- Be clear about your symptoms.
- Calling early in the morning is often the best time to arrange an appointment.
- If your usual health professional isn't available that day, ask for an appointment in a few days time, or ask to see another doctor.
- If you feel you need to speak to a health professional straight away, tell the receptionist it is urgent when you call.
- Write down why you've made the appointment and what you want to tell your health professional.
- Keep a symptom diary of what's been happening, how long for, and how often it occurs – you can take this with you.
- Health professionals are there to help you – don't be embarrassed to let them know about any unusual changes you've noticed in your body.
- Take someone with you as a second pair of ears to listen & perhaps to take notes for you to clarify what is said at your appointment.

### Become familiar with common cancer symptoms

We encourage adults, especially those over 40 years of age, to be aware of some common symptoms of cancers. You can give yourself the best chance to **Find Cancer Early**, by going to see a doctor straight away if you have symptoms, so that treatment is easier, and you can be around longer to do the things you love doing with the people you love.

### Where else can I get advice?

- Cancer Council WA – Information and Support line - **13 11 20**
- Visit [findcancerearly.com.au](http://findcancerearly.com.au)
- GP, nurse practitioner or pharmacist



Government of **Western Australia**  
Department of **Health**

### Have you had any of these...

#### ... for more than 4 weeks?

- Problems peeing
- Runny poo
- Unexplained weight loss
- An unusual pain, lump or swelling anywhere in your body
- Becoming more short of breath
- A persistent cough
- A new or changed spot on your skin

#### ... once or more?

- Blood in your poo
- Coughing up blood
- Blood in your pee



If you have and you are over 40...

## Tell your doctor

The earlier cancer is found, the greater the chance of successful treatment.



For more information visit [findcancerearly.com.au](http://findcancerearly.com.au)  
or call **13 11 20**

## Sculptures to the Sea Tour 2024

Our journey begins in Nadji Nadji Country in the southern wheatbelt at Corrigin.

As we ride to Kulin and then Lake Grace we will be riding along the 'Tin Horse Highway' with a heap of quirky and amusing sculptures made by the local farmers alongside the road.



At Pingrup and then Newdegate we will see the wonderful art works painted on large wheat silos. On the rest day at Newdegate we can visit the Holland Track and get to see and learn about regenerative farming and community supported agriculture.

After cycling on to Lake King we head south east into Wudjari Country in the south coast region.

Enjoy the 'Farm Gate Art Trail' alongside the road as we ride into Ravensthorpe and then again on the ride to Hopetoun. Don't miss the art works painted on the large wheat silos in Ravensthorpe.

Finally we arrive at the sea at Hopetoun and can enjoy a swim in the beautiful Southern Ocean. An optional bus trip will take us into the UNESCO biodiversity hotspot of Fitzgerald River National Park at peak wildflower season.



On the return journey by coach from Hopetoun we will stop at Wave Rock for catered morning tea and a quick look at the rock. Then on to Corrigin for lunch.

### Riding distances:

Day 1:	Saturday 21 September,	Corrigin to Kulin	– 53.7 km
Day 2:	Sunday 22 September,	Kulin to Lake Grace	– 72.0 km
Day 3:	Monday 23 September,	Lake Grace to Pingrup	– 50.9 km
Day 4:	Tuesday 24 September,	Pingrup to Newdegate	– 80.7 km
Day 5:	Wednesday 25 September,	Newdegate	rest day
Day 6:	Thursday 26 September,	Newdegate to Lake King	– 63.2 km
Day 7:	Friday 27 September,	Lake King to Ravensthorpe	– 72.5 km
Day 8:	Saturday 28 September,	Ravensthorpe to Hopetoun	– 48.9 km

The cycle tour is fully supported and your luggage will be transported from town to town.

### Costs:

• Entry for CTA member or first time OYB participant	\$870
• Entry for non CTA member	\$905
• Optional return coach journey with bike transport from Perth	\$55
• Optional rest day Holland Track and Farm activity	\$35
• Optional Fitzgerald River National Park bus trip	\$20

### Further details and entry form:

Go to <https://ctawa.asn.au/event/2024-on-your-bike> for –

- 'The Fine Print' with further details of the OYB Tour arrangements
- Entry Form for downloading
- E-bike Policy and Application Form if you would like to use an E-bike on the tour.



## Kondinin Community Resource Centre Inc

Kondinin CRC has a permanent part time position available for a  
**Staying in Place Coordinator and Projects Manager.**

A minimum of 15 hours per week is required to manage both jobs.  
Flexible hours and days are available.

Remuneration will be based on the  
Social, Community, Home Care and Disability Services (SCHADS) award

### Position Overview

Reporting to the CRC Coordinator, the Staying in Place Coordinator will work to ensure the delivery of quality home and community care support services for clients, allowing clients to stay in their own homes and communities.

The Projects Manager role will incorporate various roles within the CRC including property management, gift shop management and other CRC duties as directed by the Coordinator

The application package is available on request from the Kondinin CRC at [coordinator@kondinincrc.com.au](mailto:coordinator@kondinincrc.com.au) or by contacting the CRC on 9889 1117. Selection criteria must be addressed when applying.

**Applications close  
Wednesday 1<sup>st</sup> May at 5.00pm**

Written applications must be submitted to:

The Coordinator, Toni Smeed

Kondinin Community Resource Centre, either by

- Post to PO Box 10, Kondinin WA 6367
- Hand delivered to Kondinin Community Resource Centre
- Email: [coordinator@kondinincrc.com.au](mailto:coordinator@kondinincrc.com.au) with the subject line: Employment



We are experiencing some extra stressors this year. There are things such as the weather and decisions being made by others such as some new government policies that are not in our control. These decisions that affect everyone including Rural farming communities and the individuals who live there considerably.

Some in the state have had no rain since October last year and are experiencing the longest dry time in 70 years. (Denmark Shire) This is a cause for concern that effects people at varying levels. It is this fact that we all react to stress and worrying times differently and uniquely. It is this fact that I want to remind everyone of this month. This has been very evident with the questions and reactions I get when I ask about the apparent dry start to this year. Some people are telling me they are not worried as still early days in their opinion, yet others are very worried.

It is the case that we are all experiencing these times together but always remember that if you are a person who does not get effected by these situations' others do. The belief and verbalisation that we are all in this together and therefore we all should have the same response to the same issue is just not true and demeaning for some. Everyone is a unique individual

and as such each of us react and cope with adverse challenging times in our own individual way.

I have worked with people who have lost everything in a fire, cyclone or flood but are able to move on adapting to their situation. I've seen others having experienced less or similar physical property damage and loss but struggle to cope. Both went through the same event. One thing that both these people really appreciate is being asked 'are you doing OK'. They know someone there for them. This is usually enough for most. They know people care even if they react in a way not showing this belief.

As individuals we react to loss as we need to personally. Loss of relationship, loss of property, loss of a loved one who has passed is all loss. How we react and how we cope is not a textbook staged process. But we do all have varying feelings and emotions all at the same time. Sadness, crying, dismay, anger, frustration, blaming both self and others, feelings of having no hope for the future and other personal feelings. We all need to be allowed to grieve and work through our loss in our own way. To do what we need to do without Judgement from others no matter how well intended.

Stress can also be bought back to loss.

Loss of control. We can't control the weather, stock prices, rising interest rates but these concerns can cause stress, anxiety and strong feelings of helplessness for some. Remember the way we cope and the emotions we experience are unique and individual to each of us. We will do what we have to do in our own way and in the time it takes us as individuals to adjust to this loss. This will be different to how I cope personally but I'm not you. You will do what you need to do but I'm here for you.

As always be strong and ask for help, be strong and be that help. Call me to have that confidential face to face talk at a place you feel is appropriate. Remember how important you are to others even if your thoughts are saying differently. Get back on track to be that uniquely individual amazing person who you know you really are.

Roger Hitchcock  
Counsellor & Community  
Representative West Australia based  
in Narrogin

Rural Aid Australia  
M: 0460 310 661 | P: 07 3153 4656  
|E: roger.hitchcock@ruralaid.org.au  
Head Office : 1300 327 624  
Mental Health and Counselling Line  
1300 175 594



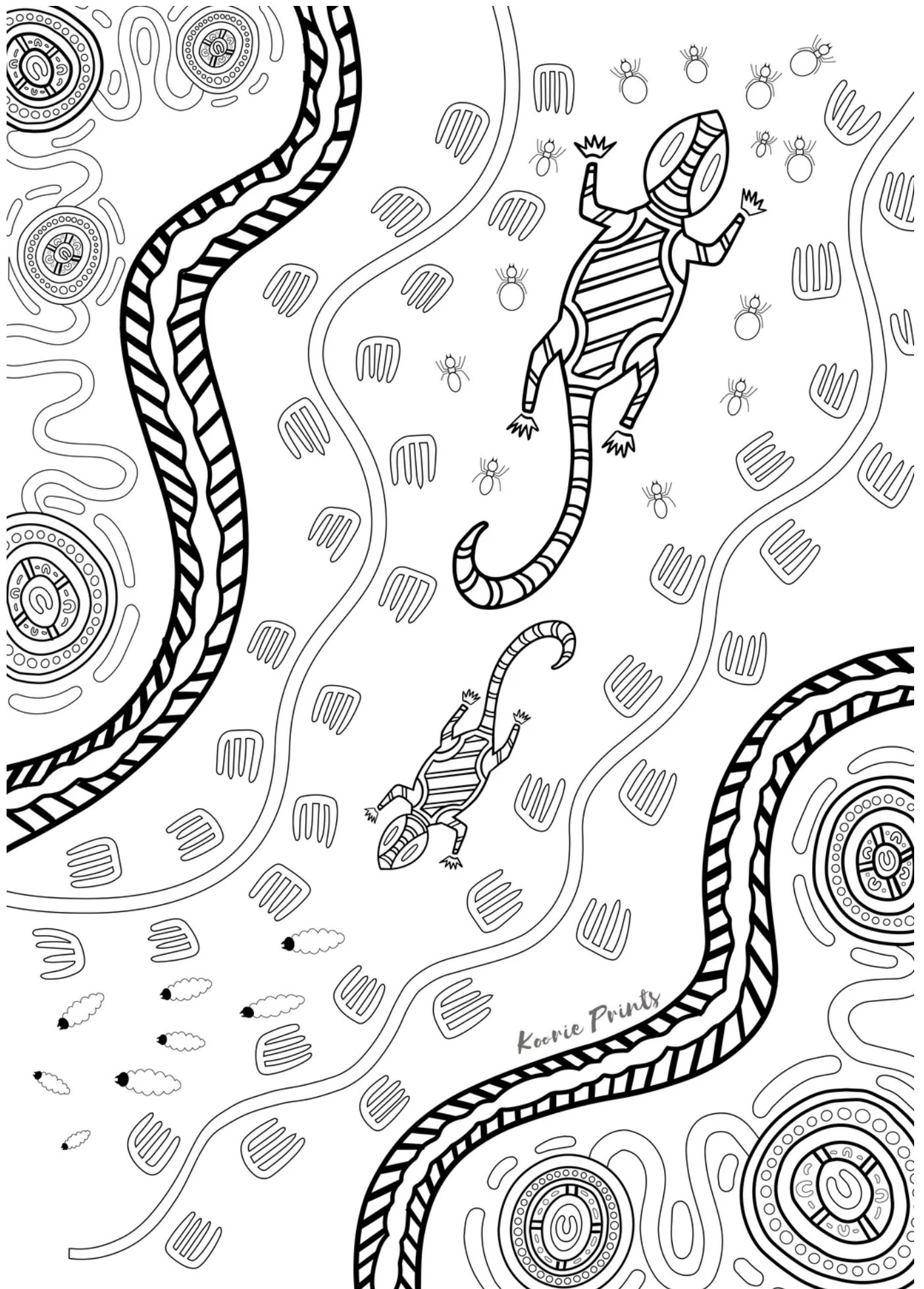
## Western Australia's rural support services

The Department of Primary Industries and Regional Development (DPIRD) provides this information to help people in the rural areas of Western Australia find the support and assistance they need to deal with stressful situations.

- Recovery after fire on rural properties
- 24 hour crisis counselling support
- Family counselling support
- Ancillary services – youth, drugs, mental health
- Financial services
- General health
- Information services
- Water support services
- Emergency contacts

For more information and contact details visit

<https://www.agric.wa.gov.au/climate-land-water/western-australia's-rural-support-services>



# BRAIN TWISTERS

## ACROSS

- 1. Area \_\_\_\_\_
- 4. Quality cuisine
- 9. Mythological bird
- 11. Sufficient funds
- 12. 1943 message to Lassie
- 15. Coral construct
- 17. Chow down
- 19. Unknown person's ire
- 22. Prosecutors, for short
- 23. Put online
- 25. "Game of Thrones" star
- 28. Drought or heat wave
- 31. 1950s presidential monogram
- 32. Nice breeze
- 33. Type of exam
- 8. Homer Simpson expletive
- 10. Buckaroo
- 13. Reagan's attorney general
- 14. Corn cob
- 16. A long way
- 18. Teased
- 19. Tiny taste
- 20. Ford fuel
- 21. \_\_\_\_\_ than(>)
- 24. Strict
- 26. Belly button
- 27. Put away
- 28. Chinese pan
- 29. \_\_\_\_\_ Solo
- 30. Hubbub

## DOWN

- 1. Doubter
- 2. Idealist
- 3. Ages and ages
- 5. Assn.
- 6. Fashionable guy
- 7. Functional; helpful

1		2	3		4	5		6		7		8
		9		10								
		11										
12						13	14		15			16
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23		24			25							26
				27								
28						29			30			
								31				
32									33			

# ANZAC BISCUIT RECIPES

## Condensed Milk Anzac Slab

**300g pkt ANZAC biscuits**  
**125g butter, melted**  
**85g (1 cup) desiccated coconut**  
**180g block Caramilk chocolate, chopped**  
**395g can sweetened condensed milk**

### Step 1

Preheat oven to 180C/160C fan forced. Grease a 3cm-deep, 16 x 26cm slice pan. Line base and sides with baking paper, extending paper 3cm over long sides.

### Step 2

Break 300g pkt ANZAC biscuits into a food processor. Process until fine crumbs form. Pour 125g butter, melted into the prepared pan. Scatter biscuit crumbs evenly over butter and press down to compact.

### Step 3

Sprinkle with the 85g (1 cup) desiccated coconut and 180g block Caramilk chocolate, chopped. Drizzle over the 395g can sweetened condensed milk to cover. Bake for 25-30 minutes or until golden and set. Cool to room temperature and then refrigerate overnight.

## Anzac Biscuit Lemon Tarts

**300g pkt Coles Bakery Anzac Biscuits (12 pack)**  
**80g butter, melted**  
**Meringue**  
**2 Coles Australian Free Range Egg whites**  
**1/3 cup (75g) caster sugar**  
**Lemon curd**  
**100g butter, chopped**  
**1 cup (220g) caster sugar**  
**2 Coles Australian Free Range Eggs, lightly whisked**  
**2 tsp lemon rind, finely grated**  
**1/2 cup (125ml) lemon juice**  
**2 tsp cornflour**

### Step 1

To make the lemon curd, combine the butter, sugar, egg, lemon rind, lemon juice and cornflour in a saucepan over medium-low heat. Cook, stirring constantly, for 5-7 mins or until mixture boils and thickens. Strain through a fine sieve into a heatproof

bowl. Place in the fridge for 1 hour to chill.

### Step 2

Meanwhile, place biscuits in a food processor. Process until finely crushed. Add the butter and process until well combined. Divide mixture evenly among six 8cm (base measurement) fluted tart tins with removable bases. Press biscuit mixture over base and side of each tin. Place in the fridge for 30 mins to set.

### Step 3

Preheat oven to 220C. To make the meringue, use an electric mixer to whisk the egg whites in a clean, dry bowl until soft peaks form. Gradually add the sugar, 1 tablespoon at a time, beating well after each addition until sugar dissolves and meringue is thick and glossy.

### Step 4

Spoon lemon curd evenly among tart cases. Place meringue in a piping bag fitted with a 2cm plain nozzle. Pipe meringue over each tart to enclose filling. Place on a baking tray. Bake for 5 mins or until meringue is lightly toasted. Set aside to cool. Remove from tins. Place on serving plates.

## Anzac Cream Cups

**300g packet Anzac biscuits**  
**125g (1/2 cup) sour cream**  
**125ml (1/2 cup) thickened cream**  
**1 tsp vanilla bean paste**  
**2 tsp golden syrup, plus extra to drizzle**

### Step 1

Preheat oven to 180C/160C fan forced. Place 1 biscuit on top of 22 holes of 2 x 12-hole round-bottomed patty pans. Bake for 3 minutes or until biscuits have softened. Working quickly, place one pan on top of the other and press down to shape lower biscuits into shells, then swap pans and shape the other biscuits. Leave in the pans for a few minutes, then transfer to a wire rack to cool completely.

### Step 2

Place remaining 2 biscuits in a

snap-lock bag and coarsely crush. Use electric beaters to beat 125g (1/2 cup) sour cream, 125ml (1/2 cup) thickened cream, 1 tsp vanilla bean paste and golden syrup together until firm peaks form. Pipe or spoon into biscuit shells. Drizzle with 2 tsp golden syrup, plus extra to drizzle and sprinkle with crushed biscuits.

## Banoffee Pies

**300g Anzac biscuits, coarsely broken**  
**100g butter, melted**  
**2 x 380g cans NESTLÉ Top n Fill Caramel**  
**300ml double cream**  
**2 bananas, thinly sliced**  
**1 Anzac biscuit, extra, finely chopped**  
**Chocolate, grated, to serve**

### Step 1

Place the 300g Anzac biscuits, coarsely broken in a food processor and process until finely crushed. Add the 100g butter, melted and process until well combined.

### Step 2

Divide the mixture evenly among 6 x 8cm (base measurement) round fluted tart tins with removable bases. Use the back of a spoon to press evenly over the base and side of each tin. Place in the fridge for 30 mins or until firm.

### Step 3

Place the 2 x 380g cans NESTLÉ Top n Fill Caramel in a large bowl and whisk until smooth. Remove the tart cases from their tins and place on serving plates. Divide the caramel among the tart cases. Place tarts in the fridge for 30 mins to chill.

### Step 4

Whisk 300ml double cream in a medium bowl until soft peaks form. Top each pie with a dollop of cream. Arrange 2 bananas, thinly sliced slices over the tarts and sprinkle with 1 Anzac biscuit, extra, finely chopped crumbs and grated Chocolate, grated, to serve to serve.

## ANZAC acronym

ANZAC is the acronym formed from the initial letters of the Australian and New Zealand Army Corps. This was the formation in which Australian and New Zealand soldiers in Egypt were grouped before the landing on Gallipoli in April 1915.

The acronym was first written as “A & NZ Army Corps”. However, clerks in the corps headquarters soon shortened it to ANZAC as a convenient telegraphic code name for addressing telegram messages.

### Use of “Anzac”

One of the earliest appearances of “Anzac” as a word in an official document was an appendix to the 1st Australian Division War Diary, dated 24 April 1915.

After the Australians and New Zealanders had landed on Gallipoli General Sir William R. Birdwood was asked to suggest a name for the beach where the landing took place. According to his introduction in *The Anzac book* (1916), Birdwood “asked that this might be recorded as ‘Anzac Cove’ - a name which the bravery of our men has now made historical, while it remains a geographical landmark for all time”. The area of the landing was often simply referred to as “Anzac”.

Soon after, “Anzac” was used to refer to the men themselves. At first an Anzac was a man who was at the landing and who fought on Gallipoli. Later it was used for any Australian or New Zealand soldier of the First World War. After Gallipoli, men who had served there wore a brass “A” on their colour patch to distinguish themselves as veterans of the campaign.

The word generated many slang terms in the first Australian Imperial Force. W.H. Downing’s *Digger dialects* included:

Anzac button: a nail used in place of a trouser button

Anzac soup: shell-hole water polluted by a corpse

Anzac stew: an urn of hot water and one bacon rind

Anzac wafer: a hard biscuit supplied to the AIF in place of bread.

By the end of the First World War “Anzac” was well known throughout the British Empire and much of the rest of the world. In August 1915 *The Times* (London) declared that “the whole Italian Press praises the valour of the Australasian troops in the Dardanelles at Anzac”. The word “Anzac” also began appearing in the *New York Times* from August 1915. A letter to the editor on the origins of “Anzac” was published on 8 October 1916.

The word “Anzac” sometimes aroused extreme responses. An article published in the *Sydney Morning Herald* in April 1918 suggested that “new words are among the things that have been born of this war. And the greatest of them all is Anzac.”

The official war historian F.M. Cutlack described the word “Anzac” as a war cry, “pitiless as a hurled spear. It cuts like a sword. It rings like the final shout in the rush of a Zulu impi or a charge of Japanese bayonets. It conveys something savagely masculine, ruthless, resolute, clean driven home.”

### Other First World War ANZAC formations

After the allied withdrawal from Gallipoli, the Australian and New Zealand forces in Egypt were expanded. The ANZAC was split into two new formations called I ANZAC Corps and II ANZAC Corps. Initially, I ANZAC Corps comprised the 1st and 2nd Australian Divisions and the New Zealand division, while the 4th and 5th Australian Divisions were assigned to II ANZAC Corps. Later, the New Zealand Division was transferred to II ANZAC Corps. Both corps were transferred to France and fought on the Western Front until November 1917, when the five Australian formations were regrouped into a single Australian Corps.

Also in March 1916, the ANZAC Mounted Division was formed from three Australian Light Horse Brigades and the New Zealand Mounted Rifles Brigade for service in Sinai and Palestine.

In 1916-17 a joint signals unit, the 1st (ANZAC) Wireless Signal Squadron, operated with the British expeditionary force in Mesopotamia (now Iraq).

### ANZAC formations after the First World War

In the Second World War, a new ANZAC was formed during the short Greek campaign of April 1941 when the 6th Australian Division and the New Zealand Division were joined under command of I ANZAC Headquarters (redesignated as ANZAC Corps).

A month after the Australian government committed the army to ground operations in Korea, New Zealand and Australian army chiefs discussed the formation of an ANZAC force for Korea. However, nothing came from the talks.

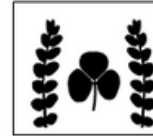
During the Vietnam War, two New Zealand infantry companies were attached to the 2nd, 4th, and 6th Battalions of the Royal Australian Regiment. They were designated 2RAR/NZ (ANZAC), 4RAR/NZ (ANZAC), and 6RAR/NZ (ANZAC).



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- ⚡ Tv installation
- ⚡ Air Conditioning



**Ryan Duffy**  
 0409 806 047

[duffyelectrics@outlook.com](mailto:duffyelectrics@outlook.com)  
 Servicing Wickiepin and surrounds

## **SUPER SPORT SATURDAY**

Save the date for our first home game of football, netball and hockey for the season. Come and cheer on all our local teams.

**SATURDAY 27TH APRIL 2024**

**FREEBAIN RECREATION CENTRE**

The day begins at 10am with plenty of action on the court and field.

A full canteen and bar available all day.

Join in the fun of the first social event on this years sporting calendar -  
**Double Denim Ipod Shuffle**

### **Kulin Transfer Station**

The Kulin Transfer Station is located on Truebody street approximately 2km from the Kulin Post Office.

The Station is open Sundays, Mondays & Thursdays from 10am – 3pm.

### **Shire of Kulin Building Enquiries**

The Shire of Kulin utilises the services of Hayley Fegan for building matters.

Enquiries and appointments can be directed to the Shire of Kulin on 08 9880 1204 or directly to Hayley on **PH: 0438 740678** or **Email: [fbs@activ8.net.au](mailto:fbs@activ8.net.au)**

### **Driving Assessor**

Kulin has one assessment day a month. Bookings are essential for all Practical Driver's License Assessments as there is often a waiting list. Call **BENDIGO BANK KULIN** for bookings or enquiries. The Shire does NOT manage Department of Transport enquiries.

### **DEFIBULATOR LOCATIONS KULIN**

Kulin District High School  
Kulin Caravan Park  
Public toilets (Johnston St)  
Aquatic Centre  
Freebairn Recreation Centre  
Kulin IGA  
Butler's Garage & Museum

### **Free COVID tests**

Free covid tests and masks are available at the Shire, feel free to come and collect.

### **Kulin Medical Centre**

The Kulin Medical Centre has a General Practitioner visiting Tuesdays and Fridays. If you require medication you can fax your script to the Narrogin or Corrigin Pharmacy and receive your medication the following day. To make an appointment please call the Kondinin Family Practice on: 9889 1753 or 0429 082 746

Bookings can be made online via [www.hotdoc.com.au](http://www.hotdoc.com.au)  
Health nurses provide an outpatient clinic between the hours of 8.30am and 12.30pm Tuesday, Wednesday and Friday.



## SHIRE CONTACTS

FRC- 9880 1000  
CRC- 9880 1204  
Caravan Park-  
0439 469 850  
Pool- 9880 1222  
Depot- 9880 1218  
KCCC- 9880 1636

## JUSTICES OF THE PEACE

MT Lucchesi 9880 4050  
JM McInnes 9880 1360  
R Noble 98801383  
BW Sloggett 0427081925

## MEDICAL CENTRE

Kulin- 9880 1315  
Kondinin- 9889 1753  
KN Hospital- 9894 1222

Nursing hours KU:  
Tues & Wed 8:30 - 2:30  
CHSP Co-ordinator  
Thurs & Fri

## EMERGENCY CONTACTS

Emergency centre-  
9880 1079  
SES - 13 25 00  
Western Power- 13 13 53  
Water Auth.- 13 13 75  
Kulin Water Depot -  
9880 1356

## POLICE CONTACTS

Crime Stoppers-  
1800 333 000

Kulin Police Station is staffed by two officers who are available to respond to incidents 24/7. Your local police can be contacted as follows:

Emergency: 000  
Non-emergency: 131 444  
KU Station - 9861 5800

## REPORTING MINOR ISSUES

The Shire of Kulin uses Snap Send Solve, simply download the app and use your smart phone to report a variety of issues directly to the Shire.

## LOCAL CHURCHES

Uniting Church  
1st & 3rd Sunday of each month, 10:30am

Catholic Church  
Fr Truc Nguyen  
1st, 3rd, 4th, 5th, 8am

Anglican Church  
By request  
K. Wilson 0429 801 228  
Bunbury office- 9721 2100

## KULIN MOTOR MUSEUM

Wednesday 10am-12:30pm  
Saturday 10am-2pm  
C. King 9880 1058  
B. Colbourne 0429804615

## KULIN LIONS CLUB

Kulin Lions Club collect old glasses, hearing aids and stamps. Please feel free to drop off any of these items at the Kulin Post Office. Push bikes and batteries can be dropped off at Haydn's shed.  
H McInnes 0429 801 215  
T Barndon 0428 939 189  
R Doust 0499 802 054

## CONTAINERS FOR CHANGE

All Good Refund Depot come to Kulin on the last Wednesday of every month. They pick up returns from behind the Memorial Hall at midday. Contact Belle at the Shire for more info.

KCCC ID  
C10351204

ARTS CENTRE ID  
C10333381

## Feedback

This is a great little town. So much for kids to do here with everything being very close to the RV park. Large fitness playground for kids, great play ground, pool with amazing slide and 2 BMX tracks. Thanks Kulin great work!

So many play activities for kids young and older from park and play equipment to BMX circuit and skate park. Tin Horse Highway begins here. Beautifully kept town. LOVED IT!

Thank you Kulin for such a fantastic spot to pull up for a couple of nights.

This would have to be one of the best caravan parks in the wheatbelt, great town to explore

Great place to camp for a few days. Only a very short walk to town centre. Safe to unhitch and go exploring. What a great little community full of friendly helpful people. Would recommend to anyone