
THE KULIN UPDATE

7 March 2024

7 HUB GALLERY

Have you left your artwork in the Community Hub Gallery?

17 TINY TOTS FIRST AID

Register now for the Tiny Tots First Aid.

21 COMMUNITY MARKETS

Lots of stalls will be at the upcoming Kulin Community Markets.

KULIN TRIATHLON 2024



Thank you to everyone involved in the 2024 Triathlon.



Mon- Fri 8:30 am - 4:30 pm
 38 Johnston Street, Kulin WA 6365
 (08) 9880 1021
crccounter@kulin.wa.gov.au
www.kulin.wa.gov.au/crc-home

THE KULIN UPDATE FAQ

Contact

Phone: (08) 9880 1204
 Email: crccounter@kulin.wa.gov.au

How to receive the Kulin Update via Email?

To receive "THE KULIN UPDATE" digitally, please sign up [here](#).

How to advertise in the Kulin Update?

1. Download the Kulin Update Booking form and fill it in.
2. Attach the booking form and the content that you wish to publish to an email and send it to crccounter@kulin.wa.gov.au

When are the deadlines?

All articles incl. fully-filled in booking forms are to be submitted no later than **Tuesday, 4pm prior to any publication date.**

When is the next deadline?

The next deadline will be the 19th March 2024.

Advertising costs:

- 1/4 page b/w \$20
- 1/4 page colour \$25
- 1/2 page b/w \$25
- 1/2 page colour \$50
- Full page colour \$75
- Front/Back page \$100

Members receive 25% off advertising costs, please contact crccounter@kulin.wa.gov.au for more information.

Accepted document formats:

- PDF
- JPEG

Have you got news?

If you would like to share news or information with the Kulin community, please email crccounter@kulin.wa.gov.au

DEADLINES TO SUBMIT CONTENT FOR THE KULIN UPDATE

19th	March	2024
2nd	April	2024
16th	April	2024
30th	April	2024
14th	May	2024
28th	May	2024
11th	June	2024
25th	June	2024

HAPPY BIRTHDAY!

Month

Date	Name
7th	Taryn Scadding, Charlotte Reader
10th	Fiona Jasper, Tom Murphy
11th	David Tholstrup, Phil Roads, Gary Ledwith, Colby Lewis
12th	Jenny Miller, Danielle Smoker
13th	Barry Paynter
14th	Tasmin Noble, Liz Pittard
16th	Ambrose Poletti, Paul Buttigig, Shane Argent, Lachlan Siviour
17th	Sue Hobson, Gen Whisson, Freyja Davies

DATES AND UPCOMING EVENTS

Month

Date	Name
12th	Tiny Tots First Aid
23rd	Masters Carnival

03. MARCH 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
03 Social Bowls 2pm	04 Rubbish Dr Chukwunneke @ Kondinin Public Holiday	05 Recycling Dr Chukwunneke @ Kulin Nurses Clinic Open Remedy Physio (8am-4pm) Kulin Walking Group Yogalates	06 Dr Chukwunneke @ Kondinin Nurses Clinic Open Kulin Motor Museum (10am-12:30pm)	07 THE KULIN UPDATE Dr Chukwunneke @ Hyden	08 Dr Chukwunneke @ Kulin	09 Kulin Motor Museum (10am-2pm) Bowls Womens
10 Bowls Womens	11 Rubbish Dr Chukwunneke @ Kondinin	12 Dr Chukwunneke @ Kulin Nurses Clinic Open (8am-4pm) Kulin Walking Group Yogalates Seniors Movie Day Tiny Tots First Aid	13 Dr Chukwunneke @ Kondinin Nurses Clinic Open Kulin Motor Museum (10am-12:30pm) Curtin Medical Students visit	14 Dr Chukwunneke @ Hyden	15 Dr Chukwunneke @ Kulin	16 Kulin Motor Museum (10am-2pm) Penmants Semi Finals
17 Bowls Handicap Singles	18 Rubbish Dr Chukwunneke in Kondinin	19 Recycling Dr Chukwunneke @ Kulin Nurses Clinic Open Remedy Physio (8am-4pm) Kulin Walking Group Yogalates	20 Dr Chukwunneke @ Kondinin Nurses Clinic Open Kulin Motor Museum (10am-12:30pm) Council Meeting	21 Dr Chukwunneke @ Hyden THE KULIN UPDATE	22 Dr Chukwunneke @ Kulin	23 Kulin Motor Museum (10am-2pm) Masters Football Carnival
24 Social Bowls 2pm	25 Rubbish Dr Chukwunneke in Kondinin	26 Dr Chukwunneke @ Kulin Nurses Clinic Open Remedy Physio (8am-4pm) Kulin Walking Group Yogalates	27 Dr Chukwunneke @ Kondinin Nurses Clinic Open Kulin Motor Museum (10am-12:30pm)	28 Dr Chukwunneke @ Hyden	29 Dr Chukwunneke @ Kulin	30 Kulin Motor Museum (10am-2pm) Social Bowls 2pm
31	01 Rubbish Dr Chukwunneke in Kondinin	02 Dr Chukwunneke @ Kulin Nurses Clinic Open Remedy Physio (8am-4pm) Kulin Walking Group Yogalates	03 Dr Chukwunneke @ Kondinin Nurses Clinic Open Kulin Motor Museum (10am-12:30pm)	04 The Kulin Update Dr Chukwunneke @ Hyden	05 Dr Chukwunneke @ Kulin	06 Kulin Motor Museum (10am-2pm)

Just like that we are out of summer and in to autumn!

Kulin has been a hive of activity lately with events, works, tourists and winter sports season beginning to ramp up again.

Saturday March 2nd was the Triathlon, which despite tough weather conditions was a success, thanks to all those who volunteered their time to volunteer on the day.

Upcoming events include Tinytots first aid, as well as the Masters Carnival. Last year's Carnival was hugely positive, no doubt to the contributions of KKFC, Kulin Netball Club, and the FRC staff.

The Rec Centre continues to hold numerous functions and activities, with the Lakes School Network function being held there recently, as well as cardio tennis with Megan Henry, Corporate Bowls, organised by Michael Bennier, playgroup, walking group, and numerous bowls competocoming up. Iria and Aitor continue to do a fabulous job managing and maintaining the facilities.

We love seeing the amazing achievements made by community members, if you or someone you know have accomplished something then be sure to send the details to rcmgr@kulin.wa.gov.au so we can include it in an edition of the Update.

Something Kulin is well known for is our amazing community and its proactive spirit. To ensure we maintain this success, consider shopping local, it helps out not only business owners,

but also our economy, and general community wellbeing.

Almost a year ago now we held workshops to celebrate Youth Week WA, during these workshops young people were asked to create art that represented what made Kulin special to them. From all the amazing work created, just 10 were chosen and turned into signs to be displayed in the main street in place of the current 'Kids Colour Our Community' work up. We anticipate that these will go up soon and will share photos once they in place, be sure to keep an eye out for the new street decor, which share such insightful stories about what makes Kulin so special to our youth.

Youth Week is coming up again quickly, this year it runs from April 6th-April 12th.

This year we continue to distribute seniors' newsletters out to members of our community. If you would like to be added or removed from our distribution list please get in touch.

The Shire utilises Snap Send Solve as a way that community members can report a wide variety of issues they see around town. We endeavour to resolve these as quickly as possible, however, there are some issues that require a significant amount of planning and research before we are able to adequately resolve them. If you have reported an issue and are awaiting resolution, please be patient as we work on it behind the scenes.

March 8th is International Women's Day, which is a global day celebrating the social, economic, cultural, and political achievements of women. This

year's theme is 'Inspire Inclusion'.

March 17th is St Patricks Day, with celebrations at the Community Hub, March 20th is International Day of Happiness, March 24th is National Cocktail Day, and March 31st being Easter Sunday. There are reasons to celebrate life and look forward to every single day of the year.

With the current financial year coming to an end very soon, please send any budget submissions for the 2024/25 financial year to emfs@kulin.wa.gov.au before 26th April.

If you have any suggestions for future events, Update articles, projects, or considerations, please don't hesitate to get in contact.

We hope everybody is excited for the cooler weather to come, please remember to stay safe during storms and report any fallen trees or power lines to the Shire.

If you spot any burst water pipes, please report this directly to Watercorp- 13 13 75.

Issues with power lines or electrical pits reported directly to Western Power- 13 13 53

Major fires directly to 000

To be added to the harvest ban line please send your name and phone number to eso@kulin.wa.gov.au

We hope you enjoy this edition of the Update, see you next fortnight.




aquatic centre closed

Please note the Kulin Aquatic Centre will be closed to the public on Thursday 7th March 2024 for a school swimming carnival.

The pool will open to the public at approximately 2.30pm.

The pool will be open for early morning swimming.

pool@kulin.wa.gov.au

 9880 1222



intention to borrow

Notice is hereby given in accordance with Section 6.20 (2) of the Local Government Act 1995 of the Shire of Kulin's intention to exercise the power to borrow money.

At its Ordinary Meeting on 21 February 2024, Council resolved by absolute majority to borrow up to \$1,000,000 to cover short term cash deficits related to projects funded by the Department of Infrastructures Remote Roads Upgrade Pilot Program and the Local Roads and Community Infrastructure Program Phase 4. This short-term borrowing facility will be closed when the milestone payments for these projects are received.

For further information please send your enquiries to ceo@kulin.wa.gov.au or phone (08) 9880 1204 (Monday to Friday between 8.30am - 4:30pm).



council budget considerations

Budget submissions are invited from the public and community groups for Council's 2024/2025 budget.

Requests can be emailed to Fiona Murphy at emfs@kulin.wa.gov.au by 26 April 2024.



road hazards

The Shire of Kulin is aware of numerous reports of fallen trees across roads and reports of hazardous road conditions generally because of the weekends weather.

Thank you to those landowners / residents who have assisted in clearing trees and debris from Shire roads. Our Shire team will continue over the coming days to clear roads of trees and debris and prioritise response works.

When reporting fallen trees or road hazards to Shire staff, please inform of the road name, the approximate location, and whether the road is currently passable.

Community Hub News



Are these your paintings??

These lovely paintings are still at the Hub - they were part of our fantastic hallway gallery- we're happy for them to stay displayed but just reminding the owners we have them.



COMMUNITY THURSDAY

Imagine if 7 people donated a few hours every Thursday at the Hub we would save approx. \$50,000 a year. Imagine what fun it would be for us to all work together one day a week – doing jobs we feel comfortable with and in the hours that suit us best.

Imagine what great publicity it would be for our town having a "COMMUNITY THURSDAY" at the Hub. We imagine? Getting this up and running asap- 7 people every Thursday working approx. 4 hours each- please have a think about it and get in touch if you are keen.

I imagine doing one day a month would suit most volunteers.

You can call or text me anytime if you'd like more information, cleaning areas of work need no qualifications, bar needs RSA, food handing needs food handling course completed

Remember what we all say...we own this pub and we need to keep it buzzing!!

Wendy Gangell
Director 0429 805224 wendy@agsolutionswa.com.au

The threat of a storm didn't scare off our brave competitors on Saturday, who pushed on through wind, rain, thunder and lightning to complete the 2024 Triathlon.

We did something a bit different this year and chose the long weekend to hold the event, we will be able to look at the numbers from this year compared to previous and keep that in mind for future events.

Thank you so much to everyone who helped out in the lead up to the event as well as on the day, people volunteering to time/ sit on the course makes a huge difference and allows the event to run a lot more seamlessly. A huge thank you to David (Toasty), Jones and the works crew for their massive help in the lead up and on the day with set up and pack away, we couldn't have done it without you. Another thankyou also to Taryn and Fiona for helping with the logistics of the event, as well as KDHS and the Swimming Club for their contributions.

The competition was harder than usual with added winds and rain, and delays in start times due to lightning, however, all competitors showed a monster effort, and their perseverance was admirable to all of us hiding from the rain undercover.

Amazing work to all those who competed- it was no easy feat! See you all next year.

Belle Brandis
Community Development Officer

EVENT	NAMES	PLACING	TIME
Junior Short Course- Team	'The Mullans' Kylah, Lydia and Parker	1 st	13:02
	'Green Beans' Milla and Sophie	2 nd	13:07
Junior Short Course- Ind	Flynn Smoker	1 st	12:37
	Caelyn Frantom	2 nd	14:03
Junior Long Course- Team	Chase, Toby, Sam	1 st	22:01
Open Short Course- Team	'Gramps and the Kid' Chad and Jamie	1 st	31:23
Open Short Course- Ind	Julietta Porta	1 st	47:14
Open Long Course- Ind	Darryl Harris	1 st	56:52
	Mark Hoffman	2 nd	59:20



Hi again from the Pool
Well it's been a busy couple months down here and hasn't really backed off on the weekends when the slide is open. Some big days here with numbers up over 240 which is great for the town. Still lots of positive comments either on Facebook or just in general discussion about how great the town is, the gardens, and cleanliness of all amenities. Credit to the town crew and cleaners again. Also big pat on the back to the slide staff and front gate staff down here with the huge days we have had and hot ones too. The comments from people who have visited us over summer have said how friendly and helpful you guys are, so well done and thank you. I think everyone benefits from visitors coming through either for the night or staying for a few, and then passing onto friends or family so it's only going to keep getting bigger I think.

I think this season will top the great numbers we saw during Covid when the boarders were shut and people were travelling around WA.

We've had the Kulin District High swimming carnival which was well supported by families on the day so was good to see the support. Bit fresh

to start the day but it got warmer as the day went on. Well done to the kids who participated and to staff organising the day.

Triathlon was held on Sat 2nd and we had smaller numbers than last year but was still a good morning and again well done to those that competed and to Belle for organising on the day. Also to Toastie and Wayne for helping set up and not to forget the volunteers too. Well done.

Thursday the 7th we will have Dumbleyung School hosting their inter school carnival here once again for the second time. Last year was a big hit for them so they are coming back to do it all again.

Well done to those who competed in the Busselton Jetty swim couple weeks ago and good luck to those who are swimming in the Port to Pub coming up soon. All your early morning swimming will be worth it and fingers crossed for better conditions than the Cottesloe to Rotto.

Swim to Rotto is still going down here and we are adding to the distance around Aus. This season we have done a total of 38785 laps so far which is 969km with 70 swimmers adding to this total so well done everyone. If

you look on a map that's the same distance roughly as swimming from Esperance to Perth then back to Kulin between 70 swimmers. Hope my maths is right.

Those that have made the distance are as follows:

- Travis 3136 laps 78 km,
- Troy 2903 laps 72km,
- Craig 2664 laps 67km,
- Grantly 2402 laps 60km,
- Jackie 2230 laps 56km,
- Clint 2212 laps 55km,
- Elizabeth 2126 laps 53km,
- Myself 1894 laps 47km,
- Annie 1770 laps 44km,
- Tom 1410 laps 35km,
- Rach 1258 laps 31km,
- Renae 1098 laps 27km,
- Jake 1060 laps 27km,
- Zoe 1046 laps 26km
- Foops with 990 laps 25km.

These guys plus 55 other swimmers throughout summer have contributed to the total as mentioned above. Huge effort with a couple weeks still to go. Well done everyone.

Cheers
Jones



Kulin Childcare Centre



We have been practising our cutting skills at Kulin Childcare Centre this past few weeks. A great skill to learn for school readiness. The children have really enjoyed cutting different materials including rice noodles, pasta, and paper straws.



Our 'All About Me' theme continues, and we have been focusing on learning about our 5 senses: sight, hearing, taste, touch, & smell. Sue created a great sensory table to explore touch, the children have also been painting on ice to continue our learning outside.



We completed a potato experiment with salt & fresh water to demonstrate how too much salt can be harmful to our bodies. The children also enjoyed talking to Shelbi about what a hypothesis is and why we make one. The potatoes took almost 5hrs to see a change but the children were able to identify the difference.



Healthy foods have been included in our learning as we understand more



about fueling our bodies. Last week we cooked carrot muffins, the children enjoyed taking turns to grate the carrot. The children also enjoyed how the muffins tasted! The activity was great for teamwork & practising how we can take turns.



Setting up different climbing frames gives the children an opportunity to practice balance and co-ordination skills safely.

A big thank you to our families from the KCCC staff for supporting our centre.

Hub News



ST Pats Day Sunday Session 17th March 6-9pm

BRING YOUR BEST IRISH JOKE AND WEAR SOMETHING GREEN- community get together before seeding- burgers and Guinness



Ladies Birthday Lunch- Thursday 21st March

Let's get together and celebrate those sharing a March Birthday- let us know if you have a birthday and how many friends you are bringing to celebrate with you.

We will make the cake- all welcome- birthday's just an excuse for a lunch!





Kulin Police News

21 Johnston Street, Kulin WA 6365
Phone: 98615800

Email: Kulin.Police.Station@police.wa.gov.au

Staff: Sergeant Andy Dunn, Senior Constable Barry Osborne (Uncle Baz)



MAR 2/24

Kulin Police Station Staff, have been sweltering along with the rest of the community during the recent hot spell. Police still ask community members to please report any suspicious activity, people and vehicles as soon as possible, even though you think it may not be important – It just may be important.

IN AN EMERGENCY PLEASE CALL 000

The Voluntary Firearm Buyback Scheme commenced, 21 February 2024.

All Western Australian firearms licence holders are eligible to participate in the 2024 Voluntary Firearm Buyback Scheme and receive compensation for surrendered firearm(s).

In order to be eligible for a buyback scheme payment, Firearm Licence Holders must surrender the firearm(s) to a WA Police Station, during the period, **21 February 2024 to 31 August 2024**.

Police are preparing for the Blazing Swan Event being held between March 27th and April 2nd

What we are targeting:

There are three main areas we target in the Kulin Police sub-district, with a zero-tolerance approach. These areas are:

- Family Violence
- Drugs (possession, use and distribution)
- Drink / Drug Driving

Crime Report:

At about 5:30pm on Sunday 5th February 2024, a house rear glass sliding door in Johnston St was smashed by a rock and police inquiries are continuing.

Although police attended a number of incidents in and around the Kulin community none were serious.

Traffic News, Tips, Laws & Regulations:

When school children returned to school for the first term a laser speed action was conducted by local police around the Kulin District High School and police are pleased to say that no errant drivers were detected. Thank you, parents and local community for your diligence and compliance to the 40km/h speed limit between 7:30 – 9:00am and 2:30 – 4:00pm, and care for children getting on and off buses.

On Sunday the 11th of February, Kulin Police attended and are investigating a serious crash that occurred on the Williams-Kondinin Rd, East Wickepin where a car left the road and collided with a tree, knocking it over with the car ending up on its roof in the west bound lane. The single occupant has since been released from a Perth hospital and police are awaiting the blood sample results.

Kulin Police nabbed a drug driver in Corrigin and police are awaiting the result of the test from the ChemCentre. If the test comes back positive the driver will be subject to the below penalty.

Road Traffic Act 1974, Section 64AC (1) Driving with prescribed illicit drug

- (a) first offence, a fine up to 25PU (penalty unit = \$50) i.e (\$1,250)
- (b) second or subsequent offence, a fine not less than 25PU and up to 40PU (\$2,000) and the offender is disqualified from holding or obtaining a drivers licence for not less than **6 months**.

“All it takes for crime to flourish is for good people to do nothing”
CRIME STOPPERS 1800 333 000

TWITTER @KulinPol (Not for reporting incidents)

IMPORTANT NOTICE

WARNING! DON'T RISK LOSING YOUR EYE SIGHT

Are You Being Treated For Any of These Health Conditions:

- High Blood Pressure
- High Cholesterol
- Diabetes

Or, are you taking medications for ailments like Rheumatoid Arthritis or Heart Disease?

If so, **the delicate blood vessels in your retinas could be at serious risk...**

which can have a devastating impact on your ability to safely drive or do the things you love doing.

For your own peace of mind, an optometrist funded by the Health Department is visiting Kulin on Tuesday 19th March to conduct eye tests. Eye tests are billed to Medicare for eligible card holders. Scan The QR code Below To Claim Your Appointment with Kulin's Visiting Optometrist or call 9791 3864



Scan me

Eye Save Optical 6/81 Uduc Rd Harvey

BLAZING SWAN INC presents



27th March – 2nd April

Kulin Resident Ticket

Tickets are available to Kulin residents for the 2024 event from the Shire of Kulin.

There are two types of tickets on offer this year.

One is for \$100 and includes **only** the **Saturday night** for people who would like to attend the big burn.

The other is \$280 for the whole week and includes camping on site.

If people would like to pop in and out on the \$280 ticket that is allowed, but you must park in a designated parking area to minimise vehicles driving around on site. Those who wish to camp for the week can do so in general camping.

Acceptance of a ticket indicates agreement with the ticketing Terms and Conditions found at <https://blazingswan.com.au/terms-conditions/>

Event details at <https://blazingswan.com.au/2024eventinfo/>

View our 11 Principles at <https://blazingswan.com.au/11-principles/>

** No ticket, no entry. Tickets are not valid unless the name on the ticket matches the signed list held by the Shire of Kulin and Blazing Swan gate. Arm bands will be issued at the gate with proof of ticket**

MINTED ELEVATED LIVING
SUNDOWNER

Are you building, renovating or landscaping?



ACRES OF TASTE

MONDAY MARCH 11TH 5.30PM - 7.30PM

We will be giving away a \$300 Acres of Taste Seeding meals voucher and a \$100 cafe voucher.

Existing clients, friends, anyone with a vague interest, or perhaps you have a renovation, new build, or landscape project on your hands - everyone welcome - we would love to see you there.

No presentations or speakers, just a low key, casual meet and greet, over bubbles and light nibbles.

Bring your friends, pick our brains, touch some interior samples and have a go on our Virtual Reality headset to experience a home design tour, showing you what is possible for your project and how we can make elevated living a reality for you, your family and business.

MINTEDELEVATEDLIVING.COM.AU



BEFORE AFTER



BEFORE AFTER

KULIN BUSH RACES - NOTICE OF AGM

MONDAY 11TH MARCH 2024, 6.30PM @ THE KBR HQ (OLD COUNCIL CHAMBERS)



If you would like to become part of an enthusiastic committee and get more involved with the organisation of our iconic race day, then please come along to the Kulin Bush Races AGM. We are encouraging KBR members to self-nominate (see info below) for positions prior to the AGM, or just come along on the evening. All welcome! The AGM will be followed by a brief committee meeting.

AGM AGENDA

- Apologies
- Confirmation of minutes from previous AGM
- Business arising from previous AGM minutes
- Correspondence
- Business arising from correspondence
- Presentation of Annual Financial Report, Auditor's Report and balance sheet.
- Chairperson's Report
- Election of Office Bearers and Committee of the Association
- Determination of annual membership fee
- Appointment of Auditor
- Vote of thanks to the outgoing committee
- Closure

DATE RESCHEDULED TO 11TH MARCH

If you are unable to attend, please forward your apologies to the Event Coordinator.
Alecia Robertson- 0438 987 134 or kulinbushraces@outlook.com

KULIN BUSH RACES - COMMITTEE STRUCTURE 2024

As a planning tool and to gauge interest in coordinating Kulin Bush Races, we are seeking community members to self-nominate for the Directorship, Committee or just to let us know where they would like to contribute.

The current structure of KBR is:

1. Office Holders of KBR are: Chairperson, Vice Chairperson (x 2), Event Coordinator and Treasurer.
2. Executive Committee comprises of the Office Holders (above), plus one other committee member.
3. Committee is made up of minimum seven (7) other members with the maximum to be determined by the committee.
4. Dealing with Urgent issues: Where a matter requires an urgent decision, the Event Coordinator, Chairperson or Vice Chairperson shall contact a minimum of 6 Committee persons to seek support for the matter to be dealt with outside of a normal Committee meeting. Frequently, these decisions are made via KBR WhatsApp.
5. Quorum for committee meetings is seven (7) and for General meetings is ten (10).

Self-Nomination categories:

1. DIRECTORSHIP: Currently KBR has an extensive Directorship (see table below) with a number of coordinators working beneath the Directors. Some Directors need to be on the committee however it is not essential.
2. COMMITTEE: not essential to be a Director.
3. AREA OF INTEREST: KBR members may wish to volunteer to assist a Director, a Coordinator or be involved in a particular area of KBR. Volunteering in this category can assist KBR and Directors to identify potential volunteers and/or coordinators.

Nominations for Directorship or Committee can be emailed to the Event Coordinator kulinbushraces@outlook.com by 10th March 2024. However, nominations can still be accepted at the AGM and up until the election of the committee.
Community Members who have a particular area of interest, would like to be involved on Sub Committee or Coordinate a specific area can register interest by emailing the Event Coordinator or by attending the AGM.



Tiny Tots First Aid

A FREE workshop to learn how to look after your infants and toddlers.

Workshop Overview.... Join us for a FREE workshop to gain the skills and confidence to provide first aid to your toddler or infant.

Topics covered include CPR, managing burns, and a range of other childhood related illness and injuries.

Bookings Essential. No Cost.
Light Refreshments Provided.

When: Tues 9:30 - 11:30am
12 March 2024
Where: Freebairn Rec Centre

For Bookings: Contact Belle Brandis
E: rcmgr@kulin.wa.gov.au
T: 9880 1204



Elders Real Estate
 Elders Real Estate Lake Grace
192-194 Stubbs Street, Lake Grace, WA
08 9865 3500 | lakegrace.eldersrealestate.com.au | 3982

AUCTION







53 Johnston Street Kulin

AUCTION 25th March 2024 on Site

'Woolshed Cafe' in the main street of Kulin.
FOR SALE VIA AUCTION 25TH MARCH 2024 on site at 53 Johnston Street KULIN.

The property is being sold at Auction under Schedule 6.3 of the Local Government Act 1995 - sale of land for non-payment of rates and services charges.
The Property is being sold "as is", "where is" and "with all faults" without any representation or warranty including any representation or warranty as to condition, fitness for any particular purpose or compliance with laws or regulations.



Amanda Milton
amanda.milton@elders.com.au
0429 654 011

Price	AUCTION 25th March onsite
Auction	Mon 25th March 11:00AM
Type	Retail
Land	506m ²
Building	200m ²
Web ID	300P139120

All information contained herein is gathered from sources we believe to be reliable. However, we cannot guarantee its accuracy and interested persons should rely on their own enquiries.



Plant Mechanic

Applications are invited for the position of a full time Plant Mechanic with the Shire of Kulin.

The successful applicant will be responsible for the maintenance and upkeep of the Shire's plant and equipment fleet and associated administrative reports.

A current "HR" class license, a Construction Safety Card (white card) and a mechanical trade certificate from a registered training provider are required.

Conditions of employment are in accordance with the Local Government Industry Award 2020, Industrial Agreement.

The successful applicant will be offered a remuneration package between \$120,000 and \$140,000 depending on qualifications and experience and will work an 84-hour fortnight spread across nine days (including an RDO).

The package includes superannuation, either subsidised housing or a housing allowance, limited private use of a Council vehicle and potentially a tool and communication allowance if applicable. In addition, the Shire offers generous additional superannuation for longer term employees, along with Key to Kulin benefits for local recreational clubs and facilities.

To obtain the application package visit Council's website www.kulin.wa.gov.au. Queries in relation to the position can be directed to Executive Manager of Works Judd Hobson – email works@kulin.wa.gov.au or mobile 0427 801 241.

Applications close **Friday 22 March 2024 at 3pm** and should be addressed to the CEO and sent via email to works@kulin.wa.gov.au, titled **"Application – Plant Mechanic-Shire of Kulin"**

Alan Leeson
Chief Executive Officer

'B'
art/craft/
photography
Exhibition
9th-16th March
10am-4pm daily
\$2 Entry

Kulin Community Arts Centre
 High Street (next to Kulin Tyre Service)

Saturday
16th March
9am-1pm
Lots of stalls!
CWA Devonshire teas
Sausage sizzle

\$10 per stall (community groups free)
 Stallholder application forms and information available from:

- www.facebook.com/kulincommunitymarkets
- Online form: www.jotform.com/ErinBailey/kcm16032024
- Erin Bailey 0429 809 013 erin@kulin.com.au
- Kulin CRC 9880 1204 admin@kulin.wa.gov.au

Heavy Vehicle Truck Licensing

COURSE: HR \$1895.00 2 day course
KULIN HR: 17-18 Apr

7 hours training + 1 hour assessment
Must have held a C Class car license for a minimum of 2 years.

COURSE: MC-A \$3195.00 2 day course
MC: 17-18 Apr

7 hours training + 2 hour assessment
Must have held a HR or HC license for a minimum of 1 year.



Busselton Advanced Driver Training will be in Kulin on April 17 and 18th for truck training and licensing.

To book your place please contact crccounter@kulin.wa.gov.au or call 9880 1204

Kulin Playgroup extend an invitation to Seniors in our community who would like to come to Playgroup and read books to the children and join us for a cuppa



Thursday 21st March
Kulin Tennis Club

If you are interested in being involved please contact Dani Barndon on 0414 257 373 by 17th March 2024



Scrap & Stamp Technique Weekend

Join us for a weekend of making fancy-fold cards at the Kulin Community Arts Centre, on the 6th & 7th of April 2024.

You will learn to make 20 great fun-fold cards over the weekend, & learn lots of very cool techniques. You will leave with a full set of instructions with samples, & all the cards that you have made over the weekend. (you have the option to make all 20 fun-fold cards).

\$135 will get you

- your own workspace from 9am - 9pm on Saturday & 8am - 3pm on the Sunday.
- An instruction /template folder that you can take home.
- A kit complete with all the required paper & card ,
- Unlimited Tea & Coffee (Full cream milk & Almond milk will be provided)

Please note, all tools needed will be available but, you will need your own adhesives, (adhesives can be pre-ordered from me if needed). Food & accommodation is not included, but there will be a fridge & esky available in the hall to store your food & any other drinks you may want to bring..

Space is limited, bookings are essential, & a deposit of \$50 will hold your place, (balance due early March 2024)



Pay in full by 10th February & get a thankyou gift

Contact Odette Kermode at Odette@AOKscrapbooks.com or 0407781808 or on the Facebook event <https://fb.me/e/5L6RONY6H>





Kaylor Andrews
 Wheatbelt Regional Education Officer
 Cancer Council Western Australia
Kaylor.Andrews@cancerwa.asn.au
cancerwa.asn.au

Are you up to date with your bowel cancer screening?

Cancer Council WA is calling for more West Australians to complete the free lifesaving bowel cancer screening test, with figures showing only four in 10 eligible Australians are participating in Australia's National Bowel Cancer Screening Program.

Bowel cancer is Australia's second biggest cancer killer. Many people don't realise it kills more Australians each year than breast, prostate or skin cancer.

When you receive the Home Test Kit, don't put it in the cupboard and forget about it - delaying can so easily become ignoring, forgetting, and ultimately not doing the test.



The test is quick, simple and you can complete it in the comfort of your own home. Over 90 per cent of bowel cancer cases can be successfully treated if caught in the early stages.

To find out more about the National Bowel Cancer Screening Program or to order a free replacement kit, go to bowelcancer.org.au or call **1800 627 701** for more information.



When UV is 3 or above be SunSmart.

But how do you know when?

Use the free SunSmart Global UV App!

The sun's ultraviolet (UV) radiation is the major cause of skin cancer. UV cannot be seen or felt and can damage your skin on cool or cloudy days. The sun protection times tell you when UV is forecast to reach 3 and above, that's the time to be SunSmart.



Download the app or go to myUV.com.au

Find Skin Cancer Early

Common skin cancer symptoms:

- A new spot or mole on your skin that is red, pale or pearly in colour
- A spot that is different from other spots on your skin
- Any crusty or non-healing sores
- Any spots, freckles or any moles changing in size (width), thickness (height), colour, or shape

Get to know your skin and what's normal for you, particularly if you're over 40 years of age. If you notice any of these symptoms or any other unusual changes, tell your doctor without delay.

If it's skin cancer, the earlier it's found, the greater the chance of successful treatment.

Visit <https://www.findcancerearly.com.au/cancer-symptoms/skin-cancer/> for more information.



Call us on **13 11 20**
findcancerearly.com.au

The WA Firearms Act Reform Voluntary Buyback Scheme



The WA voluntary firearms buyback scheme commenced on Wednesday 21 February 2024.

All WA individual firearm licence holders are eligible to receive compensation for surrendered firearms regardless of whether legislative changes impact their licence. The voluntary scheme will remain open until Saturday, 31 August 2024, or until the \$64.3 million fund is exhausted.

A payment schedule based on current retail baseline valuations, similar to those used in the 1996/97 Commonwealth buyback, has been developed in conjunction with industry stakeholders.

Firearms can be surrendered at any WA Police station. Unlicensed firearms may be surrendered without penalty and without fear of prosecution, however, they will not qualify for the buyback scheme.

More information can be found [here](#).

Mindfulness, grounding techniques and living in the moment. We hear a lot about how essential it is. When we are under stress and other emotional responses grounding techniques and seeing the positives help. This is true. Consciously being aware of our feelings, challenging our thoughts and utilising techniques such as deep controlled breathing are a proven effective way to regain control of ourselves and help to re-open our brain's ability to reason better.

But when someone is struggling to cope emotionally, feeling sad, are experiencing grief, are anxious, practicing mindfulness can add to these beliefs at this time. How? Sometimes we are told to look at and see the positive or pause and be in the present. This is very difficult when your emotions are strong. You begin to do some mindfulness exercises or grounding techniques and these just do not help at this time. Your thoughts just won't stop. The result can be that you become even more frustrated, feel even more hopeless because 'I can't even do this mindfulness stuff'. So stop.

When and if mindfulness and grounding techniques don't assist it is important to not be too hard on yourself. The fact that you are trying to ground yourself and refocus your thoughts means you are aware that how you are feeling is not your usual reality. Concentrate on this fact.

Become curious about why you are responding this way, there maybe a perfectly just reason why. Our

emotional responses are a result of what we are experiencing personally. Sometimes it is good to have a cry or to acknowledge you are annoyed even angry. Crying does assist the brain and body to release tension. Shouting out when on your own will also release a lot of tension and help you reestablish the ability to re-focus on the present. Laughing for no reason also effective. Notice the beliefs and thoughts that are making you feel this way and accept but challenge these thoughts.

The emotion is the emotion it is not who you know you really are. The body has its own built in biological coping mechanisms. Faking a yawn or a sigh is a short quick way to calm yourself for a bit as the chemicals (Betta) that calm us are tricked into being released reopening our ability to better reason.

If you don't have a grounding technique, try the breathing technique - Breathe in counting to four, hold your breath and count to four, breathe out counting to four and hold and count to four. Concentrate on your breathing tell the other thoughts to go away. Breathing this way actually releases Betta chemical from the bottom of your lungs. These Betta chemicals are the chemicals that counter act the brains defensive adrenaline and cortisol chemical that make you feel stressed or anxious. Slow deep breathing is using your biological built in stress controller.

The expert on what we need to do and what has worked in the past when emotions are high is ourselves. Only

we know how we are really feeling. This includes when no matter what we do our thoughts and emotions are just too strong. This is when we as our own expert know its time to be strong and ask for help. Call someone, tell someone you aren't feeling yourself.

As the WA counsellor for Rural Aid I cover a three hundred kilometre radius from Narrogin and will travel to you, sit with you where you are comfortable and assist you to move through this time in your life, supporting you while to get back to who you know you really are.

Kind Regards,
Roger

Roger Hitchcock
Counsellor & Community
Representative West Australia based
in Narrogin
Rural Aid Australia

M: 0460 310 661 | P: 07 3153 4656 | E:
roger.hitchcock@ruralaid.org.au



CONTAINERS FOR CHANGE All Good Refund Centre Pty Ltd

Pick up service last Wednesday of the month

Kulin

Scan me

Member ID required, register for your Member ID at www.containersforchange.com.au or simply scan this link on the right with your phone camera. Please ensure you select Western Australia when registering

PICK UP HOTLINE 0439 956 175 OFFICE 08 9861 2500

BULK & ON PROPERTY PICKUPS CATERED FOR

AGRD All Good Refund Depot

HayAustralia Growers Event

Join our team for an informal catch up ahead of the 2024 hay season.

Brookton
13th March - 2pm to 5pm
Brookton Country Club
Brookton Highway

RSVP by 6th March:
Chris Rutherford - 0472 603 427
chris.rutherford@hayaustralia.com.au

- Meet Hay Australia's new Grower Services team.
- Discuss plans for the upcoming season.
- Understand our commitment to purchasing hay in the Brookton region, this year and beyond.
- A re-cap of our grading criteria.
- Special guest Georgie Troup from DPIRD will be on hand to answer technical questions regarding the latest oat research and variety trials.

The informal afternoon will provide an opportunity for growers to provide feedback on last season and ask questions about this coming season.

This is a free event. Drinks & nibbles will be provided.

INVITATION TO SOLVE 80 YEAR OLD AIR CRASH MYSTERY

On Sunday 27th August, 1944, a Vultee Vengeance Dive Bomber, crashed in the Yilgarn Region. The pilot and navigator baled out. The pilot reached safety 4 days later. However after a 3 week search, by 300 volunteers, no evidence of the missing navigator was found.

In 2017 The Shire of Yilgarn received a letter from a lady who was 6yrs old at the time of the crash, advising they had found a parachute on their property. This was taken into Kulin and as the Police Station was unmaned, left it at Dalgetys OR Elders. Any information re the parachute would be appreciated.

CONTACT: Robert Skeet - 0438 986 204 OR Email r.mskeet@bigpond.com

Many thanks
Robert Skeet

DUFFY ELECTRICS

- ⚡ Residential
- ⚡ Commercial
- ⚡ Industrial
- ⚡ Tv installation
- ⚡ Air Conditioning



Ryan Duffy
0409 806 047

duffyelectrics@outlook.com
Servicing Wickepin and surrounds

Ballard Cleaning
Pasture Seed and Canola
Specialists
 North Road Tincurrin
 Ring Neil 9883 2005 or 0428 832 053



Canola cleaning and seed treatments at the best price
Gravity grading, the ONLY way to get the best quality seed
for sowing

Bags, bulka bags or bulk New bulka bags	1000 seed count and germ tests
Pasture seed, all species and varieties	Serradella de-hulling specialists
Destoner for removing sand and stones	NEW Colour sorter

Bookings by appointment
The difference between ordinary and extraordinary
Is that little bit extra

FOR SALE

- Oxygenator ever flow on power 'respironics' - serviced recently
- Commode shower wheelchair- new unused
- Gofer shop-rider- new batteries
- Gofer in house powered wheelchair- new 'merits'
- Commode chair- as new
- Gofer shop ride- servicable
- Oxygenator inogen 3- total serviced
- Oxygenator inogen 5- used twice, as new

 **Dougs 9880 2162**

LOCAL CHURCHES

UNITING CHURCH
 10:30am Morning tea
 11:00am Service starts
 1st and 3rd Sunday of each month

CATHOLIC CHURCH
 Fr Truc Nguyen
 M: 0426 018 782
 8am 1st, 3rd, 4th Sunday and 5th
 10:30am 2nd Sunday

ANGLICAN CHURCH
 Regular services in Kulin have stopped for the time being, however, the Anglican church can be made ready for special services.
 Katheryn Wilson- 0429 801 228
 Bunbury Office- 08 9721 2100

CONTAINERS FOR CHANGE ARTS CENTRE

A simple way to make a contribution to the Kulin Arts Centre is to support their Containers for Change collection. Simply return your containers and use the ID C10333381.

All Good Refund Depot come to Kulin on the last Wednesday of every month. They pick up returns from the Kulin Memorial Hall at roughly midday. Contact Belle at the Shire for more info.

KULIN CHILDCARE CENTRE

You can help support our local Child Care centre with just your bottles and cans. Drop your eligible containers into the bin behind the Memorial Hall or to any Containers For Change donation point using the ID C10351204

KULIN MOTOR MUSEUM

Wednesday 10am- 12:30pm
 Saturday- 10am-2pm
 Clarrie- 9880 1058
 Bill- 0429 804 615
 John- 0427 386 849

KULIN LIONS CLUB



Kulin Lions Club collect old glasses, hearing aids and stamps. Please feel free to drop off any of these items at the Kulin Post Office. Push bikes and batteries can be dropped off at Haydn's shed.
 H McInnes 0429 801 215
 T Barndon 0428 939 189
 R Doust 0499 802 054

JUSTICES OF THE PEACE

MT Lucchesi 9880 4050
 JM McInnes 9880 1360
 R Noble 9880 1383
 BW Sloggett 0427 081 925

FEEDBACK

We regularly get fantastic feedback and we love to share it with everyone as it truly is a team effort to make our visitors feel welcome and enjoy their stay.

"We wanted to congratulate you on the presentation & amenities in your lovely little caravan park. It was a pleasure to stay in such a neat & tidy park, with spotlessly clean amenities. It was also a pleasure to walk along the charming & very interesting Discovery Trail. And of course we loved the Tin Horse Highway! Congratulations once again on your town."

I visited your area last week, to see the Ravensthorpe Wildflower Show amongst other things, and made a point of returning to Perth via Lake Grace and Kulin to see the Tin Horse Highway. It is something I have meant to do since reading about it in a novel, I think it was written by Fiona Palmer. Anyhow, my reason for writing is to acknowledge the work that went in to making what I think is around 100 horses. Most of the horses appear to be well maintained, which is essential to preserving this great tourist attraction.

Kulin Contacts

Nursing Hours: Tuesday & Wednesday 8:30am-2:30pm

CHSP Co-Ordinator / Nurse by Apt: Thursday & Friday

Kulin Doctors Surgery: 9880 1315

Kondinin Medical Centre: 9889 1753

Kondinin Hospital: 9894 1222

Western Power: 13 13 51

Water Supply: 13 13 75

Kulin Water Depot: 9880 1356

Crime Stoppers: 1800 333 000

Kulin Police: Kulin Police station is staffed by 2 officers who are available to respond to incidents 24/7. Your local police can be contacted as follows:

For emergencies: 000

For non-urgent incidents: 131 444

Officer at Kulin Police Station: 9861 5800

Did you know that you can use your smart phone to report local issues? Just download the free Snap Send Solve app and get Snapping! When you're out in the community, you are our eyes and ears. If you see something that doesn't look right, just Snap Send Solve it!