PROUDLY PRODUCED BY THE KULIN COMMUNITY RESOURCE CENTRE

THE KULIN UPDATE

5th NOVEMBER 2026

4 CITIZENSHIP CEREMONY
Kulin welcomed its newest Australian citizen last month, with Vickie taking the citizenship pledge before family and friends at the Shire's Citizenship Ceremony.

10 KULIN POLICE NEWS
Uncle Baz shares with community the latest news in Kulin. Read about how the GRINCH has come to stay in Kulin.

25 KULIN TO CAMBODIA
Kulin students travelled to Cambodia to help build homes for local families, gaining valuable life experiences and a deeper appreciation for the opportunities available in Australia.



SHIRE HONOURS MR PROUD AT MACROCARPA TRAIL DEDICATION

CONTENT CORNER

Kulin Community Resource Centre

Mon - Fri 8:30 am - 4:30 pm
38 Johnston Street, Kulin WA 6365
(08) 9880 1204
crccounter@kulin.wa.gov.au
www.kulin.wa.gov.au/crc-home

FAQ

How to receive the Kulin Update via email?

Call or email us and let us know your name and email address so we can add you to the distribution list

Alternatively, visit www.kulin.wa.gov.au/#newsletterscroll

How to advertise in the Kulin Update?

Complete the booking form found here - www.kulin.wa.gov.au/council/news/community-newsletter.aspx and send your advert and completed booking form to crccounter@kulin.wa.gov.au

When are the deadlines?

All articles and booking forms are to be sent NO LATER than Tuesday, 4pm prior to the publication date.

What are the advertising costs?

1/4 page b/w - $20
1/2 page b/w - $25
1/2 page colour - $50
Full page b/w - $40
Full page colour - $80
Front/ back - $100

Members receive 20% off advertising costs, please contact crccounter@kulin.wa.gov.au for more information.

Accpeted document formats:

• PDF • JPEG

Achieved something?

We would love to share any community news or achievements in the newsletter, send through the information to crccounter@kulin.wa.gov.au

DEADLINES TO SUBMIT CONTENT FOR THE KULIN UPDATE

17th November
1st December
15th December

DATES AND UPCOMING EVENTS

NOVEMBER

3rd Melbourne Cup

11th Rememberance Day

13th Resin Workshop

18th Council Meeting

20th Pat & Chat Vet

DECEMBER

1st Seniors Xmas Luncheon

NOVEMBER 2026

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3 **Melbourne Cup** 🏆 **Remedy Physio** **Yogalates 10am** **Central Agcare Counsellor** **Nurses Clinic** 8.30am - 12noon	4 **Nurses Clinic** 8.30am - 12noon **Butler's Garage** 10am to 2pm	5 **Doctor in Town** **The Kulin Update** **Remedy Physio**	6 **Doctor in Town** **Nurses Clinic** 8.30am - 12pm	7 **Butler's Garage** 10am to 2pm	8
9	10 **Remedy Physio** **Central Agcare Counsellor** **Yogalates** 10am **Nurses Clinic** 8.30am - 12noon	11 **Rememberance Day** **Matt - Chiropractic** **Nurses Clinic** 8.30am - 12noon **Butler's Garage** 10am to 2pm	12 **Doctor in Town** **Remedy Physio**	13 **Doctor in Town** **Nurses Clinic** 8.30am - 12pm **Resin Workshop**	14 **Butler's Garage** 10am to 2pm	15
16	17 **Remedy Physio** **Central Agcare Counsellor** **Yogalates** 10am **Nurses Clinic** 8.30am - 12noon	18 **Nurses Clinic** 8.30am - 12noon **Butler's Garage** 10am to 2pm **Council Meeting**	19 **Doctor in Town** **The Kulin Update** **Remedy Physio**	20 **Doctor in Town** **Nurses Clinic** 8.30am - 12pm  **Pat & Chat Vet**	21 **Butler's Garage** 10am to 2pm	22
23	24 **Remedy Physio** **Central Agcare Counsellor** **Yogalates** 10am **Nurses Clinic** 8.30am - 12noon	25 **Matt - Chiropractic** **Nurses Clinic** 8.30am - 12noon **Butler's Garage** 10am to 2pm	26 **Doctor in Town** **Remedy Physio**	27 **Doctor in Town** **Nurses Clinic** 8.30am - 12pm	28 **Butler's Garage** 10am to 2pm	29
30	1 **Seniors Xmas Luncheon** 11.30am to 2pm					

COMMUNITY CALENDAR

CRC CORNER

Celebrating the Moments That Make Our Community Special

One of the wonderful things about being part of a small community is the variety of moments we get to celebrate and recognise. Sometimes it is the little things that make community life so special – a neighbour lending a hand, local achievements, community events, people coming together to support one another or simply taking the time to acknowledge someone's contribution. These everyday moments are what build strong connections and make our community the place we are proud to call home.

Then there are the bigger occasions, the significant milestones and opportunities to recognise people and achievements that leave a lasting mark on our community. Being able to share in these moments is a real privilege, and over recent weeks we have had two particularly special occasions to celebrate.

Welcoming Our Newest Australian

On Wednesday, 21 October, we had the pleasure of welcoming Vickie Johnson as Kulin's newest citizen.

Vickie formally undertook her Australian citizenship pledge in a special ceremony attended by family, Shire Councillors and staff. Shire President Grant Robins presided over the proceedings, marking an important milestone in Vickie's life and officially welcoming her as an Australian citizen.

Citizenship ceremonies are always special occasions. They represent a sense of belonging, new beginnings and a commitment to becoming part of the Australian community. It was wonderful to share this important moment with Vickie and her family, and we extend our warmest congratulations to Vickie as she celebrates this achievement.

It was a privilege for the Shire to be part of such a meaningful occasion.

Honouring the Legacy of Harold Proud

On Wednesday, 28 October, our community came together to celebrate the dedication of the Macrocarpa Trail in honour of Mr Harold Proud.

The occasion was a wonderful opportunity to recognise Harold's extraordinary contribution to Kulin and his longstanding commitment to the betterment of our community. Through his generosity, forward-thinking approach and genuine passion for Kulin, Harold has left a legacy that will be enjoyed by generations to come.

The Macrocarpa Trail is more than just a place to walk and enjoy the outdoors. It is a lasting reminder of Harold's connection to Kulin, his generosity of spirit and his belief in contributing to the future of the town he calls home.

It was particularly special to be able to gather with Harold's family and community members to reflect on his contribution and formally recognise the lasting gift he has made to Kulin.



The People Who Make Kulin

At the heart of every community are its people. It is the individuals who choose to make Kulin their home, those who give their time, share their skills, support their neighbours and look for ways to make a difference that create the character of our town.

Every person has a story, and every contribution, whether big or small, helps shape the community we enjoy today and the one we are building for the future. Some contributions are seen in everyday acts of kindness and support, while others leave a lasting legacy for generations to come.

One of the greatest privileges of being part of a small community is getting to know these people, hearing their stories and recognising the many ways they help make Kulin a wonderful place to live, work and belong.

Taryn Scadding

Executive Manager of Community Services







RECOGNISE SOMEONE WHO MAKES A DIFFERENCE

They're the ones who make Kulin, so special.

COMMUNITY CITIZEN OF THE YEAR AWARDS

NOMINATIONS ARE NOW OPEN

Celebrate the locals who go above and beyond – the volunteers, organisers, mentors, carers, innovators and quiet achievers who make our community a stronger, kinder and more connected place.



Volunteer.
Support.
Inspire.
Lead.
Care.
Create.
Connect.
Make a difference.

2027

KNOW SOMEONE WHO DESERVES TO BE RECOGNISED?

NOMINATIONS CLOSE

13 NOVEMBER 2026

Scan the QR code to nominate today or visit our website.

kulin shire council
the kulin region

Kulin Community Resource Centre
Your local connection

Australia Day
Reflect. Respect. Celebrate.

Community Citizen of the Year Awards

Walking Through a Legacy



There are some people who become so much a part of a community that it is almost impossible to imagine the place without them. For Kulin, Mr Harold Proud is one of those people. At 105 years young, Harold is not only our oldest resident, but our longest-standing connection to the town's living history. He has watched generations grow, witnessed Kulin evolve and contributed to the community in ways that will be felt long into the future. In so many ways, Harold is as much a part of Kulin as the land and the town itself.

On Wednesday, 28 October 2026, family, friends, community members, Shire representatives, members of the Wildflower Society and many others gathered for a particularly meaningful occasion, the official dedication of the Macrocarpa Trail in Harold's honour. It was a wonderful opportunity to come together, not simply to acknowledge a lifetime of generosity and community spirit, but to celebrate a man who holds such a special place in the hearts of so many. Surrounded by the natural beauty of the bushland he has helped preserve, the occasion was a fitting tribute to a life so deeply intertwined with the story of Kulin.

Shire President Grant Robins led the dedication ceremony, paying tribute to Harold's extraordinary contribution before the unveiling of a commemorative plaque. Harold's own response was equally special, sharing his memories, reflections and characteristic humility with those gathered. Together, their words captured something that is difficult to express in any single tribute: the profound difference one person can make to a community, and the affection and gratitude of a community fortunate enough to call him one of their own.

We are honoured to share both speeches from this very special occasion.

Dedication from President Grant Robins

Welcome everyone

It is a great pleasure to be here today to officially dedicate the Macrocarpa Trail and unveil this plaque in honour of Mr Harold Proud. Today is about recognising a remarkable contribution to our community and celebrating a man whose life and story are so closely connected to the history of Kulin.

Over more than a century, Harold has witnessed enormous change in our town and district. He has experienced the hardships of the Depression, six years of wartime, drought, and the challenges and opportunities that came with the recovery and growth of our community.
From taking over the family farm following his father's death to supporting the development of our town, Harold's life reflects resilience, hard work and a genuine commitment to Kulin.
His contribution extends well beyond farming. Harold supported the town's development through the construction of three shops on Johnston Street, served as a councillor with the Kulin Shire Council, and maintained an active involvement in more than 20 community groups.

MACROCARPA DEDICATION

Through his volunteering, generosity and willingness to share his knowledge and experience, Harold has helped shape the community we know today. But perhaps one of the most lasting gifts he has given Kulin is the land on which we stand today.

In 2015, Harold generously donated this land to the Shire of Kulin, creating an opportunity for our community and visitors to enjoy a unique natural space. His vision was to see this area continue to be valued and enjoyed, providing a place for recreation, reflection and connection with the natural environment.

The Macrocarpa Trail is more than just a walking trail. It is a place where people can slow down, enjoy the landscape, learn about our local history and appreciate the natural beauty that surrounds us.

This area also holds stories of an earlier time, including its association with former coal pits, reminding us that our landscape has served many purposes throughout Kulin's history. Harold's generosity has allowed this place to take on a new purpose, while retaining its connection to the past. His continued care for the area, including maintaining the entrance and contributing to its upkeep, demonstrates that his contribution did not end with the donation of the land. He has continued to take pride in seeing it cared for and enjoyed.

Today, as we dedicate the trail and unveil this plaque, we are acknowledging not only the gift of the land, but the thoughtfulness and foresight behind it. Harold has helped create something that will benefit our community for generations to come. Families, residents and visitors will have the opportunity to walk this trail, enjoy the surroundings and make their own memories here.

That is a wonderful legacy.

On behalf of Kulin Shire Council and the wider community, I would like to sincerely thank Harold for his generosity, his years of service and his enduring commitment to the town he has always called home.

Harold, your contribution to Kulin is significant, and it is fitting that this plaque will stand as a permanent reminder of your generosity and the difference one person's vision can make to a community.

Thank you, Harold, for everything you have contributed to Kulin over so many years. It is now my pleasure to officially dedicate the Macrocarpa Trail in honour of your contribution and to invite you to join us for the unveiling of the plaque.

Thank you.

President Grant Robins



RESPONSE FROM MR HAROLD PROUD

Thanks for the honour, but it goes to my whole family as well, because without two sons on the farm and a good wife looking after us, I would not have been able to be involved in community groups or the Shire. As was the case when someone came looking for me one day and he was told the Old Man's not here - he spends half his time in town!

This piece of land has only had three owners. First the famous Berty Johnston, us and now the Shire. It is an historic part of the district, having had the original Corrigin pioneer road running through it. There are also charcoal pits located here which were used by the first blacksmiths, then later by people who had gas producers on motor vehicles during the Great Depression, followed by World War II petrol rationing.

MACROCARPA DEDICATION

A few years before my family bought this land, the original bush had been knocked down and a fire put through, but had not been cleaned up making it hard to anything with at that stage due to the new growth taking place. I remember thinking we have got enough land, why go to the trouble of clearing it and it might provide a bit of a windbreak for the town.

The land remained idle for a long time until the Pony Club was formed. They put in the trail that is now the Macrocarpa trail.

The Wildflower Society has been interested in it for a long time and has done a lot of good work on it, especially the entrance. We have all got older and are running out of steam. The only thing I do here now is make sure the track is clear and knock down anthills on it. Earlier I put in four-wheel drive only tracks to other parts of the area including a different wildflower patch on sandier ground. I have also spent a lot of time restoring the big shallow gravel pit near the Corrigin Road.

Helping our wonderful community build the town has been a great pleasure of mine.
We went through 30 bad years, starting in 1929 with ten years of the Great Depression, followed by six years of war and a long time getting over it all.

By 1963, I could see that Kulin needed more services, so I built the first block of shops since the 1920s. Others followed, and since then, a huge number of people, mainly farmers, have worked together to build the wonderful facilities we have today, both in business and recreation. Their efforts continue to make Kulin the great community it is.

I have gained so much pleasure from being able to contribute to our community and to play a part in its growth.

Thank you for coming along today, and a special thank you to my family, particularly those who have travelled to be here.

Thank you for the honour bestowed upon me. It means a great deal to me and makes me very happy.

Harold Proud







MACROCARPA DEDICATION













Kulin Police News

21 Johnston Street, Kulin WA 6365
Phone: 98615800
Email: Kulin.Police.Station@police.wa.gov.au
Staff: Sergeant Dave Worcester, Senior Constable Barry Osborne (*Uncle Baz*)

Nov / 2026

Local Police Update

Kulin police attended and assisted at the recent Wandering Campout at Grassdale Farm Wandering and intercepted a vehicle that was reported by a motorist as driving dangerously on Albany Hwy.

The vehicle was stopped and the driver tested positive to Driving with a prescribed illicit drug. As a result, police obtained blood samples that will be analysed and if positive, the driver will be summonsed, if convicted, faces, a first offence penalty of $1,250 fine & 3 demerits, a second or subsequent offence is a fine, between $1,250-$2,000 AND 6 months licence suspension.

On 2 separate occasions, vigilant and keen eyes of locals in the community resulted in police seizing a small clip seal bag of cannabis and methamphetamine in town. Police inquiries led to a police summons being issued.

Kulin officers were called to assist in Katanning in the search for a distressed missing person, who was eventually located safe in the town. Later that day, officers assisted Narrogin Detectives with a Misuse of Drugs Act Search Warrant at Newdegate where a substantial amount of packaged cannabis was located and seized along with drug implements. The male suspect has been Summonsed.

A person or persons have been busily graffitiing road signs and mailboxes in the Kulin West area. If anyone has any information about these damage offences or has seen suspicious activity, persons or vehicles in that area please contact local police or call Crime Stoppers *(Anonymous Reporting)* on 1800 333 000. The incident Report number for this incident is 261026 0953 8596

Graffiti is damage, and damage, is a crime, and there are severe penalties for those who carry out this act. The cost of repairing the unsightly damage (graffiti) comes out of shire rates and your state taxes, so it affects every community member.

Uncle Baz spent a spell relieving at Lake Grace Police Station again recently and during this “holiday” he assisted in the arrest of a woman in Newdegate wanted for Breaching her bail. During a search of her clothing a small clip seal bag with cannabis was located. She was conveyed to the Perth Watch House (Lock up) and charged.

Farmers are reminded that there are unscrupulous people roving the area, possibly even in the employ of primary producers who will steal things at opportunity. Please secure & lock things up, install CCTV if appropriate & affordable, report suspicious activity and regularly keep watch & check on your assets and produce. The recent theft of 24 bales of wool highlights’, farmers need to be vigilant!! Police Incident Report number IR311026 0805 64054 refers if you have any information.

Local “Grinch” Update

It was reported in the last Community News that a fatal crash occurred on the Hyden-Norseman Road that resulted in the death of a female driver from Italy.

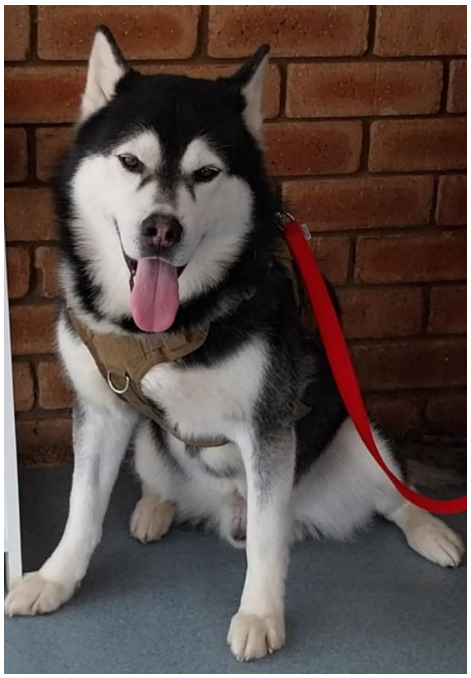
Sergeant WORCESTER took it upon himself to take in the young woman’s dog, “Grinch”, who was also injured in the crash, suffering a broken pelvis in 2 places.

Grinch has been recovering well in his care, and on treats, chicken breasts and other goodies provided by Sergeant Dave.

Grinch as part of his repatriation to the young woman's parent residence in Italy, required him to receive up to date vaccinations in Narrogin on Monday. Grinch *(who melts ya heart)* was so placid and didn't even flinch during the procedure. Sgt Dave used a secret "V" code word so Grinch wouldn't be alerted to the visit *(plus he had a pocketful of treats for Grinch 😊)*



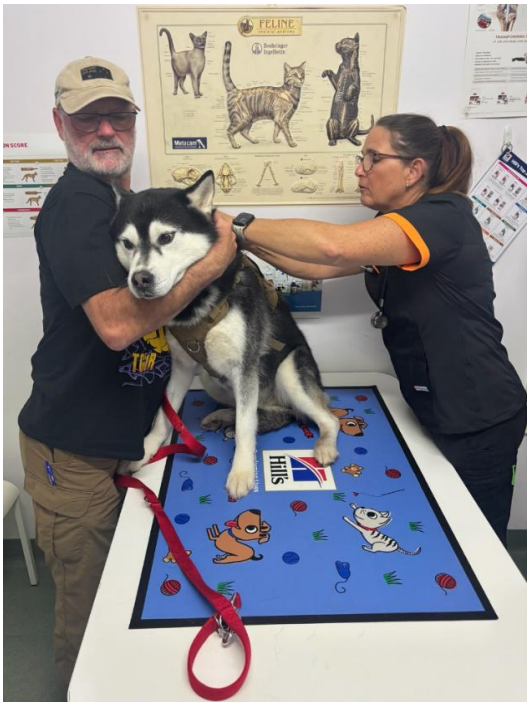
"Where did you say we were going"??



<u>Really</u>!!!



"This won't hurt a bit Grinch"



"That's not what the other dogs told me"

Keep an eye out for Grinch and the Sarge around town as Grinch takes Sarge on walks, 😊 and say "hello", *(Grinch loves attention).*

"All it takes for crime to flourish is for good people to do nothing"
CRIME STOPPERS 1800 333 000 OR IN AN EMERGENCY DIAL '000'

TWITTER @KulinPol (Not for reporting incidents)

FB Great Southern District – WA Police Force (Not for reporting incidents)

PET REGISTRATIONS (DOGS & CATS)

There is State Government legislation in place to ensure control and registration of dogs and cats in our community. The State Government also sets all of the registration fees associated with the control and registration of dogs and cats. The registration period for 1-year and 3-years expires on 31 October.

The Shire of Kulin is responsible for enforcing and administering State Government legislation in our community. Registering and microchipping your pet makes it easier for our Rangers to help return your pet to you if they become lost.

OVERDUE

WHEN TO REGISTER YOUR PET?

- Dogs aged over three months are required to be microchipped and registered
- Cats aged over six months must be registered, microchipped and
- sterilised

IF YOU HAVEN'T REGISTERED YOUR PET FOR 2026, THEIR REGISTRATION HAS NOW LAPSED AND IS OVERDUE!

2026-27 User Fees and Charges

Notice of New Fee
Funeral and Memorial Services at Freebairn Recreation Centre

Council advises that, at its October 2026 Council Meeting, it resolved to introduce a new hire fee for funerals and memorial services held in the indoor court area of the Freebairn Recreation Centre.

Effective 9th November 2026, a fee of $1,500 (excluding GST) per event will apply to funerals and memorial services held in the indoor court area.

The fee includes:

- Standard indoor court hire.
- Event setup.
- Pack-down following the event.

In accordance with the amendments to A13 - Fees & Charges - Discounts, a discounted hire arrangement will apply to funerals or memorial services for:

- A current or former resident of the Shire of Kulin; or
- A person with a significant connection to the Kulin community.

This discounted arrangement is limited to the Kath and Phil Freebairn Function Rooms.

The changes establish a consistent hire arrangement for funeral and memorial services.

Alan Leeson, Chief Executive Officer



EXPRESSIONS OF INTEREST

WORKING AT HEIGHTS SKILL SET MAA81

Build the skills to work safely and confidently at heights.

Complete the nationally accredited unit in Work Safely at Heights. **Participants will be introduced to safe work practices, regulations and industry codes designed to contain height related work risks.**	**Register your interest.** **We are currently assessing demand. Course arrangements will be confirmed once sufficient interest is received.**

Who is this course for?

This course is for anyone who is required to work at height either on a personal or professional level, and who could be at risk of injury as a result of this work.

The course covers:

Identify work requirements * Identify work procedures and instructions * Access and install equipment
Perform work at heights * Clean up work area

INTERESTED? REGISTER VIA THE BELOW.

Contact: Jayde Hobson | **Email/Phone:** to@kulin.wa.gov.au / 9880 1204

Kulin Community Resource Centre

kulin shire council the kulin region

MR RICK WILSON MP
FEDERAL MEMBER FOR O'CONNOR

15th October 2026

Wilson welcomes WA Government decision to delay dramatic phosphine exposure limit reduction

Federal Member for O'Connor, Rick Wilson MP, welcomes WA Government decision as great news for West Australian grain growers and a step in the right direction, but the fight is not over.

Federal Member for O'Connor Rick Wilson MP has welcomed the Cook Labor Government's decision to delay the introduction of the new phosphine exposure limit until 1 December 2029, saying sustained pressure from growers and industry had forced the Government to reconsider its original timetable.

The new limit had been due to take effect on 1 December this year.

"This is a welcome reprieve for grain growers who have been sounding the alarm about the practical consequences of this change," Mr Wilson said.

"I raised this issue in Parliament, while growers, industry groups such as Cooperative Bulk Handling and Grain Producers Australia, people who signed our petition and supported our campaign kept the pressure on. That pressure has made a difference.

"But this is a delay, not a solution."

Under the proposed change, the phosphine exposure limit will still fall from 0.3 parts per million to 0.05 parts per million, one sixth of the current limit. The Government has also indicated there will be no further extension.

Mr Wilson said phosphine remained critical to protecting stored grain from insects and allowing Australian grain to be stored and supplied to export markets. He said the Minister had acknowledged there was no viable alternative.

"Phosphine is fundamental to the way grain is stored and handled, particularly across major grain-growing regions like O'Connor.

"Growers support sensible measures that keep workers safe. They want everyone working on their farms to go home safely at the end of the day.

"What they are asking for is regulation grounded in the reality of how grain is stored and handled on Australian farms, using contemporary Australian evidence and standards."

Mr Wilson said the postponement also failed to resolve concerns surrounding the new grain dust exposure limits, which remain scheduled to commence on 1 December, in the middle of harvest.

"A Grain Producers Australia survey found many farmers do not know how they will measure grain dust or where to obtain the information they need," Mr Wilson said.

"It makes no sense to impose rules on growers when there is still this level of uncertainty about how they are supposed to comply with them.

"The Government has blinked on phosphine. Now it needs to properly address the underlying concerns of growers and industry rather than simply kicking the problem three years down the road.

"As always, I'll keep fighting for standards that recognise the practical realities of Australian grain production."

ENDS

Media contact: Reuben Keyser
Communications and Community Engagement Adviser
Reuben.Keyser@aph.gov.au
(08) 9842 2777
0455 125 035

kulin shire council
the Kulin region

All correspondence to be addressed to:
Chief Executive Officer
PO Box 125 KULIN WA 6365
p: 08 9880 1204 f: 08 9880 1221
e: enquiries@kulin.wa.gov.au
www.kulin.wa.gov.au

Shire of Kulin

November 2026 Ordinary Council Meeting

- Change of Meeting Commencement Time -

In accordance with *Regulation 12(2) of the Local Government (Administration) Regulations 1996*, notice is given that the Ordinary Council Meeting previously scheduled for 4pm Wednesday 18 November 2026, will now commence later at **5.15pm** on **Wednesday 18 November 2026.**

The meeting will be held in the Shire of Kulin Council Chambers, 38 Johnston St, Kulin.

Alan Leeson
Chief Executive Officer
22.10.2026



KULIN AQUATIC CENTRE & WATERSLIDE

School Term Dates:

October 30th - December 17th,
February 1st - March 31st

Swimming Pool

Monday	Closed	
Tuesday	6:00 - 8:00	12:00 - 6:00
Wednesday	6:00 - 8:00	12:00 - 6:00
Thursday	6:00 - 8:00	12:00 - 6:00
Friday	6:00 - 8:00	12:00 - 6:00
Saturday	11:00 - 6:30	
Sunday	11:00 - 6:30	

Slide

Monday	Closed
Tuesday	Closed
Wednesday	Closed
Thursday	Closed
Friday	Closed
Saturday	1:00 - 5:00
Sunday	1:00 - 5:00

Fees & Charges

Daily Entry

- Child (under 6 free) $3.00
- Adult $5.00
- Slide $11.00
- Spectators $3.00
- Concession $2.50

Season Pass - Pool Only

- Adult $94.00
- Concession $58.00
- Child $58.00
- Family $178.00
- Each Additional Child $58.00

Season Pass - Pool & Slide

- Adult $200.00
- Concession $120.00
- Child $120.00
- Family $340.00
- Each Additional Child $120.00

Summer Holiday Family Pass

- Pool Only $105.00
- Additional Child Pool Only $28.00
- Pool & Slide $210.00
- Additional Child Pool & Slide $68.00

Pool Contact Details:

P: 9880 1222 E: pool@kulin.wa.gov.au

See you at the pool!

KULIN AQUATIC CENTRE KIOSK PRICE LIST

DRINKS

	PRICE
Softs Drinks (Coke, Fanta, Solo, Lemonade)	$3.50
Fruit Boxes (Apple, Orange)	$3.00
Water	$1.50
Iced Coffee	$6.00

CHIPS

$3.50

CHOCOLATE BARS

$4.00

LOLLIES

Lollie Bag or Killer Python	$1.00
Nerd Ropes	$4.00
Zappo Chew Apple and Rainbow	$4.00
Zappo Strawberry Ropes	$2.00
	$4.00

ICE CREAMS

Connoisseurs (Salted Caramel, Cookies and Cream)	$6.50
Drumsticks (Mint, Choc, Berry)	$6.00
Maxibon (Vanilla, Honeycomb)	$6.00
Lifesavers Icy Pole	$5.00
Milo Cup	$5.00

HOT FOOD

Meat Pie	$6.00
Sausage Roll	$5.00
Hawaiian Pizza	$6.00
Noodle Cup (Beef, Chicken)	$3.00

Photography and Recording at Kulin Aquatic Centre



We love seeing families enjoying their time at Kulin Aquatic Centre and understand that capturing summer memories is part of the fun!

To help protect everyone's privacy, safety and comfort, we ask all visitors to follow our photography and recording guidelines.

What is permitted?

- Parents and guardians are welcome to photograph or film their own children in the outdoor areas of the pool.
- Visitors may photograph or film members of their own group, provided other visitors are not captured without their consent.

What is not permitted?

- Photographing, filming, audio recording or livestreaming other people without their consent.
- Recording or taking photographs in change rooms, toilets, showers or any area displaying a **No Photography or Recording** sign.
- Wearing or using smart glasses or other eyewear equipped with cameras or microphones anywhere within the facility, whether switched on or off.

A few important reminders

- Consent must always be obtained before photographing or filming other people. For children, consent must come from a parent or guardian.
- Pool staff are authorised to ask visitors to stop using a recording device, put it away or leave the facility if these rules are not followed.
- Visitors who fail to comply with staff directions may be refused entry or asked to leave.
- Exemptions may be considered for medical, accessibility or authorised operational purposes. These exemptions do not automatically extend to change rooms, toilets or showers.

During school activities, the school's own photography and recording policies also apply.

Thank you for respecting the privacy of others and helping us keep Kulin Aquatic Centre a safe and enjoyable place for everyone.

Start Your Day with a Splash! – Join Our Morning Swimmers!

Looking for a great way to start your day? Why not join us for a morning swim at Kulin Aquatic Centre?

Our morning swimming sessions have already attracted approximately 15 different people from the community, and it has been fantastic to see people making the most of the pool before starting their day.

Whether you are looking to improve your fitness, build a healthy routine, get some exercise or simply enjoy a peaceful swim, morning swimming is a great opportunity to do something positive for yourself.

The water is currently at a comfortable temperature – refreshing without being too cold, and pleasant without feeling too warm – making it an enjoyable way to get moving first thing in the morning.

Swimming is also a low-impact form of exercise that works the whole body. It can help improve cardiovascular fitness, build strength and endurance, and support general wellbeing. And perhaps one of the best things about a morning swim is leaving the pool feeling refreshed, energised and ready for the day ahead!

Every Lap Counts!

We are also excited to introduce a new monthly feature celebrating our Kulin morning swimmers!

Each month, we will share some highlights from our morning swimming group, recognising individual achievements and progress.

We will celebrate the number of laps completed by each swimmer and highlight improvements in performance, including the percentage increase compared with the previous month.

Whether you swim 10 laps or 100, every achievement matters. Our goal is to encourage everyone, celebrate personal progress and recognise the commitment of those who make the effort to get to the pool regularly.

This is not about competing against each other – it is about staying active, setting personal goals and supporting one another.

Come and Join Us!

You don't need to be an experienced swimmer or a competitive athlete. Everyone is welcome, and you can swim at your own pace.

Morning Swimming Sessions
Tuesday to Friday | 6:00 am – 8:00 am

Come along, bring your goggles and enjoy a refreshing start to the day!

We look forward to seeing more familiar faces – and plenty of new ones – at Kulin Aquatic Centre.

One morning, one swim, one lap at a time. Every lap counts!

Bonjour! Përshëndetje!

We're Fanny and Redan, and we're thrilled to be looking after Kulin Aquatic Centre for the 2026/2027 season!

Fanny is originally from France, while Redan holds dual Albanian and French nationality. We first met at university while completing our Master's degree in Change Management.

Before moving to Australia, Fanny worked as an Human Resources Manager for an international company, while Redan worked as a Management Consultant for an international firm - both professions formally recognised through our respective Australian skills assessments.

We are both passionate about travelling, love the great outdoors and the laid-back Australian lifestyle, and enjoy exploring different cultures through their food and discovering cuisines from all around the world!

We originally decided to embark on a one-year adventure in Australia, with the aim of discovering this beautiful country and experiencing a different way of life. However, it didn't take long for us to fall in love with Australia! We are now hoping to make it our permanent home this year. And who knows, perhaps Kulin could become our home too! After all, we already have a great pool, an amazing community and plenty of sunshine... what more could we ask for?



Managing the Kulin Aquatic Centre, it's an exciting new chapter for us, and we look forward to meeting local families, welcoming the community and making the pool a great place for everyone to enjoy throughout the summer.

A big thank you to the Shire of Kulin for placing their trust in us and giving us this wonderful opportunity.

We look forward to seeing you around the pool. Don't hesitate to come and say hello!

Fanny & Redan
Your Kulin Aquatic Centre Management Team


KULIN
TENNIS CLUB
DRESS TO
EXCESS
CHRISTMAS CUP
SAVE THE DATE
SUNDAY
13 DECEMBER
There's no such thing as
TOO MUCH CHRISTMAS!


KULIN TENNIS CLUB
JOHN WILSON'S FAST 4 MIXED DOUBLES
OPEN DAY
Thank you to our sponsors
Cargill
Bendigo Bank
Community Bank Kulin
FOODWORKS KULIN
yvonne bowey consulting
the kulin region
McINTOSH & SON
KULIN HOME & GIFT CO.
GangellsAgSolutions
YOUR ALL-ROUND RURAL SUPPLIER
Great Southern Chiropractic
SYRED MECHANICAL Services
Matt Syred 0429351775
AGRICULTURAL AIR CONDITIONING & MECHANICAL SERVICES
AU26878
TIN HORSE Automotive
David Mead
Locals Investing In Locals
KULIN 0408 952 285
TAMORA PLUMBING and Gas
acres of taste
REMEDY HEALTH COLLECTIVE
THANK YOU!
TIM AND TARYN DAY



On Saturday 24th October, Kulin Tennis Club held our annual **John Wilson's Mixed Doubles Fast 4s** Open Day. It was an incredibly successful event, with 21 teams playing. There was lots of fantastic tennis played, plenty of laughs and friendly competition, great sportsmanship and a vibe around the club so wonderful thanks to the strong community turnout.

Congratulations to our winners of the day







Pool A

Winners: Sam and Julia

R/Up: Rohan & Taryn



Pool B

Winners: Hamish & Yvonne

R/Up: Lucas & Ava

Pool C

Winners: Braden & Julia

R/Up: Sam & Corrina

Thank you to everyone who played, our club committee and our 14 amazing sponsors for making the day so special and a huge success.






















EVERY THURSDAY
10AM
PICKLEBALL
Thursday
10am
FREE
Sessions
FREEBAIRN RECREATION CENTRE
FUN & FRIENDLY SOCIAL PICKLEBALL
ALL SKILL LEVELS WELCOME

KULIN DISTRICT HIGH SCHOOL NEWSLETTER



KULIN TO CAMBODIA 2026







Our Cambodia trip was filled with joy, positivity and moments we will carry with us for a long time. As a group, Laura, Melissah, Ronan and Kahlan helped build a new home for one family and gifted a cow to another. The smiles and tears we shared were profound, and they are something we will never forget.

Along the way, we bonded as a group (we now proudly share a “Cambodia bond”) and had the chance to connect with local students. The trip was packed with laughter. We ate crickets and frog, were warmly welcomed into Cambodian culture, bartered for housewarming presents, became tuktuk pros, experienced a whole new level of sweat and picked up a few new Cambodian words. The best part was simply being together: the laughter, the mishaps and the memories we made along the way. We miss hanging out as our Kulin crew and we wouldn’t trade a single moment.

Volunteer Building Cambodia and the Helping Hands Foundation leaves a lasting impact, and it was a privilege to be part of it. Thank you to our community and all of our sponsors for your support. A huge thank you also to Gen and Ben Whisson for organising this incredible opportunity for our students and community.

Aw koun tom tom (thank you very much).



Melbourne Cup at the Hub!

Another great day at the hub for this years Melbourne Cup!
Well done to the hub kitchen for a great three course meal.
Thank you to the volunteers who organized the sweeps.
Congratulations to the winners.
See you all next year

















Tel: 9880 1201 kulincommunityhub@yahoo.com

BEHIND THE SCENES

LOOKING AHEAD TO 2027

What a year 2026 was for the Kulin Bush Races! We're pleased to report that early financial results are looking extremely positive, putting us in a great position to continue giving back to our community and reinvesting in our facilities and infrastructure.

Of course, none of this would be possible without our incredible volunteers. It's pretty special what a small town can achieve when everyone gets behind something, and we couldn't be more grateful!

2027 – A Change of Date!
It's official! The 2027 Kulin Bush Races will be held from Friday 8th to Sunday 10th October, a week later than usual.

With the AFL Grand Final scheduled for Saturday 2nd October, the Committee has decided to move the event to avoid the clash. We've been down that road before, and while we love our footy, competing with the Grand Final proved to be a logistical headache, not to mention the impact on ticket sales!

We understand the change will affect some volunteers, particularly those with children attending boarding school, and this was carefully considered.

Ultimately, the Committee felt moving the event was the best decision for its overall success.
So mark your calendars and spread the word!

We Want to Hear From Our Volunteers!
We've recently emailed our Volunteer Feedback Survey to ticket holders, and a big thank you to everyone who has already completed it. There's been some fantastic feedback and ideas coming through!

The survey is completely anonymous, so please don't hold back. We want to hear what worked well, what could be improved and any ideas for next year.

If you haven't received the survey, please contact Simone at info@kulinbushraces.com.au for the link.

As another busy year draws to a close, we wish everyone a safe and successful harvest, a wonderful Christmas and a happy and healthy New Year! Enjoy some well-earned downtime with family and friends, and we'll see you all in 2027!

Simone Lockyer-Luscombe
Event Coordinator






KULIN RETIREMENT HOMES INC. AGM

Notice is given by the Kulin Retirement Homes committee that the Annual General Meeting will be held on **Thursday 26 November 2026 at 10.30am** in the Shire Meeting room.

AGENDA:

- Open meeting
- Apologies
- Confirmation of MInutes from previous AGM
- Business arising
- Correspondence relating to AGM
- Presentation of Auditors report
- Adoption of Auditors report
- Presentation of Chairman's report
- Adoption of Chairman's report
- Election of Office Bearers
- Appointment of Auditor
- Vote of thanks to outgoingOffice bearers
- Adoption of Special Resolutions (if any)

Close
All Welcome.

DID YOU KNOW

Community Bank Kulin has provided **$410,455.00** to Kulin Retirement Homes since 2022 to assist in renovating and expanding their Workman and Kulinda complexes.

The KRH wishes to recognize the huge benefit to Kulin that has been achieved by **YOU** banking with **OUR COMMUNITY BANK KULIN.**


A Kulin
Bush Christmas
2026
Tuesday 1 December 2026
11.30 am – 2.00 pm
Phil Room - Freebairn Recreation Centre, Kulin
Kulin Over 55s,
we're preparing a magical Christmas luncheon.
It's time to let your mischievous side out and embrace the fun of the silly season...
RSVP:13/11/2026
RSVP Kylie at the CRC:
Email - crccounter@kulin.wa.gov.au
Text - 0438 911 168
Phone - 9880 1204
Please advise of any dietary requirements.
Final numbers are required for catering, so unfortunately we cannot accept late RSVPs.
Kulin Community Resource Centre
Your local connection
kulin shire council
the kulin region
GOVERNMENT OF WESTERN AUSTRALIA
Department of Primary Industries and Regional Development


SAVE THE DATE!
KULIN
CHRISTMAS CARNIVAL
SATURDAY
12 DECEMBER 2026
4:30PM – 9:00PM
FREEBAIRN RECREATION CENTRE & OVAL
KULIN
CHRISTMAS MARKETS
MRS SANTA'S CORNER
SNOW YARD FOAM PARTY
DECORATE YOUR RIDE PARADE
FOOD & DRINK
FACE PAINTING
LIVE ENTERTAINMENT
BALLOON TWISTING
BRING THE FAMILY AND JOIN US FOR AN EVENING OF CHRISTMAS MAGIC, CARNIVAL FUN AND COMMUNITY CELEBRATION.


SAVE THE DATE!
DECORATE your RIDE
PARADE
SANTA 1
SATURDAY
12TH DECEMBER 2026
PARADE BEGINS AT 6PM
PEOPLE'S CHOICE
BEST DRESSED VEHICLE
BEST DRESSED JUNIOR ENTRY
BEST DRESSED BIG MACHINE
MOST CREATIVE ENTRY
PEOPLE'S CHOICE AWARD
ENTRY IS FREE
Everyone Welcome!
START PLANNING
your Christmas masterpiece now!
MORE DETAILS
& entry information coming soon

St John

First aid fact sheet

Snake bite

All known or suspected snake bites must be treated as potentially life-threatening, and medical aid should be sought urgently.

Signs and symptoms

Signs of a snake bite are not always visible. In some cases, the patient may not have felt anything. Symptoms may not appear for an hour or more after the person has been bitten.

Depending on the type of snake, signs and symptoms can include some or all of the following:

- immediate or delayed pain at the bite site
- swelling, bruising or local bleeding
- bite marks (usually on a limb) that can vary from obvious puncture wounds to scratches that can be almost invisible
- swollen and tender glands in the groin or armpit of the bitten limb
- faintness, dizziness
- nausea and vomiting
- headache
- abdominal pain
- oozing of blood from the bite site or gums
- double or blurred vision
- drooping eyelids
- difficulty in speaking or swallowing
- limb weakness or paralysis
- difficulty in breathing
- occasionally, initial collapse or confusion followed by partial or complete recovery.

What to do

Pressure bandage & immobilise

1. Follow DRSABCD.
2. Call Triple Zero (000) for an ambulance.
3. Lie the patient down and ask them to keep still. Reassure the patient.
4. If on a limb, apply an elasticised roller bandage (10–15 cm wide) over the bite site as soon as possible.
5. Apply a further elasticised roller bandage (10–15 cm wide), starting just above the fingers or toes and moving upwards on the bitten limb as far as can be reached.
   - Apply the bandage as firmly as possible to the limb. You should be unable to easily slide a finger between the bandage and the skin.
6. Immobilise the bandaged limb using splints.
7. Write down the time of the bite and when the bandage was applied. If possible, mark the location of the bite site (if known) on the skin with a pen, or photograph the site. Do not wash venom off the skin or clothes because it can assist identification.
8. Stay with the patient until medical aid arrives.







In a medical emergency call Triple Zero (000)

DRSABCD Danger ▶ Response ▶ Send for help ▶ Airway ▶ Breathing ▶ CPR ▶ Defibrillation

You could save a life with first aid training • www.stjohn.org.au • 1300 360 455

This information is not a substitute for first aid training. Formal instruction in resuscitation is essential. St John Ambulance Australia is not liable for any damages or incidents that may occur in the use of this information by other parties or individuals. This is not for commercial distribution. © St John Ambulance Australia 2022.



Kulin Community Resource Centre
Your local connection

Department of Primary Industries and Regional Development
GOVERNMENT OF WESTERN AUSTRALIA

GET A CHANCE TO LEARN FROM RENOWNED REPTILE EXPERTS ON HOW TO SAFELY HANDLE AND REMOVE VARIOUS WA VENOMOUS AND NONVENOMOUS SNAKE SPECIES ON OUR 1 DAY TRAINING COURSE.

DON'T MISS THIS UNIQUE OPPORTUNITY TO EXPAND YOUR KNOWLEDGE AND SKILLS IN SNAKE HANDLING.

BEGINNERS WELCOME. LIMITED SPOTS AVAILABLE!

7TH DECEMBER
@ 8.30AM – 4.30PM
$550

BOOK NOW:
snakeRnR.com
(08) 9293 8940
info@snakernr.com

Cultivating Kulin Committee
transcending our town

BIG MACHINERY.
BIG COMMUNITY SPIRIT!



Join the Cultivating Kulin Committee for the McIntosh Harvest Demo Day! See the latest harvesting machinery in action and get behind McIntosh & Son and our fantastic volunteers as they bring in the crop for the benefit of our community.



How healthy is your home loan?

With the current cost of living, there's never been a better time to review your home loan.

We'll look at your rate, term, repayments, and equity, giving your loan a full check-up to make sure it's still right for you and your current needs.

Enquire online at bendigobank.com.au/healthcheck or visit your nearest branch.

Community Bank - Kulin

Bendigo Bank
The better big bank

All loans are subject to the Bank's normal lending criteria. Fees, charges, terms and conditions apply. Please consider your situation and read the Terms and Conditions, available online at www.bendigobank.com.au or upon request from any Bendigo Bank branch, before making a decision. Bendigo and Adelaide Bank Limited ABN 11 068 049 178 AFSL 237879. (2083101-2126290)(02/25)



Kulin Arts recently held an exhibition at our Community Arts Centre, over the Bush Races weekend. We had 47 entries from artists from Kulin, Corrigin, Hyden, Karlgarin, Merredin and Bruce Rock. 50 visitors had the opportunity to see some amazing artwork.



There were a number of pieces sold including the winner of our People's Choice Award. This $200 prize, kindly sponsored by the Kulin Bush Races, was awarded to Margaret Teasdale for her watercolour 'Salt Lake'.

The students at Kulin District High School have their own section for artwork they have done in and out of school. The winner of a multi-medium artist's pack was Macey Robertson for her painting 'Cockatoo'.







Kulin Arts also held markets and mini tin horse making at the Memorial Hall. We had a great selection of stalls who only offered handmade items. Our mini tin horse making is always a hit with the locals and visitors (some who come back year after year). Over 100 tin horses are now travelling around Australia.

All money raised from these events go into helping us bring more arts-based activities through our Community Arts Centre and also the upkeep and running costs for the centre. If you would like to help support Kulin Arts, membership is $20. Contact Erin Bailey.


Kulin Community Resource Centre
Department of Primary Industries and Regional Development
GOVERNMENT OF WESTERN AUSTRALIA
Woodpecker DESIGNS
COMMUNITY WORKSHOP
with Woodpecker Designs
CREATE • CONNECT • CELEBRATE
Join us for a fun, creative and hands-on workshop with Woodpecker Designs! Create a beautiful, unique piece for yourself or a handmade Christmas gift in time for the festive season.
FRIDAY 13 NOVEMBER 2026
1.30PM - 4.00PM
Venue to be confirmed
1. DRINKWARE & HOME DÉCOR COLLECTION
Choose one of the following projects to create
Wine Glass (Single) $85
Wine Glass Set (2) $130
Champagne Glass (Single) $85
Champagne Glass Set (2) $130
Glass Smoothie Tumbler with Straw $85
Stainless Smoothie Tumbler $95
Stainless Coffee Mug $95
Small Wooden Bowl (15 x 5cm) $110
Large Wooden Bowl (25 x 10cm) $140
Small Glass Vase (12 x 17cm) $110
Large Glass Vase (10 x 23cm) $130
2. SERVING COLLECTION
Choose one project to create
Chopping Board $110
Small Cheese Board & Knives $120
Large Cheese Board & Knives $140
Lazy Susan (39 - 40cm) $130
Picnic Table 60 x 30 x 20cm with 4 wine glass holders $160
BOOKINGS ESSENTIAL
Please confirm your booking by
Monday 9 November 2026.
RSVP to Kirra
kulincdo@kulin.wa.gov.au
08 9880 1204
Or contact
Elena and Brett
at Woodpecker Designs
0477 557 057
with your questions and to book in.
Spaces are limited so don't miss out!

A little ART & a lot of FUN!

Kulin Seniors on the road again!



No bus? No worries!



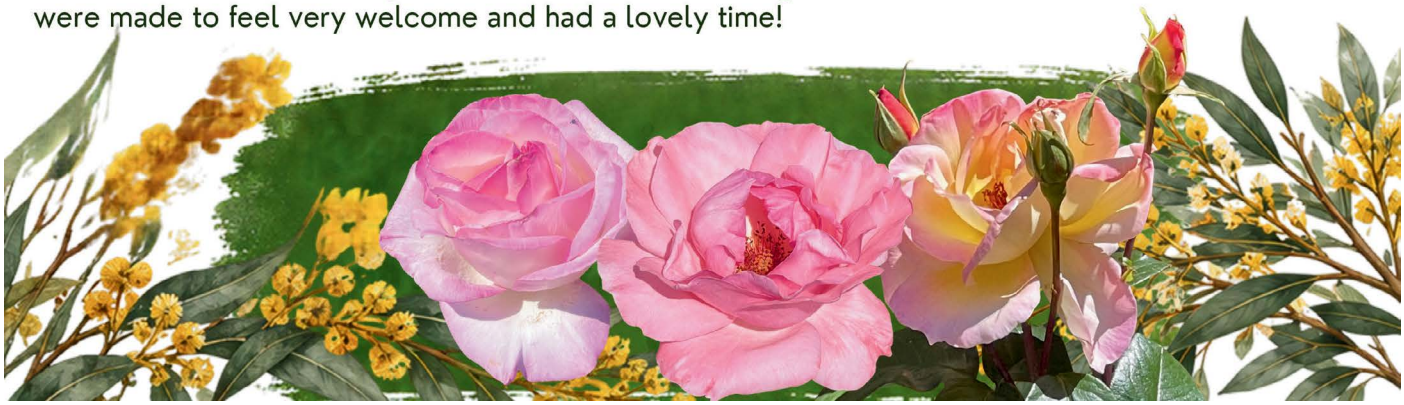
Last Wednesday, a group of our Kulin seniors headed out on a little roadtrip to Kondinin, for the 20th Kondinin Art Exhibition, and what a wonderful day it turned out to be!

Our excursion was originally planned as a bus trip, but when some unexpected bus drama threatened to take us off the road, we simply changed gears! With the help of a couple of chauffeurs (special thanks to Kathy Wilson) we were on our way. After all, we weren't going to pack it in when we had Seniors ready to enjoy an opportunity to get out and be involved in a fantastic regional event.

The artwork on display was absolutely phenomenal, showcasing an incredible range of talent, creativity and skill. There were more than a few pieces we would have happily brought home with us, but we were just as delighted to spend time admiring such wonderful works on exhibition.

The past works acquired display was a real treat for us and we are in awe of the talent that is showcased out here in the wheatbelt. We truly are surrounded by talent. And talent of a different kind was also on display with the fabulous morning tea provided to us with all manner of delicious things to sample and enjoy.

A huge thank you to the Kondinin CRC, Kondinin Artists Group, Shire of Kondinin and all the wonderful volunteers who put so much effort into making the exhibition such a fantastic event. We were made to feel very welcome and had a lovely time!



Good times, great company!

After enjoying viewing all of the amazing art and making several trips back to favourite pieces , indulging in more than a little morning tea, enjoying some good conversation, we made a quick stop to admire the spectacular roses blooming outside the hall before heading for home.



Of course, outings like these are about so much more than the destination. They're an opportunity to get out and about, enjoy new experiences, catch up with old friends and reconnect with people we might not see very often. Staying socially connected, active and involved in our wider regional community is such an important part of maintaining our wellbeing, and it's something we're always happy to encourage and support here at the Kulin CRC.



We love being able to help our Kulin seniors enjoy these opportunities, and if that means swapping a bus for a couple of cars, well, that's all part of the adventure!

Kulin Community Resource Centre
Your local connection

Department of Primary Industries and Regional Development
GOVERNMENT OF WESTERN AUSTRALIA

Where to next?

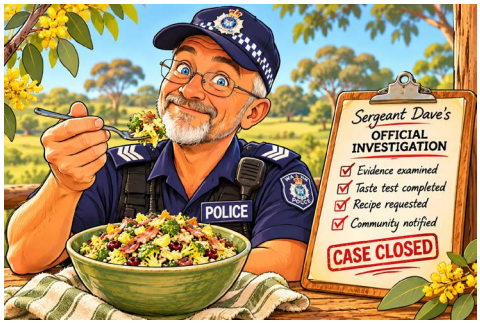
Have you heard about an upcoming event or outing you think our Kulin seniors would enjoy?

We'd love to hear about it!

Get in touch with the Kulin CRC and let's see what we can do to make it happen.

A MATTER OF PUBLIC INTEREST

A PLACE AT THE TABLE – TRISHA'S BROCCOLI SALAD



There are some things in life that simply cannot be kept quiet. A particularly juicy piece of gossip, an exceptionally good bargain, or, apparently, a broccoli salad so delicious that it attracts the attention of local law enforcement. Yes, you read that correctly. Broccoli. Salad. Police involvement.

Now, before anyone gets too excited, I have to be honest and say vegetables were harmed in the course of this investigation. In fact, they were devoured! Sometimes our police have to make hard calls.

At a recent community gathering, Trisha Meikle arrived with a broccoli salad that apparently caused quite the stir. Among those suitably impressed was our very own Sergeant Dave, who decided that something this tasty simply couldn't be allowed to remain a closely guarded secret. And being a man accustomed to getting to the bottom of things, he promptly requested the recipe be shared with the wider community.

Frankly, I think this is an outstanding example of proactive community policing. Forget neighbourhood watch; we've apparently moved on to neighbourhood lunch. And I, for one, fully support this initiative.

The beauty of Trisha's recipe is that it's wonderfully uncomplicated. Fresh, crunchy broccoli, crispy bacon, celery and spring onions, with the sweetness of craisins and the nutty crunch of toasted sunflower seeds. All brought together with a creamy, tangy dressing that strikes that lovely balance between sweet and savoury. It's the sort of salad that earns its place at a summer barbecue, a family gathering or a Christmas lunch. Something a little different from the usual offerings, and clearly delicious enough to inspire an official intervention.

And perhaps my favourite part of this whole story is that it perfectly captures what A Place at the Table is really about. Good food, good company, a little laughter and the wonderful recipes that find their way from one kitchen to another.

So, a very big thank you to Trisha for generously sharing her recipe, and to Sergeant Dave for his outstanding investigative work.

Case closed. Recipe secured. Community served.

Now, let's see what all the fuss is about!

KC Pederick
Community Development Officer

TRISHA'S BROCCOLI SALAD

Fresh, crunchy, creamy and apparently worthy of police attention!
Serves: Approximately 8–10 as a side dish
Preparation: 20 minutes
Cooking: 10 minutes
Difficulty: Easy as!

INGREDIENTS

FOR THE SALAD

- 2 heads of fresh broccoli, finely chopped
- 250 g bacon, diced and fried until crispy
- 4 spring onions, finely sliced
- 4 stalks celery, finely chopped
- 3/4 cup sunflower seeds, lightly toasted
- 3/4 cup craisins (dried cranberries)

FOR THE DRESSING

- 1 cup Caesar salad dressing
- 1/4 cup sugar
- 1 1/2 teaspoons vinegar

METHOD

1. A little preparation

Wash and thoroughly dry the broccoli, then chop it into small, bite-sized pieces. There's no need to cook it; the fresh crunch is part of what makes this salad so lovely.

Finely chop the celery and spring onions and pop them into a large serving bowl with the broccoli.

2. Bring on the bacon

Fry the diced bacon until golden and crispy. Transfer to a plate lined with paper towel and allow to cool.

While you're at it, lightly toast the sunflower seeds in a dry frying pan over medium heat until fragrant and just beginning to turn golden. Keep an eye on them; they can go from beautifully toasted to burnt in the blink of an eye!

3. Bring it all together

Add the cooled bacon, toasted sunflower seeds and craisins to the vegetables. Give everything a gentle toss to distribute all those lovely flavours and textures.

4. The secret's in the dressing

In a small bowl or jug, whisk together the Caesar dressing, sugar and vinegar until the sugar has dissolved and everything is beautifully combined.

5. The finishing touch

Just before serving, pour the dressing over the salad and toss thoroughly to coat.

Serve immediately and prepare to answer questions about where you got the recipe!

A LITTLE SOMETHING EXTRA...

The secret to keeping your crunch! If you're preparing this salad ahead of time, keep the dressing separate until you're ready to serve. You can prepare the vegetables, cook the bacon and toast the seeds earlier in the day, making this a wonderfully easy option when you're feeding a crowd.

Recipe generously shared by Trisha Meikle, following a recommendation from Sergeant Dave.
A delicious contribution to A Place at the Table, where good food and good stories are always worth sharing.

Open Garden Weekend

Attention Garden Lovers

Expressions of Interest to Open your Garden

Hyden / Karlgarin / Kondinin / Kulin

SPRING - 2028

Please Contact:

Helen Crane: 0428 129 185

helenlcrane@icloud.com

Pathways to Wave Rock
WESTERN AUSTRALIA

kulin shire council
the Kulin region

Kondinin Community Resource Centre
Your local connection

Kulin Community Resource Centre
Your local connection

Hyden Community Resource Centre
Your local connection

KULIN TO CAMBODIA

2026 Student Presentations

In October, Kulin DHS students Ronan Doust and Kahlan Spurr represented the Kulin community on a week long humanitarian trip to Cambodia.

Together with teachers Laura Browning and Mel Rees and coordinator Gen Whisson, they helped build homes and connect with local families — an unforgettable experience made possible by the incredible support and generosity of many people and organisations.

Please come and hear their stories and reflections from this inspiring journey!

Sunday 22nd November 2025
2:00pm
Freebairn Recreation Centre, Kulin

Afternoon tea and nibbles provided
Further information contact Gen Whisson E: gen@consultag.com.au



cropportunity | ConsultAg Advancing Agriculture | The Helping Foundation AUSTRALIA

CHRISTMAS DONATION

Uniting to bring out a little hope

Dignity is a word with many faces.

We reach for it at the end of life, when all anyone wants is to leave this world gently, held by the people they love, on their own terms.

We talk about it when a career ends — the difference between a respectful farewell and being marched out the door with a cardboard box after years of loyal service.

We recognise it in everyday behaviours. The leaders I have most admired speak to the newest member of staff exactly as they spoke to the chairman, because they understood that respect is not rationed by rank.

We also know, instantly and in our bones, when dignity has been stripped from someone.

Of all the things we can give another human being, dignity may be the cheapest to offer and the costliest to lose.

This column is about another form of dignity and about the Australians who help deliver it.

On Sunday night I walked into my daughter's house in Dunsborough.

Glancing into one of the rooms, I saw a bedroom filled with boxes of tampons, pads and toiletries. Prone to ask dumb dad questions, I looked at Ali and before I could open my mouth, she talked with a passion that opened my eyes.

Her words were louder than tinnitus and her message stunned me like ducking your head in an ice bath.

In a world where homelessness, domestic violence and people living under the poverty line is sadly more prevalent than ever, Ali's voice was like the uprising of the sisterhood, hellbent on looking after her own.

"Dad, did you know there are thousands of Australian women and girls in a domestic violence refuge or a homelessness shelter, waking up every day, including Christmas morning, with almost nothing to call their own?" she said.

"I'm not talking about the big things we imagine when we think of hardship, but the small ones, a toothbrush, period products, deodorant, a bar of soap. The everyday items most of us throw in a trolley without a second thought."

"Think about those women who must leave home in the middle of the night, mum in the front seat and her kids asleep in the back, sleeping in shopping centre carparks. Dad, it's not right and it's so sad."

She then told me about the room full of stuff in her spare bedroom. Stuff that so many of us take for granted but which helps us feel human at the end of a hard day, or to get it started before we walk out the door.

Ali told me: "There are women in this country going without period products because they cannot afford them. Women choosing between sanitary items and food, sanitary products or formula for their babies. Girls are missing school, mum's going without, so their kids don't have to.

"We hear about all these problems in our society, it makes me so mad, but now I have found an organisation who are making a difference called Share the Dignity. It feels good to be a part of it."

This week I have learnt that Share the Dignity was born in 2015, when a Brisbane personal trainer named Rochelle Courtenay read an article about the tens of thousands of Australian women with no safe place to call home, who were managing their periods with wadded-up paper towels from public toilets.

Rather than asking the question, why is no one doing anything, she asked, what's stopping me from doing something?

She started collecting pads and tampons in her own community and dropping them at local shelters. A decade on, that one woman's trolley run has become a national charity, and Courtenay, who answers proudly to the title "Pad Lady", still leads it.

Having grown up in a home marked by domestic violence, experiencing abuse as a child and as a young woman, and watching her own mother flee a violent relationship, she took matters into her own hands.

There is something quietly powerful in that, the little girl who once needed a stranger's kindness grew into the woman who built a movement to deliver it.

Each November, Share the Dignity's, "It's in the Bag" campaign asks ordinary Australians to do something extraordinary in its simplicity, by filling a handbag, backpack or tote with everyday essentials, add in a handwritten note of encouragement, and drop it in at your local Bunnings.

Talking to Donna Jones, one of the lead volunteers and co-ordinators, she told me, "It has grown into one of Australia's most cherished Christmas appeals. More than 1.1 million bags have been donated since the campaign began. This year alone, nationally we have received requests for more than 148,000 bags, highlighting the scale of hardship experienced by Australian women and families."

"Each one is personally collected, sorted, tagged and logged by volunteers, then transported to a network of charity partner organisations, who gift them to women and girls under the poverty line, or waking up in domestic violence shelters and homelessness refuges on Christmas Day."

"There are three types of bags. An Adult bag holds the essentials, period products, shampoo and conditioner, toothbrush and toothpaste, deodorant, soap or body wash. A Teen bag (tagged with a yellow ribbon) which carries the same, with period products suited to younger people. And a Mum & Bub bag (purple ribbon) which adds newborn nappies, baby wipes, breast pads, baby wash, a dummy and nappy rash cream; everything a mother, starting over with an infant, needs and so often goes without."

I can feel the smile through the phone when Donna said, "And then there's the touch that elevates the whole thing, the "Dear Her" note. A handwritten message of encouragement to a woman you will never meet, telling her she is seen, valued and not alone."

Having seen some of the "Dear Her" notes this week, it is obvious the time, thought and care that goes into each bag by the giver and the generous volunteers, who can give a complete stranger a genuine sense of hope, and remind them that somebody cares.

Donna ended our conversation with, "When thousands of people come together to show kindness, we create something much bigger than a donation. We create dignity, hope and connection. This campaign is also a means of being able to do something about all the bad and sad news we hear about women today. There is a real power in being able to do something to help a cause and that's where our amazing volunteers come in. "

This year's collection runs from November 6-22 at Bunnings stores across the country, a partnership now marking its 10th year.

If you want to be involved, pick a bag type, Adult, Teen, or Mum & Bub, do one extra shop so everything is new, sealed, and in its original packaging. Then write the note; it matters more than you think, before dropping your bag at any Bunnings store.

Your handbag won't end homelessness, and it won't end domestic violence, but on Christmas morning, in a refuge somewhere in our vast State of WA, a woman will open a bag packed by a volunteer stranger and understand that she hasn't been forgotten.

In a season that so often celebrates excess, that might be the most meaningful gift any of us gives this year.

It would be easy to see this as a campaign about toiletries. It isn't. Ask anyone involved and they'll tell you the shampoo, tampons and toothpaste, while necessary and welcomed, are almost beside the point. What a bag like this actually delivers is so much more than we can put in a shopping trolley.

For a woman who has spent months making herself small, who has fled with nothing, who is spending Christmas in a refuge while the rest of the country unwraps presents, a bag packed by a stranger says something invaluable. It tells them that somebody they have never met cared enough to do this for her.

Dignity is a word with many meanings, but it has a precise meaning here. It's the difference between asking for period products and simply having them. Between feeling like a case number and feeling like a person.

The women who receive these bags consistently say the same thing, it's not the contents they remember most, it's the feeling that someone cared enough to put the bag and it's message together, just for them.

And for the incredible volunteers here in WA, thank you for showing real care and dignity to those who need it.

Justin Langer The West Australian
Sat, 31 October 2026

A quick guide to your

it's in the bag donation

Donate at Bunnings *6 - 22 November 2026*

Make Christmas special for someone living in crisis this year by donating an Adult, Teen or Mum & Bub bag. Fill a new bag or a pre-loved one (in excellent condition) with life's essentials and a few luxury items to help someone in need.

If you are creating a Teen or Mum & Bub bag, please tag your bag using a ribbon or a downloadable tag from our website. This tag will show the type of bag you have created. Teen bags should have a yellow tag/ribbon, and Mum & Bub bags a purple tag/ribbon.

Bag Essentials

- shampoo & conditioner
- toothbrush & toothpaste
- body wash or soap
- deodorant (roll-on preferred)
- any type of unopened period products

All items included in the bag *must be new* and in their *original packaging* for health and safety reasons.

Additional Mum & Bub Bag Essentials

- maternity pads
- breast pads
- baby wipes
- dummies
- new born nappies
- baby shampoo
- baby wash
- nappy rash cream
- disposable nappy bags

Optional Luxury Items

- make up
- face wipes
- stationery
- jewellery
- books
- gift vouchers
- undies
- hairbrush
- tissues
- towel
- socks
- small umbrella
- wet wipes

Teens might also like...

- scrunchies
- ear phones
- lip gloss
- movie ticket

- *A handwritten 'Dear Her' note or card to give a personal touch to your special donation!*

Please do not include:

Pharmaceutical items (condoms, throat lozenges, paracetamol etc)
Razors/knives/scissors (excluding sewing/manicure kits)
Food or drinks | Loose tampons and pads or unsealed menstrual cups

sharethedignity

For more information, please visit
www.sharethedignity.org.au

GREAT SOUTHERN
Chiropractic

KULIN



Great Southern Chiropractic is bringing chiropractic care to Kulin as part of its regional service across the Wheatbelt and Great Southern. Locally owned and clinically led by Principal Chiropractor Dr. Matthew D'Souza, the practice is committed to supporting regional communities with accessible, patient-centred care.

8am-12pm
Wednesday
FORTNIGHTLY

BOOK TODAY

0438 022 591

greatsouthernchiropractic.com.au

MEET DR. JULIA DWYER

Dr. Julia is an experienced Chiropractor with a strong background in manual adjusting and patient-centred care. Her clinical experience includes caring for people from a wide range of backgrounds, including those in physically demanding industries. Her further training includes pregnancy care, paedeatric care and dry needling.
Dr. Julia works as part of the Great Southern Chiropractic team alongside Dr. Matt.

WHAT WE OFFER

- Manual chiropractic adjustments
- Trigger point and soft tissue therapy
- Drop piece technique
- Dry needling as part of an individualised approach

GREAT SOUTHERN CHIROPRACTIC ALSO CONSULTS AT:

KATANNING	LAKE GRACE	NYABING	DUMBLEYUNG	KOJONUP	NARROGIN
Weekly	Fortnightly	Fortnightly	Fortnightly	Monthly	Weekly

Supporting your spine. *Supporting our Community*

RURAL AID NOVEMBER

Ive had the pleasure of driving up to Carnarvon and back in the last two weeks and see that hay and harvest have begun in a lot of places. Stock work as preparation for summer such as selling stock at the market, crutching and more. In Carnarvon Planation growers are recovering after the cyclones and flooding, very busy re- planting crops as they are able to afford to do so. A lot of people are very busy, working long hours which equates to pressure on ourselves physically and mentally.

There are some areas of our state that are not having a bumper year, some are having a year of struggle so just a reminder to be aware when talking about how everyone is having a good year, some aren't.

Listen to your body and self. You are the expert on yourself and your feelings. Notice when you are becoming less patient sometimes even responding angrily or less able to concentrate. What is your body telling you. Make some time to take a small break, pause and enjoy that cup coffee or tea for 30 minutes. Stop for lunch and have a talk with your team and/ or family for an hour. Ideally have a morning, afternoon or day off. A break and rest will reset yourself and you will be more personally productive.

Even when busy we can maintain what matters most to us in life. If we see our core value as spending time with family or taking time to speak with our children, we can still maintain these values. Technology does give us the ability to talk to each other, and most modern machines have hands free options for phones, also they have two-way radios. We can make time to talk to each other busy or not. We can stop, pick up our Children and sit them with us in the cab. We can stop and have something to eat together. Even in the paddock or shed.

Keep in touch with family and friends. We have the technology to continue to be there for each other. Especially if we hold a concern, a phone call is a good option. Every day is RUOK day.

Keeping in regular contact and keeping connected to others is also a very effective way to lessen our concerns. When we lessen our concerns, our resulting emotions are more easily controlled. A person who has regular connection and communication with those they value, love and respect is better able to cope. Sometimes when I see a person our counselling session is short because they have people who know them best talking to them. Valuing them.

So please look after yourself, each other and keep safe and connected this busy time of the year. Rural Aid counsellors are here and are happy to assist. Why? because you do matter and are important to a lot more people than you realise.

Roger Hitchcock

Counsellor & Community Representative West Australia based in Narrogin (Wagin and Surrounding Region)

Rural Aid Australia
P: 0460 310 667

E: roger.hitchcock@ruralaid.org.au



Kulin Child Care Centre

Halloween

Sue and the children used golf tees and a hammer to crave a pumpkin at the centre this Halloween.





These pumpkins are grown in Australia, although outside of the traditional pumpkin growing season. Locations such as the Ord River has the weather and irrigation to produce these in time for Halloween in Australia.

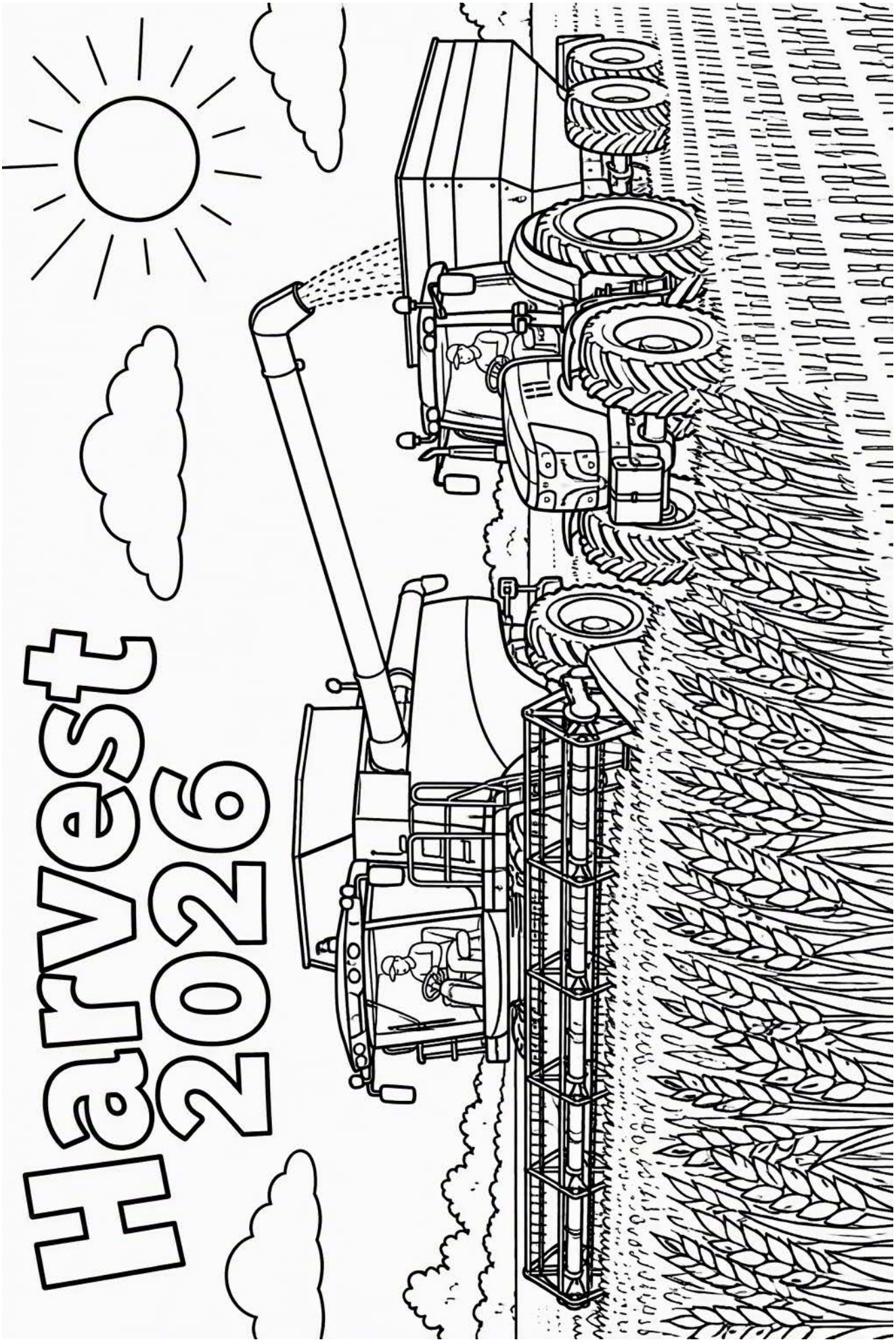
Halloween isn't a traditional holiday for Australia however it has grown popular with our children over years. Putting together a week of activities such as pumpkin carving, potion mixing and loose parts play is a great example of our Educators following the practice of *Responsiveness to children* from the EYLF v2. Listening and following children's interests and providing experiences around those interests.







Thank you to our families and community for supporting us.


Harvest
2026



Your Local Fertilizer Specialists

Summit Fertilizers Area Managers understand your region because they live and work there. Backed by industry-leading agronomic knowledge, they provide tailored recommendations to help you maximise productivity and make every hectare count.

Contact your local Area Manager today



Corrigin | Steve Cook
0429 934 243

Narrogin | David Hull
0477 923 684

SUMMIT FERTILIZERS

REMEDY HEALTH COLLECTIVE



Join Remedy Health Co's Speech Pathologist, Ellie Ohlsen for

GROW & PLAY

KULIN

Learn how to support your child's speech development.

Parents, guardians & children welcome

About

Come join us for a relaxed morning of play and conversations about child development. Enjoy a brief 15-minute talk from local Speech Pathologist Ellie Ohlsen covering early development, activities to support communication and what speech pathologists can do to support your child.

Stick around to play and chat — **toys, fruit, and casual one-on-one time with our speech pathologist** will be available all morning. Plus receive an informative goodie bag to take home!

WHERE/ WHEN
Kulin Tennis Clubhouse
at Freebairn Rec Centre, Kulin-Lake Grace Road
Monday 16th November, 9:15am - 11:30am

WHO can come?
Parents & guardians of young children within the Kulin and surrounding communities. Children welcome to attend.

RSVP
Please RSVP by Monday 9th November using the QR code above or by texting 0409 868 114.

DUFFY ELECTRICS

- Residential
- Commercial
- Industrial
- Tv installation
- Air Conditioning

DUFFY ELECTRICS
EC 14885

Ryan Duffy
0409 806 047
duffyelectrics@outlook.com
Servicing Wickepin and surrounds

PAT & CHAT

Dr Andrea Roberts BVMS, PO Box 543 MERREDIN WA 6415 Ph:0428212945 ABN99774533081

Pat And Chat Mobile Vet Kulin Clinic Dates 2026

Friday 20th Nov
Friday 18th Dec

Please ring or text Andrea on 0428212945 for an appointment

ALLIED FINANCE (WA)



Your Asset Finance Experts

Service You Can Trust

We understand the challenges you face when deciding on the right financial product to suit your needs. Let our experience and knowledge benefit you – we take the leg work out of finding the best deal in the marketplace.

- Trucking & Transport
- Farming & Agriculture
- Heavy Machinery
- Small Business Loans

Riley Noble
Finance Broker
0409 026 859
riley.noble@alliedfinance.com.au

ALLIED FINANCE (WA)

EXPERIENCING LOW WATER PRESSURE?
Having trouble with your water pressure in town?
If you are experiencing low water pressure or have concerns about your water supply, please report it by calling 131 375.
Your call helps ensure the issue can be investigated.

AGM NOTICE's

The AGM of the
Kondinin Kulin Aged Care Committee
will be held on
Monday 23rd November @ 4pm
At the Kondinin Country Club

This AGM will be followed
By the AGM of the
Westcourt Committee

Thank you

We would like to sincerely thank all the caring people of Kulin who attended Rae's funeral and supported the family.

A special thank you to Amy and the staff at Acres of Taste, the Shire of Kulin staff for their assistance with the cemetery and funeral arrangements, and to Jaiden and Ciara, staff from the Freebairn Rec Centre and for the use of the Kulin Tennis Club facilities.

Your kindness, support and thoughtfulness have been greatly appreciated.

With heartfelt thanks,
John Dainton and all the Family

GENERAL INFORMATION

SHIRE CONTACTS
FRC - 9880 1000
CRC - 9880 1204
Caravan Park - 0439 469 850
Pool - 9880 1222
Depot - 9880 1218
KCCC - 9880 1636
Kulin Water Depot - 9880 1356
Harvest Ban Info - 9880 1511

MEDICAL CENTRE
Kulin Medical - 9880 1315
St Luke's Family Practice
Dr available Thurs & Fri
Kondinin Hospital- 9894 1222
Kulin Nurse Station - 9880 1056
Tues, Wed & Fri
8.30am - 12.30pm

EMERGENCY CONTACTS
Emergency Centre - 9880 1079
SES - 13 25 00
Western Power- 13 13 53
Power Faults - 13 13 51
Water Authority- 13 13 75

POLICE CONTACTS
Emergency - 000
Non-emergency - 13 14 44
Kulin Station - 9861 5800
Crime Stoppers - 1800 333 000

CRISIS CARE CONTACTS
Rural Link - 1800 552 002
Beyond Blue - 1300 224 636
Lifeline - 13 11 14
Lifeline - text - 0477 131 114
MensLine - 1300 789 978
Kids Helpline - 1800 551 800
Holyoake - 1800 447 172
Holyoake Narrogin - 9881 1999
1800RESPECT - 1800 737 732

KULIN TRANSFER STATION & TIP SHOP
The station is open
Sunday |Monday|Thursday
10am - 3pm

LOCAL CHURCHES
Uniting Church
1st & 3rd Sunday of each month, 11am
Catholic Church
Fr Philip Perresa
0457 559 064
1st, 3rd, 5th, 8am
Anglican Church
By Request
K Wilson - 0429 801 228
Bunbury Office - 9721 2100

KULIN MOTOR MUSEUM
Wednesday 10am - 2pm
Saturday 10am - 2pm
C King - 9880 1058
B Colbourne - 0429 804 615
J Munro - 0427 386 849

DEPARTMENT OF TRANSPORT - KULIN
Bendigo Bank Kulin - 9880 1422
Driving assessor has one assessment day a month.

MAIN ROADS FAULTS
- 13 81 38

POISON INFORMATION
- 13 11 26

JUSTICES OF THE PEACE
MT Lucchesi - 9880 4050
JM McInnes - 9880 1360
BW Sloggett - 0427081925

CONTAINERS FOR CHANGE
All Good Refund Depot comes to Kulin on the last Wednesday of every month. They pick up returns from Kulin CCC (behind the Memorial Hall) at midday. Contact the Shire for more info. To donate your cans to
KCCC C10351204
Arts Centre C10333381
Kulin Museum C10322274
Kulin Lions Club C10293508

DEFIBRILLATOR LOCATIONS
Kulin
Kulin District High School
Kulin Caravan Park
Public Toilets (Johnston St)
Freebairn Recreation Centre
Kulin Foodworks
Butler's Garage & Museum

Pingaring
Public Toilets
Pingaring Ag Solutions
Pingaring Golf Club

Dudinin
Dudinin Tennis Club

KULIN LIONS CLUB
Kulin Lions Club collect old batteries and scrap metal. Please feel free to drop off any of these items at Hayden's shed.

H McInnes - 0429 801 215
T Barndon - 0428 939 189
R Doust - 0499 802 054