

Youth Support Services

Do you or someone you care about need someone to talk to?



Phone-based support:

Lifeline - 13 11 14

Beyond Blue - 1300 224 636

QLife - 1800 184 527

Kids Helpline - 1800 551 800

headspace - 1800 650 890

1800respect - 1800 737 732

13YARN - 13 92 76

Web-based support:



Beyond Blue - youthbeyondblue.com

Kids Helpline - kidshelpline.com.au

eheadspace - ehheadspace.org.au

mindspot - mindspot.org.au

reachout - au.reachout.com

MOST - most.org.au

QLife - qlife.org.au

